

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Event 101 Girls 10 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

2	Georgina Williams	11	REPTON-ZZ	3:17.91
3	Sophia Solley	11	REPTON-ZZ	3:14.90
4	Lexie Parker	12	CO NORWICH SC	3:05.70
5	Charlotte Malachowski	11	CO NORWICH SC	3:09.50
6	Freyja Rooke	11	CO NORWICH SC	3:15.05

Heat 2 of 11 Finals

1	Matilda Paterson	12	CO NORWICH SC	3:05.20
2	Molly Nowell	12	STOWMARKET-EA	3:00.10
3	Abbie White	13	BIGGLESWADE-EA	2:58.60
4	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	2:57.50
5	Isabella Tiffin	14	CO PETERBORO-EA	2:57.60
6	Daisy Templer	13	STOWMARKET-EA	2:58.90
7	Tabatha Hems Gillson	12	REPTON-ZZ	3:04.91
8	Audrey Convey	12	STOWMARKET-EA	3:05.60

Heat 3 of 11 Finals

1	Darcey Whicher	14	NEWMARKET	2:56.20
2	Phoebe Phillpot	13	TEAMIPSWICH	2:53.70
3	Ellie Wan	12	REPTON-ZZ	2:51.24
4	Aine Coackley	12	TEAMIPSWICH	2:50.40
5	Margarida Furtado	14	CO CAMBRIDGE-EA	2:50.70
6	Immy Coote	12	CO CAMBRIDGE-EA	2:53.30
7	Hollie Smith	12	CO PETERBORO-EA	2:55.30
8	Nancy Corke	12	CO NORWICH SC	2:57.00

Heat 4 of 11 Finals

1	Paige Moncrieff	13	HERNE BAY	2:50.12
2	Jessica Nichols	14	TEAM WAVENEY-EA	2:49.20
3	Evie Pryor Reed - Ashton	12	REPTON-ZZ	2:49.10
4	Kallie Weaver	15	STANWAY	2:48.70
5	Ella O'Sullivan	13	CO NORWICH SC	2:49.10
6	Grace Mann	13	TEAMIPSWICH	2:49.20
7	Alisa Berzan	13	REPTON-ZZ	2:49.93
8	Charlotte Burge	14	CO PETERBORO-EA	2:50.20

Heat 5 of 11 Finals

1	Niamh Venus-Knight	15	WITHAM DOLPH	2:47.20
2	Scarlett Kennedy	14	REPTON-ZZ	2:46.74
3	Isla Tate	13	CO PETERBORO-EA	2:46.00
4	Lucy Walker	16	DEBEN-EA	2:45.20
5	Eloise Welsford	13	DEBEN-EA	2:45.40
6	Freya Boor	15	BIGGLESWADE-EA	2:46.50
7	Matilda Smith	14	TEAM WAVENEY-EA	2:47.20
8	Cassie Bonner	12	EPPING FOR'T	2:47.30

Heat 6 of 11 Finals

1	Ella Goodswen	16	CO NORWICH SC	2:45.10
2	Belle Garnham	12	TEAMIPSWICH	2:44.60
3	Leila Kokas	11	CO PETERBORO-EA	2:43.30
4	Lois Alderton-Jode	14	CO NORWICH SC	2:41.70
5	Grace Parker	14	CO NORWICH SC	2:42.50
6	Ellen Akerstone	13	CO NORWICH SC	2:44.40
7	Lena Crisp - S14	13	NORWICH SWAN-EA	2:44.98
8	Olivia Butlin	15	CO NORWICH SC	2:45.10

Heat 7 of 11 Finals

1	Olivia Stroud	14	TEAMIPSWICH	2:40.50
2	Senudi Ratnayake	15	NORWICH SWAN-EA	2:39.00
3	Olivia Sheasby	18	NEWMARKET	2:38.90
4	Honor Hanmer	14	REPTON-ZZ	2:38.00
5	Layla Drake	14	NORWICH SWAN-EA	2:38.30
6	Megan Clarke	17	CO CAMBRIDGE-EA	2:39.00
7	Bethany Minett	14	CO PETERBORO-EA	2:40.30
8	Summer Woodside	13	CO PETERBORO-EA	2:41.40

Heat 8 of 11 Finals

1	Matilda Stokes	15	CO PETERBORO-EA	2:37.23
2	Alice Robinson	17	CO CAMBRIDGE-EA	2:36.40
3	Megan Randall	15	CO CAMBRIDGE-EA	2:35.50
4	Isla Stockwell	14	CO CAMBRIDGE-EA	2:33.40
5	Elizabeth Gore	15	EPPING FOR'T	2:34.04
6	Imogen Bygrave	16	CO CAMBRIDGE-EA	2:36.10
7	Myla Xia	15	CO CAMBRIDGE-EA	2:36.50
8	Annika Mueller	15	CO NORWICH SC	2:37.40

Heat 9 of 11 Finals

1	Emilia Butt	14	DEBEN-EA	2:33.00
2	Eliza Jennings	14	BIGGLESWADE-EA	2:32.30
3	Lexi Hurley	16	CO CAMBRIDGE-EA	2:32.00
4	Lily Murrell	17	NORWICH SWAN-EA	2:31.00
5	Elija Mickaite	14	CO PETERBORO-EA	2:31.40
6	Anna Mason	14	CO PETERBORO-EA	2:32.10
7	Cerys Wall	14	CO CAMBRIDGE-EA	2:32.80
8	Lola Mitchinson	15	CO NORWICH SC	2:33.30

Heat 10 of 11 Finals

1	Chloe Barnard	17	BASILDON PH	2:28.69
2	Lily Steel	16	TEAMIPSWICH	2:28.00
3	Amelia Saunders	18	NORWICH SWAN-EA	2:28.00
4	Sadie Hunter	18	CO PETERBORO-EA	2:26.98
5	Grace Manning	14	BASILDON PH	2:27.70
6	Matilda Sharpe	14	CO NORWICH SC	2:28.00
7	Adel Zakrzewski	23	WYCOMBE DIST	2:28.42
8	Liv Wicks	14	NORWICH SWAN-EA	2:28.90

Heat 11 of 11 Finals

1	Mia Nelson	15	CHESHUNT	2:26.20
2	Chloe Armstrong	19	TEAMIPSWICH	2:22.20
3	Emily Pitcher	18	NORWICH SWAN-EA	2:18.60
4	Erin Barber	16	NORWICH SWAN-EA	2:16.10
5	Izzy Mather	19	CO CAMBRIDGE-EA	2:16.40
6	Lilli-Rose Carr	17	CO LINCOLN P	2:21.26
7	Amy Meyer	17	BIGGLESWADE-EA	2:24.90
8	Emma Cushion	16	CO PETERBORO-EA	2:26.45

Event 102 Boys 10 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	Oscar Davis	10	STOWMARKET-EA	3:48.00
2	Daniel Cotton	11	REPTON-ZZ	3:40.74
3	Billy Maguire	11	CO NORWICH SC	3:26.10
4	Jack Wilson	12	NEWMARKET	3:24.40
5	Ethan Harris	12	REPTON-ZZ	3:24.64
6	Logan Chambers	11	CO NORWICH SC	3:40.00
7	Laurie Scrivener	11	LEISTON	3:44.90
8	Noah Clarke	10	GT YARMOUTH	4:08.40

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 2 Finals (#102 Boys 10 & Over 200 LC Meter Breaststroke)

1	Addison Willis	12	REPTON-ZZ	3:18.51
2	Krzysztof Splawiec	14	TEAMIPSWICH	3:11.40
3	Oscar Reynolds	14	TEAMIPSWICH	3:09.20
4	Thomas Scrivener	13	LEISTON	3:08.20
5	Reuben Seaman	14	CO NORWICH SC	3:09.10
6	William Xia	13	ROYSTON	3:11.00
7	Marco Soto-Toth	12	CO PETERBORO-EA	3:14.80
8	Jamie Warner	12	NEWMARKET	3:20.70

Heat 3 of 7 Finals

1	Gabriel Kim	14	CO ELY	3:04.02
2	Jude Baldock	12	BO WALTHAM F-LD	2:58.28
3	Dylan Lambie	15	TEAMIPSWICH	2:57.20
4	Henry Taylor	16	BIGGLESWADE-EA	2:54.40
5	Zachary Fraser	16	CO PETERBORO-EA	2:55.86
6	Reuben Giles	14	STOWMARKET-EA	2:57.20
7	Henry Carter	16	CO CAMBRIDGE-EA	3:00.90
8	Jack Hughes	13	REPTON-ZZ	3:05.13

Heat 4 of 7 Finals

1	Solomon Dent	17	BEDFORD SS-EA	2:52.31
2	Sebastian Mudge	14	CO PETERBORO-EA	2:49.30
3	Ethan Woolsey	15	ST NEOT SWAN	2:46.30
4	Zachary Piscopo	15	CO PETERBORO-EA	2:44.79
5	Oliver Shayle	16	CO CAMBRIDGE-EA	2:46.20
6	Joshua Meyer	16	WITHAM DOLPH	2:46.40
7	Alexander Belnikoff	16	EPPING FOR'T	2:49.90
8	Oscar Langston	14	BO WALTHAM F-LD	2:52.89

Heat 5 of 7 Finals

1	Robert James	14	EPPING FOR'T	2:43.31
2	Josh Reed	15	CO NORWICH SC	2:43.10
3	George Pike	16	CO NORWICH SC	2:42.88
4	Seb Reynolds	18	TEAMIPSWICH	2:41.90
5	Janos Csepely	15	TEAMIPSWICH	2:42.50
6	Ruslan Shiraz	14	BO WALTHAM F-LD	2:43.02
7	George Little	18	BEDFORD SS-EA	2:43.17
8	Joshua O'Donnell	15	WANDSWORTH	2:44.00

Heat 6 of 7 Finals

1	Will Wratten	17	CO CAMBRIDGE-EA	2:40.70
2	George Heather	16	CO PETERBORO-EA	2:37.71
3	James Clay	21	STOWMARKET-EA	2:37.20
4	Albie Campbell	17	BO WALTHAM F-LD	2:34.88
5	Matthew Debenham	22	STOWMARKET-EA	2:36.80
6	Noah Bielby	16	CO PETERBORO-EA	2:37.70
7	Kameron Baker	15	CO PETERBORO-EA	2:38.36
8	Josh Black	16	CO CAMBRIDGE-EA	2:41.80

Heat 7 of 7 Finals

1	Kieran Ng	16	CO PETERBORO-EA	2:32.85
2	Henry Mann	18	NORWICH SWAN-EA	2:31.40
3	Harvey Durham	18	CO NORWICH SC	2:29.70
4	Tyler Stone	16	CO NORWICH SC	2:19.60
5	Charlie Ruddell	17	TEAMIPSWICH	2:23.70
6	Lucius White	16	GT YARMOUTH	2:30.69
7	Joshua Sackree	18	CO PETERBORO-EA	2:31.71
8	Rafi Corliano	16	CO CAMBRIDGE-EA	2:34.50

Event 103 Girls 10 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 24 Prelims

2	Lara Patuck	10	CO CAMBRIDGE-EA	1:25.00
3	Holly Cartwright	11	CO NORWICH SC	1:24.22
4	Ayla Morgan	11	CO NORWICH SC	1:23.79
5	Freyja Rooke	11	CO NORWICH SC	1:24.20
6	Georgina Williams	11	REPTON-ZZ	1:24.26
7	Harper Bayley	10	REPTON-ZZ	1:26.91

Heat 2 of 24 Prelims

1	Willow Porter	11	TEAMIPSWICH	1:22.10
2	Isla Thorpe	12	CO NORWICH SC	1:19.53
3	Grace Hinds	11	TEAMIPSWICH	1:18.80
4	Charlize Church	12	CO CAMBRIDGE-EA	1:18.50
5	Libby Meale	12	CO NORWICH SC	1:18.60
6	Florrie Larcombe	11	CO NORWICH SC	1:19.23
7	Eva John	11	REPTON-ZZ	1:21.42
8	Charlotte Malachowski	11	CO NORWICH SC	1:23.37

Heat 3 of 24 Prelims

1	Rosie Hazelton	12	HARWICH DP	1:18.40
2	Rowena Zecchini	13	CO CAMBRIDGE-EA	1:17.80
3	Ruby Broadwater	13	TEAMIPSWICH	1:17.70
4	Darcey Whicher	14	NEWMARKET	1:17.22
5	Eva Peach	14	CO CAMBRIDGE-EA	1:17.70
6	Emily Hannah	12	CO NORWICH SC	1:17.77
7	Frankie Anderson	11	FELIXSTOWE	1:18.30
8	Matilda Paterson	12	CO NORWICH SC	1:18.43

Heat 4 of 24 Prelims

1	Isla Cartwright	13	CO NORWICH SC	1:17.00
2	Alexa Linden-Ball	12	CO NORWICH SC	1:16.95
3	Isabella Tiffin	14	CO PETERBORO-EA	1:16.50
4	Ellie Salt	13	CO PETERBORO-EA	1:16.40
5	Evie Harris-Joy	13	GT YARMOUTH	1:16.45
6	Abbie White	13	BIGGLESWADE-EA	1:16.80
7	Mya Smith	13	FELIXSTOWE	1:17.00
8	Sophie Alexander	12	TEAMIPSWICH	1:17.10

Heat 5 of 24 Prelims

1	Sophia Whitbourn	14	CO NORWICH SC	1:15.80
2	Nova Weller	13	NEWMARKET	1:15.63
3	Tennessee Ocasio-Milkins	14	REPTON-ZZ	1:14.72
4	Grace Mann	13	TEAMIPSWICH	1:14.70
5	Charlotte Burge	14	CO PETERBORO-EA	1:14.70
6	Maisie Liang	14	CO CAMBRIDGE-EA	1:15.30
7	Ettie Pearce	13	DEBEN-EA	1:15.80
8	Esme Waterhouse	11	NEWMARKET	1:16.20

Heat 6 of 24 Prelims

1	Chloe Parish	14	DEBEN-EA	1:14.60
2	Nancy Corke	12	CO NORWICH SC	1:14.35
3	Hannah John	13	REPTON-ZZ	1:14.10
4	Ellen Akerstone	13	CO NORWICH SC	1:13.98
5	Holly Hannah	15	CO NORWICH SC	1:14.00
6	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	1:14.20
7	Hollie Smith	12	CO PETERBORO-EA	1:14.40
8	Ellen Turner	15	NORFOLK VIKG-ZZ	1:14.60

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Meet Program

Heat 7 Prelims (#103 Girls 10 & Over 100 LC Meter Freestyle)

1	Olivia Fowler	13	CO PETERBORO-EA	1:13.80
2	Molly Nowell	12	STOWMARKET-EA	1:13.60
3	Leah Rhodes	13	FELIXSTOWE	1:13.20
4	Hannah Smith	16	FELIXSTOWE	1:13.10
5	Penelope Howard	13	CO PETERBORO-EA	1:13.10
6	Grace O'Loane	14	CO NORWICH SC	1:13.25
7	Jessica Nichols	14	TEAM WAVENEY-EA	1:13.76
8	Milly Edridge	13	NORFOLK VIKG-ZZ	1:13.88

Heat 8 of 24 Prelims

1	Nora Koehler	16	CO NORWICH SC	1:12.86
2	Evie Mantle	14	CO NORWICH SC	1:12.70
3	Tilly Sheasby	13	NEWMARKET	1:12.30
4	Aine Coackley	12	TEAMIPSWICH	1:12.10
5	Tabatha Hems Gillson	12	REPTON-ZZ	1:12.25
6	Michelle Pouakouyou	15	CO CAMBRIDGE-EA	1:12.60
7	Eloise Welsford	13	DEBEN-EA	1:12.70
8	Pola Allison	17	CO NORWICH SC	1:12.89

Heat 9 of 24 Prelims

1	Emilia Beswick	15	NEWMARKET	1:11.80
2	Alisa Berzan	13	REPTON-ZZ	1:11.68
3	Elena Simmons	15	CO CAMBRIDGE-EA	1:11.40
4	Fia Burr	15	BIGGLESWADE-EA	1:11.30
5	Hannah Junor	14	REPTON-ZZ	1:11.32
6	Ella O'Sullivan	13	CO NORWICH SC	1:11.50
7	Chloe Green	17	GT YARMOUTH	1:11.70
8	Freya Boor	15	BIGGLESWADE-EA	1:11.90

Heat 10 of 24 Prelims

1	Paige Moncrieff	13	HERNE BAY	1:10.97
2	Anna Turner	13	CO NORWICH SC	1:10.90
3	Eleni Karakoidas	13	CO NORWICH SC	1:10.90
4	Phoebe Phillpot	13	TEAMIPSWICH	1:10.50
5	Grace Parker	14	CO NORWICH SC	1:10.84
6	Harmony Smith	11	TEAM WAVENEY-EA	1:10.90
7	Lara Kelly	12	NEW HALL	1:10.96
8	Leila Kokas	11	CO PETERBORO-EA	1:11.10

Heat 11 of 24 Prelims

1	Ella Goodswen	16	CO NORWICH SC	1:10.30
2	Sophie Knight	14	HADLEIGH	1:10.00
3	Kallie Weaver	15	STANWAY	1:09.70
4	Chloe Farrington - S15	16	CO NORWICH SC	1:09.33
5	Olivia Parr	19	CO CAMBRIDGE-EA	1:09.60
6	Zara Jewers	13	STOWMARKET-EA	1:09.90
7	Isla Tate	13	CO PETERBORO-EA	1:10.20
8	Lexi Cole	13	CO NORWICH SC	1:10.40

Heat 12 of 24 Prelims

1	Lucy Walker	16	DEBEN-EA	1:09.20
2	Poppy Porter	13	TEAMIPSWICH	1:08.70
3	Verity Carter	17	STOWMARKET-EA	1:08.60
4	Matilda Smith	14	TEAM WAVENEY-EA	1:08.50
5	Summer Woodside	13	CO PETERBORO-EA	1:08.52
6	Starr Nichols	16	GT YARMOUTH	1:08.70
7	Harriet Flack	15	CO CAMBRIDGE-EA	1:08.80
8	Amy Brightwell	13	NORWICH SWAN-EA	1:09.30

Heat 13 of 24 Prelims

1	Belle Garnham	12	TEAMIPSWICH	1:08.40
2	Lizzy Stevenson	18	BIGGLESWADE-EA	1:08.05
3	Lois Alderton-Jode	14	CO NORWICH SC	1:07.55
4	Lena Crisp - S14	13	NORWICH SWAN-EA	1:07.41
5	Immy Coote	12	CO CAMBRIDGE-EA	1:07.50
6	Poppy Tilley	15	HARWICH DP	1:07.60
7	Scarlett Kennedy	14	REPTON-ZZ	1:08.31
8	Poppy Cunnington	14	CO PETERBORO-EA	1:08.42

Heat 14 of 24 Prelims

1	Honor Hanmer	14	REPTON-ZZ	1:07.27
2	Isabelle Patterson	15	CO NORWICH SC	1:07.19
3	Isla Stockwell	14	CO CAMBRIDGE-EA	1:07.00
4	Frankie Thompson	16	TEAM WAVENEY-EA	1:06.80
5	Tyra Sajudeen	16	CO CAMBRIDGE-EA	1:06.90
6	Lyra Schultz	13	CO CAMBRIDGE-EA	1:07.00
7	Cassie Bonner	12	EPPING FOR'T	1:07.23
8	Elizabeth Gore	15	EPPING FOR'T	1:07.38

Heat 15 of 24 Prelims

1	Harriet Townend	15	CO NORWICH SC	1:06.70
2	Hilary Drewry	14	CO NORWICH SC	1:06.60
3	Katie Walker	18	DEBEN-EA	1:06.40
4	Sienna Butcher	16	AMES-SE	1:06.30
5	Siobhan Schneider	16	BEDFORD SS-EA	1:06.30
6	Dotty Thorby	13	CO NORWICH SC	1:06.50
7	Gabriella Cawley	16	TEAMIPSWICH	1:06.70
8	Olivia Stroud	14	TEAMIPSWICH	1:06.70

Heat 16 of 24 Prelims

1	Olivia Bryant	13	STOWMARKET-EA	1:06.30
2	Chloe Knight	17	HADLEIGH	1:06.20
3	Olivia Pais	14	CO PETERBORO-EA	1:06.00
4	Florence Whittaker	16	BIGGLESWADE-EA	1:05.90
5	Bea Grant	18	CO CAMBRIDGE-EA	1:05.90
6	Olivia Butlin	15	CO NORWICH SC	1:06.09
7	Ruby Oxborough	15	GT YARMOUTH	1:06.20
8	Violet Freezer	14	TEAMIPSWICH	1:06.30

Heat 17 of 24 Prelims

1	Hanna Dillon	16	BO WALTHAM F-LD	1:05.77
2	Matilda Stokes	15	CO PETERBORO-EA	1:05.69
3	Anudi Ratnayake	15	NORWICH SWAN-EA	1:05.60
4	Tina Sinapova	14	CO NORWICH SC	1:05.30
5	Sophie Williams	17	CO CAMBRIDGE-EA	1:05.60
6	Sara Kelly	15	COLCHESTER	1:05.63
7	Jessica Barrett	14	CORBY	1:05.72
8	Megan Clarke	17	CO CAMBRIDGE-EA	1:05.80

Heat 18 of 24 Prelims

1	Amelia Garnham	15	TEAMIPSWICH	1:05.20
2	Matilda Sharpe	14	CO NORWICH SC	1:05.00
3	Imogen Bygrave	16	CO CAMBRIDGE-EA	1:04.90
4	Charlotte Rooke	15	CO NORWICH SC	1:04.79
5	Amelie Harrison	17	STOWMARKET-EA	1:04.80
6	Maelys Jacquet	15	DEBEN-EA	1:04.90
7	Emily Joyce	14	BIGGLESWADE-EA	1:05.00
8	Sophie Harvey	14	CO CAMBRIDGE-EA	1:05.30

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Meet Program

Heat 19 Prelims (#103 Girls 10 & Over 100 LC Meter Freestyle)

1	Olivia Sheasby	18	NEWMARKET	1:04.40
2	Dolcie Underwood	13	DEREHAM	1:04.31
3	Livi Page	13	CO CAMBRIDGE-EA	1:04.10
4	Lyla Fello	17	CO NORWICH SC	1:03.97
5	Beau Waterhouse	15	NEWMARKET	1:04.05
6	Sophia Aziz	14	CO PETERBORO-EA	1:04.30
7	Abi Davis	16	BEDFORD SS-EA	1:04.31
8	Caitlin Stockwell	16	CO CAMBRIDGE-EA	1:04.76

Heat 20 of 24 Prelims

1	Claudia Barp	16	CO CAMBRIDGE-EA	1:03.90
2	Isla Moran	14	REPTON-ZZ	1:03.67
3	Hermione Harvey	15	NORWICH SWAN-EA	1:03.52
4	Liv Wicks	14	NORWICH SWAN-EA	1:03.30
5	Indie Horton	14	TEAM WAVENEY-EA	1:03.50
6	Abby Whittaker	14	WOKING	1:03.61
7	Megan Summer	19	DEREHAM	1:03.82
8	Eliza Jennings	14	BIGGLESWADE-EA	1:03.90

Heat 21 of 24 Prelims

1	Nicole Peddely	16	TEAMIPSWICH	1:03.00
2	Catherine Mitchell	15	CO NORWICH SC	1:02.71
3	Amelia Hinchliffe	15	REPTON-ZZ	1:02.37
4	Gabriella Meyer	17	WITHAM DOLPH	1:02.25
5	Henrietta Hems Gillson	13	REPTON-ZZ	1:02.37
6	Anna Mason	14	CO PETERBORO-EA	1:02.70
7	Ella Deaton	17	NEWMARKET	1:02.90
8	Elizabeth Pert	16	NORWICH SWAN-EA	1:03.29

Heat 22 of 24 Prelims

1	Chess Barber	17	CO NORWICH SC	1:02.04
2	Lilli-Rose Carr	17	CO LINCOLN P	1:01.51
3	Amy Meyer	17	BIGGLESWADE-EA	1:00.50
4	Izzy Mather	19	CO CAMBRIDGE-EA	58.84
5	Kat Di Maria	18	CO NORWICH SC	59.70
6	Genevieve White	18	CO CAMBRIDGE-EA	1:01.20
7	Defne Sakarya	15	NORWICH SWAN-EA	1:01.77
8	Adel Zakrzewski	23	WYCOMBE DIST	1:02.12

Heat 23 of 24 Prelims

1	Georgina Munday	22	BIGGLESWADE-EA	1:01.96
2	Bethany Rumsby	17	NORWICH SWAN-EA	1:01.30
3	Emily Pitcher	18	NORWICH SWAN-EA	1:00.50
4	Sophie Siong	21	CO NORWICH SC	58.80
5	Olivia Greenall	17	GT YARMOUTH	59.65
6	Anastasja Wall	16	DEREHAM	1:01.00
7	Nina Allen	15	NEWMARKET	1:01.60
8	Lexi Hurley	16	CO CAMBRIDGE-EA	1:02.10

Heat 24 of 24 Prelims

1	Tayla Goodswen	14	CO NORWICH SC	1:01.91
2	Evie Greenhalf	16	CO NORWICH SC	1:01.30
3	Tia Sammut	15	BEDFORD SS-EA	59.86
4	Grace Greenhalf	19	CO NORWICH SC	57.20
5	Erin Barber	16	NORWICH SWAN-EA	58.85
6	Jorja Atkinson	15	CO CAMBRIDGE-EA	1:00.70
7	Anabelle Kett	17	CO PETERBORO-EA	1:01.57
8	Freya May	16	LEISTON	1:02.09

Event 104 Boys 10 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

3	Elliott Allen	10	CO NORWICH SC	1:34.79
4	Marcel Finta	12	BEDFORD SS-EA	1:24.89
5	Isaac Scott	11	CO NORWICH SC	1:25.82

Heat 2 of 9 Prelims

1	Jacob Ramsay	12	REPTON-ZZ	1:19.61
2	Huxley Phillips	13	CO CAMBRIDGE-EA	1:17.70
3	Ethan Bailey	14	CO NORWICH SC	1:16.59
4	Marco Soto-Toth	12	CO PETERBORO-EA	1:15.60
5	Tommy Duff	13	REPTON-ZZ	1:16.08
6	Benedict Koehler	14	CO NORWICH SC	1:16.80
7	Archie Georgakis	13	BASILDON PH	1:19.06
8	Max Battle	12	DEBEN-EA	1:20.70

Heat 3 of 9 Prelims

1	Oscar Langston	14	BO WALTHAM F-LD	1:14.68
2	Jude Baldock	12	BO WALTHAM F-LD	1:13.99
3	Reuben Giles	14	STOWMARKET-EA	1:12.60
4	Alexander Belnikoff	16	EPPING FOR'T	1:12.01
5	Jude Wankowski	13	TEAMIPSWICH	1:12.10
6	Lawrence Taylor	14	CO NORWICH SC	1:13.53
7	Kuba Kopec	13	BEDFORD SS-EA	1:14.46
8	Casper Whittaker	14	BIGGLESWADE-EA	1:15.50

