

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

CITY OF NORWICH SWIMMING CLUB

1 George Abram - Male - Age: 11 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:32.73	6/4	#307 Boys 9&0 400 Free	5:36.83	3/7
#404 Boys 9&0 100 Free	1:12.34	7/2	#406 Boys 9&0 50 Fly	39.18	5/7

2 Lola Abram - Female - Age: 14 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:31.50	10/3	#306 Girls 9&0 50 Breast	42.90	13/8
#403 Girls 9&0 100 Fly	1:23.37	5/7	#405 Girls 9&0 50 Free	32.28	15/2

3 Ellen Akerstone - Female - Age: 12 - Ind/Rel: 9 / 0

#103 Girls 9&0 200 Fly	3:16.48	2/3	#105 Girls 9&0 50 Back	35.50	15/2
#202 Girls 9&0 200 Back	2:44.40	6/7	#206 Girls 9&0 50 Fly	36.04	13/7
#302 Girls 9&0 200 Free	2:38.50	9/7	#304 Girls 9&0 100 Back	1:17.06	12/6
#401 Girls 9&0 200 IM	2:55.60	8/4	#403 Girls 9&0 100 Fly	1:19.03	5/4
#405 Girls 9&0 50 Free	33.40	13/3			

4 Lois Alderton-Jode - Female - Age: 13 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	35.40	15/5	#107 Girls 9&0 400 Free	5:02.00	6/2
#202 Girls 9&0 200 Back	2:41.70	6/5	#204 Girls 9&0 100 Free	1:07.55	16/4
#302 Girls 9&0 200 Free	2:25.00	12/5	#304 Girls 9&0 100 Back	1:15.70	13/7
#405 Girls 9&0 50 Free	31.09	17/5			

5 Sophie Alderton-Jode - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:10.00	3/2	#105 Girls 9&0 50 Back	48.20	4/7
#204 Girls 9&0 100 Free	1:42.50	2/5	#206 Girls 9&0 50 Fly	50.80	3/5
#302 Girls 9&0 200 Free	3:40.00	2/3	#306 Girls 9&0 50 Breast	54.30	4/4
#401 Girls 9&0 200 IM	NT	1/8	#405 Girls 9&0 50 Free	38.40	5/4

6 Ammar Alfiky - Male - Age: 11 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:52.30	4/3	#104 Boys 9&0 100 Back	1:28.19	5/5
#203 Boys 9&0 100 Fly	1:42.03	2/1	#205 Boys 9&0 50 Free	36.15	5/3
#303 Boys 9&0 200 Fly	3:45.60	1/3	#305 Boys 9&0 50 Back	41.30	5/4
#307 Boys 9&0 400 Free	6:05.40	2/1	#402 Boys 9&0 200 Back	3:00.00	3/1
#404 Boys 9&0 100 Free	1:20.34	5/2	#406 Boys 9&0 50 Fly	44.00	3/5

7 Elliott Allen - Male - Age: 9 - Ind/Rel: 10 / 0

#104 Boys 9&0 100 Back	1:35.00	4/2	#106 Boys 9&0 50 Breast	50.46	5/2
#201 Boys 9&0 200 IM	3:25.33	2/4	#203 Boys 9&0 100 Fly	1:37.00	2/2
#205 Boys 9&0 50 Free	37.63	4/6	#301 Boys 9&0 100 Breast	1:49.84	4/1
#305 Boys 9&0 50 Back	42.60	4/4	#402 Boys 9&0 200 Back	3:21.80	2/2
#404 Boys 9&0 100 Free	1:27.75	3/3	#406 Boys 9&0 50 Fly	41.06	4/2

8 Pola Allison - Female - Age: 17 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:33.90	12/2	#204 Girls 9&0 100 Free	1:13.60	12/4
#206 Girls 9&0 50 Fly	49.00	4/3	#302 Girls 9&0 200 Free	2:50.39	7/2
#306 Girls 9&0 50 Breast	42.70	13/2	#401 Girls 9&0 200 IM	3:35.00	2/4
#405 Girls 9&0 50 Free	32.40	15/1			

9 Mila Alves - Female - Age: 9 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	2:38.80	1/6	#105 Girls 9&0 50 Back	53.20	2/7
#202 Girls 9&0 200 Back	3:59.50	1/2	#204 Girls 9&0 100 Free	1:43.00	2/3
#206 Girls 9&0 50 Fly	54.70	2/3	#302 Girls 9&0 200 Free	3:45.70	2/7
#304 Girls 9&0 100 Back	1:55.40	2/1	#306 Girls 9&0 50 Breast	1:03.90	2/6
#401 Girls 9&0 200 IM	4:16.90	1/3	#405 Girls 9&0 50 Free	46.30	2/8

10 Tristan Alzani - Male - Age: 10 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	2:41.00	1/7	#305 Boys 9&0 50 Back	53.70	1/4
#404 Boys 9&0 100 Free	1:47.10	2/8	#406 Boys 9&0 50 Fly	57.50	1/3

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11 Dayna Arbon - Female - Age: 19 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:25.10	14/6	#105 Girls 9&0 50 Back	32.70	17/5
#202 Girls 9&0 200 Back	2:35.70	7/2	#204 Girls 9&0 100 Free	1:04.60	19/7
#302 Girls 9&0 200 Free	2:19.20	13/6	#304 Girls 9&0 100 Back	1:10.80	14/5
#306 Girls 9&0 50 Breast	39.00	15/4	#401 Girls 9&0 200 IM	2:40.40	10/6
#405 Girls 9&0 50 Free	29.40	20/2			

12 Ethan Bailey - Male - Age: 13 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:27.10	7/3	#106 Boys 9&0 50 Breast	40.90	9/4
#205 Boys 9&0 50 Free	29.81	11/4	#207 Boys 9&0 200 Breast	3:03.40	6/6
#301 Boys 9&0 100 Breast	1:26.70	7/3	#305 Boys 9&0 50 Back	36.80	8/6
#404 Boys 9&0 100 Free	1:06.54	9/3	#406 Boys 9&0 50 Fly	32.24	9/1

13 Ekin Banford - Male - Age: 12 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:24.41	6/7	#106 Boys 9&0 50 Breast	44.86	7/5
#205 Boys 9&0 50 Free	32.27	9/7	#305 Boys 9&0 50 Back	38.26	7/6
#307 Boys 9&0 400 Free	5:42.43	3/8	#404 Boys 9&0 100 Free	1:12.57	7/1
#406 Boys 9&0 50 Fly	39.20	5/1			

14 Saffron Binson - Female - Age: 16 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:18.80	10/8	#206 Girls 9&0 50 Fly	43.40	7/3
#405 Girls 9&0 50 Free	35.50	10/8			

15 Nathan Bould - Male - Age: 10 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:35.40	2/1	#104 Boys 9&0 100 Back	1:39.11	3/6
#106 Boys 9&0 50 Breast	1:02.10	2/3	#201 Boys 9&0 200 IM	3:50.00	2/1
#205 Boys 9&0 50 Free	39.64	3/5	#301 Boys 9&0 100 Breast	2:15.70	1/4
#305 Boys 9&0 50 Back	46.42	3/6	#404 Boys 9&0 100 Free	1:34.80	2/5
#406 Boys 9&0 50 Fly	47.12	2/6			

16 Freya Brigham - Female - Age: 10 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	2:30.00	1/3	#105 Girls 9&0 50 Back	56.30	1/6
#204 Girls 9&0 100 Free	1:40.10	3/7	#206 Girls 9&0 50 Fly	1:10.00	1/3
#304 Girls 9&0 100 Back	2:06.00	1/2	#306 Girls 9&0 50 Breast	1:09.00	1/4

17 Logan Chambers - Male - Age: 10 - Ind/Rel: 10 / 0

#104 Boys 9&0 100 Back	1:29.76	5/2	#106 Boys 9&0 50 Breast	47.50	6/5
#201 Boys 9&0 200 IM	3:17.54	3/3	#205 Boys 9&0 50 Free	35.34	6/7
#207 Boys 9&0 200 Breast	3:40.00	3/6	#301 Boys 9&0 100 Breast	1:44.40	4/2
#305 Boys 9&0 50 Back	41.30	5/5	#402 Boys 9&0 200 Back	3:08.23	2/3
#404 Boys 9&0 100 Free	1:19.50	5/6	#406 Boys 9&0 50 Fly	41.20	4/7

18 Lexi Cole - Female - Age: 12 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:32.30	13/8	#105 Girls 9&0 50 Back	38.50	11/5
#204 Girls 9&0 100 Free	1:10.40	15/7	#206 Girls 9&0 50 Fly	35.65	13/2
#306 Girls 9&0 50 Breast	42.29	13/5	#401 Girls 9&0 200 IM	2:56.00	8/5
#405 Girls 9&0 50 Free	32.49	15/8			

19 Grace Cook - Female - Age: 17 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	34.30	16/4	#107 Girls 9&0 400 Free	4:52.40	6/4
#204 Girls 9&0 100 Free	1:06.80	17/5	#206 Girls 9&0 50 Fly	33.03	15/3
#302 Girls 9&0 200 Free	2:20.80	13/7	#304 Girls 9&0 100 Back	1:20.40	10/3
#403 Girls 9&0 100 Fly	1:17.20	6/2	#405 Girls 9&0 50 Free	30.34	19/8

20 Arthur Corke - Male - Age: 14 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:31.40	7/1	#104 Boys 9&0 100 Back	1:21.20	6/3
#106 Boys 9&0 50 Breast	39.01	10/3	#205 Boys 9&0 50 Free	32.40	9/1
#207 Boys 9&0 200 Breast	3:03.30	6/3	#301 Boys 9&0 100 Breast	1:24.19	8/2
#305 Boys 9&0 50 Back	38.26	7/2	#402 Boys 9&0 200 Back	2:53.00	3/5
#404 Boys 9&0 100 Free	1:09.10	8/6			

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21 Stefi Detelinova - Female - Age: 10 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:59.90	4/6	#105 Girls 9&0 50 Back	46.50	5/8
#204 Girls 9&0 100 Free	1:31.64	4/5	#206 Girls 9&0 50 Fly	47.49	5/1
#302 Girls 9&0 200 Free	3:17.80	3/3	#304 Girls 9&0 100 Back	1:36.66	4/3
#306 Girls 9&0 50 Breast	58.90	3/3	#401 Girls 9&0 200 IM	3:43.75	2/6
#405 Girls 9&0 50 Free	41.30	4/1	#407 Girls 9&0 200 Breast	4:27.10	2/8

22 Gladys Drewry - Female - Age: 9 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	50.70	3/8	#202 Girls 9&0 200 Back	3:51.40	1/3
#204 Girls 9&0 100 Free	1:46.90	2/2	#304 Girls 9&0 100 Back	1:55.80	2/8
#306 Girls 9&0 50 Breast	1:07.00	2/7	#405 Girls 9&0 50 Free	44.50	2/2

23 Hilary Drewry - Female - Age: 14 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:30.70	10/4	#306 Girls 9&0 50 Breast	41.77	14/8
#403 Girls 9&0 100 Fly	1:18.16	6/7	#405 Girls 9&0 50 Free	30.70	18/2

24 Summer Endicott - Female - Age: 17 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	34.40	16/6	#202 Girls 9&0 200 Back	2:35.90	7/7
#206 Girls 9&0 50 Fly	35.10	13/4	#302 Girls 9&0 200 Free	2:26.20	12/7
#304 Girls 9&0 100 Back	1:14.20	14/8	#405 Girls 9&0 50 Free	30.73	18/7

25 Chloe Farrington S15 - Female - Age: 15 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	2:00.80	4/2	#105 Girls 9&0 50 Back	37.60	13/2
#204 Girls 9&0 100 Free	1:12.20	14/1	#206 Girls 9&0 50 Fly	36.36	12/4
#304 Girls 9&0 100 Back	1:20.10	10/4	#306 Girls 9&0 50 Breast	49.30	7/2
#401 Girls 9&0 200 IM	3:08.10	6/5	#403 Girls 9&0 100 Fly	1:24.61	4/5
#405 Girls 9&0 50 Free	34.10	12/2			

26 Felix Faustino-Kemp - Male - Age: 10 - Ind/Rel: 10 / 0

#104 Boys 9&0 100 Back	1:44.59	2/5	#106 Boys 9&0 50 Breast	58.20	3/4
#201 Boys 9&0 200 IM	3:44.17	2/6	#205 Boys 9&0 50 Free	39.70	3/3
#207 Boys 9&0 200 Breast	4:16.28	2/2	#301 Boys 9&0 100 Breast	2:01.95	3/8
#305 Boys 9&0 50 Back	46.91	3/1	#402 Boys 9&0 200 Back	3:37.70	2/8
#404 Boys 9&0 100 Free	1:28.81	3/6	#406 Boys 9&0 50 Fly	46.38	2/5

27 Lyla Fello - Female - Age: 16 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:21.20	14/5	#105 Girls 9&0 50 Back	33.60	17/7
#204 Girls 9&0 100 Free	1:03.97	19/3	#302 Girls 9&0 200 Free	2:18.00	13/5
#306 Girls 9&0 50 Breast	37.19	16/6	#405 Girls 9&0 50 Free	29.40	20/7

28 Max Fello - Male - Age: 12 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:34.40	6/6	#104 Boys 9&0 100 Back	1:18.60	7/2
#201 Boys 9&0 200 IM	2:57.40	5/3	#203 Boys 9&0 100 Fly	1:24.30	3/6
#207 Boys 9&0 200 Breast	3:29.00	4/2	#305 Boys 9&0 50 Back	37.30	8/7
#307 Boys 9&0 400 Free	5:24.10	3/3	#402 Boys 9&0 200 Back	2:46.82	4/1
#406 Boys 9&0 50 Fly	37.40	6/1	#408 Boys 10&0 400 IM	6:23.30	1/4

29 Bradley Forder - Male - Age: 12 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:32.50	6/4	#104 Boys 9&0 100 Back	1:17.40	7/5
#106 Boys 9&0 50 Breast	45.40	7/6	#201 Boys 9&0 200 IM	3:08.00	4/6
#205 Boys 9&0 50 Free	30.81	10/5	#301 Boys 9&0 100 Breast	1:36.00	6/8
#305 Boys 9&0 50 Back	35.23	9/7	#307 Boys 9&0 400 Free	6:25.98	1/3
#404 Boys 9&0 100 Free	1:09.37	8/2	#406 Boys 9&0 50 Fly	34.97	8/8

30 Elsa French - Female - Age: 13 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:39.30	9/5	#105 Girls 9&0 50 Back	40.40	10/3
#107 Girls 9&0 400 Free	5:55.10	4/8	#204 Girls 9&0 100 Free	1:17.40	10/5
#206 Girls 9&0 50 Fly	42.80	8/8	#302 Girls 9&0 200 Free	2:48.20	7/4
#304 Girls 9&0 100 Back	1:28.80	8/8	#306 Girls 9&0 50 Breast	45.10	10/3
#405 Girls 9&0 50 Free	35.10	10/2	#407 Girls 9&0 200 Breast	3:27.00	6/7

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31 Freya French - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:52.89	5/5	#105 Girls 9&0 50 Back	47.90	4/2
#204 Girls 9&0 100 Free	1:35.10	3/4	#206 Girls 9&0 50 Fly	50.20	3/4
#302 Girls 9&0 200 Free	3:18.40	3/6	#304 Girls 9&0 100 Back	1:47.80	3/8
#306 Girls 9&0 50 Breast	51.20	6/7	#405 Girls 9&0 50 Free	39.50	5/7
#407 Girls 9&0 200 Breast	4:02.50	2/6			

32 Arhane Gaska - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:40.40	9/7	#105 Girls 9&0 50 Back	43.00	8/8
#204 Girls 9&0 100 Free	1:21.10	8/5	#206 Girls 9&0 50 Fly	44.40	6/5
#304 Girls 9&0 100 Back	1:32.80	5/4	#306 Girls 9&0 50 Breast	45.24	10/6
#405 Girls 9&0 50 Free	36.70	8/8	#407 Girls 9&0 200 Breast	3:36.20	5/2

33 Lilyanna Gilbert - Female - Age: 11 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	1:44.73	8/7	#105 Girls 9&0 50 Back	45.40	5/5
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34 Mia Gilbert - Female - Age: 10 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	2:23.70	2/1	#105 Girls 9&0 50 Back	51.50	2/3
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35 Ella Goodswen - Female - Age: 15 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	36.85	14/8	#107 Girls 9&0 400 Free	5:15.20	5/1
#202 Girls 9&0 200 Back	2:45.10	6/1	#204 Girls 9&0 100 Free	1:10.30	15/2
#302 Girls 9&0 200 Free	2:32.10	10/6	#304 Girls 9&0 100 Back	1:18.20	11/4

36 Joe Hammond - Male - Age: 18 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:04.50	10/5	#205 Boys 9&0 50 Free	26.10	16/6
#305 Boys 9&0 50 Back	29.10	12/5	#404 Boys 9&0 100 Free	57.10	13/3
#406 Boys 9&0 50 Fly	28.08	12/6			

37 Emily Hannah - Female - Age: 11 - Ind/Rel: 3 / 0

#401 Girls 9&0 200 IM	3:13.91	5/4	#403 Girls 9&0 100 Fly	1:28.30	4/2
#405 Girls 9&0 50 Free	35.20	10/7			

38 Holly Hannah - Female - Age: 14 - Ind/Rel: 10 / 0

#103 Girls 9&0 200 Fly	3:04.47	3/7	#105 Girls 9&0 50 Back	39.90	10/5
#202 Girls 9&0 200 Back	3:01.60	4/6	#204 Girls 9&0 100 Free	1:14.00	12/6
#206 Girls 9&0 50 Fly	37.60	11/2	#302 Girls 9&0 200 Free	2:40.20	9/1
#304 Girls 9&0 100 Back	1:27.80	8/2	#401 Girls 9&0 200 IM	3:04.46	7/5
#403 Girls 9&0 100 Fly	1:21.93	5/2	#405 Girls 9&0 50 Free	34.03	12/5

39 Eden Henery - Female - Age: 9 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	2:01.62	4/7	#105 Girls 9&0 50 Back	50.60	3/1
#202 Girls 9&0 200 Back	3:42.64	2/8	#204 Girls 9&0 100 Free	1:47.80	2/1
#304 Girls 9&0 100 Back	1:48.20	2/5	#306 Girls 9&0 50 Breast	57.00	4/8
#401 Girls 9&0 200 IM	4:13.90	1/5	#405 Girls 9&0 50 Free	41.50	4/8
#407 Girls 9&0 200 Breast	4:28.80	1/4			

40 Xander Hollier - Male - Age: 12 - Ind/Rel: 5 / 0

#201 Boys 9&0 200 IM	3:04.30	5/8	#203 Boys 9&0 100 Fly	1:36.20	2/6
#207 Boys 9&0 200 Breast	3:24.90	4/3	#301 Boys 9&0 100 Breast	1:34.96	6/2
#307 Boys 9&0 400 Free	5:57.78	2/2			

41 George Holt - Male - Age: 12 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:34.63	4/6	#106 Boys 9&0 50 Breast	49.64	5/4
#201 Boys 9&0 200 IM	3:23.48	3/1	#205 Boys 9&0 50 Free	36.74	5/7
#207 Boys 9&0 200 Breast	4:02.70	2/3			

42 Matilda Holt - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:48.50	6/6	#105 Girls 9&0 50 Back	44.41	6/5
#204 Girls 9&0 100 Free	1:22.80	7/4	#206 Girls 9&0 50 Fly	42.90	7/4
#304 Girls 9&0 100 Back	1:38.20	4/7	#306 Girls 9&0 50 Breast	50.47	6/6
#401 Girls 9&0 200 IM	3:55.00	2/1	#405 Girls 9&0 50 Free	36.13	9/8

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43 James Howard - Male - Age: 12 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:55.41	4/7	#104 Boys 9&0 100 Back	1:32.40	4/4
#106 Boys 9&0 50 Breast	50.40	5/6	#205 Boys 9&0 50 Free	35.60	6/8
#207 Boys 9&0 200 Breast	3:47.30	3/7			

44 Elodie Hupton - Female - Age: 13 - Ind/Rel: 3 / 0

#302 Girls 9&0 200 Free	2:47.30	8/8	#304 Girls 9&0 100 Back	1:33.30	5/6
#306 Girls 9&0 50 Breast	48.70	8/7			

45 Lily Isaacson - Female - Age: 10 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	44.50	6/3	#107 Girls 9&0 400 Free	6:21.65	2/2
#202 Girls 9&0 200 Back	4:31.20	1/7	#206 Girls 9&0 50 Fly	45.26	5/4
#302 Girls 9&0 200 Free	3:06.60	4/3	#304 Girls 9&0 100 Back	1:35.39	5/1
#401 Girls 9&0 200 IM	3:30.90	3/1	#405 Girls 9&0 50 Free	37.63	6/3

46 Sid Jones - Male - Age: 15 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:21.10	8/6	#104 Boys 9&0 100 Back	1:09.40	9/3
#205 Boys 9&0 50 Free	28.60	13/3	#305 Boys 9&0 50 Back	32.10	12/1

47 Mia Kaiser - Female - Age: 12 - Ind/Rel: 6 / 0

#204 Girls 9&0 100 Free	1:22.60	8/8	#206 Girls 9&0 50 Fly	45.20	6/8
#302 Girls 9&0 200 Free	2:58.20	5/4	#304 Girls 9&0 100 Back	1:29.50	7/6
#403 Girls 9&0 100 Fly	1:37.70	3/6	#405 Girls 9&0 50 Free	38.10	6/1

48 Eleni Karakoidas - Female - Age: 13 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:29.50	13/7	#103 Girls 9&0 200 Fly	2:56.30	3/2
#202 Girls 9&0 200 Back	2:58.10	4/4	#204 Girls 9&0 100 Free	1:10.90	14/5
#206 Girls 9&0 50 Fly	33.90	14/4			

49 Benedict Koehler - Male - Age: 13 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:14.70	8/2	#201 Boys 9&0 200 IM	2:54.34	6/1
#203 Boys 9&0 100 Fly	1:16.80	4/2	#205 Boys 9&0 50 Free	30.64	11/8
#301 Boys 9&0 100 Breast	1:36.50	5/5	#305 Boys 9&0 50 Back	34.60	9/5
#307 Boys 9&0 400 Free	6:08.57	1/4	#404 Boys 9&0 100 Free	1:08.17	9/8

50 James Koehler - Male - Age: 17 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:19.10	8/3	#104 Boys 9&0 100 Back	1:08.60	9/4
#106 Boys 9&0 50 Breast	35.60	12/3	#203 Boys 9&0 100 Fly	1:11.00	5/7
#207 Boys 9&0 200 Breast	3:12.30	6/8	#301 Boys 9&0 100 Breast	1:19.30	9/6
#307 Boys 9&0 400 Free	5:18.00	4/7	#404 Boys 9&0 100 Free	59.40	12/4