Heat 4 of 9 Prelims

1	Sebastian Mudge	14	CO PETERBORO-EA	1:11.50
2	Ben Cameron-Waller	14	CO PETERBORO-EA	1:10.90
3	Benjamin Piscopo	13	CO PETERBORO-EA	1:09.80
4	Hayden Johnson	16	BIGGLESWADE-EA	1:09.60
5	Santi Fletcher	16	CO CAMBRIDGE-EA	1:09.70
6	Alfie Larham	14	CO PETERBORO-EA	1:10.70
7	Henry Chaloner	14	BIGGLESWADE-EA	1:11.10
8	Philipp Vitkovski	16	BO WALTHAM F-LD	1:11.80

Heat 5 of 9 Prelims

1	Jacob Ure	14	CO PETERBORO-EA	1:09.10
2	James O'Toole	15	CO NORWICH SC	1:08.70
3	Jack Hughes	13	REPTON-ZZ	1:08.44
4	Oliver Shayle	16	CO CAMBRIDGE-EA	1:07.90
5	Heath Harrison	15	STOWMARKET-EA	1:07.90
6	Otto Wathen	16	CO NORWICH SC	1:08.70
7	Attila Mozes	16	DEBEN-EA	1:08.70
8	Ashton Hunter	14	CO PETERBORO-EA	1:09.20

Heat 6 of 9 Prelims

1	Josh Black	16	CO CAMBRIDGE-EA	1:06.70
2	Joseph Cox	13	REPTON-ZZ	1:05.73
3	Kameron Baker	15	CO PETERBORO-EA	1:05.31
4	Zachary Piscopo	15	CO PETERBORO-EA	1:04.69
5	Jesse Knight	13	LEISTON	1:05.10
6	Charlie Rehus	17	CO PETERBORO-EA	1:05.69
7	George Cawley	15	TEAMIPSWICH	1:05.90
8	Oliver Butt	16	DEBEN-EA	1:07.74

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 7 Prelims (#104 Boys 10 & Over 100 LC Meter Butterfly)

1	Robert James	14	EPPING FORT	1:03.86
2	Daniel Meier	19	BIGGLESWADE-EA	1:01.80
3	Oliver Fuller	16	CO CAMBRIDGE-EA	1:00.30
4	Oscar Hunter	17	NORWICH SWAN-EA	58.40
5	Jake Battle	15	REPTON-ZZ	59.54
6	Benedict Measures	21	NORWICH SWAN-EA	1:01.00
7	Mykhailo Vasyliev	16	BEDFORD SS-EA	1:02.27
8	Corey Hare - S14	20	DEBEN-EA	1:04.50

Heat 8 of 9 Prelims

1	Lucius White	16	GT YARMOUTH	1:03.30
2	Finlay German	17	CO CAMBRIDGE-EA	1:01.70
3	Fin Neve	18	CO NORWICH SC	1:00.02
4	Ryan Close	18	BEDFORD SS-EA	58.28
5	Samuel Rose	23	NORWICH SWAN-EA	59.40
6	Rafi Corliano	16	CO CAMBRIDGE-EA	1:00.82
7	Ben Every	18	TEAM WAVENEY-EA	1:01.90
8	Jacob Schultz	15	CO CAMBRIDGE-EA	1:04.40

Heat 9 of 9 Prelims

1	Xavier Zerban	15	BIGGLESWADE-EA	1:03.29
2	Nathan Broadwater	15	TEAMIPSWICH	1:01.58
3	Kian Lee	18	CO PETERBORO-EA	59.77
4	Oscar Winterburn	18	TEAMIPSWICH	57.23
5	Jack Abram	21	CO NORWICH SC	59.18
6	Lewis Jarrett	20	CO NORWICH SC	1:00.40
7	Corey Owens	16	STOCKPORT MO	1:01.90
8	Jack Agosti	15	CO CAMBRIDGE-EA	1:03.90

Event 105 Girls 10 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims

2	Mia Gilbert	10	CO NORWICH SC	57.10
3	Niamh Parnell	10	DEREHAM	51.34
4	Lara Patuck	10	CO CAMBRIDGE-EA	49.70
5	Phoebe Manning	10	BASILDON PH	49.70
6	Molly Westcott	10	STOWMARKET-EA	55.00

Heat 2 of 18 Prelims

1	Ayla Morgan	11	CO NORWICH SC	49.48
2	Freyja Rooke	11	CO NORWICH SC	49.00
3	Eva John	11	REPTON-ZZ	47.92
4	Abi Wilmot	12	STOWMARKET-EA	47.10
5	Rosie Hazelton	12	HARWICH DP	47.80
6	Rosa Maguire	11	CO NORWICH SC	48.68
7	Sophia Solley	11	REPTON-ZZ	49.39
8	Grace Hinds	11	TEAMIPSWICH	49.50

Heat 3 of 18 Prelims

1	Evie Wade	14	DEREHAM	47.00
2	Charlotte Sawford	12	CO NORWICH SC	46.76
3	Megan Walsh	14	WITHAM DOLPH	46.60
4	Frankie Anderson	11	FELIXSTOWE	46.50
5	Tessa Cartwright	11	CO NORWICH SC	46.54
6	Ruby Broadwater	13	TEAMIPSWICH	46.70
7	Darcey Whicher	14	NEWMARKET	46.82
8	Jessica Nichols	14	TEAM WAVENEY-EA	47.05

Heat 4 of 18 Prelims

1	Sophie Alexander	12	TEAMIPSWICH	46.10
2	Rose Turner	14	BIGGLESWADE-EA	46.00
3	Immy Coote	12	CO CAMBRIDGE-EA	46.00
4	Millie Suffling	12	CO NORWICH SC	45.90
5	Harper Bayley	10	REPTON-ZZ	45.92
6	Maisie Liang	14	CO CAMBRIDGE-EA	46.00
7	Dotty Thorby	13	CO NORWICH SC	46.00
8	Charlotte Burge	14	CO PETERBORO-EA	46.20

Heat 5 of 18 Prelims

1	Matilda Westcott	12	STOWMARKET-EA	45.50
2	Lucy Armstrong	16	CO PETERBORO-EA	45.38
3	Grace Mann	13	TEAMIPSWICH	44.90
4	Phoebe Phillpot	13	TEAMIPSWICH	44.70
5	Florence Brewster	13	STOWMARKET-EA	44.80
6	Farida Mohamed	12	CO PETERBORO-EA	45.10
7	Heidi Bell	12	DEBEN-EA	45.48
8	Ariella Burr	12	BIGGLESWADE-EA	45.60

Heat 6 of 18 Prelims

1	Tilly Sheasby	13	NEWMARKET	44.60
2	Leah Rhodes	13	FELIXSTOWE	44.30
3	Rowena Zecchini	13	CO CAMBRIDGE-EA	44.00
4	Nimi Kopec	11	BEDFORD SS-EA	43.92
5	Penelope Howard	13	CO PETERBORO-EA	44.00
6	Chloe Parish	14	DEBEN-EA	44.10
7	Esme Waterhouse	11	NEWMARKET	44.30
8	Leila Kokas	11	CO PETERBORO-EA	44.60

Heat 7 of 18 Prelims

1	Emily Oconnor	15	WITHAM DOLPH	43.80
2	Evie Harris-Joy	13	GT YARMOUTH	43.63
3	Harriet Townend	15	CO NORWICH SC	43.40
4	Libby Meale	12	CO NORWICH SC	43.10
5	Eva Peach	14	CO CAMBRIDGE-EA	43.30
6	Ellie Salt	13	CO PETERBORO-EA	43.60
7	Evie Mantle	14	CO NORWICH SC	43.70
8	Grace Parker	14	CO NORWICH SC	43.90

Heat 8 of 18 Prelims

1	Charlize Church	12	CO CAMBRIDGE-EA	42.90
2	Belle Bingham	14	NEWMARKET	42.66
3	Amber Clark	15	NORFOLK VIKG-ZZ	42.38
4	Livia Zecchini	13	CO CAMBRIDGE-EA	42.20
5	Eleni Karakoidas	13	CO NORWICH SC	42.30
6	Alexa Linden-Ball	12	CO NORWICH SC	42.59
7	Zara Jewers	13	STOWMARKET-EA	42.70
8	Jessica Pouakouyou	13	CO CAMBRIDGE-EA	43.00

Heat 9 of 18 Prelims

1	Isabella Tiffin	14	CO PETERBORO-EA	42.20
2	Emily May	14	LEISTON	41.92
3	Elena Simmons	15	CO CAMBRIDGE-EA	41.87
4	Emily Joyce	14	BIGGLESWADE-EA	41.50
5	Nova Weller	13	NEWMARKET	41.54
6	Daisy Templer	13	STOWMARKET-EA	41.90
7	Harmony Smith	11	TEAM WAVENEY-EA	42.20
8	Emilia Butt	14	DEBEN-EA	42.20

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 10 Prelims (#105 Girls 10 & Over 50 LC Meter Breaststroke)

1	Indira Hanmer	13	HASTINGS	41.40
2	Isabelle Patterson	15	CO NORWICH SC	41.00
3	Evie Pryor Reed - Ashton	12	REPTON-ZZ	40.93
4	Bethany Minett	14	CO PETERBORO-EA	40.70
5	Ruby Oxborough	15	GT YARMOUTH	40.90
6	Belle Garnham	12	TEAMIPSWICH	41.00
7	Imogen Parnell	13	DEREHAM	41.15
8	Kallie Weaver	15	STANWAY	41.50

Heat 11 of 18 Prelims

1	Isla Cartwright	13	CO NORWICH SC	40.67
2	Anna Turner	13	CO NORWICH SC	40.20
3	Florence Whittaker	16	BIGGLESWADE-EA	39.95
4	Isla Stockwell	14	CO CAMBRIDGE-EA	39.90
5	Lara Kelly	12	NEW HALL	39.93
6	Sara Kelly	15	COLCHESTER	40.00
7	Bea Grant	18	CO CAMBRIDGE-EA	40.48
8	Lexi Cole	13	CO NORWICH SC	40.68

Heat 12 of 18 Prelims

1	Olivia Sheasby	18	NEWMARKET	39.80
2	Amelie Parnell	15	DEREHAM	39.53
3	Niamh Venus-Knight	15	WITHAM DOLPH	39.30
4	Annika Mueller	15	CO NORWICH SC	39.20
5	Olivia Bryant	13	STOWMARKET-EA	39.20
6	Jessica Barrett	14	CORBYP	39.38
7	Amelia Garnham	15	TEAMIPSWICH	39.60
8	Fia Burr	15	BIGGLESWADE-EA	39.90

Heat 13 of 18 Prelims

1	Michelle Pouakouyou	15	CO CAMBRIDGE-EA	39.20
2	Lucie Cooper	16	CO NORWICH SC	39.18
3	Cassie Bonner	12	EPPING FOR'T	38.80
4	Savannah Barratt	13	HARWICH DP	38.48
5	Ella Deaton	17	NEWMARKET	38.70
6	Sophie Williams	17	CO CAMBRIDGE-EA	38.90
7	Margarida Furtado	14	CO CAMBRIDGE-EA	39.20
8	Myla Xia	15	CO CAMBRIDGE-EA	39.20

Heat 14 of 18 Prelims

1	Ruby Barratt	13	HARWICH DP	38.20
2	Tyra Sajudeen	16	CO CAMBRIDGE-EA	37.90
3	Amy Brightwell	13	NORWICH SWAN-EA	37.74
4	Siobhan Schneider	16	BEDFORD SS-EA	37.61
5	Livi Page	13	CO CAMBRIDGE-EA	37.70
6	Hannah John	13	REPTON-ZZ	37.76
7	Imogen Bygrave	16	CO CAMBRIDGE-EA	38.10
8	Tennessee Ocasio-Milkins	14	REPTON-ZZ	38.47

Heat 15 of 18 Prelims

1	Hermione Harvey	15	NORWICH SWAN-EA	37.31
2	Kiera Broad	18	NEWMARKET	37.20
3	Emily Lowe	18	BEDFORD SS-EA	37.11
4	Emily Edwards	14	REPTON-ZZ	36.94
5	Cerys Wall	14	CO CAMBRIDGE-EA	37.10
6	Lyla Fello	17	CO NORWICH SC	37.19
7	Caitlin Stockwell	16	CO CAMBRIDGE-EA	37.30
8	Elinor McTaggart	14	DEBEN-EA	37.35

Heat 16 of 18 Prelims

1	Amber Ridgeon	21	LEISTON	36.70
2	Nicole Peddely	16	TEAMIPSWICH	35.60
3	Olivia Pais	14	CO PETERBORO-EA	35.20
4	Amelia Murphy	19	WITHAM DOLPH	34.13
5	Charlisse Harding	17	NORWICH SWAN-EA	34.58
6	Isabel White	17	BIGGLESWADE-EA	35.40
7	Athina Smallwood	25	CO NORWICH SC	36.40
8	Elija Mickaite	14	CO PETERBORO-EA	36.90

Heat 17 of 18 Prelims

1	Georgina Munday	22	BIGGLESWADE-EA	36.61
2	Hanna Dillon	16	BO WALTHAM F-LD	35.56
3	Isla Stewart	16	CO PETERBORO-EA	35.08
4	Megan Pye	24	CO NORWICH SC	33.50
5	Jorja Atkinson	15	CO CAMBRIDGE-EA	34.44
6	Katie Holmes	42	HARWICH DP	35.40
7	Nina Allen	15	NEWMARKET	36.00
8	Alice Robinson	17	CO CAMBRIDGE-EA	36.90

Heat 18 of 18 Prelims

1	Ashleigh Fall	15	CO NORWICH SC	36.51
2	Alice Watts	18	CO CAMBRIDGE-EA	35.40
3	Isla Hamilton	18	NORWICH SWAN-EA	34.86
4	Amelia Hinchliffe	15	REPTON-ZZ	32.54
5	Alexis Johnson	16	CO PETERBORO-EA	34.41
6	Devon O'Neil	16	CO PETERBORO-EA	35.33
7	Verity Hamilton	16	NORWICH SWAN-EA	35.76
8	Layla Drake	14	NORWICH SWAN-EA	36.73

Event 106 Boys 10 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	Isaac Scott	11	CO NORWICH SC	5:49.40
2	Addison Willis	12	REPTON-ZZ	5:38.53
3	Harry Larham	11	CO PETERBORO-EA	5:32.20
4	Benjamin Ashford	13	CO NORWICH SC	5:27.80
5	Marco Soto-Toth	12	CO PETERBORO-EA	5:30.00
6	Edward Wilson	12	CO NORWICH SC	5:37.89
7	Laurie Scrivener	11	LEISTON	5:43.60
8	Leo Linford-Hazell	11	CO NORWICH SC	5:57.50

Heat 2 of 7 Finals

1	Max Fello	13	CO NORWICH SC	5:24.10
2	Samuel Fallahnia	13	EPPING FOR'T	5:22.60
3	Charlie Searle	12	CO NORWICH SC	5:21.80
4	Krzysztof Splawiec	14	TEAMIPSWICH	5:10.10
5	Tommy Duff	13	REPTON-ZZ	5:21.14
6	Tyler Dean	13	HARWICH DP	5:22.60
7	Jack Alexander	12	TEAMIPSWICH	5:23.00
8	Lev Shcherba	12	REPTON-ZZ	5:25.59

Heat 3 of 7 Finals

1	Lukas Liebenberg	12	NEWMARKET	5:07.19
2	Thomas Mutton	13	DEBEN-EA	4:55.10
3	Tom Barber	15	TEAM WAVENEY-EA	4:54.30
4	Harry George	16	HATFIELD	4:53.00
5	Santi Fletcher	16	CO CAMBRIDGE-EA	4:53.10
6	Lawrence Taylor	14	CO NORWICH SC	4:55.07
7	Casper Whittaker	14	BIGGLESWADE-EA	5:04.90
8	Archie Georgakis	13	BASILDON PH	5:09.00

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 4 Finals (#106 Boys 10 & Over 400 LC Meter Freestyle)

1	Alfie Larham	14	CO PETERBORO-EA	4:52.60
2	Jude Wankowski	13	TEAMIPSWICH	4:51.20
3	Riccardo Di Maria	14	CO NORWICH SC	4:49.10
4	Jake Maguire	15	CO NORWICH SC	4:43.30
5	Jesse Knight	13	LEISTON	4:44.00
6	Noah Buchan	15	CO NORWICH SC	4:49.12
7	Hayden Johnson	16	BIGGLESWADE-EA	4:52.50
8	Percy Goldstone	16	WOODHAM F SC	4:52.63

Heat 5 of 7 Finals

1	Ruslan Shiraz	14	BO WALTHAM F-LD	4:41.56
2	George Cawley	15	TEAMIPSWICH	4:37.00
3	William Barr	18	ROYSTON	4:33.60
4	Jacob Schultz	15	CO CAMBRIDGE-EA	4:32.60
5	Olly Meier	16	BIGGLESWADE-EA	4:32.70
6	Corey Hare - S14	20	DEBEN-EA	4:36.70
7	Benjamin Piscopo	13	CO PETERBORO-EA	4:39.80
8	Ashton Hunter	14	CO PETERBORO-EA	4:41.70

Heat 6 of 7 Finals

1	Charlie Birdsall	16	CO CAMBRIDGE-EA	4:30.80
2	Joshua O'Donnell	15	WANDSWORTH	4:29.54
3	Alfie Page	17	CO CAMBRIDGE-EA	4:28.80
4	Jack Agosti	15	CO CAMBRIDGE-EA	4:25.40
5	Oliver Fuller	16	CO CAMBRIDGE-EA	4:27.30
6	Nathan Broadwater	15	TEAMIPSWICH	4:29.20
7	Noah Bielby	16	CO PETERBORO-EA	4:29.84
8	Liam Bautista	17	EPPING FOR'T	4:31.80

Heat 7 of 7 Finals

1	Josh Kimberley	16	AMES-SE	4:21.70
2	Corey Owens	16	STOCKPORT MO	4:19.90
3	Adam O'Neal	18	BEDFORD SS-EA	4:13.90
4	Samuel Rose	23	NORWICH SWAN-EA	4:10.40
5	Oscar Hunter	17	NORWICH SWAN-EA	4:13.50
6	George Carter	18	CO CAMBRIDGE-EA	4:18.50
7	Ethan Wallis	16	NORWICH SWAN-EA	4:20.90
8	Xavier Zerban	15	BIGGLESWADE-EA	4:24.09

Event 201 Girls 10 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1	Harper Bayley	10	REPTON-ZZ	3:38.82
2	Nimi Kopec	11	BEDFORD SS-EA	3:38.44
3	Rosa Maguire	11	CO NORWICH SC	3:36.70
4	Ariella Burr	12	BIGGLESWADE-EA	3:28.80
5	Matilda Westcott	12	STOWMARKET-EA	3:28.90
6	Freyja Rooke	11	CO NORWICH SC	3:38.09
7	Ayla Morgan	11	CO NORWICH SC	3:38.50

Heat 2 of 8 Finals

1	Alexa Linden-Ball	12	CO NORWICH SC	3:20.59
2	Livia Zecchini	13	CO CAMBRIDGE-EA	3:14.20
3	Belle Garnham	12	TEAMIPSWICH	3:12.70
4	Cassie Bonner	12	EPPING FOR'T	3:12.10
5	Lara Kelly	12	NEW HALL	3:12.36
6	Emily May	14	LEISTON	3:12.75
7	Daisy Templer	13	STOWMARKET-EA	3:14.80
8	Tabatha Hems Gillson	12	REPTON-ZZ	3:20.80

Heat 3 of 8 Finals

1	Hannah John	13	REPTON-ZZ	3:10.79
2	Scarlett Kennedy	14	REPTON-ZZ	3:08.94
3	Anna Turner	13	CO NORWICH SC	3:08.20
4	Olivia Bryant	13	STOWMARKET-EA	3:08.00
5	Fia Burr	15	BIGGLESWADE-EA	3:08.00
6	Tennessee Ocasio-Milkins	14	REPTON-ZZ	3:08.62
7	Lena Crisp - S14	13	NORWICH SWAN-EA	3:10.26
8	Eleni Karakoidas	13	CO NORWICH SC	3:11.90

Heat 4 of 8 Finals

1	Livi Page	13	CO CAMBRIDGE-EA	3:06.60
2	Amy Brightwell	13	NORWICH SWAN-EA	3:05.70
3	Evie Pryor Reed - Ashton	12	REPTON-ZZ	3:04.41
4	Margarida Furtado	14	CO CAMBRIDGE-EA	3:03.60
5	Isla Stockwell	14	CO CAMBRIDGE-EA	3:04.30
6	Freya Keeling	13	HODDESDON	3:05.40
7	Niamh Venus-Knight	15	WITHAM DOLPH	3:05.80
8	Jessica Barrett	14	CORBY	3:07.38

Heat 5 of 8 Finals

1	Layla Drake	14	NORWICH SWAN-EA	3:01.69
2	Emily Edwards	14	REPTON-ZZ	3:01.20
3	Hanna Dillon	16	BO WALTHAM F-LD	2:59.24
4	Sophie Harvey	14	CO CAMBRIDGE-EA	2:56.60
5	Amber Ridgeon	21	LEISTON	2:58.70
6	Ashleigh Fall	15	CO NORWICH SC	3:01.00
7	Siobhan Schneider	16	BEDFORD SS-EA	3:01.23
8	Myla Xia	15	CO CAMBRIDGE-EA	3:01.80

Heat 6 of 8 Finals

1	Lyla Fello	17	CO NORWICH SC	2:55.40
2	Cerys Wall	14	CO CAMBRIDGE-EA	2:54.70
3	Eliza Jennings	14	BIGGLESWADE-EA	2:54.60
4	Liv Wicks	14	NORWICH SWAN-EA	2:53.30
5	Jes Sandhu	15	EPPING FOR'T	2:53.80
6	Kiera Broad	18	NEWMARKET	2:54.60
7	Elija Mickaite	14	CO PETERBORO-EA	2:55.20
8	Isla Hamilton	18	NORWICH SWAN-EA	2:56.50

Heat 7 of 8 Finals

1	Caitlin Stockwell	16	CO CAMBRIDGE-EA	2:53.10
2	Tyra Sajudeen	16	CO CAMBRIDGE-EA	2:51.60
3	Alexis Johnson	16	CO PETERBORO-EA	2:48.50
4	Alice Watts	18	CO CAMBRIDGE-EA	2:47.50
5	Lilli-Rose Carr	17	CO LINCOLN P	2:47.68
6	Nicole Peddelty	16	TEAMIPSWICH	2:51.10
7	Olivia Pais	14	CO PETERBORO-EA	2:51.90
8	Devon O'Neil	16	CO PETERBORO-EA	2:53.19

Heat 8 of 8 Finals

1	Isla Stewart	16	CO PETERBORO-EA	2:44.88
2	Jorja Atkinson	15	CO CAMBRIDGE-EA	2:43.40
3	Isabella Porzio	22	PUTTERIDGE-ZZ	2:41.30
4	Ellen Eccleston	19	CO NORWICH SC	2:37.59
5	Chloe Butler	22	NORWICH SWAN-EA	2:38.00
6	Charlisse Harding	17	NORWICH SWAN-EA	2:42.86
7	Isabel White	17	BIGGLESWADE-EA	2:44.60
8	Verity Hamilton	16	NORWICH SWAN-EA	2:47.35

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Event 202 Boys 10 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

1	Elliott Allen	10	CO NORWICH SC	3:21.80
2	Oscar Nichols	11	TEAM WAVENEY-EA	3:12.30
3	Leo Beswick	11	NEWMARKET	3:10.65
4	Logan Chambers	11	CO NORWICH SC	3:06.73
5	Jack Fuher	11	REPTON-ZZ	3:07.88
6	James Howard	12	CO NORWICH SC	3:10.70
7	Noah Clarke	10	GT YARMOUTH	3:16.29

Heat 2 of 11 Finals

1	Max Battle	12	DEBEN-EA	3:05.70
2	Finley Lane	12	CO NORWICH SC	3:00.60
3	Ethan Harris	12	REPTON-ZZ	2:59.40
4	Ekin Banford	13	CO NORWICH SC	2:57.46
5	Charlie Jones	12	GT YARMOUTH	2:59.00
6	Ammar Alfiky	12	CO NORWICH SC	3:00.00
7	Edward Wilson	12	CO NORWICH SC	3:03.20
8	Laurie Scrivener	11	LEISTON	3:06.40

Heat 3 of 11 Finals

1	Jack Alexander	12	TEAMIPSWICH	2:56.70
2	Ronnie Lamble	12	TEAMIPSWICH	2:55.50
3	Benjamin Ashford	13	CO NORWICH SC	2:54.44
4	George Punter	14	GT YARMOUTH	2:53.20
5	Jacob Ramsay	12	REPTON-ZZ	2:54.16
6	Tyler Dean	13	HARWICH DP	2:54.82
7	Benedict Koehler	14	CO NORWICH SC	2:56.10
8	Theo Rawnsley	11	HARPENDEN	2:57.20

Heat 4 of 11 Finals

1	Ted Hill	12	CO PETERBORO-EA	2:52.20
2	Lev Shcherba	12	REPTON-ZZ	2:50.46
3	Jack Hughes	13	REPTON-ZZ	2:44.91
4	Archie Georgakis	13	BASILDON PH	2:42.30
5	Jude Baldock	12	BO WALTHAM F-LD	2:42.67
6	Max Flelo	13	CO NORWICH SC	2:46.82
7	Harry Larham	11	CO PETERBORO-EA	2:50.70
8	Charlie Searle	12	CO NORWICH SC	2:53.20

Heat 5 of 11 Finals

1	Marco Soto-Toth	12	CO PETERBORO-EA	2:41.20
2	Samuel Fallahnia	13	EPPING FOR'T	2:39.00
3	Joshua Liebenberg	14	NEWMARKET	2:38.71
4	James Jones	14	CO NORWICH SC	2:37.40
5	Reuben Seaman	14	CO NORWICH SC	2:38.20
6	Hayden Johnson	16	BIGGLESWADE-EA	2:38.90
7	Joshua Vind	14	REPTON-ZZ	2:39.65
8	Tommy Duff	13	REPTON-ZZ	2:41.77

Heat 6 of 11 Finals

1	Ben Cameron-Waller	14	CO PETERBORO-EA	2:36.70
2	Oscar Langston	14	BO WALTHAM F-LD	2:35.84
3	Lawrence Taylor	14	CO NORWICH SC	2:34.60
4	Huxley Phillips	13	CO CAMBRIDGE-EA	2:32.80
5	Zachary Piscopo	15	CO PETERBORO-EA	2:33.75
6	Kyren Williams	15	TEAMIPSWICH	2:35.50
7	Heath Harrison	15	STOWMARKET-EA	2:36.30
8	Robert James	14	EPPING FOR'T	2:37.00