51 Nora Koehler - Female - Age: 15 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:40.00	9/6	#105 Girls 9&0 50 Back	36.90	13/4
#204 Girls 9&0 100 Free	1:12.86	13/6	#304 Girls 9&0 100 Back	1:23.70	9/4
#306 Girls 9&0 50 Breast	47.00	9/8	#401 Girls 9&0 200 IM	3:06.80	7/8
#405 Girls 9&0 50 Free	32.80	14/2			

52 Finley Lane - Male - Age: 12 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:44.50	5/6	#104 Boys 9&0 100 Back	1:27.80	5/4
#201 Boys 9&0 200 IM	3:12.23	4/7	#203 Boys 9&0 100 Fly	1:31.32	2/3
#205 Boys 9&0 50 Free	35.98	5/5	#303 Boys 9&0 200 Fly	3:25.60	2/7
#305 Boys 9&0 50 Back	41.30	5/3	#307 Boys 9&0 400 Free	5:46.80	2/4
#402 Boys 9&0 200 Back	3:00.60	3/8	#408 Boys 10&0 400 IM	6:31.90	1/5

53 Imogen Laws - Female - Age: 12 - Ind/Rel: 5 / 0

#103 Girls 9&0 200 Fly	2:45.51	3/5	#107 Girls 9&0 400 Free	5:07.94	5/6
#204 Girls 9&0 100 Free	1:06.25	18/7	#206 Girls 9&0 50 Fly	X31.35	16/6
#208 Girls 10&0 400 IM	5:55.30	3/6			

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54 James Laws - Male - Age: 9 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	3:20.07	2/6	#104 Boys 9&0 100 Back	1:43.27	3/8
#201 Boys 9&0 200 IM	3:55.00	2/8	#205 Boys 9&0 50 Free	40.90	3/8
#305 Boys 9&0 50 Back	46.58	3/2	#307 Boys 9&0 400 Free	7:21.00	1/6
#404 Boys 9&0 100 Free	1:24.57	4/2	#406 Boys 9&0 50 Fly	44.61	3/7

55 Bethany Linden-Ball - Female - Age: 9 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	2:20.00	2/5	#105 Girls 9&0 50 Back	52.00	2/6
#204 Girls 9&0 100 Free	1:58.70	1/4	#206 Girls 9&0 50 Fly	51.40	3/2
#306 Girls 9&0 50 Breast	54.00	5/8	#405 Girls 9&0 50 Free	43.40	2/4

56 Leo Linford-Hazell - Male - Age: 10 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:52.60	4/6	#104 Boys 9&0 100 Back	1:37.40	4/8
#106 Boys 9&0 50 Breast	52.63	4/5	#201 Boys 9&0 200 IM	3:24.50	3/8
#203 Boys 9&0 100 Fly	1:39.00	2/7	#205 Boys 9&0 50 Free	36.92	5/1
#303 Boys 9&0 200 Fly	3:36.90	1/5	#307 Boys 9&0 400 Free	6:05.66	2/8

57 Billy Maguire - Male - Age: 11 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	44.00	8/8	#201 Boys 9&0 200 IM	3:09.40	4/2
#207 Boys 9&0 200 Breast	3:26.10	4/6	#301 Boys 9&0 100 Breast	1:35.40	6/7

58 Jake Maguire - Male - Age: 14 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:11.50	9/3	#104 Boys 9&0 100 Back	1:09.30	9/5
#201 Boys 9&0 200 IM	2:27.50	8/3	#205 Boys 9&0 50 Free	28.11	14/2

59 Rosa Maguire - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:47.60	7/8	#107 Girls 9&0 400 Free	6:09.29	3/7
#302 Girls 9&0 200 Free	2:57.76	6/8	#306 Girls 9&0 50 Breast	50.10	6/5
#401 Girls 9&0 200 IM	3:22.77	4/1	#407 Girls 9&0 200 Breast	3:44.40	3/4

60 Charlotte Malachowski - Female - Age: 10 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	42.80	8/1	#107 Girls 9&0 400 Free	6:19.50	2/5
#202 Girls 9&0 200 Back	3:09.50	3/3	#206 Girls 9&0 50 Fly	41.09	9/8
#208 Girls 10&0 400 IM	7:11.00	1/4	#302 Girls 9&0 200 Free	2:59.00	5/5
#304 Girls 9&0 100 Back	1:30.59	7/8	#403 Girls 9&0 100 Fly	1:36.32	3/5
#405 Girls 9&0 50 Free	37.07	7/7			

61 Evie Mantle - Female - Age: 13 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:35.60	12/8	#105 Girls 9&0 50 Back	38.50	11/4
#204 Girls 9&0 100 Free	1:12.70	13/5	#304 Girls 9&0 100 Back	1:22.00	10/1
#306 Girls 9&0 50 Breast	43.70	11/3	#405 Girls 9&0 50 Free	32.54	14/5

62 Niamh McAuley - Female - Age: 15 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:25.90	14/8	#306 Girls 9&0 50 Breast	38.70	16/1
#407 Girls 9&0 200 Breast	3:06.50	7/6			

63 Libby Meale - Female - Age: 11 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:37.33	11/7	#105 Girls 9&0 50 Back	42.07	9/1
#107 Girls 9&0 400 Free	6:40.92	1/5	#204 Girls 9&0 100 Free	1:18.60	10/1
#206 Girls 9&0 50 Fly	49.30	4/6	#302 Girls 9&0 200 Free	2:44.21	8/6
#306 Girls 9&0 50 Breast	43.10	12/6	#401 Girls 9&0 200 IM	3:21.64	4/7
#405 Girls 9&0 50 Free	34.32	11/4	#407 Girls 9&0 200 Breast	3:43.10	4/1

64 Lynne Meale - Female - Age: 48 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:26.64	13/5	#204 Girls 9&0 100 Free	1:08.80	16/1
#306 Girls 9&0 50 Breast	39.13	15/5	#405 Girls 9&0 50 Free	31.20	17/2

65 Vanessa Miemietz - Female - Age: 47 - Ind/Rel: 1 / 0

#101 Girls 9&0 100 Breast	1:37.80	10/3			
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66 Marnie Mitchell - Female - Age: 10 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:52.40	5/4	#105 Girls 9&0 50 Back	41.13	10/2
#204 Girls 9&0 100 Free	1:27.40	5/4	#206 Girls 9&0 50 Fly	41.41	8/5
#302 Girls 9&0 200 Free	3:12.05	3/4	#306 Girls 9&0 50 Breast	53.90	5/1
#403 Girls 9&0 100 Fly	1:47.30	2/3	#405 Girls 9&0 50 Free	40.90	4/7

67 Mason Mitchell - Male - Age: 9 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:02.35	4/8	#104 Boys 9&0 100 Back	1:32.96	4/5
#106 Boys 9&0 50 Breast	49.73	5/5	#201 Boys 9&0 200 IM	3:29.88	2/3
#205 Boys 9&0 50 Free	36.57	5/6	#301 Boys 9&0 100 Breast	2:06.00	2/3
#305 Boys 9&0 50 Back	42.20	5/1	#404 Boys 9&0 100 Free	1:23.05	4/5
#406 Boys 9&0 50 Fly	46.80	2/3			

68 Ayla Morgan - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:45.10	7/4	#105 Girls 9&0 50 Back	44.91	6/7
#204 Girls 9&0 100 Free	1:24.56	6/4	#208 Girls 10&0 400 IM	7:28.20	1/5
#302 Girls 9&0 200 Free	2:56.98	6/7	#306 Girls 9&0 50 Breast	49.48	7/7
#401 Girls 9&0 200 IM	3:21.20	4/2	#403 Girls 9&0 100 Fly	1:40.11	3/8
#407 Girls 9&0 200 Breast	3:38.50	5/8			

69 Verity Morrison - Female - Age: 17 - Ind/Rel: 2 / 0

#105 Girls 9&0 50 Back	37.75	13/8	#206 Girls 9&0 50 Fly	35.65	13/6
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70 Annika Mueller - Female - Age: 14 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:25.60	14/7	#105 Girls 9&0 50 Back	33.00	17/6
#202 Girls 9&0 200 Back	2:37.40	7/1	#204 Girls 9&0 100 Free	1:07.40	17/8
#206 Girls 9&0 50 Fly	31.59	16/2	#304 Girls 9&0 100 Back	1:12.30	14/6
#306 Girls 9&0 50 Breast	39.20	15/6	#403 Girls 9&0 100 Fly	1:14.40	7/2
#405 Girls 9&0 50 Free	30.10	19/6			

71 Liliana Nassyrova - Female - Age: 12 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	44.00	7/7	#206 Girls 9&0 50 Fly	38.90	10/2
#306 Girls 9&0 50 Breast	49.50	7/1	#401 Girls 9&0 200 IM	3:26.50	3/6
#405 Girls 9&0 50 Free	34.30	12/8			

72 Rachel Nicholls - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:58.60	4/5	#105 Girls 9&0 50 Back	46.10	5/1
#204 Girls 9&0 100 Free	1:38.30	3/2	#206 Girls 9&0 50 Fly	52.50	3/1
#302 Girls 9&0 200 Free	3:44.00	2/2	#306 Girls 9&0 50 Breast	50.39	6/3
#405 Girls 9&0 50 Free	37.75	6/6	#407 Girls 9&0 200 Breast	4:12.40	2/7

73 Elizabeth Norburn - Female - Age: 10 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	2:27.20	1/4	#105 Girls 9&0 50 Back	43.10	7/4
#107 Girls 9&0 400 Free	7:12.90	1/6	#204 Girls 9&0 100 Free	1:29.26	5/6
#206 Girls 9&0 50 Fly	44.90	6/1	#302 Girls 9&0 200 Free	3:31.70	2/4
#304 Girls 9&0 100 Back	1:37.80	4/2	#306 Girls 9&0 50 Breast	1:05.00	2/2
#401 Girls 9&0 200 IM	4:03.70	2/8	#403 Girls 9&0 100 Fly	1:51.03	2/7
#405 Girls 9&0 50 Free	35.71	9/3			

74 Grace O'Loane - Female - Age: 13 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	41.40	9/4	#204 Girls 9&0 100 Free	1:17.90	10/3
#206 Girls 9&0 50 Fly	39.10	10/1	#405 Girls 9&0 50 Free	34.40	11/2

75 Grace Parker - Female - Age: 14 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:38.10	10/6	#105 Girls 9&0 50 Back	35.40	15/3
#202 Girls 9&0 200 Back	2:42.50	6/6	#208 Girls 10&0 400 IM	6:15.40	2/4
#302 Girls 9&0 200 Free	2:38.30	9/2	#304 Girls 9&0 100 Back	1:15.00	13/6
#405 Girls 9&0 50 Free	31.60	16/5	#407 Girls 9&0 200 Breast	3:28.50	6/1

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76 Matilda Paterson - Female - Age: 11 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:49.10	7/5	#304 Girls 9&0 100 Back	1:28.20	8/7
#401 Girls 9&0 200 IM	3:13.13	6/7	#405 Girls 9&0 50 Free	34.04	12/3

77 Isabelle Patterson - Female - Age: 15 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:48.20	6/3	#105 Girls 9&0 50 Back	35.70	15/8
#204 Girls 9&0 100 Free	1:07.19	17/2	#206 Girls 9&0 50 Fly	35.30	13/5
#302 Girls 9&0 200 Free	2:29.30	11/8	#306 Girls 9&0 50 Breast	41.40	14/5
#401 Girls 9&0 200 IM	2:50.46	9/6	#405 Girls 9&0 50 Free	30.90	17/4

78 George Pike - Male - Age: 15 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	35.28	12/4	#205 Boys 9&0 50 Free	29.59	12/7
#207 Boys 9&0 200 Breast	2:45.60	7/3	#301 Boys 9&0 100 Breast	1:15.39	10/2
#307 Boys 9&0 400 Free	4:54.40	4/4	#406 Boys 9&0 50 Fly	31.05	10/1