Heat 7 of 11 Finals

1	Solomon Dent	17	BEDFORD SS-EA	2:31.23
2	Sebastian Mudge	14	CO PETERBORO-EA	2:30.80
3	Thomas Mutton	13	DEBEN-EA	2:29.80
4	Zachary Fraser	16	CO PETERBORO-EA	2:28.28
5	Jacob Ure	14	CO PETERBORO-EA	2:28.70
6	Attila Mozes	16	DEBEN-EA	2:30.10
7	Dylan Lamble	15	TEAMIPSWICH	2:31.20
8	Philipp Vitkovski	16	BO WALTHAM F-LD	2:31.60

Heat 8 of 11 Finals

1	Jake Maguire	15	CO NORWICH SC	2:27.10
2	Oliver Shayle	16	CO CAMBRIDGE-EA	2:25.80
3	Toby Anderson	14	CO NORWICH SC	2:25.00
4	Michael Sayer	15	CO NORWICH SC	2:24.60
5	Cameron Jackson	16	DEBEN-EA	2:24.70
6	Jesse Knight	13	LEISTON	2:25.30
7	Alfie Winchester	18	ROYSTON	2:26.30
8	Benjamin Piscopo	13	CO PETERBORO-EA	2:27.60

Heat 9 of 11 Finals

1	Oliver Butt	16	DEBEN-EA	2:23.20
2	Charlie Birdsall	16	CO CAMBRIDGE-EA	2:21.90
3	James O'Toole	15	CO NORWICH SC	2:21.20
4	Corey Owens	16	STOCKPORT MO	2:19.80
5	Joseph Emms	15	BIGGLESWADE-EA	2:20.80
6	Joshua O'Donnell	15	WANDSWORTH	2:21.60
7	Donald Perrin	16	CO NORWICH SC	2:23.10
8	Ashton Hunter	14	CO PETERBORO-EA	2:23.60

Heat 10 of 11 Finals

1	Liam Bautista	17	EPPING FOR'T	2:18.10
2	Jack Agosti	15	CO CAMBRIDGE-EA	2:16.70
3	Lewis Jarrett	20	CO NORWICH SC	2:15.80
4	Xavier Zerban	15	BIGGLESWADE-EA	2:14.50
5	Zach Montgomery	16	NORWICH SWAN-EA	2:15.10
6	Adam O'Neal	18	BEDFORD SS-EA	2:16.67
7	Finlay German	17	CO CAMBRIDGE-EA	2:17.10
8	James Clay	21	STOWMARKET-EA	2:18.90

Heat 11 of 11 Finals

1	Hugo Arthey	17	DEBEN-EA	2:12.90
2	Jan Beblot	17	NORWICH SWAN-EA	2:11.30
3	Oscar Hunter	17	NORWICH SWAN-EA	2:09.30
4	Oscar Winterburn	18	TEAMIPSWICH	2:05.60
5	Olly Smith	19	CO NORWICH SC	2:08.00
6	Timon Chapman	24	NORWICH SWAN-EA	2:10.20
7	Norbert Kadar	17	CO CAMBRIDGE-EA	2:11.70
8	Archie Harris-Joy	16	GT YARMOUTH	2:13.80

Event 203 Girls 10 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Emily Hannah	12	CO NORWICH SC	1:28.30
2	Phoebe Phillipot	13	TEAMIPSWICH	1:25.20
3	Maisie Liang	14	CO CAMBRIDGE-EA	1:24.50
4	Scarlett Kennedy	14	REPTON-ZZ	1:24.23
5	Lena Crisp - S14	13	NORWICH SWAN-EA	1:24.30
6	Henrietta Hems Gillson	13	REPTON-ZZ	1:24.50
7	Ettie Pearce	13	DEBEN-EA	1:25.30

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 2 Prelims (#203 Girls 10 & Over 100 LC Meter Butterfly)

1	Lois Alderton-Jode	14	CO NORWICH SC	1:23.80
2	Alisa Berzan	13	REPTON-ZZ	1:23.20
3	Hannah John	13	REPTON-ZZ	1:21.40
4	Leila Kokas	11	CO PETERBORO-EA	1:20.60
5	Cassie Bonner	12	EPPING FOR'T	1:21.40
6	Poppy Porter	13	TEAMIPSWICH	1:22.80
7	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	1:23.30
8	Grace Parker	14	CO NORWICH SC	1:23.86

Heat 3 of 10 Prelims

1	Lara Kelly	12	NEW HALL	1:19.25
2	Isla Tate	13	CO PETERBORO-EA	1:18.80
3	Lyra Schultz	13	CO CAMBRIDGE-EA	1:18.50
4	Hilary Drewry	14	CO NORWICH SC	1:18.16
5	Scarlett Omand	13	CHESHUNT	1:18.20
6	Dolcie Underwood	13	DEREHAM	1:18.54
7	Ellen Akerstone	13	CO NORWICH SC	1:19.03
8	Eva Peach	14	CO CAMBRIDGE-EA	1:19.50

Heat 4 of 10 Prelims

1	Margarida Furtado	14	CO CAMBRIDGE-EA	1:17.90
2	Evie Pryor Reed - Ashton	12	REPTON-ZZ	1:17.05
3	Harriet Flack	15	CO CAMBRIDGE-EA	1:16.70
4	Bethany Minett	14	CO PETERBORO-EA	1:16.10
5	Maelys Jacquet	15	DEBEN-EA	1:16.30
6	Olivia Bryant	13	STOWMARKET-EA	1:17.00
7	Honor Hanmer	14	REPTON-ZZ	1:17.34
8	Sophie Knight	14	HADLEIGH	1:17.90

Heat 5 of 10 Prelims

1	Amelia Hinchliffe	15	REPTON-ZZ	1:15.89
2	Catherine Mitchell	15	CO NORWICH SC	1:15.70
3	Gabriella Cawley	16	TEAMIPSWICH	1:15.20
4	Charlotte Rooke	15	CO NORWICH SC	1:14.70
5	Olivia Butlin	15	CO NORWICH SC	1:14.93
6	Sienna Butcher	16	AMES-SE	1:15.30
7	Eleni Karakoidas	13	CO NORWICH SC	1:15.80
8	Hannah Junor	14	REPTON-ZZ	1:15.93

Heat 6 of 10 Prelims

1	Chloe Knight	17	HADLEIGH	1:13.80
2	Tina Sinapova	14	CO NORWICH SC	1:13.10
3	Ella Deaton	17	NEWMARKET	1:12.60
4	Megan Clarke	17	CO CAMBRIDGE-EA	1:12.40
5	Sophie Williams	17	CO CAMBRIDGE-EA	1:12.40
6	Eliza Swanepoel	18	EPPING FOR'T	1:12.95
7	Senudi Ratnayake	15	NORWICH SWAN-EA	1:13.28
8	Annika Mueller	15	CO NORWICH SC	1:14.40

Heat 7 of 10 Prelims

1	Defne Sakarya	15	NORWICH SWAN-EA	1:12.13
2	Mia Nelson	15	CHESHUNT	1:11.30
3	Imogen Laws	13	CO NORWICH SC	1:10.57
4	Emily Joyce	14	BIGGLESWADE-EA	1:09.80
5	Anudi Ratnayake	15	NORWICH SWAN-EA	1:10.09
6	Sophia Aziz	14	CO PETERBORO-EA	1:10.90
7	Indie Horton	14	TEAM WAVENEY-EA	1:11.90
8	Caitlin Stockwell	16	CO CAMBRIDGE-EA	1:12.20

Heat 8 of 10 Prelims

1	Florence Whittaker	16	BIGGLESWADE-EA	1:09.20
2	Lily Murrell	17	NORWICH SWAN-EA	1:07.60
3	Evie Greenhalf	16	CO NORWICH SC	1:06.48
4	Sadie Hunter	18	CO PETERBORO-EA	1:04.17
5	Genevieve White	18	CO CAMBRIDGE-EA	1:05.30
6	Emily Pitcher	18	NORWICH SWAN-EA	1:06.90
7	Claudia Barp	16	CO CAMBRIDGE-EA	1:08.60
8	Isla Stewart	16	CO PETERBORO-EA	1:09.46

Heat 9 of 10 Prelims

1	Anastasja Wall	16	DEREHAM	1:08.97
2	Chloe Barnard	17	BASILDON PH	1:07.49
3	Jorja Atkinson	15	CO CAMBRIDGE-EA	1:06.45
4	Grace Greenhalf	19	CO NORWICH SC	1:03.70
5	Chloe Butler	22	NORWICH SWAN-EA	1:04.70
6	Tia Sammut	15	BEDFORD SS-EA	1:06.84
7	Anna Mason	14	CO PETERBORO-EA	1:08.52
8	Matilda Stokes	15	CO PETERBORO-EA	1:09.41

Heat 10 of 10 Prelims

1	Bethany Rumsby	17	NORWICH SWAN-EA	1:08.90
2	Ayla Zolfaghari	15	EPPING FOR'T	1:07.26
3	Erin Barber	16	NORWICH SWAN-EA	1:06.17
4	Olivia Greenall	17	GT YARMOUTH	1:02.56
5	Katie Maloney	29	CO NORWICH SC	1:04.50
6	Amy Meyer	17	BIGGLESWADE-EA	1:06.72
7	Lily Steel	16	TEAMIPSWICH	1:08.20
8	Freya May	16	LEISTON	1:09.30

Event 204 Boys 10 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

3	Jacob Barrowcliffe	10	HARWICH DP	52.50
4	Oscar Nichols	11	TEAM WAVENEY-EA	49.19
5	Elliott Allen	10	CO NORWICH SC	50.40
6	Noah Clarke	10	GT YARMOUTH	53.50

Heat 2 of 12 Prelims

1	Logan Chambers	11	CO NORWICH SC	47.50
2	Harry Larham	11	CO PETERBORO-EA	45.70
3	Liam Coscoran	11	HADLEIGH	44.10
4	Laurie Scrivener	11	LEISTON	44.00
5	Billy Maguire	11	CO NORWICH SC	44.00
6	Tyler McLaughlin-Bell	12	NEWMARKET	44.10
7	Oscar Davis	10	STOWMARKET-EA	47.10
8	Daniel Cotton	11	REPTON-ZZ	48.31

Heat 3 of 12 Prelims

1	James Jones	14	CO NORWICH SC	43.70
2	Ekin Banford	13	CO NORWICH SC	43.19
3	Ben Cameron-Waller	14	CO PETERBORO-EA	42.70
4	William Turner	14	BIGGLESWADE-EA	42.20
5	Jack Wilson	12	NEWMARKET	42.60
6	Lev Shcherba	12	REPTON-ZZ	42.95
7	Edward Wilson	12	CO NORWICH SC	43.61
8	Jacob Ramsay	12	REPTON-ZZ	43.80

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 4 Prelims (#204 Boys 10 & Over 50 LC Meter Breaststroke)

1	Ethan Harris	12	REPTON-ZZ	41.56
2	Oliver Liang	14	WITHAM DOLPH	41.40
3	Arthur Shayle	13	CO CAMBRIDGE-EA	41.20
4	Krzysztof Splawiec	14	TEAMIPSWICH	39.90
5	Oscar Reynolds	14	TEAMIPSWICH	41.10
6	William Xia	13	ROYSTON	41.30
7	Jamie Warner	12	NEWMARKET	41.47
8	Joshua Vind	14	REPTON-ZZ	41.90

Heat 5 of 12 Prelims

1	Thomas Scrivener	13	LEISTON	39.60
2	Marco Soto-Toth	12	CO PETERBORO-EA	39.20
3	Joshua Liebenberg	14	NEWMARKET	38.93
4	Addison Willis	12	REPTON-ZZ	38.50
5	Thomas Chapman	16	CO NORWICH SC	38.60
6	Tommy Duff	13	REPTON-ZZ	39.16
7	Reuben Seaman	14	CO NORWICH SC	39.57
8	Mykhailo Vasyliiev	16	BEDFORD SS-EA	39.85

Heat 6 of 12 Prelims

1	Kyren Williams	15	TEAMIPSWICH	38.30
2	Jack Hibbin	15	CO NORWICH SC	37.93
3	Michael Sayer	15	CO NORWICH SC	37.90
4	Henry Carter	16	CO CAMBRIDGE-EA	37.70
5	Yiqian Zhao	14	CO CAMBRIDGE-EA	37.80
6	Santi Fletcher	16	CO CAMBRIDGE-EA	37.90
7	Romeo Padabed Gjeci	15	CO PETERBORO-EA	38.10
8	Arthur Corke	15	CO NORWICH SC	38.42

Heat 7 of 12 Prelims

1	Jude Baldock	12	BO WALTHAM F-LD	37.25
2	Zachary Piscopo	15	CO PETERBORO-EA	37.16
3	Jesse Knight	13	LEISTON	36.90
4	Benjamin Piscopo	13	CO PETERBORO-EA	36.70
5	Zachary Fraser	16	CO PETERBORO-EA	36.84
6	Jacob Pociot	14	TEAMIPSWICH	37.10
7	Logan Smith	15	DEREHAM	37.21
8	Reuben Giles	14	STOWMARKET-EA	37.70

Heat 8 of 12 Prelims

1	Henry Cottingham	16	HADLEIGH	36.00
2	Will Wratten	17	CO CAMBRIDGE-EA	35.60
3	Henry Taylor	16	BIGGLESWADE-EA	35.50
4	Alexander Belnikoff	16	EPPING FOR'T	35.48
5	George Cawley	15	TEAMIPSWICH	35.50
6	James Koehler	18	CO NORWICH SC	35.60
7	Sebastian Mudge	14	CO PETERBORO-EA	35.80
8	Oscar Langston	14	BO WALTHAM F-LD	36.27

Heat 9 of 12 Prelims

1	Donald Perrin	16	CO NORWICH SC	35.10
2	Ethan Woolsey	15	ST NEOT SWAN	35.00
3	George Pike	16	CO NORWICH SC	34.77
4	George Carter	18	CO CAMBRIDGE-EA	34.50
5	Joshua Meyer	16	WITHAM DOLPH	34.60
6	Alfie Page	17	CO CAMBRIDGE-EA	35.00
7	Rex Harrison	15	STOWMARKET-EA	35.10
8	Solomon Dent	17	BEDFORD SS-EA	35.18

Heat 10 of 12 Prelims

1	Janos Csepely	15	TEAMIPSWICH	33.70
2	George Little	18	BEDFORD SS-EA	32.61
3	Lucius White	16	GT YARMOUTH	32.12
4	Ben Every	18	TEAM WAVENEY-EA	30.90
5	Harvey Durham	18	CO NORWICH SC	31.71
6	Albie Campbell	17	BO WALTHAM F-LD	32.41
7	James Clay	21	STOWMARKET-EA	33.20
8	George Heather	16	CO PETERBORO-EA	34.23

Heat 11 of 12 Prelims

1	Oliver Shayle	16	CO CAMBRIDGE-EA	33.40
2	Matthew Debenham	22	STOWMARKET-EA	32.50
3	Charlie Ruddell	17	TEAMIPSWICH	31.90
4	Timon Chapman	24	NORWICH SWAN-EA	30.70
5	Henry Mann	18	NORWICH SWAN-EA	31.66
6	Seb Reynolds	18	TEAMIPSWICH	32.40
7	Robert James	14	EPPING FOR'T	33.01
8	Josh Black	16	CO CAMBRIDGE-EA	34.00

Heat 12 of 12 Prelims

1	Jake Battle	15	REPTON-ZZ	33.25
2	Finley Pawle	24	LEISTON	32.42
3	Josh Reed	15	CO NORWICH SC	31.89
4	Joshua Sackree	18	CO PETERBORO-EA	29.78
5	Kieran Ng	16	CO PETERBORO-EA	31.57
6	Rafi Corliano	16	CO CAMBRIDGE-EA	32.30
7	Ruslan Shiraz	14	BO WALTHAM F-LD	32.64
8	Kameron Baker	15	CO PETERBORO-EA	33.70

Event 205 Mixed 11 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Zara Atkins-Fall	W12	BEDFORD SS-EA	10:38.90
2	Isla Mason	W14	STOWMARKET-EA	10:25.50
3	Skye Freeman	W14	NORWICH SWAN-EA	10:13.00
4	Sophie Harvey	W14	CO CAMBRIDGE-EA	10:11.50
5	Henry Chaloner	M14	BIGGLESWADE-EA	10:12.10
6	Joseph Cox	M13	REPTON-ZZ	10:14.47
7	Isobel Delderfield	W12	CO LINCOLN P	10:38.70
8	Marcel Finta	M12	BEDFORD SS-EA	10:49.60

Heat 2 of 5 Finals

1	Eliza Jennings	W14	BIGGLESWADE-EA	10:08.50
2	Cerys Wall	W14	CO CAMBRIDGE-EA	10:00.20
3	Thomas Mutton	M13	DEBEN-EA	9:59.34
4	Abby Whittaker	W14	WOKING	9:53.10
5	Jack Munday	M14	TEAMIPSWICH	9:54.80
6	Mia Wilson	W14	BASILDON PH	9:59.82
7	Riccardo Di Maria	M14	CO NORWICH SC	10:05.56
8	Violet Freezer	W14	TEAMIPSWICH	10:09.60

Heat 3 of 5 Finals

1	Maia Thompson	W18	TEAM WAVENEY-EA	9:46.70
2	Anabelle Kett	W17	CO PETERBORO-EA	9:40.31
3	Aaron Rawnsley	M14	HARPENDEN	9:35.50
4	Heath Harrison	M15	STOWMARKET-EA	9:33.20
5	Ashton Hunter	M14	CO PETERBORO-EA	9:35.10
6	Amelia Saunders	W18	NORWICH SWAN-EA	9:38.90
7	Emma Cushion	W16	CO PETERBORO-EA	9:42.34
8	Alfie Larham	M14	CO PETERBORO-EA	9:49.80

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 4 Finals (#205 Mixed 11 & Over 800 LC Meter Freestyle)

1	Rex Harrison	M15	STOWMARKET-EA	9:31.20
2	Amelia Porzio	W18	PUTTERIDGE-ZZ	9:29.20
3	Olly Meier	M16	BIGGLESWADE-EA	9:18.20
4	Jack Agosti	M15	CO CAMBRIDGE-EA	9:14.30
5	Esme O'Driscoll	W16	AMES-SE	9:15.40
6	Joshua O'Donnell	M15	WANDSWORTH	9:21.81
7	Sadie Hunter	W18	CO PETERBORO-EA	9:29.69
8	Chess Barber	W17	CO NORWICH SC	9:31.90

Heat 5 of 5 Finals

1	Josh Kimberley	M16	AMES-SE	9:10.76
2	Ryan Wimpenny	M16	CHESHUNT	9:10.50
3	Xavier Zerban	M15	BIGGLESWADE-EA	9:05.24
4	Adam O'Neal	M18	BEDFORD SS-EA	8:50.16
5	George Carter	M18	CO CAMBRIDGE-EA	8:56.30
6	Charlie Rehus	M17	CO PETERBORO-EA	9:05.59
7	Ethan Wallis	M16	NORWICH SWAN-EA	9:10.70
8	Oliver Fuller	M16	CO CAMBRIDGE-EA	9:12.50

Event 401 Boys 10 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

3	Isaac Scott	11	CO NORWICH SC	3:22.62
4	Jacob Ramsay	12	REPTON-ZZ	3:08.60
5	Theo Rawnsley	11	HARPENDEN	3:08.70

Heat 2 of 5 Finals

2	Marco Soto-Toth	12	CO PETERBORO-EA	2:53.80
3	Charlie Latta Diaz	14	THETFORD	2:52.17
4	Kuba Kopec	13	BEDFORD SS-EA	2:48.96
5	Jude Baldock	12	BO WALTHAM F-LD	2:50.78
6	Barnaby Rees	13	CO PETERBORO-EA	2:53.60
7	Alex Long	13	STOWMARKET-EA	3:05.60

Heat 3 of 5 Finals

1	Jack Hughes	13	REPTON-ZZ	2:46.10
2	Casper Whittaker	14	BIGGLESWADE-EA	2:40.40
3	Kyren Williams	15	TEAMIPSWICH	2:37.50
4	Heath Harrison	15	STOWMARKET-EA	2:36.60
5	Hayden Johnson	16	BIGGLESWADE-EA	2:36.70
6	Joseph Cox	13	REPTON-ZZ	2:39.23
7	Lawrence Taylor	14	CO NORWICH SC	2:42.35
8	Henry Chaloner	14	BIGGLESWADE-EA	2:46.50

Heat 4 of 5 Finals

1	Alexander Belnikoff	16	EPPING FOR'T	2:31.20
2	Mykhailo Vasyliov	16	BEDFORD SS-EA	2:27.38
3	Corey Owens	16	STOCKPORT MO	2:26.32
4	Charlie Rehus	17	CO PETERBORO-EA	2:23.48
5	Jesse Knight	13	LEISTON	2:26.00
6	Robert James	14	EPPING FOR'T	2:27.18
7	Ashton Hunter	14	CO PETERBORO-EA	2:29.37
8	Kameron Baker	15	CO PETERBORO-EA	2:33.81

Heat 5 of 5 Finals

1	Zachary Piscopo	15	CO PETERBORO-EA	2:19.45
2	Daniel Meier	19	BIGGLESWADE-EA	2:19.10
3	Oliver Fuller	16	CO CAMBRIDGE-EA	2:16.60
4	Kian Lee	18	CO PETERBORO-EA	2:12.98
5	Jake Battle	15	REPTON-ZZ	2:15.91
6	Nathan Broadwater	15	TEAMIPSWICH	2:18.30
7	Finlay German	17	CO CAMBRIDGE-EA	2:19.40
8	Lucius White	16	GT YARMOUTH	2:21.74

Event 402 Girls 10 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

3	Phoebe Pritchard	10	STOWMARKET-EA	3:34.60
4	Ayla Morgan	11	CO NORWICH SC	3:21.20
5	Gracie Locke	11	STOWMARKET-EA	3:22.50

Heat 2 of 11 Finals

2	Charlotte Malachowski	11	CO NORWICH SC	3:19.80
3	Eva John	11	REPTON-ZZ	3:16.93
4	Nimi Kopec	11	BEDFORD SS-EA	3:15.97
5	Freyja Rooke	11	CO NORWICH SC	3:16.12
6	Rosa Maguire	11	CO NORWICH SC	3:19.07
7	Harper Bayley	10	REPTON-ZZ	3:20.20

Heat 3 of 11 Finals

1	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	3:01.80
2	Alisa Berzan	13	REPTON-ZZ	2:57.74
3	Lexi Cole	13	CO NORWICH SC	2:56.00
4	Anna Turner	13	CO NORWICH SC	2:55.20
5	Ellen Akerstone	13	CO NORWICH SC	2:55.60
6	Tabatha Hems Gillson	12	REPTON-ZZ	2:56.90
7	Harmony Smith	11	TEAM WAVENEY-EA	2:57.90
8	Alexa Linden-Ball	12	CO NORWICH SC	3:05.94

Heat 4 of 11 Finals

1	Isobel Delderfield	12	CO LINCOLN P	2:55.10
2	Niamh Tuson	12	EPPING FOR'T	2:54.30
3	Hilary Drewry	14	CO NORWICH SC	2:52.40
4	Henrietta Hems Gillson	13	REPTON-ZZ	2:50.30
5	Eleni Karakoidas	13	CO NORWICH SC	2:51.90
6	Grace Parker	14	CO NORWICH SC	2:53.50
7	Leila Kokas	11	CO PETERBORO-EA	2:55.10
8	Ella O'Sullivan	13	CO NORWICH SC	2:55.13

Heat 5 of 11 Finals

1	Isla Moran	14	REPTON-ZZ	2:49.26
2	Hannah John	13	REPTON-ZZ	2:49.01
3	Emily Edwards	14	REPTON-ZZ	2:48.18
4	Amber Daynes	14	STOWMARKET-EA	2:48.00
5	Scarlett Kennedy	14	REPTON-ZZ	2:48.06
6	Olivia Butlin	15	CO NORWICH SC	2:48.80
7	Evie Pryor Reed - Ashton	12	REPTON-ZZ	2:49.09
8	Anna Johnys	14	TEAMIPSWICH	2:49.90

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 6 Finals (#402 Girls 10 & Over 200 LC Meter IM)

1	Lyra Schultz	13	CO CAMBRIDGE-EA	2:47.30
2	Amy Brightwell	13	NORWICH SWAN-EA	2:46.40
3	Amelia Hinchliffe	15	REPTON-ZZ	2:46.20
4	Elizabeth Gore	15	EPPING FOR'T	2:45.65
5	Hanna Dillon	16	BO WALTHAM F-LD	2:45.97
6	Livi Page	13	CO CAMBRIDGE-EA	2:46.20
7	Belle Garnham	12	TEAMIPSWICH	2:46.50
8	Cassie Bonner	12	EPPING FOR'T	2:47.91

Heat 7 of 11 Finals

1	Isla Mason	14	STOWMARKET-EA	2:45.10
2	Margarida Furtado	14	CO CAMBRIDGE-EA	2:44.30
3	Bella Robertson	13	STOWMARKET-EA	2:44.10
4	Olivia Bryant	13	STOWMARKET-EA	2:43.60
5	Imogen Laws	13	CO NORWICH SC	2:43.63
6	Olivia Stroud	14	TEAMIPSWICH	2:44.10
7	Alice Robinson	17	CO CAMBRIDGE-EA	2:44.50
8	Jessica Barrett	14	CORBY	2:45.40

Heat 8 of 11 Finals

1	Layla Drake	14	NORWICH SWAN-EA	2:43.13
2	Gabriella Cawley	16	TEAMIPSWICH	2:42.70
3	Matilda Stokes	15	CO PETERBORO-EA	2:41.87
4	Lena Crisp - S14	13	NORWICH SWAN-EA	2:40.80
5	Florence Whittaker	16	BIGGLESWADE-EA	2:41.30
6	Annika Mueller	15	CO NORWICH SC	2:42.00
7	Honor Hanmer	14	REPTON-ZZ	2:42.74
8	Sophia Aziz	14	CO PETERBORO-EA	2:43.20

Heat 9 of 11 Finals

1	Anna Mason	14	CO PETERBORO-EA	2:37.30
2	Isabel White	17	BIGGLESWADE-EA	2:37.00
3	Olivia Pais	14	CO PETERBORO-EA	2:36.20
4	Caitlin Stockwell	16	CO CAMBRIDGE-EA	2:34.80
5	Freya May	16	LEISTON	2:35.00
6	Jes Sandhu	15	EPPING FOR'T	2:36.40
7	Amber Lyne	16	CO CAMBRIDGE-EA	2:37.20
8	Tina Sinapova	14	CO NORWICH SC	2:40.70

Heat 10 of 11 Finals

1	Eliza Jennings	14	BIGGLESWADE-EA	2:33.40
2	Anastasja Wall	16	DEREHAM	2:32.90
3	Mia Nelson	15	CHESHUNT	2:31.50
4	Evie Greenhalf	16	CO NORWICH SC	2:31.01
5	Tia Sammut	15	BEDFORD SS-EA	2:31.21
6	Gabriella Meyer	17	WITHAM DOLPH	2:32.80
7	Liv Wicks	14	NORWICH SWAN-EA	2:33.30
8	Emma Cushion	16	CO PETERBORO-EA	2:34.05

Heat 11 of 11 Finals

1	Freya Cox	15	NORWICH SWAN-EA	2:30.05
2	Erin Barber	16	NORWICH SWAN-EA	2:28.76
3	Chloe Barnard	17	BASILDON PH	2:26.91
4	Chloe Butler	22	NORWICH SWAN-EA	2:23.20
5	Lilli-Rose Carr	17	CO LINCOLN P	2:26.46
6	Isabella Porzio	22	PUTTERRIDGE-ZZ	2:27.90
7	Amelia Saunders	18	NORWICH SWAN-EA	2:29.26
8	Lily Steel	16	TEAMIPSWICH	2:30.20

Event 403 Boys 10 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Prelims

3	Julian Aldred - S5	16	CO CAMBRIDGE-EA	59.70
4	Charlie Roxby-Clarke	10	HARWICH DP	45.00
5	James Laws	10	CO NORWICH SC	46.58

Heat 2 of 15 Prelims

2	Daniel Anwar	11	TEAMIPSWICH	44.40
3	Alex Spear	10	HARWICH DP	43.50
4	Elliott Allen	10	CO NORWICH SC	42.60
5	Leo Beswick	11	NEWMARKET	42.99
6	Oscar Nichols	11	TEAM WAVENEY-EA	43.70
7	Zach Jewers	11	STOWMARKET-EA	44.90

Heat 3 of 15 Prelims

1	Daniel Cotton	11	REPTON-ZZ	42.07
2	George Pickering	11	GT YARMOUTH	41.66
3	Isaac Scott	11	CO NORWICH SC	41.50
4	Jack Fuher	11	REPTON-ZZ	41.42
5	Mason Mitchell	10	CO NORWICH SC	41.43
6	Herbie Pickersgill	12	HARWICH DP	41.60
7	Billy Maguire	11	CO NORWICH SC	42.00
8	Miles Harrison	10	TEAMIPSWICH	42.10

Heat 4 of 15 Prelims

1	Finley Lane	12	CO NORWICH SC	41.30
2	Ammar Alfiky	12	CO NORWICH SC	41.30
3	Ethan Harris	12	REPTON-ZZ	40.14
4	Charlie Jones	12	GT YARMOUTH	39.40
5	Max Battle	12	DEBEN-EA	39.70
6	Logan Chambers	11	CO NORWICH SC	40.28
7	James Howard	12	CO NORWICH SC	41.30
8	Noah Clarke	10	GT YARMOUTH	41.35

Heat 5 of 15 Prelims

1	Louie Crotty	13	ROYSTON	39.20
2	Lewis Scott	13	CO NORWICH SC	38.80
3	Yiqian Zhao	14	CO CAMBRIDGE-EA	38.70
4	Kian Moloney	12	TEAMIPSWICH	38.50
5	Alex Long	13	STOWMARKET-EA	38.60
6	Tyler McLaughlin-Bell	12	NEWMARKET	38.75
7	Samuel Whearty - S8	24	DEBEN-EA	39.20
8	Ted Hill	12	CO PETERBORO-EA	39.30

Heat 6 of 15 Prelims

1	Milosz Bonkowski	12	CO PETERBORO-EA	38.30
2	George Punter	14	GT YARMOUTH	38.02
3	Ekin Banford	13	CO NORWICH SC	37.81
4	Charlie Searle	12	CO NORWICH SC	37.60
5	Josh Lillistone	11	TEAMIPSWICH	37.70
6	Noah Race	12	FELIXSTOWE	37.98
7	Harry Larham	11	CO PETERBORO-EA	38.20
8	Edward Wilson	12	CO NORWICH SC	38.48

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 7 Prelims (#403 Boys 10 & Over 50 LC Meter Backstroke)

1	Max Flello	13	CO NORWICH SC	37.12
2	Marcel Finta	12	BEDFORD SS-EA	37.10
3	Freddie Pritchard	13	STOWMARKET-EA	36.60
4	Thomas Chapman	16	CO NORWICH SC	36.30
5	Jack Hibbin	15	CO NORWICH SC	36.40
6	Benjamin Ashford	13	CO NORWICH SC	36.81
7	Freddie Sargeant	12	TEAMIPSWICH	37.10
8	Benjamin Piscopo	13	CO PETERBORO-EA	37.40

Heat 8 of 15 Prelims

1	Alfie Larham	14	CO PETERBORO-EA	35.70
2	Frank Shiells	15	BIGGLESWADE-EA	35.60
3	Samuel Fallahnia	13	EPPING FOR'T	35.51
4	Adam Balazs	14	CO PETERBORO-EA	35.50
5	Andrei Chertes	14	CO PETERBORO-EA	35.50
6	Sebastian Collier	15	NEWMARKET	35.55
7	Lev Shcherba	12	REPTON-ZZ	35.60
8	Filip Pilat	13	CO PETERBORO-EA	36.30

Heat 9 of 15 Prelims

1	Nikodem Bonkowski	16	CO PETERBORO-EA	35.37
2	Reuben Cope	14	NEWMARKET	34.70
3	Evan Harrison	14	TEAMIPSWICH	34.40
4	James Jones	14	CO NORWICH SC	34.40
5	Harrison Burridge	13	CO CAMBRIDGE-EA	34.40
6	Marco Soto-Toth	12	CO PETERBORO-EA	34.70
7	Reuben Seaman	14	CO NORWICH SC	34.80
8	Ollie Hammond	13	TEAM WAVENEY-EA	35.50

Heat 10 of 15 Prelims

1	Jack Knight	16	LEISTON	34.30
2	Huxley Phillips	13	CO CAMBRIDGE-EA	34.10
3	Ethan Long	15	STOWMARKET-EA	33.70
4	Lawrence Taylor	14	CO NORWICH SC	33.19
5	Tommy Duff	13	REPTON-ZZ	33.24
6	Henry Taylor	16	BIGGLESWADE-EA	34.00
7	Bradley Forder	13	CO NORWICH SC	34.25
8	Joshua Vind	14	REPTON-ZZ	34.30

Heat 11 of 15 Prelims

1	Hugo Rodriguez Blagden	17	CO CAMBRIDGE-EA	33.00
2	Ben Cameron-Waller	14	CO PETERBORO-EA	32.70
3	Attila Mozes	16	DEBEN-EA	32.50
4	Robert James	14	EPPING FOR'T	32.10
5	Santi Fletcher	16	CO CAMBRIDGE-EA	32.30
6	Hayden Johnson	16	BIGGLESWADE-EA	32.50
7	Christopher Engle	14	TEAMIPSWICH	32.80
8	Joshua Meyer	16	WITHAM DOLPH	33.10

Heat 12 of 15 Prelims

1	Zachary Fraser	16	CO PETERBORO-EA	31.81
2	Ethan Knights	15	TEAMIPSWICH	31.30
3	Saul Edwards	16	BEDFORD SS-EA	31.18
4	Donald Perrin	16	CO NORWICH SC	31.00
5	Joseph Emms	15	BIGGLESWADE-EA	31.10
6	Cameron Jackson	16	DEBEN-EA	31.22
7	Philipp Vitkovski	16	BO WALTHAM F-LD	31.73
8	Oliver Shayle	16	CO CAMBRIDGE-EA	32.00

Heat 13 of 15 Prelims

1	Liam Bautista	17	EPPING FOR'T	30.80
2	Ricards Korotkihs	15	TEAMIPSWICH	30.00
3	Benedict Measures	21	NORWICH SWAN-EA	29.40
4	Olly Smith	19	CO NORWICH SC	27.80
5	Joe Hammond	19	CO NORWICH SC	29.10
6	Charlie Birdsall	16	CO CAMBRIDGE-EA	29.64
7	Toby Anderson	14	CO NORWICH SC	30.44
8	Michael Sayer	15	CO NORWICH SC	30.90

Heat 14 of 15 Prelims

1	Jesse Knight	13	LEISTON	30.80
2	Sam Black	19	CO NORWICH SC	30.00
3	Norbert Kadar	17	CO CAMBRIDGE-EA	29.34
4	Timon Chapman	24	NORWICH SWAN-EA	27.30
5	Matt Brown	21	STOWMARKET-EA	28.90
6	Zach Montgomery	16	NORWICH SWAN-EA	29.50
7	Oliver Butt	16	DEBEN-EA	30.30
8	George Carter	18	CO CAMBRIDGE-EA	30.90

Heat 15 of 15 Prelims

1	George Heather	16	CO PETERBORO-EA	30.78
2	Isaac Buchan	17	CO NORWICH SC	29.70
3	Jack Agosti	15	CO CAMBRIDGE-EA	29.20
4	Oscar Winterburn	18	TEAMIPSWICH	26.60
5	Jan Beblot	17	NORWICH SWAN-EA	28.80
6	Xavier Zerban	15	BIGGLESWADE-EA	29.40
7	Hugo Arthey	17	DEBEN-EA	30.10
8	James O'Toole	15	CO NORWICH SC	30.85

Event 404 Girls 10 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 27 Prelims

3	Mia Gilbert	10	CO NORWICH SC	41.80
4	Phoebe Pritchard	10	STOWMARKET-EA	39.70
5	Molly Westcott	10	STOWMARKET-EA	40.20

Heat 2 of 27 Prelims

1	Harper Bayley	10	REPTON-ZZ	38.50
2	Rosa Maguire	11	CO NORWICH SC	37.32
3	Gracie Locke	11	STOWMARKET-EA	37.20
4	Charlotte Malachowski	11	CO NORWICH SC	37.07
5	Freyja Rooke	11	CO NORWICH SC	37.18
6	Esther Spencer	12	BIGGLESWADE-EA	37.20
7	Ayla Morgan	11	CO NORWICH SC	37.83
8	Lara Patuck	10	CO CAMBRIDGE-EA	39.60

Heat 3 of 27 Prelims

1	Alice-Mae Dale	12	STANWAY	36.82
2	Millie Suffling	12	CO NORWICH SC	36.60
3	Willow Porter	11	TEAMIPSWICH	36.40
4	Taliah Ssemwanga	12	GT YARMOUTH	36.30
5	Jessica Bailey	12	CO PETERBORO-EA	36.30
6	Isabelle Karki Chettri	11	HADLEIGH	36.50
7	Ariella Burr	12	BIGGLESWADE-EA	36.80
8	Bella Wysocki	11	STOWMARKET-EA	36.90

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 4 Prelims (#404 Girls 10 & Over 50 LC Meter Freestyle)

1	Hollie Smith	12	CO PETERBORO-EA	36.00
2	Isla Thorpe	12	CO NORWICH SC	35.99
3	Ruby Broadwater	13	TEAMIPSWICH	35.80
4	Elizabeth Norburn	11	CO NORWICH SC	35.71
5	Emily May	14	LEISTON	35.77
6	Matilda Holt	12	CO NORWICH SC	35.81
7	Matilda Westcott	12	STOWMARKET-EA	36.00
8	Georgina Williams	11	REPTON-ZZ	36.07

Heat 5 of 27 Prelims

1	Charlize Church	12	CO CAMBRIDGE-EA	35.50
2	Florrie Larcombe	11	CO NORWICH SC	35.45
3	Emily Hannah	12	CO NORWICH SC	35.20
4	Rose Turner	14	BIGGLESWADE-EA	35.10
5	Sophie Alexander	12	TEAMIPSWICH	35.10
6	Evie Harris-Joy	13	GT YARMOUTH	35.30
7	Abbie White	13	BIGGLESWADE-EA	35.50
8	Farida Mohamed	12	CO PETERBORO-EA	35.70

Heat 6 of 27 Prelims

1	Heidi Bell	12	DEBEN-EA	35.06
2	Mya Smith	13	FELIXSTOWE	35.00
3	Aisha Ali Mahmoud	11	TEAMIPSWICH	34.90
4	Lara Kelly	12	NEW HALL	34.79
5	Rosie Hazelton	12	HARWICH DP	34.80
6	Alexis Ramsey	12	TEAMIPSWICH	34.90
7	Eva John	11	REPTON-ZZ	35.04
8	Isla Cartwright	13	CO NORWICH SC	35.10

Heat 7 of 27 Prelims

1	Eva Peach	14	CO CAMBRIDGE-EA	34.70
2	Holly Cartwright	11	CO NORWICH SC	34.63
3	Frankie Anderson	11	FELIXSTOWE	34.50
4	Charlotte Burge	14	CO PETERBORO-EA	34.20
5	Isabella Tiffin	14	CO PETERBORO-EA	34.40
6	Grace Hinds	11	TEAMIPSWICH	34.50
7	Livia Zecchini	13	CO CAMBRIDGE-EA	34.70
8	Ella Bloodworth	13	CO PETERBORO-EA	34.70

Heat 8 of 27 Prelims

1	Libby Meale	12	CO NORWICH SC	34.10
2	Matilda Paterson	12	CO NORWICH SC	34.04
3	Alexa Linden-Ball	12	CO NORWICH SC	33.99
4	Esme Waterhouse	11	NEWMARKET	33.80
5	Olivia Fowler	13	CO PETERBORO-EA	33.90
6	Holly Hannah	15	CO NORWICH SC	34.03
7	Olivia Pye	11	ROYSTON	34.10
8	Sophia Whitbourn	14	CO NORWICH SC	34.20

Heat 9 of 27 Prelims

1	Ettie Pearce	13	DEBEN-EA	33.70
2	Nancy Corke	12	CO NORWICH SC	33.62
3	Hannah Smith	16	FELIXSTOWE	33.50
4	Ellen Akerstone	13	CO NORWICH SC	33.40
5	Maisie Liang	14	CO CAMBRIDGE-EA	33.50
6	Nova Weller	13	NEWMARKET	33.52
7	Milly Edridge	13	NORFOLK VIKG-ZZ	33.65
8	Rowena Zecchini	13	CO CAMBRIDGE-EA	33.80

Heat 10 of 27 Prelims

1	Grace O'Loane	14	CO NORWICH SC	33.34
2	Nimi Kopec	11	BEDFORD SS-EA	33.27
3	Ellie Salt	13	CO PETERBORO-EA	33.20
4	Aine Coackley	12	TEAMIPSWICH	33.20
5	Grace Mann	13	TEAMIPSWICH	33.20
6	Freya Boor	15	BIGGLESWADE-EA	33.26
7	Leila Kokas	11	CO PETERBORO-EA	33.30
8	Leah Rhodes	13	FELIXSTOWE	33.40

Heat 11 of 27 Prelims

1	Ella O'Sullivan	13	CO NORWICH SC	33.06
2	Emilia Beswick	15	NEWMARKET	32.98
3	Anna Turner	13	CO NORWICH SC	32.80
4	Elena Simmons	15	CO CAMBRIDGE-EA	32.70
5	Chloe Farrington - S15	16	CO NORWICH SC	32.73
6	Verity Morrison	18	CO NORWICH SC	32.82
7	Dixie Swales	13	CO CAMBRIDGE-EA	33.00
8	Jessica Pouakouyou	13	CO CAMBRIDGE-EA	33.10

Heat 12 of 27 Prelims

1	Evie Mantle	14	CO NORWICH SC	32.54
2	Tilly Sheasby	13	NEWMARKET	32.41
3	Amelie Smith	15	CO CAMBRIDGE-EA	32.40
4	Amber Lyne	16	CO CAMBRIDGE-EA	32.40
5	Fia Burr	15	BIGGLESWADE-EA	32.40
6	Ella Goodswen	16	CO NORWICH SC	32.40
7	Lexi Cole	13	CO NORWICH SC	32.49
8	Isla Tate	13	CO PETERBORO-EA	32.60

Heat 13 of 27 Prelims

1	Lucy Randall	18	ROYSTON	32.30
2	Anabelle Wan	15	DEBEN-EA	32.25
3	Elinor McTaggart	14	DEBEN-EA	32.10
4	Zara Jewers	13	STOWMARKET-EA	32.00
5	Harmony Smith	11	TEAM WAVENEY-EA	32.10
6	Pola Allison	17	CO NORWICH SC	32.13
7	Phoebe Phillipot	13	TEAMIPSWICH	32.30
8	Coral Turner	16	BIGGLESWADE-EA	32.40

Heat 14 of 27 Prelims

1	Emilia Butt	14	DEBEN-EA	31.90
2	Alisa Berzan	13	REPTON-ZZ	31.81
3	Starr Nichols	16	GT YARMOUTH	31.80
4	Layla Callaby	14	NORFOLK VIKG-ZZ	31.66
5	Olivia Parr	19	CO CAMBRIDGE-EA	31.70
6	Michelle Pouakouyou	15	CO CAMBRIDGE-EA	31.80
7	Eloise Welsford	13	DEBEN-EA	31.90
8	Eleni Karakoidas	13	CO NORWICH SC	31.99

Heat 15 of 27 Prelims

1	Evie Pryor Reed - Ashton	12	REPTON-ZZ	31.59
2	Poppy Porter	13	TEAMIPSWICH	31.50
3	Harriet Flack	15	CO CAMBRIDGE-EA	31.50
4	Immy Coote	12	CO CAMBRIDGE-EA	31.40
5	Summer Woodside	13	CO PETERBORO-EA	31.40
6	Kallie Weaver	15	STANWAY	31.50
7	Grace Parker	14	CO NORWICH SC	31.55
8	Matilda Smith	14	TEAM WAVENEY-EA	31.60

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 16 Prelims (#404 Girls 10 & Over 50 LC Meter Freestyle)

1	Edie O'Driscoll	13	AMES-SE	31.40
2	Scarlett Kennedy	14	REPTON-ZZ	31.37
3	Anna Johnys	14	TEAMIPSWICH	31.30
4	Megan Clarke	17	CO CAMBRIDGE-EA	31.10
5	Hannah John	13	REPTON-ZZ	31.26
6	Verity Carter	17	STOWMARKET-EA	31.30
7	Lucy Phillips	16	DEBEN-EA	31.40
8	Lyra Schultz	13	CO CAMBRIDGE-EA	31.40

Heat 17 of 27 Prelims

1	Sophie Knight	14	HADLEIGH	31.00
2	Dotty Thorby	13	CO NORWICH SC	30.92
3	Lizzy Stevenson	18	BIGGLESWADE-EA	30.90
4	Scarlett Omand	13	CHESHUNT	30.80
5	Paige Moncrieff	13	HERNE BAY	30.84
6	Isla Mason	14	STOWMARKET-EA	30.90
7	Sienna Butcher	16	AMES-SE	31.00
8	Lois Alderton-Jode	14	CO NORWICH SC	31.09

Heat 18 of 27 Prelims

1	Ellie Wan	12	REPTON-ZZ	30.75
2	Sophie Williams	17	CO CAMBRIDGE-EA	30.52
3	Claudia Barp	16	CO CAMBRIDGE-EA	30.50
4	Gabriella Cawley	16	TEAMIPSWICH	30.50
5	Livi Page	13	CO CAMBRIDGE-EA	30.50
6	Ruby Oxborough	15	GT YARMOUTH	30.51
7	Hilary Drewry	14	CO NORWICH SC	30.70
8	Isabelle Patterson	15	CO NORWICH SC	30.77

Heat 19 of 27 Prelims

1	Jessica Barrett	14	CORBY	30.47
2	Belle Garnham	12	TEAMIPSWICH	30.40
3	Megan Randall	15	CO CAMBRIDGE-EA	30.40
4	Dolcie Underwood	13	DEREHAM	30.34
5	Bea Grant	18	CO CAMBRIDGE-EA	30.39
6	Harriet Townend	15	CO NORWICH SC	30.40
7	Olivia Stroud	14	TEAMIPSWICH	30.40
8	Olivia Pais	14	CO PETERBORO-EA	30.50

Heat 20 of 27 Prelims

1	Cassie Bonner	12	EPPING FOR'T	30.33
2	Honor Hanmer	14	REPTON-ZZ	30.30
3	Jana Mohamed	17	CO PETERBORO-EA	30.18
4	Annika Mueller	15	CO NORWICH SC	30.10
5	Charlotte Rooke	15	CO NORWICH SC	30.11
6	Amy Brightwell	13	NORWICH SWAN-EA	30.29
7	Olivia Butlin	15	CO NORWICH SC	30.31
8	Eliza Swanepoel	18	EPPING FOR'T	30.33

Heat 21 of 27 Prelims

1	Frankie Thompson	16	TEAM WAVENEY-EA	30.10
2	Imogen Bygrave	16	CO CAMBRIDGE-EA	30.03
3	Chloe Knight	17	HADLEIGH	30.00
4	Alice Robinson	17	CO CAMBRIDGE-EA	29.90
5	Florence Whittaker	16	BIGGLESWADE-EA	29.90
6	Hanna Dillon	16	BO WALTHAM F-LD	30.00
7	Anudi Ratnayake	15	NORWICH SWAN-EA	30.04
8	Caitlin Stockwell	16	CO CAMBRIDGE-EA	30.10

Heat 22 of 27 Prelims

1	Olivia Bryant	13	STOWMARKET-EA	29.80
2	Matilda Stokes	15	CO PETERBORO-EA	29.79
3	Sophie Harvey	14	CO CAMBRIDGE-EA	29.70
4	Senudi Ratnayake	15	NORWICH SWAN-EA	29.70
5	Isabella Bryan	16	TEAMIPSWICH	29.70
6	Olivia Sheasby	18	NEWMARKET	29.73
7	Emily Joyce	14	BIGGLESWADE-EA	29.80
8	Sophia Aziz	14	CO PETERBORO-EA	29.90

Heat 23 of 27 Prelims

1	Imogen Laws	13	CO NORWICH SC	29.67
2	Becca Brown	19	STOWMARKET-EA	29.53
3	Amber Ridgeon	21	LEISTON	29.50
4	Megan Summer	19	DEREHAM	29.41
5	Amber Daynes	14	STOWMARKET-EA	29.50
6	Anna Mason	14	CO PETERBORO-EA	29.51
7	Amelia Garnham	15	TEAMIPSWICH	29.61
8	Amelie Harrison	17	STOWMARKET-EA	29.70

Heat 24 of 27 Prelims

1	Dayna Arbon	20	CO NORWICH SC	29.40
2	Lyla Fello	17	CO NORWICH SC	29.36
3	Isla Hamilton	18	NORWICH SWAN-EA	29.23
4	Hermione Harvey	15	NORWICH SWAN-EA	29.11
5	Gabriella Meyer	17	WITHAM DOLPH	29.20
6	Lexi Hurley	16	CO CAMBRIDGE-EA	29.26
7	Ella Deaton	17	NEWMARKET	29.37
8	Maelys Jacquet	15	DEBEN-EA	29.40

Heat 25 of 27 Prelims

1	Catherine Mitchell	15	CO NORWICH SC	28.97
2	Georgina Munday	22	BIGGLESWADE-EA	28.46
3	Genevieve White	18	CO CAMBRIDGE-EA	28.10
4	Kat Di Maria	18	CO NORWICH SC	27.40
5	Bethany Rumsby	17	NORWICH SWAN-EA	27.86
6	Esme O'Driscoll	16	AMES-SE	28.30
7	Katie Holmes	42	HARWICH DP	28.80
8	Elizabeth Pert	16	NORWICH SWAN-EA	29.10

Heat 26 of 27 Prelims

1	Isla Moran	14	REPTON-ZZ	28.91
2	Evie Greenhalf	16	CO NORWICH SC	28.39
3	Chloe Armstrong	19	TEAMIPSWICH	28.10
4	Sophie Siong	21	CO NORWICH SC	27.30
5	Megan Pye	24	CO NORWICH SC	27.58
6	Ruby Greenhalf	21	CO NORWICH SC	28.30
7	Tayla Goodswen	14	CO NORWICH SC	28.65
8	Beau Waterhouse	15	NEWMARKET	29.07

Heat 27 of 27 Prelims

1	Sara Kelly	15	COLCHESTER	28.80
2	Amy Meyer	17	BIGGLESWADE-EA	28.38
3	Mia Wilson	14	BASILDON PH	28.09
4	Sacha Thomas	23	CO NORWICH SC	26.80
5	Tia Sammut	15	BEDFORD SS-EA	27.42
6	Abi Davis	16	BEDFORD SS-EA	28.18
7	Defne Sakarya	15	NORWICH SWAN-EA	28.60
8	Freya May	16	LEISTON	29.00

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Event 405 Boys 10 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 19 Prelims				
3	Julian Aldred - S5	16	CO CAMBRIDGE-EA	2:13.30
4	Mason Mitchell	10	CO NORWICH SC	1:23.05
5	James Laws	10	CO NORWICH SC	1:24.57
Heat 2 of 19 Prelims				
1	Noah Clarke	10	GT YARMOUTH	1:22.15
2	Zach Jewers	11	STOWMARKET-EA	1:19.60
3	George Pickering	11	GT YARMOUTH	1:18.30
4	Max Battle	12	DEBEN-EA	1:14.80
5	Isaac Scott	11	CO NORWICH SC	1:15.44
6	Logan Chambers	11	CO NORWICH SC	1:19.50
7	Oscar Nichols	11	TEAM WAVENEY-EA	1:20.50
8	Miles Harrison	10	TEAMIPSWICH	1:22.50
Heat 3 of 19 Prelims				
1	Samuel Whearty - S8	24	DEBEN-EA	1:14.20
2	Noah Race	12	FELIXSTOWE	1:14.19
3	Kian Moloney	12	TEAMIPSWICH	1:13.80
4	Jacob Ramsay	12	REPTON-ZZ	1:12.93
5	Charlie Searle	12	CO NORWICH SC	1:13.40
6	Harry Larham	11	CO PETERBORO-EA	1:13.90
7	Tyler McLaughlin-Bell	12	NEWMARKET	1:14.20
8	Milosz Bonkowski	12	CO PETERBORO-EA	1:14.40
Heat 4 of 19 Prelims				
1	Max Fello	13	CO NORWICH SC	1:11.35
2	Filip Pilat	13	CO PETERBORO-EA	1:11.20
3	Casper Whittaker	14	BIGGLESWADE-EA	1:10.33
4	Marco Soto-Toth	12	CO PETERBORO-EA	1:09.40
5	Edward Wilson	12	CO NORWICH SC	1:09.75
6	Josh Lillistone	11	TEAMIPSWICH	1:11.00
7	Jack Alexander	12	TEAMIPSWICH	1:11.30
8	Freddie Sargeant	12	TEAMIPSWICH	1:11.80
Heat 5 of 19 Prelims				
1	Samuel Fallahnia	13	EPPING FOR'T	1:09.35
2	Louie Crotty	13	ROYSTON	1:08.40
3	Freddie Pritchard	13	STOWMARKET-EA	1:08.20
4	Sebastian White	16	CO CAMBRIDGE-EA	1:08.10
5	Marcel Finta	12	BEDFORD SS-EA	1:08.16
6	Jack Williams-Welch	13	HADLEIGH	1:08.30
7	Evan Harrison	14	TEAMIPSWICH	1:09.00
8	Bradley Forder	13	CO NORWICH SC	1:09.37
Heat 6 of 19 Prelims				
1	Alexander Belnikoff	16	EPPING FOR'T	1:07.70
2	James Jones	14	CO NORWICH SC	1:07.30
3	William Cooper	16	DEREHAM	1:06.70
4	Tommy Duff	13	REPTON-ZZ	1:06.44
5	Nikodem Bonkowski	16	CO PETERBORO-EA	1:06.60
6	Addison Willis	12	REPTON-ZZ	1:06.84
7	Joshua Vind	14	REPTON-ZZ	1:07.50
8	Lev Shcherba	12	REPTON-ZZ	1:07.79