79 Razvan Platon - Male - Age: 16 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:29.60	7/2	#205 Boys 9&0 50 Free	28.60	13/5
#207 Boys 9&0 200 Breast	3:10.20	6/1	#301 Boys 9&0 100 Breast	1:25.40	8/1
#404 Boys 9&0 100 Free	1:04.40	10/3			

80 Saskia Poon - Female - Age: 18 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	48.80	4/8	#204 Girls 9&0 100 Free	1:15.10	12/8
#206 Girls 9&0 50 Fly	50.80	3/3	#302 Girls 9&0 200 Free	3:33.00	2/5
#304 Girls 9&0 100 Back	1:24.90	9/2	#306 Girls 9&0 50 Breast	45.70	10/7
#403 Girls 9&0 100 Fly	1:55.00	2/8	#405 Girls 9&0 50 Free	34.00	12/4

81 Eva Powis - Female - Age: 10 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	2:07.93	3/5	#105 Girls 9&0 50 Back	49.40	3/3
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82 Holly Powis - Female - Age: 10 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	2:10.00	3/6	#105 Girls 9&0 50 Back	54.90	1/5
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83 Sam Reynolds-Gotts - Male - Age: 11 - Ind/Rel: 2 / 0

#106 Boys 9&0 50 Breast	1:01.90	2/5	#205 Boys 9&0 50 Free	42.30	2/6
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84 Ronnie Ringwood - Male - Age: 10 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:51.30	2/3	#106 Boys 9&0 50 Breast	56.00	4/1
#301 Boys 9&0 100 Breast	2:04.60	2/5	#305 Boys 9&0 50 Back	50.10	2/6
#404 Boys 9&0 100 Free	1:47.80	1/4			

85 Charlotte Rooke - Female - Age: 14 - Ind/Rel: 3 / 0

#304 Girls 9&0 100 Back	1:14.90	13/3	#403 Girls 9&0 100 Fly	1:14.70	7/7
#405 Girls 9&0 50 Free	30.11	19/2			

86 Freyja Rooke - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:45.30	7/3	#105 Girls 9&0 50 Back	41.23	10/1
#107 Girls 9&0 400 Free	6:38.17	1/4	#202 Girls 9&0 200 Back	3:17.60	2/5
#302 Girls 9&0 200 Free	2:55.79	6/6	#304 Girls 9&0 100 Back	1:31.30	6/3
#306 Girls 9&0 50 Breast	49.00	7/4	#401 Girls 9&0 200 IM	3:16.46	5/2
#407 Girls 9&0 200 Breast	3:41.10	4/6			

87 Henry Roper - Male - Age: 9 - Ind/Rel: 9 / 0

#104 Boys 9&0 100 Back	2:01.60	2/8	#106 Boys 9&0 50 Breast	1:03.60	2/6
#201 Boys 9&0 200 IM	4:50.00	1/3	#205 Boys 9&0 50 Free	49.90	1/7
#207 Boys 9&0 200 Breast	4:46.20	2/8	#301 Boys 9&0 100 Breast	2:14.50	2/1
#305 Boys 9&0 50 Back	59.20	1/2	#404 Boys 9&0 100 Free	1:58.80	1/6
#406 Boys 9&0 50 Fly	1:00.50	1/7			

88 Hannah Rowley - Female - Age: 16 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:35.80	11/3	#105 Girls 9&0 50 Back	36.80	14/1
#304 Girls 9&0 100 Back	1:18.10	12/8	#306 Girls 9&0 50 Breast	43.25	12/2

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89 Charlotte Sawford - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:47.50	7/1	#105 Girls 9&0 50 Back	45.90	5/2
#204 Girls 9&0 100 Free	1:40.40	3/8	#206 Girls 9&0 50 Fly	45.54	5/6
#304 Girls 9&0 100 Back	1:47.60	3/1	#306 Girls 9&0 50 Breast	48.20	8/2
#405 Girls 9&0 50 Free	41.63	3/5	#407 Girls 9&0 200 Breast	3:52.30	3/1

90 Izzy Sawford - Female - Age: 15 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:26.50	13/4	#105 Girls 9&0 50 Back	35.40	15/6
#206 Girls 9&0 50 Fly	34.67	14/6	#306 Girls 9&0 50 Breast	39.50	15/2
#405 Girls 9&0 50 Free	31.18	17/6			

91 Michael Sayer - Male - Age: 15 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:07.00	10/1	#106 Boys 9&0 50 Breast	37.90	11/8
#201 Boys 9&0 200 IM	2:33.57	8/1	#205 Boys 9&0 50 Free	28.41	14/8

92 Isaac Scott - Male - Age: 11 - Ind/Rel: 4 / 0

#303 Boys 9&0 200 Fly	3:22.62	2/2	#305 Boys 9&0 50 Back	41.50	5/2
#406 Boys 9&0 50 Fly	37.17	6/7	#408 Boys 10&0 400 IM	7:05.80	1/3

93 Leona Scott - Female - Age: 13 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	35.30	15/4	#107 Girls 9&0 400 Free	5:46.00	4/7
#204 Girls 9&0 100 Free	1:12.20	14/8	#206 Girls 9&0 50 Fly	34.18	14/5
#302 Girls 9&0 200 Free	2:43.60	8/3	#304 Girls 9&0 100 Back	1:18.50	11/5
#403 Girls 9&0 100 Fly	1:21.40	5/6	#405 Girls 9&0 50 Free	31.50	17/1

94 Taaliyah Sealey - Female - Age: 9 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	2:13.54	3/1	#105 Girls 9&0 50 Back	47.22	4/3
#204 Girls 9&0 100 Free	1:35.00	4/8	#206 Girls 9&0 50 Fly	54.40	2/4
#302 Girls 9&0 200 Free	3:24.49	3/7	#304 Girls 9&0 100 Back	1:49.50	2/3
#306 Girls 9&0 50 Breast	1:00.70	3/1	#401 Girls 9&0 200 IM	4:17.19	1/6
#405 Girls 9&0 50 Free	40.50	4/3			

95 Reuben Seaman - Male - Age: 13 - Ind/Rel: 1 / 0

#402 Boys 9&0 200 Back	2:41.10	4/6			
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96 Josie Searle - Female - Age: 9 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	2:27.84	1/5	#105 Girls 9&0 50 Back	51.20	2/4
#204 Girls 9&0 100 Free	1:35.70	3/5	#206 Girls 9&0 50 Fly	54.90	2/6
#304 Girls 9&0 100 Back	2:00.50	1/5	#306 Girls 9&0 50 Breast	1:07.20	2/1
#405 Girls 9&0 50 Free	43.50	2/5			

97 Erin Sheehy - Female - Age: 13 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:57.50	5/8	#105 Girls 9&0 50 Back	43.40	7/3
#204 Girls 9&0 100 Free	1:26.70	6/7	#206 Girls 9&0 50 Fly	47.90	4/4
#302 Girls 9&0 200 Free	3:05.20	5/8	#304 Girls 9&0 100 Back	1:33.30	5/3
#306 Girls 9&0 50 Breast	53.00	5/7	#401 Girls 9&0 200 IM	3:29.50	3/7
#405 Girls 9&0 50 Free	38.40	6/8			

98 Laila Shindler - Female - Age: 10 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	2:12.60	3/7	#105 Girls 9&0 50 Back	1:01.20	1/1
#204 Girls 9&0 100 Free	1:46.90	2/7	#206 Girls 9&0 50 Fly	1:05.00	1/5
#302 Girls 9&0 200 Free	3:57.10	2/1			

99 Henry Smith - Male - Age: 17 - Ind/Rel: 2 / 0

#205 Boys 9&0 50 Free	27.17	15/4	#406 Boys 9&0 50 Fly	32.45	8/4
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100 Elizabeth Spraggon - Female - Age: 11 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	46.90	4/5	#204 Girls 9&0 100 Free	1:33.10	4/1
#206 Girls 9&0 50 Fly	43.90	7/8	#302 Girls 9&0 200 Free	3:28.20	3/8
#304 Girls 9&0 100 Back	1:45.60	3/6	#403 Girls 9&0 100 Fly	1:49.22	2/6
#405 Girls 9&0 50 Free	39.20	5/2			

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101 Isla Sudlow - Female - Age: 9 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	2:09.50	3/3	#105 Girls 9&0 50 Back	52.00	2/2
#202 Girls 9&0 200 Back	3:48.80	1/5	#204 Girls 9&0 100 Free	1:42.40	2/4
#206 Girls 9&0 50 Fly	55.60	2/2	#302 Girls 9&0 200 Free	3:25.65	3/1
#304 Girls 9&0 100 Back	1:58.90	1/4	#306 Girls 9&0 50 Breast	1:02.10	2/4
#401 Girls 9&0 200 IM	4:07.40	1/4	#405 Girls 9&0 50 Free	41.60	3/4

102 Millie Suffling - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:40.90	9/1	#105 Girls 9&0 50 Back	42.50	8/4
#107 Girls 9&0 400 Free	7:22.07	1/2	#302 Girls 9&0 200 Free	3:05.40	4/4
#306 Girls 9&0 50 Breast	45.90	10/8	#401 Girls 9&0 200 IM	3:26.10	3/3
#405 Girls 9&0 50 Free	36.60	8/2	#407 Girls 9&0 200 Breast	3:38.60	4/4

103 Emily Tatam - Female - Age: 22 - Ind/Rel: 3 / 0

#304 Girls 9&0 100 Back	1:12.40	14/2	#403 Girls 9&0 100 Fly	1:17.00	6/6
#405 Girls 9&0 50 Free	31.10	17/3			

104 Austin Taylor - Male - Age: 16 - Ind/Rel: 3 / 0

#205 Boys 9&0 50 Free	28.82	12/5	#404 Boys 9&0 100 Free	1:03.30	11/1
#406 Boys 9&0 50 Fly	32.30	9/8			

105 Jake Thorne - Male - Age: 13 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	3:10.98	3/8	#104 Boys 9&0 100 Back	1:29.20	5/6
#201 Boys 9&0 200 IM	3:27.30	2/5	#205 Boys 9&0 50 Free	33.60	8/1

106 Isla Thorpe - Female - Age: 11 - Ind/Rel: 9 / 0

#103 Girls 9&0 200 Fly	3:40.03	1/4	#105 Girls 9&0 50 Back	41.90	9/7
#206 Girls 9&0 50 Fly	40.85	9/7	#208 Girls 10&0 400 IM	7:03.26	2/2
#302 Girls 9&0 200 Free	2:53.20	6/5	#304 Girls 9&0 100 Back	1:31.70	6/7
#401 Girls 9&0 200 IM	3:15.88	5/6	#403 Girls 9&0 100 Fly	1:39.20	3/7
#405 Girls 9&0 50 Free	36.00	9/1			

107 Harriet Townend - Female - Age: 14 - Ind/Rel: 6 / 0

#107 Girls 9&0 400 Free	5:15.80	5/8	#204 Girls 9&0 100 Free	1:06.70	18/8
#206 Girls 9&0 50 Fly	33.10	15/2	#302 Girls 9&0 200 Free	2:25.80	12/2
#403 Girls 9&0 100 Fly	1:20.41	5/3	#405 Girls 9&0 50 Free	30.40	18/5

108 Ffion Tyley - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:47.80	6/4	#107 Girls 9&0 400 Free	6:19.53	2/3
#202 Girls 9&0 200 Back	3:14.83	3/1	#206 Girls 9&0 50 Fly	49.85	4/8
#302 Girls 9&0 200 Free	3:00.20	5/6	#304 Girls 9&0 100 Back	1:34.00	5/2
#401 Girls 9&0 200 IM	3:24.50	3/4	#405 Girls 9&0 50 Free	34.87	10/3
#407 Girls 9&0 200 Breast	3:49.90	3/7			