Heat 7 of 19 Prelims

1	Sebastian Collier	15	NEWMARKET	1:06.10
2	Ollie Hammond	13	TEAM WAVENEY-EA	1:05.40
3	Adam Balazs	14	CO PETERBORO-EA	1:05.00
4	Henry Taylor	16	BIGGLESWADE-EA	1:04.82
5	Lawrence Taylor	14	CO NORWICH SC	1:04.83
6	Harrison Burrige	13	CO CAMBRIDGE-EA	1:05.00
7	Henry Carter	16	CO CAMBRIDGE-EA	1:05.40
8	Ethan Bailey	14	CO NORWICH SC	1:06.22

Heat 8 of 19 Prelims

1	Thomas Chapman	16	CO NORWICH SC	1:04.60
2	Reuben Cope	14	NEWMARKET	1:04.40
3	Frank Shiells	15	BIGGLESWADE-EA	1:04.10
4	Joseph Cox	13	REPTON-ZZ	1:03.88
5	Veljko Zivko	16	BEDFORD SS-EA	1:04.06
6	Miles Copping	14	CO CAMBRIDGE-EA	1:04.30
7	Jack Hibbin	15	CO NORWICH SC	1:04.48
8	Ben Cameron-Waller	14	CO PETERBORO-EA	1:04.70

Heat 9 of 19 Prelims

1	Riccardo Di Maria	14	CO NORWICH SC	1:03.70
2	Enzo Cassoneca	17	CO NORWICH SC	1:03.40
3	Ethan Long	15	STOWMARKET-EA	1:03.20
4	Joshua Meyer	16	WITHAM DOLPH	1:03.10
5	Cameron Jackson	16	DEBEN-EA	1:03.20
6	Harry George	16	HATFIELD	1:03.30
7	Razvan Platon	17	CO NORWICH SC	1:03.43
8	Jude Baldock	12	BO WALTHAM F-LD	1:03.80

Heat 10 of 19 Prelims

1	Reuben Giles	14	STOWMARKET-EA	1:03.00
2	Zack Edridge	17	NORFOLK VIKG-ZZ	1:02.90
3	Alfie Larham	14	CO PETERBORO-EA	1:02.60
4	Hugo Rodriguez Blagden	17	CO CAMBRIDGE-EA	1:02.50
5	Attila Mozes	16	DEBEN-EA	1:02.60
6	Percy Goldstone	16	WOODHAM F SC	1:02.75
7	Jack Walpole	15	TEAM WAVENEY-EA	1:02.90
8	Josh Reed	15	CO NORWICH SC	1:03.10

Heat 11 of 19 Prelims

1	Huxley Phillips	13	CO CAMBRIDGE-EA	1:02.30
2	Joshua O'Donnell	15	WANDSWORTH	1:02.20
3	Toby Anderson	14	CO NORWICH SC	1:01.94
4	Heath Harrison	15	STOWMARKET-EA	1:01.80
5	Aaron Rawnsley	14	HARPENDEN	1:01.80
6	Michael Sayer	15	CO NORWICH SC	1:02.15
7	Henry Chaloner	14	BIGGLESWADE-EA	1:02.20
8	Hayden Johnson	16	BIGGLESWADE-EA	1:02.50

Heat 12 of 19 Prelims

1	Joseph Emms	15	BIGGLESWADE-EA	1:01.60
2	Kyryll Kuznetsov	17	CO CAMBRIDGE-EA	1:01.40
3	Harry Tilley	18	HARWICH DP	1:01.10
4	Kieran Ng	16	CO PETERBORO-EA	1:00.87
5	Benjamin Piscopo	13	CO PETERBORO-EA	1:01.00
6	James O'Toole	15	CO NORWICH SC	1:01.30
7	Jacob Pociot	14	TEAMIPSWICH	1:01.60
8	Saul Edwards	16	BEDFORD SS-EA	1:01.78

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 13 Prelims (#405 Boys 10 & Over 100 LC Meter Freestyle)

1	Noah Buchan	15	CO NORWICH SC	1:00.80
2	George Edridge	17	NORFOLK VIKG-ZZ	1:00.50
3	Solomon Dent	17	BEDFORD SS-EA	1:00.44
4	Santi Fletcher	16	CO CAMBRIDGE-EA	1:00.10
5	Jake Maguire	15	CO NORWICH SC	1:00.36
6	Kyren Williams	15	TEAMIPSWICH	1:00.50
7	Jesse Knight	13	LEISTON	1:00.60
8	Jacob Ure	14	CO PETERBORO-EA	1:00.80

Heat 14 of 19 Prelims

1	Corey Hare - S14	20	DEBEN-EA	1:00.00
2	George Cawley	15	TEAMIPSWICH	59.80
3	Donald Perrin	16	CO NORWICH SC	59.56
4	Robert James	14	EPPING FOR'T	59.36
5	Mykhailo Vasyliiev	16	BEDFORD SS-EA	59.49
6	William Barr	18	ROYSTON	59.80
7	Ruslan Shiraz	14	BO WALTHAM F-LD	59.97
8	Ryan Wimpenny	16	CHESHUNT	1:00.10

Heat 15 of 19 Prelims

1	Liam Bautista	17	EPPING FOR'T	59.21
2	Ricards Korotkihs	15	TEAMIPSWICH	59.10
3	Alistair Sheeran	17	TEAMIPSWICH	59.00
4	Olly Smith	19	CO NORWICH SC	58.90
5	Sam Black	19	CO NORWICH SC	59.00
6	Olly Meier	16	BIGGLESWADE-EA	59.10
7	Henry Cottingham	16	HADLEIGH	59.20
8	Kameron Baker	15	CO PETERBORO-EA	59.23

Heat 16 of 19 Prelims

1	Charlie Birdsall	16	CO CAMBRIDGE-EA	58.00
2	Archie Harris-Joy	16	GT YARMOUTH	57.90
3	Janos Csepely	15	TEAMIPSWICH	57.70
4	Jack Agosti	15	CO CAMBRIDGE-EA	57.40
5	Reggie Britcher	17	THETFORD	57.49
6	Monty Farrar	18	TEAM WAVENEY-EA	57.70
7	Otto Wathen	16	CO NORWICH SC	57.95
8	George Heather	16	CO PETERBORO-EA	58.10

Heat 17 of 19 Prelims

1	Joe Hammond	19	CO NORWICH SC	57.10
2	Rafi Corliano	16	CO CAMBRIDGE-EA	56.50
3	Matt Brown	21	STOWMARKET-EA	55.80
4	Adam O'Neal	18	BEDFORD SS-EA	53.51
5	Jake Battle	15	REPTON-ZZ	55.05
6	Norbert Kadar	17	CO CAMBRIDGE-EA	56.29
7	Alfie Page	17	CO CAMBRIDGE-EA	57.00
8	Jacob Schultz	15	CO CAMBRIDGE-EA	57.20

Heat 18 of 19 Prelims

1	Isaac Buchan	17	CO NORWICH SC	57.08
2	Fin Neve	18	CO NORWICH SC	56.31
3	Lewis Jarrett	20	CO NORWICH SC	55.49
4	Jack Abram	21	CO NORWICH SC	53.00
5	Ben Every	18	TEAM WAVENEY-EA	54.80
6	George Carter	18	CO CAMBRIDGE-EA	56.20
7	Josh Kimberley	16	AMES-SE	56.80
8	Xavier Zerban	15	BIGGLESWADE-EA	57.11

Heat 19 of 19 Prelims

1	Ethan Wallis	16	NORWICH SWAN-EA	57.00
2	Frank Jacob	17	CO CAMBRIDGE-EA	56.31
3	Ryan Close	18	BEDFORD SS-EA	55.27
4	Samuel Rose	23	NORWICH SWAN-EA	52.90
5	Oscar Hunter	17	NORWICH SWAN-EA	53.88
6	Kian Lee	18	CO PETERBORO-EA	56.03
7	Hugo Arthey	17	DEBEN-EA	56.78
8	Oliver Fuller	16	CO CAMBRIDGE-EA	57.10

Event 406 Girls 10 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

3	Catherine Mitchell	15	CO NORWICH SC	NT
4	Nancy Corke	12	CO NORWICH SC	5:35.10
5	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	5:37.10

Heat 2 of 7 Finals

1	Layla Callaby	14	NORFOLK VIKG-ZZ	5:22.70
2	Margarida Furtado	14	CO CAMBRIDGE-EA	5:20.50
3	Scarlett Kennedy	14	REPTON-ZZ	5:18.99
4	Henrietta Hems Gillson	13	REPTON-ZZ	5:17.40
5	Bella Robertson	13	STOWMARKET-EA	5:18.20
6	Phoebe Phillipot	13	TEAMIPSWICH	5:20.30
7	Harmony Smith	11	TEAM WAVENEY-EA	5:21.60
8	Niamh Tuson	12	EPPING FOR'T	5:29.80

Heat 3 of 7 Finals

1	Edie O'Driscoll	13	AMES-SE	5:13.80
2	Dotty Thorby	13	CO NORWICH SC	5:10.60
3	Isobel Delderfield	12	CO LINCOLN P	5:08.90
4	Lena Crisp - S14	13	NORWICH SWAN-EA	5:05.10
5	Emilia Butt	14	DEBEN-EA	5:06.60
6	Dolcie Underwood	13	DEREHAM	5:09.30
7	Matilda Smith	14	TEAM WAVENEY-EA	5:12.90
8	Aine Coackley	12	TEAMIPSWICH	5:15.80

Heat 4 of 7 Finals

1	Cassie Bonner	12	EPPING FOR'T	5:02.57
2	Olivia Bryant	13	STOWMARKET-EA	5:00.90
3	Amelia Garnham	15	TEAMIPSWICH	5:00.78
4	Cerys Wall	14	CO CAMBRIDGE-EA	4:58.60
5	Elizabeth Gore	15	EPPING FOR'T	4:59.07
6	Imogen Bygrave	16	CO CAMBRIDGE-EA	5:00.80
7	Lois Alderton-Jode	14	CO NORWICH SC	5:02.00
8	Poppy Cunningham	14	CO PETERBORO-EA	5:02.60

Heat 5 of 7 Finals

1	Hermione Harvey	15	NORWICH SWAN-EA	4:57.20
2	Tayla Goodswen	14	CO NORWICH SC	4:55.76
3	Ayla Zolfaghari	15	EPPING FOR'T	4:49.60
4	Eliza Jennings	14	BIGGLESWADE-EA	4:49.60
5	Jes Sandhu	15	EPPING FOR'T	4:49.60
6	Skye Freeman	14	NORWICH SWAN-EA	4:51.50
7	Lexi Hurley	16	CO CAMBRIDGE-EA	4:56.60
8	Violet Freezer	14	TEAMIPSWICH	4:57.50

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 6 Finals (#406 Girls 10 & Over 400 LC Meter Freestyle)

1	Ella Deaton	17	NEWMARKET	4:47.60
2	Freya Cox	15	NORWICH SWAN-EA	4:42.30
3	Anabelle Kett	17	CO PETERBORO-EA	4:40.73
4	Lily Steel	16	TEAMIPSWICH	4:39.90
5	Olivia Croft	15	CHESHUNT	4:40.10
6	Sacha Thomas	23	CO NORWICH SC	4:41.69
7	Abby Whittaker	14	WOKING	4:44.29
8	Lyla Fello	17	CO NORWICH SC	4:47.80

Heat 7 of 7 Finals

1	Sadie Hunter	18	CO PETERBORO-EA	4:38.30
2	Erin Uttridge	17	TEAMIPSWICH	4:36.60
3	Amy Meyer	17	BIGGLESWADE-EA	4:35.90
4	Chloe Barnard	17	BASILDON PH	4:34.48
5	Amelia Porzio	18	PUTTERIDGE-ZZ	4:35.00
6	Esme O'Driscoll	16	AMES-SE	4:36.30
7	Amelia Saunders	18	NORWICH SWAN-EA	4:37.22
8	Chess Barber	17	CO NORWICH SC	4:39.30

Event 501 Girls 10 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Leila Kokas	11	CO PETERBORO-EA	2:58.90
3	Lyra Schultz	13	CO CAMBRIDGE-EA	2:57.60
4	Eleni Karakoidas	13	CO NORWICH SC	2:56.30
5	Scarlett Kennedy	14	REPTON-ZZ	2:57.04
6	Isla Tate	13	CO PETERBORO-EA	2:58.10

Heat 2 of 4 Finals

1	Evie Pryor Reed - Ashton	12	REPTON-ZZ	2:53.38
2	Isabella Bater	14	AMES-SE	2:51.30
3	Sophie Harvey	14	CO CAMBRIDGE-EA	2:47.30
4	Imogen Laws	13	CO NORWICH SC	2:45.51
5	Tina Sinapova	14	CO NORWICH SC	2:46.80
6	Sophia Aziz	14	CO PETERBORO-EA	2:49.30
7	Elija Mickaite	14	CO PETERBORO-EA	2:52.80
8	Hannah Junor	14	REPTON-ZZ	2:54.15

Heat 3 of 4 Finals

1	Emily Joyce	14	BIGGLESWADE-EA	2:40.40
2	Amber Lyne	16	CO CAMBRIDGE-EA	2:37.50
3	Amelia Porzio	18	PUTTERIDGE-ZZ	2:36.79
4	Mia Gray	18	NORWICH SWAN-EA	2:35.75
5	Freya May	16	LEISTON	2:36.60
6	Florence Whittaker	16	BIGGLESWADE-EA	2:37.40
7	Ayla Zolfaghari	15	EPPING FOR'T	2:39.65
8	Sienna Butcher	16	AMES-SE	2:45.00

Heat 4 of 4 Finals

1	Anna Mason	14	CO PETERBORO-EA	2:35.20
2	Melike Dagdelen	17	PUTTERIDGE-ZZ	2:33.49
3	Lily Murrell	17	NORWICH SWAN-EA	2:28.61
4	Sadie Hunter	18	CO PETERBORO-EA	2:19.18
5	Chloe Butler	22	NORWICH SWAN-EA	2:23.10
6	Megan Barnicoat	15	CO PETERBORO-EA	2:32.73
7	Chess Barber	17	CO NORWICH SC	2:34.00
8	Claudia Barp	16	CO CAMBRIDGE-EA	2:35.70

Event 502 Boys 10 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

2	Elliott Allen	10	CO NORWICH SC	3:25.04
3	Logan Chambers	11	CO NORWICH SC	3:17.28
4	Tom Levell	11	NEWMARKET	3:15.99
5	Freddie Robertson	11	STOWMARKET-EA	3:16.90
6	Mason Mitchell	10	CO NORWICH SC	3:24.78
7	Charlie Roxby-Clarke	10	HARWICH DP	3:26.00

Heat 2 of 11 Finals

1	Milosz Bonkowski	12	CO PETERBORO-EA	3:10.30
2	Ted Hill	12	CO PETERBORO-EA	3:09.60
3	Edward Wilson	12	CO NORWICH SC	3:07.38
4	Tyler McLaughlin-Bell	12	NEWMARKET	3:04.40
5	Billy Maguire	11	CO NORWICH SC	3:05.58
6	Harrison Gadie	12	STOWMARKET-EA	3:08.20
7	Isaac Scott	11	CO NORWICH SC	3:09.60
8	Finley Lane	12	CO NORWICH SC	3:11.25

Heat 3 of 11 Finals

1	Charlie Searle	12	CO NORWICH SC	3:03.40
2	Jacob Ramsay	12	REPTON-ZZ	3:01.66
3	Adam Balazs	14	CO PETERBORO-EA	2:57.90
4	Lewis Scott	13	CO NORWICH SC	2:56.40
5	Max Fello	13	CO NORWICH SC	2:57.40
6	Harry Larham	11	CO PETERBORO-EA	2:59.50
7	Ethan Harris	12	REPTON-ZZ	3:01.70
8	Max Battle	12	DEBEN-EA	3:04.00

Heat 4 of 11 Finals

1	Lev Shcherba	12	REPTON-ZZ	2:54.95
2	Samuel Fallahnia	13	EPPING FOR'T	2:52.91
3	Marcel Finta	12	BEDFORD SS-EA	2:52.02
4	Kuba Kopec	13	BEDFORD SS-EA	2:50.08
5	Alex Long	13	STOWMARKET-EA	2:50.40
6	Freddie Pritchard	13	STOWMARKET-EA	2:52.10
7	Addison Willis	12	REPTON-ZZ	2:53.17
8	Freddie Sargeant	12	TEAMIPSWICH	2:56.30

Heat 5 of 11 Finals

1	Marco Soto-Toth	12	CO PETERBORO-EA	2:47.70
2	James Jones	14	CO NORWICH SC	2:46.70
3	Jude Wankowski	13	TEAMIPSWICH	2:43.10
4	Tommy Duff	13	REPTON-ZZ	2:42.61
5	Ethan Long	15	STOWMARKET-EA	2:42.70
6	Reuben Seaman	14	CO NORWICH SC	2:43.30
7	Ethan Bailey	14	CO NORWICH SC	2:47.60
8	Casper Whittaker	14	BIGGLESWADE-EA	2:49.90

Heat 6 of 11 Finals

1	Jude Baldock	12	BO WALTHAM F-LD	2:42.10
2	Ben Cameron-Waller	14	CO PETERBORO-EA	2:40.30
3	Philipp Vitkovski	16	BO WALTHAM F-LD	2:39.59
4	Ruslan Shiraz	14	BO WALTHAM F-LD	2:35.62
5	Alexander Belnikoff	16	EPPING FOR'T	2:38.60
6	Christopher Engle	14	TEAMIPSWICH	2:40.20
7	Jack Hughes	13	REPTON-ZZ	2:41.78
8	Harrison BurrIDGE	13	CO CAMBRIDGE-EA	2:42.50

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 7 Finals (#502 Boys 10 & Over 200 LC Meter IM)

1	Attila Mozes	16	DEBEN-EA	2:33.50
2	Solomon Dent	17	BEDFORD SS-EA	2:32.98
3	Joseph Emms	15	BIGGLESWADE-EA	2:32.10
4	Zachary Fraser	16	CO PETERBORO-EA	2:31.64
5	Heath Harrison	15	STOWMARKET-EA	2:32.00
6	Sebastian Mudge	14	CO PETERBORO-EA	2:32.30
7	Richard Levell	16	NEWMARKET	2:33.12
8	Henry Taylor	16	BIGGLESWADE-EA	2:34.20

Heat 8 of 11 Finals

1	Noah Buchan	15	CO NORWICH SC	2:30.32
2	Jesse Knight	13	LEISTON	2:29.70
3	James O'Toole	15	CO NORWICH SC	2:29.60
4	Ryan Wimpenny	16	CHESHUNT	2:28.60
5	Liam Bautista	17	EPPING FOR'T	2:29.13
6	Toby Anderson	14	CO NORWICH SC	2:29.67
7	Robert James	14	EPPING FOR'T	2:29.80
8	Joshua Meyer	16	WITHAM DOLPH	2:31.10

Heat 9 of 11 Finals

1	Zachary Piscopo	15	CO PETERBORO-EA	2:27.63
2	Jake Maguire	15	CO NORWICH SC	2:27.50
3	Oliver Shayle	16	CO CAMBRIDGE-EA	2:26.30
4	Nathan Broadwater	15	TEAMIPSWICH	2:24.95
5	Oliver Butt	16	DEBEN-EA	2:26.20
6	Monty Farrar	18	TEAM WAVENEY-EA	2:27.40
7	Jacob Ure	14	CO PETERBORO-EA	2:27.50
8	Benjamin Piscopo	13	CO PETERBORO-EA	2:28.50

Heat 10 of 11 Finals

1	George Cawley	15	TEAMIPSWICH	2:24.80
2	Corey Hare - S14	20	DEBEN-EA	2:24.70
3	Jacob Schultz	15	CO CAMBRIDGE-EA	2:23.70
4	Jack Agosti	15	CO CAMBRIDGE-EA	2:22.70
5	Xavier Zerban	15	BIGGLESWADE-EA	2:23.00
6	Kameron Baker	15	CO PETERBORO-EA	2:24.31
7	Ricards Korotkihs	15	TEAMIPSWICH	2:24.80
8	Janos Csepely	15	TEAMIPSWICH	2:24.90

Heat 11 of 11 Finals

1	George Heather	16	CO PETERBORO-EA	2:22.42
2	Ben Every	18	TEAM WAVENEY-EA	2:18.40
3	Finlay German	17	CO CAMBRIDGE-EA	2:15.60
4	Oscar Winterburn	18	TEAMIPSWICH	2:10.00
5	Lewis Jarrett	20	CO NORWICH SC	2:11.70
6	Kieran Ng	16	CO PETERBORO-EA	2:18.35
7	Oliver Fuller	16	CO CAMBRIDGE-EA	2:21.30
8	Albie Campbell	17	BO WALTHAM F-LD	2:22.52

Event 503 Girls 10 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 17 Prelims				
3	Florrie Larcombe	11	CO NORWICH SC	1:33.21
4	Harper Bayley	10	REPTON-ZZ	1:32.11
5	Bella Wysocki	11	STOWMARKET-EA	1:32.80

Heat 2 of 17 Prelims

1	Phoebe Pritchard	10	STOWMARKET-EA	1:31.60
2	Freyja Rooke	11	CO NORWICH SC	1:31.30
3	Sophia Solley	11	REPTON-ZZ	1:29.54
4	Aisha Ali Mahmoud	11	TEAMIPSWICH	1:28.90
5	Grace Hinds	11	TEAMIPSWICH	1:28.90
6	Charlotte Malachowski	11	CO NORWICH SC	1:30.59
7	Eva John	11	REPTON-ZZ	1:31.32
8	Georgina Williams	11	REPTON-ZZ	1:32.02

Heat 3 of 17 Prelims

1	Esme Waterhouse	11	NEWMARKET	1:27.60
2	Emily Hannah	12	CO NORWICH SC	1:27.47
3	Maisie Liang	14	CO CAMBRIDGE-EA	1:27.10
4	Evie Harris-Joy	13	GT YARMOUTH	1:26.50
5	Rose Turner	14	BIGGLESWADE-EA	1:27.00
6	Frankie Anderson	11	FELIXSTOWE	1:27.20
7	Charlize Church	12	CO CAMBRIDGE-EA	1:27.50
8	Lexie Parker	12	CO NORWICH SC	1:28.77

Heat 4 of 17 Prelims

1	Ella Bloodworth	13	CO PETERBORO-EA	1:26.10
2	Sophia Whitbourn	14	CO NORWICH SC	1:25.80
3	Nancy Garner	14	HARWICH DP	1:25.50
4	Hollie Smith	12	CO PETERBORO-EA	1:24.40
5	Audrey Convey	12	STOWMARKET-EA	1:25.50
6	Dixie Swales	13	CO CAMBRIDGE-EA	1:25.80
7	Olivia Pye	11	ROYSTON	1:25.80
8	Ellie Salt	13	CO PETERBORO-EA	1:26.40

Heat 5 of 17 Prelims

1	Isabella Tiffin	14	CO PETERBORO-EA	1:23.70
2	Rowena Zecchini	13	CO CAMBRIDGE-EA	1:22.90
3	Grace O'Loane	14	CO NORWICH SC	1:22.60
4	Immy Coote	12	CO CAMBRIDGE-EA	1:22.10
5	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	1:22.30
6	Tilly Sheasby	13	NEWMARKET	1:22.74
7	Charlotte Burge	14	CO PETERBORO-EA	1:23.20
8	Nancy Corke	12	CO NORWICH SC	1:23.73

Heat 6 of 17 Prelims

1	Aine Coackley	12	TEAMIPSWICH	1:21.70
2	Phoebe Phillpot	13	TEAMIPSWICH	1:21.50
3	Niamh Tuson	12	EPPING FOR'T	1:20.91
4	Anna Turner	13	CO NORWICH SC	1:20.60
5	Poppy Porter	13	TEAMIPSWICH	1:20.80
6	Hannah John	13	REPTON-ZZ	1:21.17
7	Margarida Furtado	14	CO CAMBRIDGE-EA	1:21.60
8	Evie Mantle	14	CO NORWICH SC	1:22.00

Heat 7 of 17 Prelims

1	Evie Pryor Reed - Ashton	12	REPTON-ZZ	1:20.25
2	Dotty Thorby	13	CO NORWICH SC	1:20.12
3	Jessica Nichols	14	TEAM WAVENEY-EA	1:19.40
4	Leila Kokas	11	CO PETERBORO-EA	1:18.70
5	Layla Callaby	14	NORFOLK VIKG-ZZ	1:19.00
6	Henrietta Hems Gillson	13	REPTON-ZZ	1:19.86
7	Ella O'Sullivan	13	CO NORWICH SC	1:20.20
8	Isla Tate	13	CO PETERBORO-EA	1:20.30

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 8 Prelims (#503 Girls 10 & Over 100 LC Meter Backstroke)

1	Alisa Berzan	13	REPTON-ZZ	1:18.45
2	Cassie Bonner	12	EPPING FOR'T	1:17.87
3	Kallie Weaver	15	STANWAY	1:17.30
4	Ellen Akerstone	13	CO NORWICH SC	1:17.06
5	Lena Crisp - S14	13	NORWICH SWAN-EA	1:17.30
6	Scarlett Kennedy	14	REPTON-ZZ	1:17.42
7	Grace Mann	13	TEAMIPSWICH	1:18.10
8	Emily Edwards	14	REPTON-ZZ	1:18.56

Heat 9 of 17 Prelims

1	Catherine Mitchell	15	CO NORWICH SC	1:16.50
2	Eloise Welsford	13	DEBEN-EA	1:16.20
3	Paige Moncrieff	13	HERNE BAY	1:16.18
4	Belle Garnham	12	TEAMIPSWICH	1:15.80
5	Harriet Flack	15	CO CAMBRIDGE-EA	1:16.00
6	Bella Robertson	13	STOWMARKET-EA	1:16.20
7	Isla Moran	14	REPTON-ZZ	1:16.26
8	Matilda Smith	14	TEAM WAVENEY-EA	1:17.00