109 Maisie Wade - Female - Age: 9 - Ind/Rel: 8 / 0

#103 Girls 9&0 200 Fly	3:40.00	2/7	#107 Girls 9&0 400 Free	6:13.83	3/8
#202 Girls 9&0 200 Back	3:14.10	3/7	#204 Girls 9&0 100 Free	1:24.05	7/7
#302 Girls 9&0 200 Free	2:57.14	6/1	#304 Girls 9&0 100 Back	1:31.40	6/6
#401 Girls 9&0 200 IM	3:20.70	4/6	#407 Girls 9&0 200 Breast	3:45.80	3/5

110 Max Whalen - Male - Age: 10 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	3:52.00	1/5	#104 Boys 9&0 100 Back	1:43.40	2/4
#106 Boys 9&0 50 Breast	59.60	3/1	#201 Boys 9&0 200 IM	4:05.00	1/4
#205 Boys 9&0 50 Free	41.50	2/3	#301 Boys 9&0 100 Breast	2:31.80	1/2
#305 Boys 9&0 50 Back	47.07	3/8	#402 Boys 9&0 200 Back	3:47.48	1/5
#404 Boys 9&0 100 Free	1:30.91	2/4	#406 Boys 9&0 50 Fly	50.15	2/2

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Team Entries - All Events

CITY OF NORWICH SWIMMING CLUB111 **Sophia Whitbourn - Female - Age: 13 - Ind/Rel: 7 / 0**

#105 Girls 9&0 50 Back	39.80	10/4	#107 Girls 9&0 400 Free	6:10.80	3/1
#206 Girls 9&0 50 Fly	40.50	9/6	#304 Girls 9&0 100 Back	1:25.80	9/8
#401 Girls 9&0 200 IM	3:06.40	7/1	#403 Girls 9&0 100 Fly	1:30.00	4/1
#405 Girls 9&0 50 Free	34.20	12/7			

112 **Lilly Wijesingha - Female - Age: 13 - Ind/Rel: 4 / 0**

#105 Girls 9&0 50 Back	56.00	1/3	#206 Girls 9&0 50 Fly	59.00	2/1
#302 Girls 9&0 200 Free	3:40.00	2/6	#306 Girls 9&0 50 Breast	57.00	4/1

113 **Edward Wilson - Male - Age: 11 - Ind/Rel: 4 / 0**

#301 Boys 9&0 100 Breast	1:39.45	5/1	#307 Boys 9&0 400 Free	5:37.89	3/1
#404 Boys 9&0 100 Free	1:09.75	8/1	#406 Boys 9&0 50 Fly	36.39	6/4

114 **Nancy Wiskin - Female - Age: 10 - Ind/Rel: 4 / 0**

#401 Girls 9&0 200 IM	3:13.14	6/1	#403 Girls 9&0 100 Fly	1:34.47	3/4
#405 Girls 9&0 50 Free	34.68	11/1	#407 Girls 9&0 200 Breast	3:46.67	3/3

115 **Lily Woodward - Female - Age: 11 - Ind/Rel: 8 / 0**

#101 Girls 9&0 100 Breast	1:45.30	7/5	#204 Girls 9&0 100 Free	1:17.40	10/4
#206 Girls 9&0 50 Fly	43.40	7/6	#302 Girls 9&0 200 Free	3:00.80	5/7
#306 Girls 9&0 50 Breast	46.90	9/7	#401 Girls 9&0 200 IM	3:18.11	4/4
#405 Girls 9&0 50 Free	36.61	8/7	#407 Girls 9&0 200 Breast	3:46.80	3/6

116 **Max Wright - Male - Age: 10 - Ind/Rel: 3 / 0**

#104 Boys 9&0 100 Back	2:04.76	1/6	#106 Boys 9&0 50 Breast	1:08.00	1/4
#205 Boys 9&0 50 Free	48.10	1/4			

CITY OF NORWICH SWIMMING CLUB Total Individual Entries: 749 - Total Relays: 0

COLCHESTER SWIMMING CLUB1 **Stanley Taylor - Male - Age: 12 - Ind/Rel: 3 / 0**

#104 Boys 9&0 100 Back	1:18.40	7/6	#201 Boys 9&0 200 IM	3:13.63	4/1
#205 Boys 9&0 50 Free	34.00	7/2			

COLCHESTER SWIMMING CLUB Total Individual Entries: 3 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

DEBEN SWIMMING CLUB-EA**1 Max Battle - Male - Age: 12 - Ind/Rel: 7 / 0**

#102 Boys 9&0 200 Free	2:42.60	5/3	#106 Boys 9&0 50 Breast	52.10	5/8
#201 Boys 9&0 200 IM	3:04.00	5/1	#205 Boys 9&0 50 Free	32.90	8/3
#305 Boys 9&0 50 Back	39.70	6/3	#404 Boys 9&0 100 Free	1:14.80	6/2
#406 Boys 9&0 50 Fly	35.00	7/4			

2 Heidi Bell - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:43.30	8/5	#105 Girls 9&0 50 Back	47.50	4/6
#204 Girls 9&0 100 Free	1:21.60	8/6	#206 Girls 9&0 50 Fly	51.20	3/6
#302 Girls 9&0 200 Free	2:54.50	6/3	#306 Girls 9&0 50 Breast	47.50	8/3
#405 Girls 9&0 50 Free	35.70	9/5	#407 Girls 9&0 200 Breast	3:48.20	3/2

3 Conner Broadhurst - Male - Age: 15 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	41.20	9/2	#205 Boys 9&0 50 Free	34.20	7/7
#207 Boys 9&0 200 Breast	3:13.20	5/4	#301 Boys 9&0 100 Breast	1:32.10	7/8
#307 Boys 9&0 400 Free	5:48.50	2/3			

4 Logan Broadhurst - Male - Age: 17 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	35.10	13/8	#201 Boys 9&0 200 IM	2:37.60	7/5
#207 Boys 9&0 200 Breast	2:47.70	7/2	#301 Boys 9&0 100 Breast	1:16.90	9/4
#406 Boys 9&0 50 Fly	30.30	11/8			

5 Emilia Butt - Female - Age: 13 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	X32.90	17/3	#107 Girls 9&0 400 Free	5:06.60	5/4
#202 Girls 9&0 200 Back	2:33.00	7/3	#204 Girls 9&0 100 Free	1:08.62	16/2
#302 Girls 9&0 200 Free	2:27.30	11/6	#304 Girls 9&0 100 Back	1:11.60	14/3
#403 Girls 9&0 100 Fly	1:25.00	4/3	#405 Girls 9&0 50 Free	31.90	16/7

6 Oliver Butt - Male - Age: 15 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:12.40	9/2	#104 Boys 9&0 100 Back	1:06.00	10/6
#201 Boys 9&0 200 IM	2:26.20	8/5	#203 Boys 9&0 100 Fly	1:09.50	5/2
#305 Boys 9&0 50 Back	30.30	12/6	#307 Boys 9&0 400 Free	4:41.70	5/2
#402 Boys 9&0 200 Back	2:23.20	5/4	#408 Boys 10&0 400 IM	5:24.10	2/4

7 Cara Crisp - Female - Age: 12 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	41.40	9/6	#202 Girls 9&0 200 Back	3:04.50	4/7
#204 Girls 9&0 100 Free	1:25.20	6/6	#206 Girls 9&0 50 Fly	43.40	7/2

8 Lilley Dring - Female - Age: 16 - Ind/Rel: 4 / 0

#204 Girls 9&0 100 Free	1:04.00	19/6	#206 Girls 9&0 50 Fly	34.90	14/1
#302 Girls 9&0 200 Free	2:25.00	12/3	#306 Girls 9&0 50 Breast	39.20	15/3

9 Daniel Evans - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:38.30	6/1	#104 Boys 9&0 100 Back	1:21.20	6/6
#106 Boys 9&0 50 Breast	43.80	8/2	#201 Boys 9&0 200 IM	3:02.00	5/2
#205 Boys 9&0 50 Free	31.90	9/2	#301 Boys 9&0 100 Breast	1:40.10	4/4
#305 Boys 9&0 50 Back	38.10	7/3	#404 Boys 9&0 100 Free	1:11.20	7/3
#406 Boys 9&0 50 Fly	37.68	5/4			

10 Imogen Forrester - Female - Age: 16 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:38.20	10/2	#107 Girls 9&0 400 Free	5:09.40	5/7
#302 Girls 9&0 200 Free	2:26.90	11/5	#306 Girls 9&0 50 Breast	43.40	12/7

11 Bayley Harris - Male - Age: 17 - Ind/Rel: 2 / 0

#307 Boys 9&0 400 Free	5:17.00	4/2	#404 Boys 9&0 100 Free	1:03.48	10/4
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12 Ellen Harris - Female - Age: 12 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	44.10	7/8	#107 Girls 9&0 400 Free	6:36.80	2/8
#204 Girls 9&0 100 Free	1:27.70	5/5	#206 Girls 9&0 50 Fly	40.50	9/3
#302 Girls 9&0 200 Free	3:09.70	4/7	#306 Girls 9&0 50 Breast	48.70	8/1
#401 Girls 9&0 200 IM	3:23.50	4/8	#405 Girls 9&0 50 Free	36.70	7/4

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Team Entries - All Events

DEBEN SWIMMING CLUB-EA**13 Cameron Jackson - Male - Age: 16 - Ind/Rel: 7 / 0**

#102 Boys 9&0 200 Free	2:22.70	8/1	#104 Boys 9&0 100 Back	1:06.40	10/2
#201 Boys 9&0 200 IM	2:45.30	7/8	#205 Boys 9&0 50 Free	28.10	14/3
#305 Boys 9&0 50 Back	31.31	12/2	#402 Boys 9&0 200 Back	2:24.70	5/5
#406 Boys 9&0 50 Fly	32.20	9/7			

14 Maelys Jacquet - Female - Age: 14 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	34.20	17/8	#204 Girls 9&0 100 Free	1:04.90	18/4
#206 Girls 9&0 50 Fly	31.30	16/3	#302 Girls 9&0 200 Free	2:26.30	12/1
#304 Girls 9&0 100 Back	1:15.80	13/1	#403 Girls 9&0 100 Fly	1:16.30	6/3
#405 Girls 9&0 50 Free	29.40	20/6			

15 George Letts - Male - Age: 14 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	38.10	10/5	#201 Boys 9&0 200 IM	2:50.31	6/5
#205 Boys 9&0 50 Free	28.70	13/2	#301 Boys 9&0 100 Breast	1:23.40	8/6
#404 Boys 9&0 100 Free	1:03.03	11/7	#406 Boys 9&0 50 Fly	33.00	8/3

16 Vivienne Letts - Female - Age: 11 - Ind/Rel: 4 / 0

#202 Girls 9&0 200 Back	3:13.50	3/2	#204 Girls 9&0 100 Free	1:20.30	9/8
#302 Girls 9&0 200 Free	3:07.90	4/6	#405 Girls 9&0 50 Free	36.20	8/4

17 Sophie McEachern - Female - Age: 12 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	46.80	4/4	#204 Girls 9&0 100 Free	1:46.60	2/6
#304 Girls 9&0 100 Back	1:46.30	3/2	#306 Girls 9&0 50 Breast	1:00.10	3/7
#405 Girls 9&0 50 Free	42.60	3/7			

18 Abbi McTaggart - Female - Age: 16 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	38.60	11/3	#204 Girls 9&0 100 Free	1:10.70	14/4
#302 Girls 9&0 200 Free	2:37.60	9/6	#405 Girls 9&0 50 Free	31.90	16/2

19 Elinor McTaggart - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:25.20	14/2	#206 Girls 9&0 50 Fly	36.90	12/1
#306 Girls 9&0 50 Breast	37.60	16/2	#405 Girls 9&0 50 Free	32.10	15/5

20 Olivia Murphy - Female - Age: 14 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:27.30	13/6	#107 Girls 9&0 400 Free	5:03.80	6/1
#204 Girls 9&0 100 Free	1:07.00	17/6	#206 Girls 9&0 50 Fly	32.70	15/4
#306 Girls 9&0 50 Breast	43.00	12/5	#401 Girls 9&0 200 IM	2:42.90	10/1
#403 Girls 9&0 100 Fly	1:11.90	7/5	#405 Girls 9&0 50 Free	32.00	15/4

21 Grace Mutton - Female - Age: 15 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:19.91	14/4	#107 Girls 9&0 400 Free	4:53.60	6/5
#204 Girls 9&0 100 Free	1:04.40	19/2	#206 Girls 9&0 50 Fly	33.10	15/6
#302 Girls 9&0 200 Free	2:19.20	13/3	#306 Girls 9&0 50 Breast	36.78	16/3
#401 Girls 9&0 200 IM	2:38.60	10/5	#405 Girls 9&0 50 Free	30.00	19/5
#407 Girls 9&0 200 Breast	2:53.60	7/4			

22 Thomas Mutton - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:15.90	8/4	#104 Boys 9&0 100 Back	1:08.30	10/8
#201 Boys 9&0 200 IM	2:38.30	7/3	#205 Boys 9&0 50 Free	30.10	11/7
#305 Boys 9&0 50 Back	32.90	11/6	#307 Boys 9&0 400 Free	4:55.10	4/5
#402 Boys 9&0 200 Back	2:29.80	5/6	#404 Boys 9&0 100 Free	1:05.20	10/1
#408 Boys 10&0 400 IM	5:35.90	2/6			

23 Jack Osborne - Male - Age: 18 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	X1:00.30	10/4	#205 Boys 9&0 50 Free	25.04	16/5
#305 Boys 9&0 50 Back	X27.90	12/4	#404 Boys 9&0 100 Free	54.90	13/4
#406 Boys 9&0 50 Fly	26.69	12/5			

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DEBEN SWIMMING CLUB-EA**24 Ettie Pearce - Female - Age: 12 - Ind/Rel: 8 / 0**

#103 Girls 9&0 200 Fly	3:08.90	2/5	#107 Girls 9&0 400 Free	5:47.20	4/1
#204 Girls 9&0 100 Free	1:15.80	11/2	#206 Girls 9&0 50 Fly	38.70	10/3
#302 Girls 9&0 200 Free	2:42.20	9/8	#304 Girls 9&0 100 Back	1:29.20	7/4
#401 Girls 9&0 200 IM	3:18.20	4/5	#405 Girls 9&0 50 Free	33.70	13/1

25 Leah Powell - Female - Age: 17 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	42.80	8/7	#107 Girls 9&0 400 Free	6:00.50	3/5
#204 Girls 9&0 100 Free	1:19.10	9/4	#302 Girls 9&0 200 Free	2:53.00	6/4
#304 Girls 9&0 100 Back	1:31.40	6/2	#405 Girls 9&0 50 Free	36.60	8/6

26 Nyree Robertson - Female - Age: 13 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:37.60	11/1	#105 Girls 9&0 50 Back	40.90	10/6
#204 Girls 9&0 100 Free	1:19.20	9/3	#206 Girls 9&0 50 Fly	41.50	8/3
#304 Girls 9&0 100 Back	1:26.30	8/4	#306 Girls 9&0 50 Breast	43.90	11/6
#401 Girls 9&0 200 IM	3:16.70	5/8	#407 Girls 9&0 200 Breast	3:38.90	4/5

27 James Tooke - Male - Age: 14 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:26.60	7/5	#305 Boys 9&0 50 Back	33.50	11/8
#402 Boys 9&0 200 Back	2:37.10	4/5	#406 Boys 9&0 50 Fly	32.60	8/5

28 Eloise Welsford - Female - Age: 12 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	35.10	16/1	#202 Girls 9&0 200 Back	2:45.40	6/8
#206 Girls 9&0 50 Fly	36.50	12/5			

29 Grace Williams - Female - Age: 14 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:14.60	12/7	#206 Girls 9&0 50 Fly	37.20	12/8
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DEBEN SWIMMING CLUB-EA Total Individual Entries: 171 - Total Relays: 0

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Team Entries - All Events

DEREHAM OTTERS SWIMMING CLUB**1 Harvey Appleton-Barnes - Male - Age: 16 - Ind/Rel: 5 / 0**

#106 Boys 9&0 50 Breast	36.50	11/4	#205 Boys 9&0 50 Free	28.00	14/5
#301 Boys 9&0 100 Breast	1:21.30	9/7	#305 Boys 9&0 50 Back	35.40	9/8
#404 Boys 9&0 100 Free	1:03.42	11/8			

2 Annabelle Bartlett - Female - Age: 11 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	2:16.40	2/4	#105 Girls 9&0 50 Back	53.70	2/8
#206 Girls 9&0 50 Fly	NT	1/6	#306 Girls 9&0 50 Breast	1:01.90	3/8
#405 Girls 9&0 50 Free	46.00	2/1			

3 Mason Catling - Male - Age: 13 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:34.30	4/3	#106 Boys 9&0 50 Breast	48.90	6/6
#205 Boys 9&0 50 Free	34.70	6/6			

4 Lily Ellerker - Female - Age: 12 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:58.10	4/4	#105 Girls 9&0 50 Back	45.00	6/8
#204 Girls 9&0 100 Free	1:40.30	3/1			

5 Rory Fernandez - Male - Age: 11 - Ind/Rel: 10 / 0

#104 Boys 9&0 100 Back	2:02.90	1/5	#106 Boys 9&0 50 Breast	58.80	3/6
#201 Boys 9&0 200 IM	NT	1/2	#205 Boys 9&0 50 Free	49.90	1/2
#207 Boys 9&0 200 Breast	NT	1/3	#301 Boys 9&0 100 Breast	2:14.90	2/8
#305 Boys 9&0 50 Back	59.30	1/7	#402 Boys 9&0 200 Back	NT	1/8
#404 Boys 9&0 100 Free	1:46.90	2/1	#406 Boys 9&0 50 Fly	58.00	1/6

6 Luna Ferreira-Balseiro - Female - Age: 11 - Ind/Rel: 5 / 0

#204 Girls 9&0 100 Free	1:23.59	7/6	#206 Girls 9&0 50 Fly	54.50	2/5
#306 Girls 9&0 50 Breast	51.76	6/8	#403 Girls 9&0 100 Fly	NT	1/5
#405 Girls 9&0 50 Free	40.30	4/5			

7 Ellie Hannant - Female - Age: 15 - Ind/Rel: 3 / 0

#107 Girls 9&0 400 Free	5:58.90	3/4	#206 Girls 9&0 50 Fly	44.90	6/7
#208 Girls 10&0 400 IM	NT	1/3			

8 Harry Hannant - Male - Age: 11 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:35.10	4/7	#106 Boys 9&0 50 Breast	49.47	6/7
#205 Boys 9&0 50 Free	35.01	6/2	#207 Boys 9&0 200 Breast	3:53.00	2/4

9 Tyler Jenness - Male - Age: 9 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	NT	1/7	#106 Boys 9&0 50 Breast	1:00.10	3/8
#205 Boys 9&0 50 Free	43.90	2/7	#305 Boys 9&0 50 Back	50.90	2/7
#404 Boys 9&0 100 Free	NT	1/7			

10 Charlotte Jennings - Female - Age: 15 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:45.60	7/6	#105 Girls 9&0 50 Back	51.30	2/5
#204 Girls 9&0 100 Free	1:22.80	7/5	#206 Girls 9&0 50 Fly	42.40	8/7

11 Constance Mitchell - Female - Age: 13 - Ind/Rel: 2 / 0

#306 Girls 9&0 50 Breast	42.80	13/7	#405 Girls 9&0 50 Free	32.70	14/6
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12 William Nutt - Male - Age: 14 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:26.28	7/4	#106 Boys 9&0 50 Breast	36.10	12/7
#205 Boys 9&0 50 Free	29.74	12/8	#207 Boys 9&0 200 Breast	3:08.93	6/7
#301 Boys 9&0 100 Breast	1:21.51	9/1	#305 Boys 9&0 50 Back	36.62	8/3
#307 Boys 9&0 400 Free	5:19.95	4/8	#404 Boys 9&0 100 Free	1:05.76	9/4
#406 Boys 9&0 50 Fly	39.40	5/8			

13 Harry Palmer - Male - Age: 17 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:30.50	7/7	#106 Boys 9&0 50 Breast	40.93	9/5
#203 Boys 9&0 100 Fly	1:15.50	4/5	#205 Boys 9&0 50 Free	29.88	11/3

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Team Entries - All Events

DEREHAM OTTERS SWIMMING CLUB**14 Marnie Palmer - Female - Age: 12 - Ind/Rel: 5 / 0**

#105 Girls 9&0 50 Back	44.90	6/2	#204 Girls 9&0 100 Free	1:18.30	10/7
#302 Girls 9&0 200 Free	NT	1/5	#304 Girls 9&0 100 Back	1:52.60	2/7
#405 Girls 9&0 50 Free	35.90	9/2			

15 Amelie Parnell - Female - Age: 14 - Ind/Rel: 2 / 0

#401 Girls 9&0 200 IM	2:50.90	9/7	#407 Girls 9&0 200 Breast	3:12.40	7/7
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16 Imogen Parnell - Female - Age: 12 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:27.77	11/7	#306 Girls 9&0 50 Breast	41.15	15/8
#401 Girls 9&0 200 IM	2:51.00	9/1	#405 Girls 9&0 50 Free	30.21	19/7

17 Niamh Parnell - Female - Age: 10 - Ind/Rel: 3 / 0

#401 Girls 9&0 200 IM	NT	1/2	#405 Girls 9&0 50 Free	41.80	3/3
#407 Girls 9&0 200 Breast	4:17.10	2/1			

18 Charley Taylor - Female - Age: 13 - Ind/Rel: 7 / 0

#107 Girls 9&0 400 Free	5:06.23	6/8	#204 Girls 9&0 100 Free	1:04.90	19/1
#206 Girls 9&0 50 Fly	35.03	14/8	#302 Girls 9&0 200 Free	2:25.17	12/6
#304 Girls 9&0 100 Back	1:16.57	12/5	#401 Girls 9&0 200 IM	2:47.20	9/5
#405 Girls 9&0 50 Free	29.79	19/4			

19 Joshua Taylor - Male - Age: 16 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:21.70	8/2	#104 Boys 9&0 100 Back	1:14.20	8/5
#205 Boys 9&0 50 Free	28.70	13/7	#305 Boys 9&0 50 Back	33.30	11/1
#404 Boys 9&0 100 Free	1:01.80	12/8	#406 Boys 9&0 50 Fly	30.50	10/5

20 Alister Thompson - Male - Age: 15 - Ind/Rel: 3 / 0

#102 Boys 9&0 200 Free	NT	1/7	#104 Boys 9&0 100 Back	1:27.70	6/8
#106 Boys 9&0 50 Breast	46.80	7/8			