Heat 10 of 17 Prelims

1	Lois Alderton-Jode	14	CO NORWICH SC	1:15.70
2	Elizabeth Pert	16	NORWICH SWAN-EA	1:15.54
3	Megan Randall	15	CO CAMBRIDGE-EA	1:15.00
4	Charlotte Rooke	15	CO NORWICH SC	1:14.90
5	Anna Johnys	14	TEAMIPSWICH	1:14.90
6	Grace Parker	14	CO NORWICH SC	1:15.00
7	Isabella Bater	14	AMES-SE	1:15.60
8	Ellie Wan	12	REPTON-ZZ	1:15.80

Heat 11 of 17 Prelims

1	Olivia Butlin	15	CO NORWICH SC	1:14.55
2	Megan Clarke	17	CO CAMBRIDGE-EA	1:14.40
3	Matilda Stokes	15	CO PETERBORO-EA	1:14.25
4	Eliza Swanepoel	18	EPPING FOR'T	1:13.82
5	Sara Kelly	15	COLCHESTER	1:14.05
6	Myla Xia	15	CO CAMBRIDGE-EA	1:14.30
7	Sophie Knight	14	HADLEIGH	1:14.50
8	Ruby Oxborough	15	GT YARMOUTH	1:14.62

Heat 12 of 17 Prelims

1	Olivia Stroud	14	TEAMIPSWICH	1:13.80
2	Isabella Bryan	16	TEAMIPSWICH	1:12.80
3	Amber Lyne	16	CO CAMBRIDGE-EA	1:12.60
4	Olivia Sheasby	18	NEWMARKET	1:12.40
5	Becca Brown	19	STOWMARKET-EA	1:12.40
6	Elizabeth Gore	15	EPPING FOR'T	1:12.66
7	Anudi Ratnayake	15	NORWICH SWAN-EA	1:13.34
8	Layla Drake	14	NORWICH SWAN-EA	1:13.80

Heat 13 of 17 Prelims

1	Honor Hanmer	14	REPTON-ZZ	1:12.25
2	Isla Stockwell	14	CO CAMBRIDGE-EA	1:11.70
3	Emilia Butt	14	DEBEN-EA	1:11.60
4	Eliza Jennings	14	BIGGLESWADE-EA	1:11.40
5	Elija Mickaite	14	CO PETERBORO-EA	1:11.60
6	Tayla Goodswen	14	CO NORWICH SC	1:11.62
7	Summer Woodside	13	CO PETERBORO-EA	1:12.10
8	Annika Mueller	15	CO NORWICH SC	1:12.30

Heat 14 of 17 Prelims

1	Senudi Ratnayake	15	NORWICH SWAN-EA	1:11.18
2	Imogen Bygrave	16	CO CAMBRIDGE-EA	1:11.10
3	Dayna Arbon	20	CO NORWICH SC	1:10.80
4	Georgina Munday	22	BIGGLESWADE-EA	1:10.36
5	Lexi Hurley	16	CO CAMBRIDGE-EA	1:10.60
6	Cerys Wall	14	CO CAMBRIDGE-EA	1:11.00
7	Anna Mason	14	CO PETERBORO-EA	1:11.10
8	Kitty McNaughton	14	HODDESDON	1:11.30

Heat 15 of 17 Prelims

1	Lola Mitchinson	15	CO NORWICH SC	1:09.10
2	Abi Davis	16	BEDFORD SS-EA	1:08.37
3	Grace Greenhalf	19	CO NORWICH SC	1:07.34
4	Emily Pitcher	18	NORWICH SWAN-EA	1:04.80
5	Kat Di Maria	18	CO NORWICH SC	1:06.50
6	Lily Steel	16	TEAMIPSWICH	1:07.90
7	Alice Watts	18	CO CAMBRIDGE-EA	1:08.80
8	Alice Robinson	17	CO CAMBRIDGE-EA	1:09.90

Heat 16 of 17 Prelims

1	Mia Wilson	14	BASILDON PH	1:09.00
2	Gabriella Meyer	17	WITHAM DOLPH	1:08.20
3	Lilli-Rose Carr	17	CO LINCOLN P	1:06.71
4	Megan Pye	24	CO NORWICH SC	1:04.70
5	Tia Sammut	15	BEDFORD SS-EA	1:06.16
6	Matilda Sharpe	14	CO NORWICH SC	1:07.60
7	Adel Zakrzewski	23	WYCOMBE DIST	1:08.79
8	Chloe Knight	17	HADLEIGH	1:09.80

Heat 17 of 17 Prelims

1	Emma Cushion	16	CO PETERBORO-EA	1:08.81
2	Liv Wicks	14	NORWICH SWAN-EA	1:08.10
3	Amy Meyer	17	BIGGLESWADE-EA	1:06.60
4	Erin Barber	16	NORWICH SWAN-EA	1:03.30
5	Chloe Armstrong	19	TEAMIPSWICH	1:05.10
6	Mia Nelson	15	CHESHUNT	1:07.50
7	Anastasja Wall	16	DEREHAM	1:08.70
8	Anouk Zecchini	20	CO CAMBRIDGE-EA	1:09.50

Event 504 Boys 10 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Prelims

2	Jack Fuher	11	REPTON-ZZ	47.58
3	Tom Levell	11	NEWMARKET	45.93
4	Daniel Anwar	11	TEAMIPSWICH	45.00
5	Liam Coscoran	11	HADLEIGH	45.70
6	Alex Spear	10	HARWICH DP	46.40

Heat 2 of 16 Prelims

1	Charlie Roxby-Clarke	10	HARWICH DP	44.40
2	Leo Beswick	11	NEWMARKET	43.99
3	Logan Chambers	11	CO NORWICH SC	41.20
4	Billy Maguire	11	CO NORWICH SC	41.05
5	Elliott Allen	10	CO NORWICH SC	41.06
6	Noah Clarke	10	GT YARMOUTH	42.67
7	George Pickering	11	GT YARMOUTH	44.16
8	James Laws	10	CO NORWICH SC	44.61

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 3 Prelims (#504 Boys 10 & Over 50 LC Meter Butterfly)

1	William Xia	13	ROYSTON	38.50
2	Harrison Gadie	12	STOWMARKET-EA	38.30
3	Lewis Scott	13	CO NORWICH SC	37.70
4	Charlie Searle	12	CO NORWICH SC	37.15
5	Isaac Scott	11	CO NORWICH SC	37.17
6	Tyler McLaughlin-Bell	12	NEWMARKET	37.70
7	Jack Randall	13	ROYSTON	38.40
8	Freddie Robertson	11	STOWMARKET-EA	38.80

Heat 4 of 16 Prelims

1	Barnaby Rees	13	CO PETERBORO-EA	37.00
2	Freddie Sargeant	12	TEAMIPSWICH	36.80
3	Addison Willis	12	REPTON-ZZ	36.40
4	Harry Larham	11	CO PETERBORO-EA	36.30
5	Edward Wilson	12	CO NORWICH SC	36.39
6	Theo Rawnsley	11	HARPENDEN	36.70
7	Ekin Banford	13	CO NORWICH SC	36.85
8	Filip Pilat	13	CO PETERBORO-EA	37.00

Heat 5 of 16 Prelims

1	Jacob Ramsay	12	REPTON-ZZ	35.73
2	James Jones	14	CO NORWICH SC	35.31
3	Bradley Forder	13	CO NORWICH SC	34.97
4	Casper Whittaker	14	BIGGLESWADE-EA	34.47
5	Alex Long	13	STOWMARKET-EA	34.60
6	Max Battle	12	DEBEN-EA	35.00
7	George Punter	14	GT YARMOUTH	35.39
8	Josh Lillistone	11	TEAMIPSWICH	36.10

Heat 6 of 16 Prelims

1	Miles Copping	14	CO CAMBRIDGE-EA	34.30
2	Riccardo Di Maria	14	CO NORWICH SC	34.03
3	Harrison Burrige	13	CO CAMBRIDGE-EA	33.90
4	Marco Soto-Toth	12	CO PETERBORO-EA	33.50
5	Reuben Seaman	14	CO NORWICH SC	33.74
6	Freddie Pritchard	13	STOWMARKET-EA	33.90
7	Joshua Vind	14	REPTON-ZZ	34.16
8	Yiqian Zhao	14	CO CAMBRIDGE-EA	34.40

Heat 7 of 16 Prelims

1	Jack Williams-Welch	13	HADLEIGH	33.10
2	Jack Walpole	15	TEAM WAVENEY-EA	33.00
3	Marcel Finta	12	BEDFORD SS-EA	32.68
4	Lawrence Taylor	14	CO NORWICH SC	32.35
5	Christopher Engle	14	TEAMIPSWICH	32.50
6	Alexander Belnikoff	16	EPPING FOR'T	32.70
7	Sebastian Collier	15	NEWMARKET	33.00
8	Jude Baldock	12	BO WALTHAM F-LD	33.31

Heat 8 of 16 Prelims

1	Adam Balazs	14	CO PETERBORO-EA	32.30
2	Cameron Jackson	16	DEBEN-EA	32.20
3	Huxley Phillips	13	CO CAMBRIDGE-EA	32.15
4	Ethan Long	15	STOWMARKET-EA	32.00
5	Joseph Emms	15	BIGGLESWADE-EA	32.10
6	Saul Edwards	16	BEDFORD SS-EA	32.18
7	Ethan Bailey	14	CO NORWICH SC	32.24
8	Reuben Cope	14	NEWMARKET	32.31

Heat 9 of 16 Prelims

1	Reuben Giles	14	STOWMARKET-EA	31.90
2	Henry Taylor	16	BIGGLESWADE-EA	31.60
3	Ben Cameron-Waller	14	CO PETERBORO-EA	31.40
4	Henry Chaloner	14	BIGGLESWADE-EA	31.20
5	Heath Harrison	15	STOWMARKET-EA	31.30
6	Sebastian Mudge	14	CO PETERBORO-EA	31.60
7	Veljko Zivko	16	BEDFORD SS-EA	31.68
8	Nikodem Bonkowski	16	CO PETERBORO-EA	32.00

Heat 10 of 16 Prelims

1	Joshua Meyer	16	WITHAM DOLPH	31.02
2	Richard Levell	16	NEWMARKET	30.99
3	Jacob Pociot	14	TEAMIPSWICH	30.70
4	Michael Sayer	15	CO NORWICH SC	30.63
5	Henry Cottingham	16	HADLEIGH	30.70
6	Jack Hughes	13	REPTON-ZZ	30.76
7	Oliver Butt	16	DEBEN-EA	31.00
8	George Pike	16	CO NORWICH SC	31.05

Heat 11 of 16 Prelims

1	Attila Mozes	16	DEBEN-EA	30.50
2	Philipp Vitkovski	16	BO WALTHAM F-LD	30.16
3	Benjamin Piscopo	13	CO PETERBORO-EA	29.90
4	Castle Galindez	19	CO NORWICH SC	29.76
5	Alfie Page	17	CO CAMBRIDGE-EA	29.80
6	Liam Bautista	17	EPPING FOR'T	30.10
7	Tommy Duff	13	REPTON-ZZ	30.20
8	Santi Fletcher	16	CO CAMBRIDGE-EA	30.60

Heat 12 of 16 Prelims

1	Joseph Cox	13	REPTON-ZZ	29.66
2	James O'Toole	15	CO NORWICH SC	29.54
3	Jesse Knight	13	LEISTON	29.30
4	Xavier Zerban	15	BIGGLESWADE-EA	29.29
5	Jack Agosti	15	CO CAMBRIDGE-EA	29.30
6	Alistair Sheeran	17	TEAMIPSWICH	29.40
7	Jack Knight	16	LEISTON	29.58
8	Otto Wathen	16	CO NORWICH SC	29.70

Heat 13 of 16 Prelims

1	Monty Farrar	18	TEAM WAVENEY-EA	29.13
2	Zachary Piscopo	15	CO PETERBORO-EA	29.07
3	George Carter	18	CO CAMBRIDGE-EA	29.00
4	Robert James	14	EPPING FOR'T	28.84
5	Ethan Knights	15	TEAMIPSWICH	29.00
6	Lucius White	16	GT YARMOUTH	29.06
7	Jacob Schultz	15	CO CAMBRIDGE-EA	29.10
8	William Barr	18	ROYSTON	29.20

Heat 14 of 16 Prelims

1	Sam Black	19	CO NORWICH SC	28.29
2	Mykhailo Vasyliev	16	BEDFORD SS-EA	27.78
3	Jake Battle	15	REPTON-ZZ	26.74
4	Ryan Close	18	BEDFORD SS-EA	26.18
5	Timon Chapman	24	NORWICH SWAN-EA	26.46
6	Fin Neve	18	CO NORWICH SC	27.30
7	Joe Hammond	19	CO NORWICH SC	28.08
8	Finlay German	17	CO CAMBRIDGE-EA	28.60

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 15 Prelims (#504 Boys 10 & Over 50 LC Meter Butterfly)

1	George Heather	16	CO PETERBORO-EA	28.17
2	Benedict Measures	21	NORWICH SWAN-EA	27.66
3	Samuel Rose	23	NORWICH SWAN-EA	26.60
4	Oscar Winterburn	18	TEAMIPSWICH	26.16
5	Ben Every	18	TEAM WAVENEY-EA	26.39
6	Hugo Arthey	17	DEBEN-EA	27.05
7	Rafi Corliano	16	CO CAMBRIDGE-EA	27.92
8	Kameron Baker	15	CO PETERBORO-EA	28.59

Heat 16 of 16 Prelims

1	Nathan Broadwater	15	TEAMIPSWICH	28.13
2	Frank Jacob	17	CO CAMBRIDGE-EA	27.34
3	Lewis Chapman	25	HADLEIGH	26.57
4	Luke Tunstall	21	CO PETERBORO-EA	24.70
5	Jack Abram	21	CO NORWICH SC	26.35
6	Matt Brown	21	STOWMARKET-EA	27.00
7	Isaac Buchan	17	CO NORWICH SC	27.87
8	Daniel Meier	19	BIGGLESWADE-EA	28.58

Event 505 Girls 10 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims

1	Bella Wysocki	11	STOWMARKET-EA	44.30
2	Aisha Ali Mahmoud	11	TEAMIPSWICH	41.70
3	Marnie Mitchell	11	CO NORWICH SC	41.41
4	Charlotte Malachowski	11	CO NORWICH SC	41.09
5	Nimi Kopec	11	BEDFORD SS-EA	41.11
6	Elizabeth Norburn	11	CO NORWICH SC	41.46
7	Sophia Solley	11	REPTON-ZZ	43.92
8	Freyja Rooke	11	CO NORWICH SC	44.64

Heat 2 of 18 Prelims

1	Gracie Locke	11	STOWMARKET-EA	39.60
2	Livia Zecchini	13	CO CAMBRIDGE-EA	38.70
3	Ettie Pearce	13	DEBEN-EA	38.62
4	Emily Hannah	12	CO NORWICH SC	38.36
5	Frankie Anderson	11	FELIXSTOWE	38.60
6	Jessica Nichols	14	TEAM WAVENEY-EA	38.69
7	Jessica Bailey	12	CO PETERBORO-EA	39.30
8	Isabelle Karki Chettri	11	HADLEIGH	40.70

Heat 3 of 18 Prelims

1	Anna Turner	13	CO NORWICH SC	38.10
2	Isabella Tiffin	14	CO PETERBORO-EA	37.70
3	Grace O'Loane	14	CO NORWICH SC	37.50
4	Harmony Smith	11	TEAM WAVENEY-EA	37.21
5	Nova Weller	13	NEWMARKET	37.43
6	Dotty Thorby	13	CO NORWICH SC	37.57
7	Jessica Pouakouyou	13	CO CAMBRIDGE-EA	37.70
8	Charlize Church	12	CO CAMBRIDGE-EA	38.10

Heat 4 of 18 Prelims

1	Olivia Fowler	13	CO PETERBORO-EA	37.10
2	Dixie Swales	13	CO CAMBRIDGE-EA	37.00
3	Lucie Cooper	16	CO NORWICH SC	36.80
4	Starr Nichols	16	GT YARMOUTH	36.78
5	Ella Bloodworth	13	CO PETERBORO-EA	36.80
6	Phoebe Phillpot	13	TEAMIPSWICH	36.80
7	Niamh Tuson	12	EPPING FOR'T	37.06
8	Eva John	11	REPTON-ZZ	37.10

Heat 5 of 18 Prelims

1	Elena Simmons	15	CO CAMBRIDGE-EA	36.50
2	Maisie Liang	14	CO CAMBRIDGE-EA	36.40
3	Eloise Welsford	13	DEBEN-EA	36.31
4	Cassie Bonner	12	EPPING FOR'T	36.18
5	Alisa Berzan	13	REPTON-ZZ	36.25
6	Chloe Farrington - S15	16	CO NORWICH SC	36.36
7	Immy Coote	12	CO CAMBRIDGE-EA	36.40
8	Holly Hannah	15	CO NORWICH SC	36.53

Heat 6 of 18 Prelims

1	Lois Alderton-Jode	14	CO NORWICH SC	36.10
2	Ellen Akerstone	13	CO NORWICH SC	36.04
3	Daisy Mortimer-Coles	12	TEAM WAVENEY-EA	35.90
4	Anna Johnys	14	TEAMIPSWICH	35.60
5	Charlotte Burge	14	CO PETERBORO-EA	35.80
6	Matilda Smith	14	TEAM WAVENEY-EA	35.90
7	Freya Boor	15	BIGGLESWADE-EA	36.07
8	Tilly Sheasby	13	NEWMARKET	36.17

Heat 7 of 18 Prelims

1	Nancy Garner	14	HARWICH DP	35.57
2	Margarida Furtado	14	CO CAMBRIDGE-EA	35.40
3	Isla Moran	14	REPTON-ZZ	35.35
4	Ellie Salt	13	CO PETERBORO-EA	35.20
5	Isla Tate	13	CO PETERBORO-EA	35.30
6	Lexi Cole	13	CO NORWICH SC	35.37
7	Olivia Parr	19	CO CAMBRIDGE-EA	35.40
8	Kallie Weaver	15	STANWAY	35.60

Heat 8 of 18 Prelims

1	Lara Kelly	12	NEW HALL	35.11
2	Lucy Phillips	16	DEBEN-EA	35.00
3	Isabelle Patterson	15	CO NORWICH SC	34.92
4	Isla Stockwell	14	CO CAMBRIDGE-EA	34.60
5	Verity Carter	17	STOWMARKET-EA	34.80
6	Grace Parker	14	CO NORWICH SC	34.96
7	Elinor McTaggart	14	DEBEN-EA	35.09
8	Eva Peach	14	CO CAMBRIDGE-EA	35.20

Heat 9 of 18 Prelims

1	Belle Garnham	12	TEAMIPSWICH	34.50
2	Anabelle Wan	15	DEBEN-EA	34.20
3	Sienna Butcher	16	AMES-SE	34.10
4	Bella Robertson	13	STOWMARKET-EA	34.00
5	Summer Woodside	13	CO PETERBORO-EA	34.00
6	Livi Page	13	CO CAMBRIDGE-EA	34.10
7	Dolcie Underwood	13	DEREHAM	34.21
8	Sara Kelly	15	COLCHESTER	34.58

Heat 10 of 18 Prelims

1	Michelle Pouakouyou	15	CO CAMBRIDGE-EA	33.90
2	Eleni Karakoidas	13	CO NORWICH SC	33.73
3	Ellie Wan	12	REPTON-ZZ	33.52
4	Lyra Schultz	13	CO CAMBRIDGE-EA	33.50
5	Ruby Oxborough	15	GT YARMOUTH	33.51
6	Myla Xia	15	CO CAMBRIDGE-EA	33.57
7	Amelie Smith	15	CO CAMBRIDGE-EA	33.80
8	Hannah Junor	14	REPTON-ZZ	33.99

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 11 Prelims (#505 Girls 10 & Over 50 LC Meter Butterfly)

1	Hannah John	13	REPTON-ZZ	33.45
2	Amelia Garnham	15	TEAMIPSWICH	33.40
3	Kitty McNaughton	14	HODDESDON	33.30
4	Harriet Townend	15	CO NORWICH SC	33.10
5	Senudi Ratnayake	15	NORWICH SWAN-EA	33.20
6	Olivia Stroud	14	TEAMIPSWICH	33.30
7	Scarlett Omand	13	CHESHUNT	33.40
8	Harriet Flack	15	CO CAMBRIDGE-EA	33.50

Heat 12 of 18 Prelims

1	Mia Nelson	15	CHESHUNT	32.90
2	Megan Summer	19	DEREHAM	32.81
3	Gabriella Cawley	16	TEAMIPSWICH	32.80
4	Elizabeth Pert	16	NORWICH SWAN-EA	32.74
5	Evie Pryor Reed - Ashton	12	REPTON-ZZ	32.76
6	Sophie Williams	17	CO CAMBRIDGE-EA	32.80
7	Dayna Arbon	20	CO NORWICH SC	32.89
8	Catherine Mitchell	15	CO NORWICH SC	33.00

Heat 13 of 18 Prelims

1	Amber Ridgeon	21	LEISTON	32.70
2	Olivia Butlin	15	CO NORWICH SC	32.53
3	Sophie Harvey	14	CO CAMBRIDGE-EA	32.40
4	Hilary Drewry	14	CO NORWICH SC	32.26
5	Megan Randall	15	CO CAMBRIDGE-EA	32.37
6	Olivia Sheasby	18	NEWMARKET	32.50
7	Caitlin Stockwell	16	CO CAMBRIDGE-EA	32.53
8	Megan Clarke	17	CO CAMBRIDGE-EA	32.72

Heat 14 of 18 Prelims

1	Charlotte Rooke	15	CO NORWICH SC	32.18
2	Amber Lyne	16	CO CAMBRIDGE-EA	32.10
3	Amelie Harrison	17	STOWMARKET-EA	32.00
4	Sophie Knight	14	HADLEIGH	31.90
5	Hollie Jenkins	14	AMES-SE	31.99
6	Eliza Swanepoel	18	EPPING FORT	32.04
7	Bea Grant	18	CO CAMBRIDGE-EA	32.15
8	Jana Mohamed	17	CO PETERBORO-EA	32.20

Heat 15 of 18 Prelims

1	Olivia Pais	14	CO PETERBORO-EA	31.75
2	Anudi Ratnayake	15	NORWICH SWAN-EA	31.53
3	Chloe Knight	17	HADLEIGH	31.50
4	Defne Sakarya	15	NORWICH SWAN-EA	31.43
5	Emily Joyce	14	BIGGLESWADE-EA	31.50
6	Lily Murrell	17	NORWICH SWAN-EA	31.51
7	Annika Mueller	15	CO NORWICH SC	31.59
8	Alice Robinson	17	CO CAMBRIDGE-EA	31.80

Heat 16 of 18 Prelims

1	Alice Watts	18	CO CAMBRIDGE-EA	31.30
2	Bethany Rumsby	17	NORWICH SWAN-EA	30.82
3	Sadie Hunter	18	CO PETERBORO-EA	29.84
4	Ruby Greenhalf	21	CO NORWICH SC	29.22
5	Anouk Zecchini	20	CO CAMBRIDGE-EA	29.60
6	Mia Wilson	14	BASILDON PH	30.26
7	Becca Brown	19	STOWMARKET-EA	31.00
8	Sophia Aziz	14	CO PETERBORO-EA	31.40

Heat 17 of 18 Prelims

1	Claudia Barp	16	CO CAMBRIDGE-EA	31.20
2	Freya May	16	LEISTON	30.54
3	Emily Pitcher	18	NORWICH SWAN-EA	29.80
4	Megan Pye	24	CO NORWICH SC	28.75
5	Genevieve White	18	CO CAMBRIDGE-EA	29.40
6	Katie Maloney	29	CO NORWICH SC	30.20
7	Lexi Hurley	16	CO CAMBRIDGE-EA	31.00
8	Imogen Laws	13	CO NORWICH SC	31.35

Heat 18 of 18 Prelims

1	Florence Whittaker	16	BIGGLESWADE-EA	31.05
2	Matilda Stokes	15	CO PETERBORO-EA	30.47
3	Abi Davis	16	BEDFORD SS-EA	29.71
4	Sacha Thomas	23	CO NORWICH SC	28.50
5	Chloe Armstrong	19	TEAMIPSWICH	29.30
6	Amy Meyer	17	BIGGLESWADE-EA	30.11
7	Anna Mason	14	CO PETERBORO-EA	30.90
8	Gabriella Meyer	17	WITHAM DOLPH	31.30

Event 506 Mixed 11 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Henry Chaloner	M14	BIGGLESWADE-EA	19:34.60
4	Skye Freeman	W14	NORWICH SWAN-EA	19:22.30
5	Poppy Cunnington	W14	CO PETERBORO-EA	19:22.80

Heat 2 of 3 Finals

1	Jude Wankowski	M13	TEAMIPSWICH	19:05.50
2	Emma Cushion	W16	CO PETERBORO-EA	18:39.92
3	Olivia Croft	W15	CHESHUNT	18:34.80
4	Amelia Saunders	W18	NORWICH SWAN-EA	18:18.59
5	Aaron Rawnsley	M14	HARPENDEN	18:22.00
6	Maia Thompson	W18	TEAM WAVENEY-EA	18:39.40
7	Alfie Larham	M14	CO PETERBORO-EA	18:51.80

Heat 3 of 3 Finals

1	Rex Harrison	M15	STOWMARKET-EA	18:13.70
2	Oliver Fuller	M16	CO CAMBRIDGE-EA	17:40.30
3	Josh Kimberley	M16	AMES-SE	17:30.06
4	Adam O'Neal	M18	BEDFORD SS-EA	16:50.96
5	Charlie Rehus	M17	CO PETERBORO-EA	17:21.95
6	Olly Meier	M16	BIGGLESWADE-EA	17:38.60
7	Jack Agosti	M15	CO CAMBRIDGE-EA	17:41.60
8	Ashton Hunter	M14	CO PETERBORO-EA	18:16.60

Event 701 Boys 10 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

2	Noah Clarke	10	GT YARMOUTH	1:30.36
3	Daniel Cotton	11	REPTON-ZZ	1:28.47
4	Isaac Scott	11	CO NORWICH SC	1:27.21
5	Finley Lane	12	CO NORWICH SC	1:27.80
6	Miles Harrison	10	TEAMIPSWICH	1:30.10

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 2 Prelims (#701 Boys 10 & Over 100 LC Meter Backstroke)

1	Arthur Shayle	13	CO CAMBRIDGE-EA	1:26.90
2	Tyler McLaughlin-Bell	12	NEWMARKET	1:26.41
3	Tyler Dean	13	HARWICH DP	1:25.90
4	Max Battle	12	DEBEN-EA	1:25.70
5	William Turner	14	BIGGLESWADE-EA	1:25.80
6	Tom Levell	11	NEWMARKET	1:26.18
7	Jack Fuher	11	REPTON-ZZ	1:26.60
8	Logan Chambers	11	CO NORWICH SC	1:27.11