21 Dolcie Underwood - Female - Age: 12 - Ind/Rel: 8 / 0

#103 Girls 9&0 200 Fly	3:04.80	3/1	#107 Girls 9&0 400 Free	5:09.30	5/2
#204 Girls 9&0 100 Free	1:05.08	18/5	#206 Girls 9&0 50 Fly	34.70	14/2
#302 Girls 9&0 200 Free	2:24.70	12/4	#306 Girls 9&0 50 Breast	43.60	12/8
#403 Girls 9&0 100 Fly	1:18.54	6/8	#405 Girls 9&0 50 Free	30.34	18/4

22 Evie Wade - Female - Age: 13 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:44.40	8/6	#105 Girls 9&0 50 Back	49.80	3/6
#306 Girls 9&0 50 Breast	47.00	9/1	#405 Girls 9&0 50 Free	39.00	5/3
#407 Girls 9&0 200 Breast	NT	1/3			

DEREHAM OTTERS SWIMMING CLUB Total Individual Entries: 105 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

DISS OTTERS SC

1 Lydia Aldous - Female - Age: 12 - Ind/Rel: 4 / 0

#202 Girls 9&0 200 Back	3:27.42	2/2	#204 Girls 9&0 100 Free	1:23.30	7/3
#302 Girls 9&0 200 Free	2:59.86	5/3	#304 Girls 9&0 100 Back	1:31.00	6/5

2 Liv Brewer - Female - Age: 14 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:35.70	11/4	#107 Girls 9&0 400 Free	5:31.80	4/3
#206 Girls 9&0 50 Fly	36.70	12/2	#208 Girls 10&0 400 IM	6:19.50	2/3
#401 Girls 9&0 200 IM	2:59.20	8/8	#407 Girls 9&0 200 Breast	3:19.30	6/4

3 Nia Jones - Female - Age: 15 - Ind/Rel: 1 / 0

#103 Girls 9&0 200 Fly	4:35.40	1/3			
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4 Adam Lemke - Male - Age: 14 - Ind/Rel: 11 / 0

#102 Boys 9&0 200 Free	2:32.70	6/5	#104 Boys 9&0 100 Back	1:16.70	8/8
#106 Boys 9&0 50 Breast	41.10	9/6	#201 Boys 9&0 200 IM	2:51.90	6/6
#203 Boys 9&0 100 Fly	1:17.70	4/1	#205 Boys 9&0 50 Free	30.90	10/3
#303 Boys 9&0 200 Fly	3:05.80	2/5	#305 Boys 9&0 50 Back	35.00	9/2
#402 Boys 9&0 200 Back	2:52.10	3/4	#404 Boys 9&0 100 Free	1:08.70	8/3
#406 Boys 9&0 50 Fly	33.72	8/7			

5 Daisy Lewis - Female - Age: 14 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	38.50	12/8	#304 Girls 9&0 100 Back	1:25.40	9/7
#306 Girls 9&0 50 Breast	46.90	9/2	#401 Girls 9&0 200 IM	3:13.00	6/2
#403 Girls 9&0 100 Fly	1:36.90	3/3	#405 Girls 9&0 50 Free	33.30	13/4

6 Katarina Owen - Female - Age: 11 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:37.73	10/4	#204 Girls 9&0 100 Free	1:26.70	6/1
#306 Girls 9&0 50 Breast	45.00	10/5	#405 Girls 9&0 50 Free	34.10	12/6
#407 Girls 9&0 200 Breast	3:39.30	4/3			

7 Sophie Rochester - Female - Age: 15 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	35.50	15/7	#202 Girls 9&0 200 Back	2:48.60	5/3
#204 Girls 9&0 100 Free	1:08.10	16/3	#206 Girls 9&0 50 Fly	33.49	15/7
#208 Girls 10&0 400 IM	6:13.10	3/8	#302 Girls 9&0 200 Free	2:33.30	10/7
#304 Girls 9&0 100 Back	1:17.20	12/2	#405 Girls 9&0 50 Free	31.31	17/7

8 Fraser Rush - Male - Age: 11 - Ind/Rel: 1 / 0

#205 Boys 9&0 50 Free	33.98	7/3			
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9 Leah Spinks - Female - Age: 11 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:36.97	11/6	#105 Girls 9&0 50 Back	38.28	12/2
#202 Girls 9&0 200 Back	3:06.78	3/4	#204 Girls 9&0 100 Free	1:13.86	12/5
#302 Girls 9&0 200 Free	2:42.91	8/4	#304 Girls 9&0 100 Back	1:24.20	9/3
#405 Girls 9&0 50 Free	34.35	11/3			

10 Elijah Willowe - Male - Age: 11 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	3:18.90	2/5	#106 Boys 9&0 50 Breast	52.30	4/4
#201 Boys 9&0 200 IM	3:49.50	2/7	#205 Boys 9&0 50 Free	38.06	4/1

11 Daisy Winterbottom - Female - Age: 12 - Ind/Rel: 5 / 0

#204 Girls 9&0 100 Free	1:24.70	6/3	#206 Girls 9&0 50 Fly	39.37	9/4
#401 Girls 9&0 200 IM	3:25.40	3/5	#405 Girls 9&0 50 Free	35.20	10/1
#407 Girls 9&0 200 Breast	3:29.69	6/8			

DISS OTTERS SC Total Individual Entries: 58 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

GREAT YARMOUTH SWIMMING CLUB**1 Selby Barnes - Female - Age: 12 - Ind/Rel: 6 / 0**

#302 Girls 9&0 200 Free	3:00.60	5/2	#304 Girls 9&0 100 Back	1:32.90	5/5
#306 Girls 9&0 50 Breast	47.50	8/5	#401 Girls 9&0 200 IM	3:05.79	7/3
#405 Girls 9&0 50 Free	34.00	13/8	#407 Girls 9&0 200 Breast	3:52.50	3/8

2 Lilia Burgoyne - Female - Age: 16 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:05.65	18/6	#206 Girls 9&0 50 Fly	31.63	16/7
#208 Girls 10&0 400 IM	5:37.50	3/4			

3 Jude Butcher - Male - Age: 10 - Ind/Rel: 3 / 0

#102 Boys 9&0 200 Free	3:08.02	3/1	#106 Boys 9&0 50 Breast	49.39	6/2
#207 Boys 9&0 200 Breast	3:47.69	3/1			

4 Noah Carass - Male - Age: 11 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	3:04.10	3/3	#104 Boys 9&0 100 Back	1:37.46	3/4
#106 Boys 9&0 50 Breast	47.30	6/4	#205 Boys 9&0 50 Free	36.60	5/2
#301 Boys 9&0 100 Breast	1:45.26	4/7	#305 Boys 9&0 50 Back	45.50	4/8
#402 Boys 9&0 200 Back	3:33.20	2/1	#404 Boys 9&0 100 Free	1:25.04	4/7

5 Noah Clarke - Male - Age: 10 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:20.00	2/3	#104 Boys 9&0 100 Back	1:30.36	5/7
#106 Boys 9&0 50 Breast	58.70	3/3	#205 Boys 9&0 50 Free	37.34	4/3
#301 Boys 9&0 100 Breast	1:56.21	3/6	#305 Boys 9&0 50 Back	41.35	5/6
#402 Boys 9&0 200 Back	3:26.00	2/7	#404 Boys 9&0 100 Free	1:22.15	4/4
#406 Boys 9&0 50 Fly	42.75	3/4			

6 Evie Dixon - Female - Age: 13 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:33.18	12/4	#105 Girls 9&0 50 Back	35.00	16/7
#202 Girls 9&0 200 Back	2:42.63	6/2	#204 Girls 9&0 100 Free	1:04.90	19/8
#206 Girls 9&0 50 Fly	37.78	11/7	#302 Girls 9&0 200 Free	2:26.71	11/4
#304 Girls 9&0 100 Back	1:14.47	13/4	#306 Girls 9&0 50 Breast	42.53	13/6
#401 Girls 9&0 200 IM	2:50.41	9/3	#405 Girls 9&0 50 Free	29.70	20/8
#407 Girls 9&0 200 Breast	3:20.30	6/3			

7 Evie Doran - Female - Age: 9 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	49.31	3/4	#304 Girls 9&0 100 Back	1:52.10	2/2
#306 Girls 9&0 50 Breast	1:08.60	2/8	#405 Girls 9&0 50 Free	44.70	2/7

8 Evie Harris-Joy - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:35.70	11/5	#105 Girls 9&0 50 Back	41.55	9/2
#204 Girls 9&0 100 Free	1:19.30	9/2	#206 Girls 9&0 50 Fly	43.60	7/7
#302 Girls 9&0 200 Free	3:05.50	4/5	#306 Girls 9&0 50 Breast	43.63	11/4
#405 Girls 9&0 50 Free	35.70	9/4	#407 Girls 9&0 200 Breast	3:22.20	6/6

9 Holly Hensellek - Female - Age: 13 - Ind/Rel: 5 / 0

#103 Girls 9&0 200 Fly	3:28.40	2/2	#105 Girls 9&0 50 Back	42.60	8/5
#401 Girls 9&0 200 IM	3:16.60	5/1	#403 Girls 9&0 100 Fly	1:32.80	4/8
#405 Girls 9&0 50 Free	37.50	6/5			

10 Grace Hunn - Female - Age: 13 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	46.00	5/7	#204 Girls 9&0 100 Free	1:29.70	5/7
#206 Girls 9&0 50 Fly	52.20	3/7	#304 Girls 9&0 100 Back	1:40.90	3/4
#405 Girls 9&0 50 Free	40.10	4/4			

11 Charlie Jones - Male - Age: 12 - Ind/Rel: 4 / 0

#305 Boys 9&0 50 Back	39.50	6/5	#402 Boys 9&0 200 Back	2:59.00	3/7
#404 Boys 9&0 100 Free	1:18.40	5/3	#406 Boys 9&0 50 Fly	42.40	4/8

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GREAT YARMOUTH SWIMMING CLUB**12 Jasmine Jones - Female - Age: 10 - Ind/Rel: 11 / 0**

#101 Girls 9&0 100 Breast	2:23.40	2/7	#105 Girls 9&0 50 Back	45.79	5/6
#202 Girls 9&0 200 Back	NT	1/1	#204 Girls 9&0 100 Free	1:31.84	4/3
#206 Girls 9&0 50 Fly	52.90	3/8	#302 Girls 9&0 200 Free	NT	1/3
#304 Girls 9&0 100 Back	1:39.49	4/1	#306 Girls 9&0 50 Breast	1:03.20	2/3
#401 Girls 9&0 200 IM	NT	1/7	#403 Girls 9&0 100 Fly	NT	1/3
#405 Girls 9&0 50 Free	43.50	2/3			

13 Harry Loveland - Male - Age: 16 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:38.00	3/5	#106 Boys 9&0 50 Breast	53.10	4/6
#205 Boys 9&0 50 Free	40.00	3/6	#301 Boys 9&0 100 Breast	1:36.50	5/4
#305 Boys 9&0 50 Back	42.70	4/3	#404 Boys 9&0 100 Free	1:27.40	3/4
#406 Boys 9&0 50 Fly	55.50	1/4			

14 Elsie Moore - Female - Age: 13 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:49.40	6/2	#105 Girls 9&0 50 Back	42.70	8/6
#107 Girls 9&0 400 Free	6:09.00	3/2	#204 Girls 9&0 100 Free	1:24.00	7/2
#206 Girls 9&0 50 Fly	47.90	5/8			

15 Freya Newbury - Female - Age: 10 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:21.80	2/6	#105 Girls 9&0 50 Back	50.20	3/2
#204 Girls 9&0 100 Free	1:32.00	4/6	#206 Girls 9&0 50 Fly	55.60	2/7
#304 Girls 9&0 100 Back	1:43.80	3/3	#306 Girls 9&0 50 Breast	55.70	4/3
#401 Girls 9&0 200 IM	NT	1/1	#405 Girls 9&0 50 Free	42.20	3/2