Heat 3 of 13 Prelims

1	Benjamin Ashford	13	CO NORWICH SC	1:25.50
2	Samuel Whearty - S8	24	DEBEN-EA	1:24.60
3	Yiqian Zhao	14	CO CAMBRIDGE-EA	1:23.80
4	Jacob Ramsay	12	REPTON-ZZ	1:22.68
5	Shaidon Higgon-Williams	13	HARWICH DP	1:23.00
6	Theo Rawnsley	11	HARPENDEN	1:24.30
7	Ethan Harris	12	REPTON-ZZ	1:25.02
8	Ted Hill	12	CO PETERBORO-EA	1:25.70

Heat 4 of 13 Prelims

1	Josh Lillistone	11	TEAMIPSWICH	1:21.90
2	Lewis Scott	13	CO NORWICH SC	1:21.80
3	George Punter	14	GT YARMOUTH	1:20.85
4	Filip Pilat	13	CO PETERBORO-EA	1:20.10
5	Charlie Searle	12	CO NORWICH SC	1:20.80
6	Milosz Bonkowski	12	CO PETERBORO-EA	1:21.10
7	Ekin Banford	13	CO NORWICH SC	1:21.83
8	Kian Moloney	12	TEAMIPSWICH	1:22.50

Heat 5 of 13 Prelims

1	Harry Larham	11	CO PETERBORO-EA	1:19.50
2	Felix Fazakerley	13	CO CAMBRIDGE-EA	1:19.10
3	William Cooper	16	DEREHAM	1:18.60
4	Alexander Belnikoff	16	EPPING FOR'T	1:17.40
5	Tommy Duff	13	REPTON-ZZ	1:17.68
6	Max Flelo	13	CO NORWICH SC	1:18.60
7	Marcel Finta	12	BEDFORD SS-EA	1:19.26
8	Oliver Shergold - S9	28	DEBEN-EA	1:20.04

Heat 6 of 13 Prelims

1	Santi Fletcher	16	CO CAMBRIDGE-EA	1:17.40
2	Jack Hughes	13	REPTON-ZZ	1:16.39
3	Samuel Fallahnia	13	EPPING FOR'T	1:16.30
4	Evan Harrison	14	TEAMIPSWICH	1:15.30
5	Nikodem Bonkowski	16	CO PETERBORO-EA	1:16.16
6	Frank Shiells	15	BIGGLESWADE-EA	1:16.30
7	Adam Balazs	14	CO PETERBORO-EA	1:16.90
8	Bradley Forder	13	CO NORWICH SC	1:17.40

Heat 7 of 13 Prelims

1	Joshua Vind	14	REPTON-ZZ	1:14.32
2	Oscar Langston	14	BO WALTHAM F-LD	1:13.46
3	James Jones	14	CO NORWICH SC	1:13.40
4	Ben Cameron-Waller	14	CO PETERBORO-EA	1:13.00
5	Harry Bamford	18	LEISTON	1:13.00
6	Philipp Vitkovski	16	BO WALTHAM F-LD	1:13.46
7	Reuben Seaman	14	CO NORWICH SC	1:14.03
8	Harrison Burridge	13	CO CAMBRIDGE-EA	1:14.50

Heat 8 of 13 Prelims

1	Heath Harrison	15	STOWMARKET-EA	1:12.60
2	Alfie Larham	14	CO PETERBORO-EA	1:11.80
3	Austin Taylor	17	CO NORWICH SC	1:11.10
4	Matthew Simmons	14	DEBEN-EA	1:09.70
5	Zachary Fraser	16	CO PETERBORO-EA	1:10.06
6	Richard Levell	16	NEWMARKET	1:11.64
7	Lawrence Taylor	14	CO NORWICH SC	1:11.92
8	Henry Taylor	16	BIGGLESWADE-EA	1:12.60

Heat 9 of 13 Prelims

1	Attila Mozes	16	DEBEN-EA	1:09.50
2	Jacob Ure	14	CO PETERBORO-EA	1:09.00
3	Thomas Mutton	13	DEBEN-EA	1:08.30
4	Saul Edwards	16	BEDFORD SS-EA	1:08.14
5	Benjamin Piscopo	13	CO PETERBORO-EA	1:08.30
6	Robert James	14	EPPING FOR'T	1:08.90
7	Jake Maguire	15	CO NORWICH SC	1:09.30
8	Christopher Engle	14	TEAMIPSWICH	1:09.50

Heat 10 of 13 Prelims

1	Michael Sayer	15	CO NORWICH SC	1:07.00
2	Joshua O'Donnell	15	WANDSWORTH	1:06.70
3	Alfie Winchester	18	ROYSTON	1:06.40
4	Cameron Jackson	16	DEBEN-EA	1:06.40
5	Benedict Measures	21	NORWICH SWAN-EA	1:06.40
6	Jesse Knight	13	LEISTON	1:06.40
7	Ethan Knights	15	TEAMIPSWICH	1:06.70
8	Oliver Shayle	16	CO CAMBRIDGE-EA	1:07.20

Heat 11 of 13 Prelims

1	Toby Anderson	14	CO NORWICH SC	1:05.85
2	Joe Hammond	19	CO NORWICH SC	1:04.50
3	Adam O'Neal	18	BEDFORD SS-EA	1:02.48
4	Oscar Hunter	17	NORWICH SWAN-EA	59.10
5	Archie Harris-Joy	16	GT YARMOUTH	1:00.80
6	Xavier Zerban	15	BIGGLESWADE-EA	1:02.90
7	James O'Toole	15	CO NORWICH SC	1:05.40
8	Corey Hare - S14	20	DEBEN-EA	1:06.30

Heat 12 of 13 Prelims

1	Donald Perrin	16	CO NORWICH SC	1:05.80
2	James Clay	21	STOWMARKET-EA	1:03.40
3	Hugo Arthey	17	DEBEN-EA	1:02.30
4	Timon Chapman	24	NORWICH SWAN-EA	58.90
5	Jan Beblot	17	NORWICH SWAN-EA	1:00.80
6	Jack Agosti	15	CO CAMBRIDGE-EA	1:02.60
7	Liam Bautista	17	EPPING FOR'T	1:05.00
8	Kieran Ng	16	CO PETERBORO-EA	1:06.15

Heat 13 of 13 Prelims

1	Joseph Emms	15	BIGGLESWADE-EA	1:05.40
2	Ricards Korotkihs	15	TEAMIPSWICH	1:03.00
3	Norbert Kadar	17	CO CAMBRIDGE-EA	1:02.20
4	Oscar Winterburn	18	TEAMIPSWICH	57.50
5	Olly Smith	19	CO NORWICH SC	59.90
6	Zach Montgomery	16	NORWICH SWAN-EA	1:02.50
7	Charlie Birdsall	16	CO CAMBRIDGE-EA	1:05.00
8	Oliver Butt	16	DEBEN-EA	1:06.00

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Event 702 Girls 10 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

2	Freyja Rooke	11	CO NORWICH SC	2:55.10
3	Rosie Hazelton	12	HARWICH DP	2:47.16
4	Alexa Linden-Ball	12	CO NORWICH SC	2:46.95
5	Sophie Alexander	12	TEAMIPSWICH	2:47.00
6	Rosa Maguire	11	CO NORWICH SC	2:54.00

Heat 2 of 11 Finals

1	Nancy Corke	12	CO NORWICH SC	2:41.73
2	Abbie White	13	BIGGLESWADE-EA	2:37.10
3	Immy Coote	12	CO CAMBRIDGE-EA	2:36.90
4	Ella O'Sullivan	13	CO NORWICH SC	2:36.48
5	Molly Nowell	12	STOWMARKET-EA	2:36.60
6	Leila Kokas	11	CO PETERBORO-EA	2:37.00
7	Evie Pryor Reed - Ashton	12	REPTON-ZZ	2:39.25
8	Hollie Smith	12	CO PETERBORO-EA	2:46.30

Heat 3 of 11 Finals

1	Phoebe Phillpot	13	TEAMIPSWICH	2:36.00
2	Eleni Karakoidas	13	CO NORWICH SC	2:32.70
3	Scarlett Kennedy	14	REPTON-ZZ	2:32.33
4	Starr Nichols	16	GT YARMOUTH	2:29.70
5	Summer Woodside	13	CO PETERBORO-EA	2:30.60
6	Isla Stockwell	14	CO CAMBRIDGE-EA	2:32.40
7	Alisa Berzan	13	REPTON-ZZ	2:35.80
8	Ellen Akerstone	13	CO NORWICH SC	2:36.10

Heat 4 of 11 Finals

1	Anna Johnys	14	TEAMIPSWICH	2:28.90
2	Poppy Porter	13	TEAMIPSWICH	2:28.60
3	Olivia Butlin	15	CO NORWICH SC	2:26.90
4	Imogen Laws	13	CO NORWICH SC	2:26.21
5	Lyra Schultz	13	CO CAMBRIDGE-EA	2:26.80
6	Sophia Aziz	14	CO PETERBORO-EA	2:27.40
7	Dotty Thorby	13	CO NORWICH SC	2:28.70
8	Isabelle Patterson	15	CO NORWICH SC	2:29.30

Heat 5 of 11 Finals

1	Isla Moran	14	REPTON-ZZ	2:25.70
2	Emilia Butt	14	DEBEN-EA	2:25.31
3	Jessica Barrett	14	CORBY	2:24.67
4	Olivia Pais	14	CO PETERBORO-EA	2:24.60
5	Cassie Bonner	12	EPPING FOR'T	2:24.66
6	Lois Alderton-Jode	14	CO NORWICH SC	2:25.00
7	Lena Crisp - S14	13	NORWICH SWAN-EA	2:25.40
8	Harriet Townend	15	CO NORWICH SC	2:25.80

Heat 6 of 11 Finals

1	Sara Kelly	15	COLCHESTER	2:23.81
2	Isabelle King	16	BISHOP STORT	2:23.18
3	Charlotte Rooke	15	CO NORWICH SC	2:22.77
4	Isabella Bryan	16	TEAMIPSWICH	2:22.60
5	Matilda Sharpe	14	CO NORWICH SC	2:22.60
6	Dolcie Underwood	13	DEREHAM	2:22.97
7	Emily Joyce	14	BIGGLESWADE-EA	2:23.30
8	Poppy Cunningham	14	CO PETERBORO-EA	2:24.00

Heat 7 of 11 Finals

1	Sophie Williams	17	CO CAMBRIDGE-EA	2:21.97
2	Tina Sinapova	14	CO NORWICH SC	2:21.00
3	Florence Whittaker	16	BIGGLESWADE-EA	2:20.40
4	Hermione Harvey	15	NORWICH SWAN-EA	2:19.93
5	Imogen Bygrave	16	CO CAMBRIDGE-EA	2:20.40
6	Matilda Stokes	15	CO PETERBORO-EA	2:20.50
7	Skye Freeman	14	NORWICH SWAN-EA	2:21.60
8	Elizabeth Gore	15	EPPING FOR'T	2:22.11

Heat 8 of 11 Finals

1	Tayla Goodswen	14	CO NORWICH SC	2:19.66
2	Defne Sakarya	15	NORWICH SWAN-EA	2:18.50
3	Lyla Fello	17	CO NORWICH SC	2:18.00
4	Mia Nelson	15	CHESHUNT	2:17.10
5	Elizabeth Pert	16	NORWICH SWAN-EA	2:17.20
6	Lexi Hurley	16	CO CAMBRIDGE-EA	2:18.50
7	Indie Horton	14	TEAM WAVENEY-EA	2:18.60
8	Catherine Mitchell	15	CO NORWICH SC	2:19.70

Heat 9 of 11 Finals

1	Bethany Rumsby	17	NORWICH SWAN-EA	2:16.90
2	Ayla Zolfaghari	15	EPPING FOR'T	2:16.58
3	Lily Steel	16	TEAMIPSWICH	2:14.10
4	Nina Allen	15	NEWMARKET	2:13.00
5	Anastasja Wall	16	DEREHAM	2:13.30
6	Abby Whittaker	14	WOKING	2:16.30
7	Henrietta Hems Gillson	13	REPTON-ZZ	2:16.59
8	Eliza Jennings	14	BIGGLESWADE-EA	2:16.90

Heat 10 of 11 Finals

1	Freya Cox	15	NORWICH SWAN-EA	2:12.70
2	Amy Meyer	17	BIGGLESWADE-EA	2:12.10
3	Ruby Chapman	20	NORWICH SWAN-EA	2:11.90
4	Summer Smith	15	BASILDON PH	2:11.81
5	Genevieve White	18	CO CAMBRIDGE-EA	2:11.90
6	Emily Pitcher	18	NORWICH SWAN-EA	2:11.93
7	Chess Barber	17	CO NORWICH SC	2:12.40
8	Sadie Hunter	18	CO PETERBORO-EA	2:12.78

Heat 11 of 11 Finals

1	Jorja Atkinson	15	CO CAMBRIDGE-EA	2:11.50
2	Anabelle Kett	17	CO PETERBORO-EA	2:10.77
3	Erin Barber	16	NORWICH SWAN-EA	2:10.23
4	Sacha Thomas	23	CO NORWICH SC	2:04.50
5	Sophie Siong	21	CO NORWICH SC	2:09.90
6	Chloe Barnard	17	BASILDON PH	2:10.35
7	Erin Uttridge	17	TEAMIPSWICH	2:10.90
8	Kat Di Maria	18	CO NORWICH SC	2:11.80

Event 703 Boys 10 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims

3	Julian Aldred - S5	16	CO CAMBRIDGE-EA	1:01.40
4	Alex Spear	10	HARWICH DP	38.90
5	Jacob Barrowcliffe	10	HARWICH DP	39.30

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 2 Prelims (#703 Boys 10 & Over 50 LC Meter Freestyle)

2	Noah Clarke	10	GT YARMOUTH	36.71
3	Joel Durrant-Gwilliam	11	STOWMARKET-EA	36.20
4	Logan Chambers	11	CO NORWICH SC	35.34
5	Ethan Harris	12	REPTON-ZZ	35.46
6	Mason Mitchell	10	CO NORWICH SC	36.57
7	Miles Harrison	10	TEAMIPSWICH	36.90

Heat 3 of 18 Prelims

1	George Pickering	11	GT YARMOUTH	34.58
2	Tom Levell	11	NEWMARKET	33.86
3	William Turner	14	BIGGLESWADE-EA	33.60
4	Milosz Bonkowski	12	CO PETERBORO-EA	33.30
5	Kian Moloney	12	TEAMIPSWICH	33.40
6	Lewis Scott	13	CO NORWICH SC	33.70
7	Billy Maguire	11	CO NORWICH SC	34.24
8	Charlie Jones	12	GT YARMOUTH	35.30

Heat 4 of 18 Prelims

1	Noah Race	12	FELIXSTOWE	33.20
2	Harry Larham	11	CO PETERBORO-EA	33.20
3	Charlie Searle	12	CO NORWICH SC	33.11
4	Shaidon Higgon-Williams	13	HARWICH DP	32.99
5	Benjamin Ashford	13	CO NORWICH SC	33.00
6	Isaac Scott	11	CO NORWICH SC	33.11
7	Felix Fazakerley	13	CO CAMBRIDGE-EA	33.20
8	Samuel Fallahnia	13	EPPING FOR'T	33.30

Heat 5 of 18 Prelims

1	Zachary Woods	13	CO ELY	32.90
2	Filip Pilat	13	CO PETERBORO-EA	32.90
3	Arthur Shayle	13	CO CAMBRIDGE-EA	32.60
4	Samuel Whearty - S8	24	DEBEN-EA	32.58
5	Jack Alexander	12	TEAMIPSWICH	32.60
6	George Punter	14	GT YARMOUTH	32.80
7	Matthew Simmons	14	DEBEN-EA	32.90
8	Max Battle	12	DEBEN-EA	32.90

Heat 6 of 18 Prelims

1	Yiqian Zhao	14	CO CAMBRIDGE-EA	32.30
2	Josh Lillistone	11	TEAMIPSWICH	32.20
3	Jacob Ramsay	12	REPTON-ZZ	32.02
4	Casper Whittaker	14	BIGGLESWADE-EA	31.80
5	Xander Hollier	13	CO NORWICH SC	31.99
6	Ekin Banford	13	CO NORWICH SC	32.08
7	Max Coulet	13	CO NORWICH SC	32.22
8	Tyler McLaughlin-Bell	12	NEWMARKET	32.40

Heat 7 of 18 Prelims

1	Edward Wilson	12	CO NORWICH SC	31.61
2	Tyler Dean	13	HARWICH DP	31.40
3	Andrei Chertes	14	CO PETERBORO-EA	30.80
4	Joshua Vind	14	REPTON-ZZ	30.44
5	Harry Arnold-Pepper - S9	18	CO CAMBRIDGE-EA	30.50
6	Bradley Forder	13	CO NORWICH SC	30.81
7	Kuba Kopec	13	BEDFORD SS-EA	31.50
8	Addison Willis	12	REPTON-ZZ	31.71

Heat 8 of 18 Prelims

1	Evan Harrison	14	TEAMIPSWICH	30.30
2	Marcel Finta	12	BEDFORD SS-EA	30.08
3	Jude Baldock	12	BO WALTHAM F-LD	29.87
4	Reuben Seaman	14	CO NORWICH SC	29.82
5	Thomas Mutton	13	DEBEN-EA	29.85
6	Riccardo Di Maria	14	CO NORWICH SC	29.90
7	Krzysztof Splawiec	14	TEAMIPSWICH	30.10
8	Jude Wankowski	13	TEAMIPSWICH	30.30

Heat 9 of 18 Prelims

1	Harrison Burrige	13	CO CAMBRIDGE-EA	29.70
2	Jack Hughes	13	REPTON-ZZ	29.67
3	Christopher Engle	14	TEAMIPSWICH	29.50
4	Adam Balazs	14	CO PETERBORO-EA	29.40
5	Percy Goldstone	16	WOODHAM F SC	29.40
6	Nikodem Bonkowski	16	CO PETERBORO-EA	29.50
7	Lawrence Taylor	14	CO NORWICH SC	29.69
8	Ethan Bailey	14	CO NORWICH SC	29.81

Heat 10 of 18 Prelims

1	Oliver Shergold - S9	28	DEBEN-EA	29.35
2	Jack Knight	16	LEISTON	29.30
3	Alfie Larham	14	CO PETERBORO-EA	29.10
4	Thomas Chapman	16	CO NORWICH SC	29.06
5	Sebastian Collier	15	NEWMARKET	29.10
6	George Pike	16	CO NORWICH SC	29.19
7	Ben Cameron-Waller	14	CO PETERBORO-EA	29.30
8	Henry Taylor	16	BIGGLESWADE-EA	29.37

Heat 11 of 18 Prelims

1	Joseph Cox	13	REPTON-ZZ	28.92
2	Harry Bamford	18	LEISTON	28.66
3	Harry George	16	HATFIELD	28.60
4	Reuben Cope	14	NEWMARKET	28.60
5	Henry Chaloner	14	BIGGLESWADE-EA	28.60
6	Razvan Platon	17	CO NORWICH SC	28.60
7	Tommy Duff	13	REPTON-ZZ	28.68
8	Veljko Zivko	16	BEDFORD SS-EA	29.01

Heat 12 of 18 Prelims

1	Jacob Pociot	14	TEAMIPSWICH	28.40
2	Jacob Ure	14	CO PETERBORO-EA	28.20
3	Jesse Knight	13	LEISTON	28.20
4	Jake Maguire	15	CO NORWICH SC	28.11
5	Hugo Rodriguez Blagden	17	CO CAMBRIDGE-EA	28.20
6	Heath Harrison	15	STOWMARKET-EA	28.20
7	Castle Galindez	19	CO NORWICH SC	28.23
8	Michael Sayer	15	CO NORWICH SC	28.41

Heat 13 of 18 Prelims

1	Santi Fletcher	16	CO CAMBRIDGE-EA	28.00
2	Benjamin Piscopo	13	CO PETERBORO-EA	27.90
3	Enzo Cassoneca	17	CO NORWICH SC	27.70
4	James O'Toole	15	CO NORWICH SC	27.61
5	Liam Bautista	17	EPPING FOR'T	27.69
6	Richard Levell	16	NEWMARKET	27.77
7	Noah Buchan	15	CO NORWICH SC	27.99
8	Saul Edwards	16	BEDFORD SS-EA	28.04

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 14 Prelims (#703 Boys 10 & Over 50 LC Meter Freestyle)

1	Josh Reed	15	CO NORWICH SC	27.26
2	Olly Smith	19	CO NORWICH SC	27.20
3	Corey Owens	16	STOCKPORT MO	27.20
4	Henry Smith	17	CO NORWICH SC	27.17
5	Hugo Arthey	17	DEBEN-EA	27.20
6	Finley Pawle	24	LEISTON	27.20
7	Donald Perrin	16	CO NORWICH SC	27.24
8	George Cawley	15	TEAMIPSWICH	27.50

Heat 15 of 18 Prelims

1	Robert James	14	EPPING FOR'T	27.03
2	Olly Meier	16	BIGGLESWADE-EA	26.90
3	Jacob Schultz	15	CO CAMBRIDGE-EA	26.70
4	Mykhailo Vasyliiev	16	BEDFORD SS-EA	26.53
5	Charlie Birdsall	16	CO CAMBRIDGE-EA	26.70
6	Ricards Korotkihs	15	TEAMIPSWICH	26.70
7	Jack Agosti	15	CO CAMBRIDGE-EA	27.00
8	Alistair Sheeran	17	TEAMIPSWICH	27.10

Heat 16 of 18 Prelims

1	Benedict Measures	21	NORWICH SWAN-EA	26.43
2	Isaac Buchan	17	CO NORWICH SC	26.10
3	Lewis Chapman	25	HADLEIGH	25.40
4	Samuel Rose	23	NORWICH SWAN-EA	24.20
5	Ben Every	18	TEAM WAVENEY-EA	24.81
6	Rafi Corliano	16	CO CAMBRIDGE-EA	25.97
7	George Heather	16	CO PETERBORO-EA	26.20
8	Monty Farrar	18	TEAM WAVENEY-EA	26.50

Heat 17 of 18 Prelims

1	James Clay	21	STOWMARKET-EA	26.40
2	Joe Hammond	19	CO NORWICH SC	26.10
3	Ryan Close	18	BEDFORD SS-EA	25.28
4	Jack Abram	21	CO NORWICH SC	24.05
5	Oscar Hunter	17	NORWICH SWAN-EA	24.80
6	Fin Neve	18	CO NORWICH SC	25.91
7	Norbert Kadar	17	CO CAMBRIDGE-EA	26.13
8	Nathan Broadwater	15	TEAMIPSWICH	26.50

Heat 18 of 18 Prelims

1	Henry Cottingham	16	HADLEIGH	26.30
2	Lewis Jarrett	20	CO NORWICH SC	26.09
3	Jake Battle	15	REPTON-ZZ	24.97
4	Luke Tunstall	21	CO PETERBORO-EA	23.60
5	Adam O'Neal	18	BEDFORD SS-EA	24.26
6	Frank Jacob	17	CO CAMBRIDGE-EA	25.68
7	Reggie Britcher	17	THETFORD	26.12
8	Xavier Zerban	15	BIGGLESWADE-EA	26.47

Event 704 Girls 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

2	Matilda Holt	12	CO NORWICH SC	1:48.50
3	Charlotte Sawford	12	CO NORWICH SC	1:47.50
4	Esther Spencer	12	BIGGLESWADE-EA	1:47.10
5	Taliah Ssemwanga	12	GT YARMOUTH	1:47.40
6	Isla Thorpe	12	CO NORWICH SC	1:48.40
7	Georgina Williams	11	REPTON-ZZ	1:49.28

Heat 2 of 13 Prelims

1	Willow Porter	11	TEAMIPSWICH	1:46.50
2	Tessa Cartwright	11	CO NORWICH SC	1:45.10
3	Lilyanna Gilbert	12	CO NORWICH SC	1:44.73
4	Heidi Bell	12	DEBEN-EA	1:43.30
5	Rosa Maguire	11	CO NORWICH SC	1:44.26
6	Lara Patuck	10	CO CAMBRIDGE-EA	1:45.00
7	Ayla Morgan	11	CO NORWICH SC	1:45.10
8	Eva John	11	REPTON-ZZ	1:46.73

Heat 3 of 13 Prelims

1	Freyja Rooke	11	CO NORWICH SC	1:43.00
2	Abi Wilmot	12	STOWMARKET-EA	1:42.00
3	Farida Mohamed	12	CO PETERBORO-EA	1:41.50
4	Harper Bayley	10	REPTON-ZZ	1:40.76
5	Millie Suffling	12	CO NORWICH SC	1:40.90
6	Amy Shi	12	CO CAMBRIDGE-EA	1:41.50
7	Nimi Kopec	11	BEDFORD SS-EA	1:42.29
8	Laila Webb	11	WITHAM DOLPH	1:43.20

Heat 4 of 13 Prelims

1	Sophie Alexander	12	TEAMIPSWICH	1:38.50
2	Lois Alderton-Jode	14	CO NORWICH SC	1:37.10
3	Grace Mann	13	TEAMIPSWICH	1:36.40
4	Evie Mantle	14	CO NORWICH SC	1:35.60
5	Evie Harris-Joy	13	GT YARMOUTH	1:35.70
6	Dolcie Underwood	13	DEREHAM	1:36.70
7	Libby Meale	12	CO NORWICH SC	1:37.33
8	Ariella Burr	12	BIGGLESWADE-EA	1:39.00

Heat 5 of 13 Prelims

1	Imogen Laws	13	CO NORWICH SC	1:34.40
2	Jessica Pouakouyou	13	CO CAMBRIDGE-EA	1:33.60
3	Alexa Linden-Ball	12	CO NORWICH SC	1:32.95
4	Indira Hanmer	13	HASTINGS	1:32.80
5	Tabatha Hems Gillson	12	REPTON-ZZ	1:32.95
6	Isla Cartwright	13	CO NORWICH SC	1:33.33
7	Alisa Berzan	13	REPTON-ZZ	1:34.10
8	Charlize Church	12	CO CAMBRIDGE-EA	1:34.80

Heat 6 of 13 Prelims

1	Lexi Cole	13	CO NORWICH SC	1:31.32
2	Lucie Cooper	16	CO NORWICH SC	1:30.32
3	Eva Peach	14	CO CAMBRIDGE-EA	1:30.00
4	Scarlett Kennedy	14	REPTON-ZZ	1:28.73
5	Eleni Karakoidas	13	CO NORWICH SC	1:29.50
6	Lara Kelly	12	NEW HALL	1:30.29
7	Daisy Templer	13	STOWMARKET-EA	1:30.70
8	Dixie Swales	13	CO CAMBRIDGE-EA	1:31.80

Heat 7 of 13 Prelims

1	Livia Zecchini	13	CO CAMBRIDGE-EA	1:28.00
2	Niamh Venus-Knight	15	WITHAM DOLPH	1:27.60
3	Isabella Bater	14	AMES-SE	1:27.30
4	Anna Johnys	14	TEAMIPSWICH	1:27.10
5	Sara Kelly	15	COLCHESTER	1:27.12
6	Anna Turner	13	CO NORWICH SC	1:27.56
7	Bella Robertson	13	STOWMARKET-EA	1:27.80
8	Fia Burr	15	BIGGLESWADE-EA	1:28.00

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 8 Prelims (#704 Girls 10 & Over 100 LC Meter Breaststroke)

1	Michelle Pouakouyou	15	CO CAMBRIDGE-EA	1:26.90
2	Cassie Bonner	12	EPPING FOR'T	1:26.48
3	Tennessee Ocasio-Milkins	14	REPTON-ZZ	1:26.27
4	Hannah John	13	REPTON-ZZ	1:26.00
5	Imogen Bygrave	16	CO CAMBRIDGE-EA	1:26.09
6	Evie Pryor Reed - Ashton	12	REPTON-ZZ	1:26.38
7	Lena Crisp - S14	13	NORWICH SWAN-EA	1:26.70
8	Jessica Barrett	14	CORBY	1:26.92

Heat 9 of 13 Prelims

1	Annika Mueller	15	CO NORWICH SC	1:25.60
2	Margarida Furtado	14	CO CAMBRIDGE-EA	1:25.30
3	Hermione Harvey	15	NORWICH SWAN-EA	1:24.60
4	Hollie Jenkins	14	AMES-SE	1:23.52
5	Ruby Rowland	17	GT YARMOUTH	1:24.29
6	Amy Brightwell	13	NORWICH SWAN-EA	1:25.12
7	Isla Stockwell	14	CO CAMBRIDGE-EA	1:25.40
8	Niamh McAuley	15	CO NORWICH SC	1:25.90

Heat 10 of 13 Prelims

1	Eliza Jennings	14	BIGGLESWADE-EA	1:22.40
2	Ashleigh Fall	15	CO NORWICH SC	1:21.93
3	Lyla Fello	17	CO NORWICH SC	1:21.20
4	Elija Mickaite	14	CO PETERBORO-EA	1:20.40
5	Caitlin Stockwell	16	CO CAMBRIDGE-EA	1:20.80
6	Amber Ridgeon	21	LEISTON	1:21.60
7	Layla Drake	14	NORWICH SWAN-EA	1:22.23
8	Emily Edwards	14	REPTON-ZZ	1:23.52

Heat 11 of 13 Prelims

1	Athina Smallwood	25	CO NORWICH SC	1:19.30
2	Isla Hamilton	18	NORWICH SWAN-EA	1:17.70
3	Isabel White	17	BIGGLESWADE-EA	1:16.15
4	Jorja Atkinson	15	CO CAMBRIDGE-EA	1:14.10
5	Lilly Davis	19	CO PETERBORO-EA	1:14.84
6	Verity Hamilton	16	NORWICH SWAN-EA	1:16.42
7	Evie Greenhalf	16	CO NORWICH SC	1:18.10
8	Liv Wicks	14	NORWICH SWAN-EA	1:19.90

Heat 12 of 13 Prelims

1	Cerys Wall	14	CO CAMBRIDGE-EA	1:19.10
2	Freya Cox	15	NORWICH SWAN-EA	1:17.30
3	Megan Pye	24	CO NORWICH SC	1:15.60
4	Henrietta Hems Gillson	13	REPTON-ZZ	1:10.50
5	Chloe Butler	22	NORWICH SWAN-EA	1:14.40
6	Isla Stewart	16	CO PETERBORO-EA	1:16.34
7	Alexis Johnson	16	CO PETERBORO-EA	1:18.09
8	Kiera Broad	18	NEWMARKET	1:19.70

Heat 13 of 13 Prelims

1	Jes Sandhu	15	EPPING FOR'T	1:18.23
2	Hanna Dillon	16	BO WALTHAM F-LD	1:17.12
3	Alice Watts	18	CO CAMBRIDGE-EA	1:15.30
4	Amelia Hinchliffe	15	REPTON-ZZ	1:10.50
5	Charlisse Harding	17	NORWICH SWAN-EA	1:14.11
6	Amelia Murphy	19	WITHAM DOLPH	1:16.30
7	Devon O'Neil	16	CO PETERBORO-EA	1:18.03
8	Olivia Pais	14	CO PETERBORO-EA	1:19.30

Event 801 Boys 10 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

3	Noah Clarke	10	GT YARMOUTH	2:59.10
4	Mason Mitchell	10	CO NORWICH SC	2:55.22
5	Oscar Davis	10	STOWMARKET-EA	2:56.70
6	Julian Aldred - S5	16	CO CAMBRIDGE-EA	4:31.63

Heat 2 of 12 Finals

1	Leo Linford-Hazell	11	CO NORWICH SC	2:52.60
2	Finley Lane	12	CO NORWICH SC	2:44.50
3	Milosz Bonkowski	12	CO PETERBORO-EA	2:42.50
4	Jacob Ramsay	12	REPTON-ZZ	2:41.02
5	Josh Lillistone	11	TEAMIPSWICH	2:42.10
6	Theo Rawnsley	11	HARPENDEN	2:42.70
7	Charlie Jones	12	GT YARMOUTH	2:45.38
8	Tom Levell	11	NEWMARKET	2:53.18

Heat 3 of 12 Finals

1	Max Battle	12	DEBEN-EA	2:39.80
2	Benjamin Ashford	13	CO NORWICH SC	2:35.30
3	Charlie Searle	12	CO NORWICH SC	2:34.89
4	Addison Willis	12	REPTON-ZZ	2:33.78
5	Max Fello	13	CO NORWICH SC	2:34.25
6	Adam Balazs	14	CO PETERBORO-EA	2:35.30
7	Edward Wilson	12	CO NORWICH SC	2:37.63
8	Harry Larham	11	CO PETERBORO-EA	2:39.90

Heat 4 of 12 Finals

1	Jack Alexander	12	TEAMIPSWICH	2:33.50
2	Tyler Dean	13	HARWICH DP	2:32.02
3	Casper Whittaker	14	BIGGLESWADE-EA	2:29.94
4	Kuba Kopec	13	BEDFORD SS-EA	2:28.32
5	Samuel Fallahnia	13	EPPING FOR'T	2:28.74
6	Bradley Forder	13	CO NORWICH SC	2:30.88
7	Lev Shcherba	12	REPTON-ZZ	2:32.74
8	Marcel Finta	12	BEDFORD SS-EA	2:33.76

Heat 5 of 12 Finals

1	Ethan Bailey	14	CO NORWICH SC	2:25.53
2	Tommy Duff	13	REPTON-ZZ	2:24.92
3	James Jones	14	CO NORWICH SC	2:24.01
4	Frank Shiells	15	BIGGLESWADE-EA	2:22.10
5	Harrison Burridge	13	CO CAMBRIDGE-EA	2:22.10
6	Christopher Engle	14	TEAMIPSWICH	2:24.30
7	Oliver Shergold - S9	28	DEBEN-EA	2:25.00
8	Andrei Chertes	14	CO PETERBORO-EA	2:26.30

Heat 6 of 12 Finals

1	Henry Taylor	16	BIGGLESWADE-EA	2:20.40
2	Mykhailo Vasyliev	16	BEDFORD SS-EA	2:19.86
3	Alfie Larham	14	CO PETERBORO-EA	2:17.70
4	Jacob Ure	14	CO PETERBORO-EA	2:16.80
5	Harry George	16	HATFIELD	2:17.10
6	Lawrence Taylor	14	CO NORWICH SC	2:19.21
7	Henry Chaloner	14	BIGGLESWADE-EA	2:20.10
8	Ben Cameron-Waller	14	CO PETERBORO-EA	2:21.50

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 7 Finals (#801 Boys 10 & Over 200 LC Meter Freestyle)

1	James O'Toole	15	CO NORWICH SC	2:16.30
2	Joseph Cox	13	REPTON-ZZ	2:16.15
3	Riccardo Di Maria	14	CO NORWICH SC	2:16.10
4	Aaron Rawnsley	14	HARPENDEN	2:15.60
5	Thomas Mutton	13	DEBEN-EA	2:15.90
6	Saul Edwards	16	BEDFORD SS-EA	2:16.10
7	Michael Sayer	15	CO NORWICH SC	2:16.30
8	Attila Mozes	16	DEBEN-EA	2:16.60

Heat 8 of 12 Finals

1	Toby Anderson	14	CO NORWICH SC	2:15.40
2	Ashton Hunter	14	CO PETERBORO-EA	2:14.20
3	Jesse Knight	13	LEISTON	2:13.40
4	Noah Buchan	15	CO NORWICH SC	2:12.00
5	Heath Harrison	15	STOWMARKET-EA	2:12.00
6	Percy Goldstone	16	WOODHAM F SC	2:14.13
7	Joseph Emms	15	BIGGLESWADE-EA	2:14.80
8	Santi Fletcher	16	CO CAMBRIDGE-EA	2:15.50

Heat 9 of 12 Finals

1	Otto Wathen	16	CO NORWICH SC	2:11.80
2	Jake Maguire	15	CO NORWICH SC	2:11.50
3	Joshua O'Donnell	15	WANDSWORTH	2:09.60
4	Liam Bautista	17	EPPING FOR'T	2:08.40
5	Alistair Sheeran	17	TEAMIPSWICH	2:08.60
6	Ruslan Shiraz	14	BO WALTHAM F-LD	2:10.57
7	Benjamin Piscopo	13	CO PETERBORO-EA	2:11.80
8	Corey Hare - S14	20	DEBEN-EA	2:11.93

Heat 10 of 12 Finals

1	Archie Harris-Joy	16	GT YARMOUTH	2:06.90
2	Charlie Rehus	17	CO PETERBORO-EA	2:06.42
3	Isaac Buchan	17	CO NORWICH SC	2:06.40
4	Olly Meier	16	BIGGLESWADE-EA	2:05.70
5	Monty Farrar	18	TEAM WAVENEY-EA	2:06.30
6	Hugo Arthey	17	DEBEN-EA	2:06.40
7	Jack Agosti	15	CO CAMBRIDGE-EA	2:06.50
8	Nathan Broadwater	15	TEAMIPSWICH	2:08.20

Heat 11 of 12 Finals

1	Jacob Schultz	15	CO CAMBRIDGE-EA	2:05.49
2	Daniel Meier	19	BIGGLESWADE-EA	2:05.40
3	Oliver Fuller	16	CO CAMBRIDGE-EA	2:04.00
4	Xavier Zerban	15	BIGGLESWADE-EA	2:03.49
5	Ethan Wallis	16	NORWICH SWAN-EA	2:03.50
6	Norbert Kadar	17	CO CAMBRIDGE-EA	2:05.30
7	Ryan Close	18	BEDFORD SS-EA	2:05.49
8	Charlie Birdsall	16	CO CAMBRIDGE-EA	2:05.50

Heat 12 of 12 Finals

1	Lewis Jarrett	20	CO NORWICH SC	2:02.40
2	Ethan Knights	15	TEAMIPSWICH	2:01.20
3	Adam O'Neal	18	BEDFORD SS-EA	1:58.23
4	Samuel Rose	23	NORWICH SWAN-EA	1:55.50
5	Oscar Hunter	17	NORWICH SWAN-EA	1:56.40
6	Kian Lee	18	CO PETERBORO-EA	2:00.94
7	Corey Owens	16	STOCKPORT MO	2:02.30
8	Frank Jacob	17	CO CAMBRIDGE-EA	2:02.53

Event 802 Girls 10 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

3	Lara Patuck	10	CO CAMBRIDGE-EA	47.10
4	Rosa Maguire	11	CO NORWICH SC	46.00
5	Tessa Cartwright	11	CO NORWICH SC	46.26

Heat 2 of 14 Prelims

1	Ariella Burr	12	BIGGLESWADE-EA	44.90
2	Lilyanna Gilbert	12	CO NORWICH SC	44.38
3	Emma Lindsey	11	FELIXSTOWE	44.30
4	Nimi Kopec	11	BEDFORD SS-EA	44.20
5	Abi Wilmot	12	STOWMARKET-EA	44.20
6	Esther Spencer	12	BIGGLESWADE-EA	44.30
7	Matilda Holt	12	CO NORWICH SC	44.41
8	Charlotte Sawford	12	CO NORWICH SC	45.37

Heat 3 of 14 Prelims

1	Emily Emms	12	BIGGLESWADE-EA	43.54
2	Elizabeth Norburn	11	CO NORWICH SC	43.10
3	Laila Webb	11	WITHAM DOLPH	42.80
4	Millie Suffling	12	CO NORWICH SC	42.50
5	Charlotte Malachowski	11	CO NORWICH SC	42.54
6	Rosie Hazelton	12	HARWICH DP	43.00
7	Taliah Ssemwanga	12	GT YARMOUTH	43.30
8	Georgina Williams	11	REPTON-ZZ	43.66

Heat 4 of 14 Prelims

1	Harper Bayley	10	REPTON-ZZ	42.21
2	Lexie Parker	12	CO NORWICH SC	41.77
3	Farida Mohamed	12	CO PETERBORO-EA	41.40
4	Freyja Rooke	11	CO NORWICH SC	41.23
5	Holly Cartwright	11	CO NORWICH SC	41.28
6	Sophia Solley	11	REPTON-ZZ	41.64
7	Isla Thorpe	12	CO NORWICH SC	41.90
8	Florrie Larcombe	11	CO NORWICH SC	42.38

Heat 5 of 14 Prelims

1	Eva John	11	REPTON-ZZ	40.59
2	Maisie Liang	14	CO CAMBRIDGE-EA	39.40
3	Eleni Karakoidas	13	CO NORWICH SC	38.70
4	Lexi Cole	13	CO NORWICH SC	38.50
5	Charlotte Burge	14	CO PETERBORO-EA	38.60
6	Hollie Smith	12	CO PETERBORO-EA	39.20
7	Lara Kelly	12	NEW HALL	39.43
8	Marnie Mitchell	11	CO NORWICH SC	41.13

Heat 6 of 14 Prelims

1	Anna Turner	13	CO NORWICH SC	38.40
2	Isla Cartwright	13	CO NORWICH SC	37.94
3	Olivia Pye	11	ROYSTON	37.90
4	Grace O'Loane	14	CO NORWICH SC	37.70
5	Ella O'Sullivan	13	CO NORWICH SC	37.70
6	Dotty Thorby	13	CO NORWICH SC	37.91
7	Charlize Church	12	CO CAMBRIDGE-EA	38.30
8	Evie Mantle	14	CO NORWICH SC	38.50

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 7 Prelims (#802 Girls 10 & Over 50 LC Meter Backstroke)

1	Immy Coote	12	CO CAMBRIDGE-EA	37.40
2	Alisa Berzan	13	REPTON-ZZ	36.84
3	Florence Whittaker	16	BIGGLESWADE-EA	36.70
4	Hannah Smith	16	FELIXSTOWE	36.60
5	Starr Nichols	16	GT YARMOUTH	36.60
6	Niamh Venus-Knight	15	WITHAM DOLPH	36.70
7	Rowena Zecchini	13	CO CAMBRIDGE-EA	37.20
8	Nancy Corke	12	CO NORWICH SC	37.60

Heat 8 of 14 Prelims

1	Grace Mann	13	TEAMIPSWICH	36.40
2	Bella Robertson	13	STOWMARKET-EA	36.30
3	Catherine Mitchell	15	CO NORWICH SC	36.10
4	Devon O'Neil	16	CO PETERBORO-EA	35.69
5	Isabelle Patterson	15	CO NORWICH SC	35.70
6	Dixie Swales	13	CO CAMBRIDGE-EA	36.10
7	Cassie Bonner	12	EPPING FOR'T	36.31
8	Leila Kokas	11	CO PETERBORO-EA	36.60

Heat 9 of 14 Prelims

1	Evie Pryor Reed - Ashton	12	REPTON-ZZ	35.45
2	Grace Parker	14	CO NORWICH SC	35.40
3	Sara Kelly	15	COLCHESTER	35.35
4	Isla Moran	14	REPTON-ZZ	35.15
5	Paige Moncrieff	13	HERNE BAY	35.29
6	Anna Johnys	14	TEAMIPSWICH	35.40
7	Kallie Weaver	15	STANWAY	35.44
8	Ellen Akerstone	13	CO NORWICH SC	35.50

Heat 10 of 14 Prelims

1	Elizabeth Gore	15	EPPING FOR'T	35.00
2	Ellie Wan	12	REPTON-ZZ	34.87
3	Layla Callaby	14	NORFOLK VIKG-ZZ	34.50
4	Jana Mohamed	17	CO PETERBORO-EA	34.06
5	Lyra Schultz	13	CO CAMBRIDGE-EA	34.10
6	Sophia Aziz	14	CO PETERBORO-EA	34.80
7	Hilary Drewry	14	CO NORWICH SC	34.90
8	Amelie Harrison	17	STOWMARKET-EA	35.10

Heat 11 of 14 Prelims

1	Ruby Oxborough	15	GT YARMOUTH	34.00
2	Olivia Butlin	15	CO NORWICH SC	33.88
3	Elizabeth Pert	16	NORWICH SWAN-EA	33.60
4	Honor Hanmer	14	REPTON-ZZ	33.01
5	Senudi Ratnayake	15	NORWICH SWAN-EA	33.50
6	Cerys Wall	14	CO CAMBRIDGE-EA	33.70
7	Anudi Ratnayake	15	NORWICH SWAN-EA	33.90
8	Matilda Stokes	15	CO PETERBORO-EA	34.00

Heat 12 of 14 Prelims

1	Elija Mickaite	14	CO PETERBORO-EA	32.90
2	Isla Stockwell	14	CO CAMBRIDGE-EA	32.60
3	Amy Meyer	17	BIGGLESWADE-EA	31.60
4	Chloe Armstrong	19	TEAMIPSWICH	30.60
5	Emily Pitcher	18	NORWICH SWAN-EA	30.90
6	Lexi Hurley	16	CO CAMBRIDGE-EA	31.80
7	Summer Woodside	13	CO PETERBORO-EA	32.80
8	Isabella Bryan	16	TEAMIPSWICH	33.00

Heat 13 of 14 Prelims

1	Caitlin Stockwell	16	CO CAMBRIDGE-EA	32.90
2	Mia Nelson	15	CHESHUNT	32.00
3	Matilda Sharpe	14	CO NORWICH SC	31.10
4	Abi Davis	16	BEDFORD SS-EA	30.39
5	Megan Pye	24	CO NORWICH SC	30.70
6	Alice Watts	18	CO CAMBRIDGE-EA	31.70
7	Indie Horton	14	TEAM WAVENEY-EA	32.60
8	Annika Mueller	15	CO NORWICH SC	33.00

Heat 14 of 14 Prelims

1	Imogen Bygrave	16	CO CAMBRIDGE-EA	32.90
2	Gabriella Meyer	17	WITHAM DOLPH	32.00
3	Kat Di Maria	18	CO NORWICH SC	31.10
4	Henrietta Hems Gillson	13	REPTON-ZZ	29.67
5	Tia Sammut	15	BEDFORD SS-EA	30.65
6	Anouk Zecchini	20	CO CAMBRIDGE-EA	31.70
7	Alice Robinson	17	CO CAMBRIDGE-EA	32.60
8	Emilia Butt	14	DEBEN-EA	32.90

Event 803 Boys 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

3	Jude Butcher	11	GT YARMOUTH	1:46.37
4	Tom Levell	11	NEWMARKET	1:44.57
5	Oscar Davis	10	STOWMARKET-EA	1:45.20

Heat 2 of 9 Prelims

1	Daniel Cotton	11	REPTON-ZZ	1:43.73
2	Edward Wilson	12	CO NORWICH SC	1:39.45
3	Tyler McLaughlin-Bell	12	NEWMARKET	1:36.94
4	Lev Shcherba	12	REPTON-ZZ	1:34.98
5	Billy Maguire	11	CO NORWICH SC	1:35.40
6	Liam Coscoran	11	HADLEIGH	1:38.60
7	Logan Chambers	11	CO NORWICH SC	1:42.46

Heat 3 of 9 Prelims

1	Ethan Harris	12	REPTON-ZZ	1:32.77
2	Felix Fazakerley	13	CO CAMBRIDGE-EA	1:28.60
3	Romeo Padabed Gjeci	15	CO PETERBORO-EA	1:28.50
4	Sebastian Collier	15	NEWMARKET	1:28.08
5	Tommy Duff	13	REPTON-ZZ	1:28.10
6	Krzysztof Splawiec	14	TEAMIPSWICH	1:28.50
7	Oliver Liang	14	WITHAM DOLPH	1:32.20
8	Jacob Ramsay	12	REPTON-ZZ	1:32.94

Heat 4 of 9 Prelims

1	Frank Shiells	15	BIGGLESWADE-EA	1:27.70
2	Reuben Seaman	14	CO NORWICH SC	1:27.20
3	Jack Hughes	13	REPTON-ZZ	1:25.92
4	Jack Hibbin	15	CO NORWICH SC	1:24.80
5	Lawrence Taylor	14	CO NORWICH SC	1:25.81
6	Addison Willis	12	REPTON-ZZ	1:27.14
7	Thomas Chapman	16	CO NORWICH SC	1:27.52
8	Oscar Reynolds	14	TEAMIPSWICH	1:27.90

2026 CONSC Easter Meet 1ER26TBC - 03/04/2026 to 05/04/2026

Meet Program

Heat 5 Prelims (#803 Boys 10 & Over 100 LC Meter Breaststroke)

1	Jude Baldock	12	BO WALTHAM F-LD	1:24.54
2	Harry Arnold-Pepper - S9	18	CO CAMBRIDGE-EA	1:22.50
3	Zachary Piscopo	15	CO PETERBORO-EA	1:20.90
4	Corey Hare - S14	20	DEBEN-EA	1:20.00
5	Oscar Langston	14	BO WALTHAM F-LD	1:20.47
6	Arthur Corke	15	CO NORWICH SC	1:22.40
7	Logan Smith	15	DEREHAM	1:23.28
8	Yiqian Zhao	14	CO CAMBRIDGE-EA	1:24.60

Heat 6 of 9 Prelims

1	Henry Taylor	16	BIGGLESWADE-EA	1:18.60
2	Joshua Meyer	16	WITHAM DOLPH	1:16.80
3	Miles Copping	14	CO CAMBRIDGE-EA	1:16.40
4	George Pike	16	CO NORWICH SC	1:15.39
5	Joshua O'Donnell	15	WANDSWORTH	1:15.50
6	George Cawley	15	TEAMIPSWICH	1:16.70
7	Richard Levell	16	NEWMARKET	1:17.05
8	Alexander Belnikoff	16	EPPING FOR'T	1:19.21

Heat 7 of 9 Prelims

1	Ruslan Shiraz	14	BO WALTHAM F-LD	1:13.57
2	Oliver Shayle	16	CO CAMBRIDGE-EA	1:12.70
3	Finlay German	17	CO CAMBRIDGE-EA	1:11.30
4	Harvey Durham	18	CO NORWICH SC	1:09.20
5	Rafi Corliano	16	CO CAMBRIDGE-EA	1:10.60
6	Jake Battle	15	REPTON-ZZ	1:11.67
7	James Clay	21	STOWMARKET-EA	1:13.10
8	Finley Pawle	24	LEISTON	1:14.30

Heat 8 of 9 Prelims

1	Robert James	14	EPPING FOR'T	1:13.53
2	Seb Reynolds	18	TEAMIPSWICH	1:12.60
3	Henry Mann	18	NORWICH SWAN-EA	1:10.90
4	Lucius White	16	GT YARMOUTH	1:08.52
5	Kieran Ng	16	CO PETERBORO-EA	1:10.58
6	Albie Campbell	17	BO WALTHAM F-LD	1:11.45
7	Noah Bielby	16	CO PETERBORO-EA	1:12.88
8	Janos Csepely	15	TEAMIPSWICH	1:14.10

Heat 9 of 9 Prelims

1	George Heather	16	CO PETERBORO-EA	1:13.33
2	Josh Reed	15	CO NORWICH SC	1:12.02
3	Oliver Fuller	16	CO CAMBRIDGE-EA	1:10.90
4	Charlie Ruddell	17	TEAMIPSWICH	1:06.70
5	Ben Every	18	TEAM WAVENEY-EA	1:09.30
6	Matthew Debenham	22	STOWMARKET-EA	1:11.40
7	George Little	18	BEDFORD SS-EA	1:12.80
8	Kameron Baker	15	CO PETERBORO-EA	1:13.86

Event 804 Girls 10 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

3	Tabatha Hems Gillson	12	REPTON-ZZ	6:23.40
4	Isobel Delderfield	12	CO LINCOLN P	6:14.50
5	Leila Kokas	11	CO PETERBORO-EA	6:16.50

Heat 2 of 5 Finals

1	Scarlett Omand	13	CHESHUNT	6:08.60
2	Henrietta Hems Gillson	13	REPTON-ZZ	6:06.20
3	Isla Tate	13	CO PETERBORO-EA	6:01.90
4	Cassie Bonner	12	EPPING FOR'T	5:56.43
5	Evie Pryor Reed - Ashton	12	REPTON-ZZ	5:58.23
6	Eleni Karakoidas	13	CO NORWICH SC	6:02.90
7	Hannah Junor	14	REPTON-ZZ	6:07.90
8	Hannah John	13	REPTON-ZZ	6:10.18

Heat 3 of 5 Finals

1	Bella Robertson	13	STOWMARKET-EA	5:54.70
2	Scarlett Kennedy	14	REPTON-ZZ	5:47.69
3	Florence Whittaker	16	BIGGLESWADE-EA	5:39.40
4	Cerys Wall	14	CO CAMBRIDGE-EA	5:33.40
5	Liv Wicks	14	NORWICH SWAN-EA	5:37.30
6	Tina Sinapova	14	CO NORWICH SC	5:47.60
7	Margarida Furtado	14	CO CAMBRIDGE-EA	5:54.70
8	Imogen Lums	13	CO NORWICH SC	5:55.30

Heat 4 of 5 Finals

1	Caitlin Stockwell	16	CO CAMBRIDGE-EA	5:30.60
2	Megan Barnicoat	15	CO PETERBORO-EA	5:28.14
3	Mia Nelson	15	CHESHUNT	5:24.10
4	Bethany Crawley	18	TEAMIPSWICH	5:20.50
5	Evie Greenhalf	16	CO NORWICH SC	5:24.00
6	Eliza Jennings	14	BIGGLESWADE-EA	5:25.60
7	Ayla Zolfaghari	15	EPPING FOR'T	5:30.60
8	Elija Mickaite	14	CO PETERBORO-EA	5:33.20

Heat 5 of 5 Finals

1	Isla Stewart	16	CO PETERBORO-EA	5:18.55
2	Amelia Porzio	18	PUTTERIDGE-ZZ	5:15.30
3	Lilly Davis	19	CO PETERBORO-EA	5:08.52
4	Chloe Butler	22	NORWICH SWAN-EA	5:05.40
5	Sadie Hunter	18	CO PETERBORO-EA	5:08.03
6	Isabella Porzio	22	PUTTERIDGE-ZZ	5:14.50
7	Amelia Saunders	18	NORWICH SWAN-EA	5:15.35
8	Summer Smith	15	BASILDON PH	5:18.61