16 Starr Nichols - Female - Age: 15 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	36.60	14/2	#204 Girls 9&0 100 Free	1:08.70	16/7
#206 Girls 9&0 50 Fly	37.50	11/6	#304 Girls 9&0 100 Back	1:19.00	11/3
#306 Girls 9&0 50 Breast	46.00	9/4	#401 Girls 9&0 200 IM	2:59.10	8/1
#405 Girls 9&0 50 Free	31.52	16/4			

17 Kayla Palmer - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:59.00	4/3	#105 Girls 9&0 50 Back	41.40	10/8
#202 Girls 9&0 200 Back	3:23.10	2/6	#204 Girls 9&0 100 Free	1:22.30	8/1

18 Charlie Pickering - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:33.62	6/3	#106 Boys 9&0 50 Breast	42.40	8/5
#201 Boys 9&0 200 IM	3:00.10	5/6	#205 Boys 9&0 50 Free	33.40	8/2
#207 Boys 9&0 200 Breast	3:22.50	5/8	#301 Boys 9&0 100 Breast	1:34.20	6/6
#307 Boys 9&0 400 Free	5:19.12	4/1	#404 Boys 9&0 100 Free	1:11.40	7/6
#406 Boys 9&0 50 Fly	37.10	6/2			

19 George Pickering - Male - Age: 10 - Ind/Rel: 3 / 0

#205 Boys 9&0 50 Free	34.58	6/3	#404 Boys 9&0 100 Free	1:18.30	5/5
#406 Boys 9&0 50 Fly	44.24	3/6			

20 George Punter - Male - Age: 13 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:20.85	7/8	#203 Boys 9&0 100 Fly	1:23.80	3/3
#205 Boys 9&0 50 Free	32.80	8/4	#305 Boys 9&0 50 Back	38.02	7/5
#404 Boys 9&0 100 Free	1:12.80	7/8	#406 Boys 9&0 50 Fly	36.62	6/3

21 Leonor Rocha - Female - Age: 13 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	2:21.00	2/3	#206 Girls 9&0 50 Fly	1:02.50	2/8
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22 Sammy Shelton - Male - Age: 10 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	59.50	3/7	#205 Boys 9&0 50 Free	43.70	2/2
#301 Boys 9&0 100 Breast	2:04.08	2/4	#305 Boys 9&0 50 Back	53.20	2/8
#406 Boys 9&0 50 Fly	51.60	2/7			

23 Reign Thornton - Male - Age: 9 - Ind/Rel: 2 / 0

#205 Boys 9&0 50 Free	52.20	1/8	#406 Boys 9&0 50 Fly	1:20.10	1/8
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2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

GREAT YARMOUTH SWIMMING CLUB

24 Ella Treumann - Female - Age: 12 - Ind/Rel: 2 / 0

#304 Girls 9&0 100 Back	1:26.88	8/5	#306 Girls 9&0 50 Breast	47.60	8/6
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25 Lola Treumann - Female - Age: 10 - Ind/Rel: 2 / 0

#304 Girls 9&0 100 Back	1:34.26	5/7	#306 Girls 9&0 50 Breast	59.00	3/2
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26 Leo Wilkins - Male - Age: 11 - Ind/Rel: 12 / 0

#102 Boys 9&0 200 Free	2:39.41	5/4	#104 Boys 9&0 100 Back	1:26.70	6/1
#106 Boys 9&0 50 Breast	45.79	7/2	#201 Boys 9&0 200 IM	3:06.44	4/3
#203 Boys 9&0 100 Fly	1:29.38	2/5	#205 Boys 9&0 50 Free	34.22	7/1
#207 Boys 9&0 200 Breast	3:32.59	4/1	#301 Boys 9&0 100 Breast	1:40.00	5/8
#305 Boys 9&0 50 Back	40.30	6/2	#402 Boys 9&0 200 Back	2:58.09	3/2
#404 Boys 9&0 100 Free	1:14.58	6/6	#406 Boys 9&0 50 Fly	40.13	4/3

27 Maggi Woodrow - Female - Age: 14 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:44.70	8/2	#105 Girls 9&0 50 Back	36.30	14/3
#202 Girls 9&0 200 Back	2:50.60	5/2	#204 Girls 9&0 100 Free	1:12.00	14/7
#206 Girls 9&0 50 Fly	37.30	11/5	#302 Girls 9&0 200 Free	2:37.40	9/3
#304 Girls 9&0 100 Back	1:19.10	11/2	#306 Girls 9&0 50 Breast	46.30	9/6
#401 Girls 9&0 200 IM	2:56.61	8/6	#405 Girls 9&0 50 Free	32.50	14/4

GREAT YARMOUTH SWIMMING CLUB Total Individual Entries: 161 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

LEISTON & DISTRICT SWIMMING CL

1 Alexandra Bulpitt - Female - Age: 11 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	45.30	5/4	#204 Girls 9&0 100 Free	1:31.60	4/4
#206 Girls 9&0 50 Fly	49.30	4/2	#302 Girls 9&0 200 Free	3:01.00	5/1
#304 Girls 9&0 100 Back	1:47.30	3/7	#306 Girls 9&0 50 Breast	56.80	4/7
#405 Girls 9&0 50 Free	39.90	5/1			

2 Charlotte Catchpole - Female - Age: 15 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:33.60	12/6	#204 Girls 9&0 100 Free	1:07.30	17/1
#304 Girls 9&0 100 Back	1:17.30	12/7	#405 Girls 9&0 50 Free	30.50	18/6

3 Ellie Catchpole - Female - Age: 19 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:03.70	19/5	#306 Girls 9&0 50 Breast	36.30	16/4
#405 Girls 9&0 50 Free	28.90	20/4			

4 Gabriella Cooney - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:51.80	6/8	#105 Girls 9&0 50 Back	41.40	9/5
#204 Girls 9&0 100 Free	1:24.60	6/5	#206 Girls 9&0 50 Fly	38.80	10/6
#304 Girls 9&0 100 Back	1:30.80	6/4	#306 Girls 9&0 50 Breast	51.90	5/4
#401 Girls 9&0 200 IM	3:31.80	3/8	#405 Girls 9&0 50 Free	37.00	7/2

5 Petra Cooney - Female - Age: 9 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:51.20	6/1	#105 Girls 9&0 50 Back	42.60	8/3
#204 Girls 9&0 100 Free	1:27.20	6/8	#206 Girls 9&0 50 Fly	45.50	5/3
#306 Girls 9&0 50 Breast	50.00	6/4	#405 Girls 9&0 50 Free	36.90	7/3
#407 Girls 9&0 200 Breast	3:57.00	2/5			

6 Isaac Dinwiddie - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	3:06.90	3/7	#201 Boys 9&0 200 IM	3:21.70	3/7
#203 Boys 9&0 100 Fly	1:46.50	1/4	#205 Boys 9&0 50 Free	35.70	5/4
#301 Boys 9&0 100 Breast	1:55.70	3/3	#305 Boys 9&0 50 Back	44.40	4/2
#404 Boys 9&0 100 Free	1:20.80	5/1	#406 Boys 9&0 50 Fly	40.50	4/6

7 Joshua Dinwiddie - Male - Age: 10 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	3:05.07	3/2	#104 Boys 9&0 100 Back	1:42.50	3/1
#205 Boys 9&0 50 Free	40.20	3/2	#301 Boys 9&0 100 Breast	2:10.20	2/2
#305 Boys 9&0 50 Back	46.30	3/3	#404 Boys 9&0 100 Free	1:40.10	2/6
#406 Boys 9&0 50 Fly	53.60	2/1			

8 Layla Rose Flory - Female - Age: 11 - Ind/Rel: 3 / 0

#304 Girls 9&0 100 Back	2:03.40	1/6	#306 Girls 9&0 50 Breast	49.00	7/3
#405 Girls 9&0 50 Free	40.60	4/6			

9 Aiden Gale - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:26.60	7/5	#104 Boys 9&0 100 Back	1:17.30	7/4
#106 Boys 9&0 50 Breast	42.80	8/6	#201 Boys 9&0 200 IM	2:51.90	6/3
#205 Boys 9&0 50 Free	31.20	9/4	#305 Boys 9&0 50 Back	36.90	8/2
#307 Boys 9&0 400 Free	5:20.60	3/4	#402 Boys 9&0 200 Back	2:45.40	4/2
#404 Boys 9&0 100 Free	1:07.60	9/2			

10 Amelia Glennon - Female - Age: 13 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:37.10	9/4	#304 Girls 9&0 100 Back	1:24.40	9/6
#401 Girls 9&0 200 IM	2:57.70	8/2	#403 Girls 9&0 100 Fly	1:28.50	4/7

11 William Harker - Male - Age: 12 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:54.70	3/5	#305 Boys 9&0 50 Back	42.38	5/8
#404 Boys 9&0 100 Free	1:21.49	5/8	#406 Boys 9&0 50 Fly	45.70	2/4

12 Jack Knight - Male - Age: 15 - Ind/Rel: 3 / 0

#203 Boys 9&0 100 Fly	1:07.71	5/5	#305 Boys 9&0 50 Back	34.30	10/1
#406 Boys 9&0 50 Fly	29.58	11/3			

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Team Entries - All Events

LEISTON & DISTRICT SWIMMING CL**13 Jesse Knight - Male - Age: 12 - Ind/Rel: 8 / 0**

#102 Boys 9&0 200 Free	X2:13.40	9/7	#106 Boys 9&0 50 Breast	36.90	11/5
#201 Boys 9&0 200 IM	X2:29.70	8/2	#207 Boys 9&0 200 Breast	2:56.58	7/8
#301 Boys 9&0 100 Breast	1:19.00	9/3	#303 Boys 9&0 200 Fly	X2:26.00	3/5
#402 Boys 9&0 200 Back	X2:25.30	5/3	#404 Boys 9&0 100 Free	X1:00.60	12/2

14 Livia Lamb - Female - Age: 15 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:09.80	15/3	#206 Girls 9&0 50 Fly	35.30	13/3
#208 Girls 10&0 400 IM	6:25.10	2/6			

15 Emily May - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:37.00	11/2	#206 Girls 9&0 50 Fly	44.50	6/6
#306 Girls 9&0 50 Breast	44.80	11/8	#407 Girls 9&0 200 Breast	3:14.50	7/8

16 Freya May - Female - Age: 15 - Ind/Rel: 7 / 0

#103 Girls 9&0 200 Fly	2:36.60	3/4	#204 Girls 9&0 100 Free	1:03.10	19/4
#206 Girls 9&0 50 Fly	31.23	16/4	#302 Girls 9&0 200 Free	2:16.00	13/4
#401 Girls 9&0 200 IM	2:35.00	10/4	#403 Girls 9&0 100 Fly	1:09.40	7/4
#405 Girls 9&0 50 Free	29.00	20/5			

17 Finley Pawle - Male - Age: 23 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	32.10	13/4	#205 Boys 9&0 50 Free	27.20	15/5
#301 Boys 9&0 100 Breast	1:12.70	10/4	#406 Boys 9&0 50 Fly	29.23	12/8

18 Amber Ridgeon - Female - Age: 20 - Ind/Rel: 3 / 0

#306 Girls 9&0 50 Breast	36.70	16/5	#405 Girls 9&0 50 Free	29.50	20/1
#407 Girls 9&0 200 Breast	2:58.70	7/5			

19 Laurie Scrivener - Male - Age: 10 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:37.00	5/3	#305 Boys 9&0 50 Back	39.20	6/4
#404 Boys 9&0 100 Free	1:16.50	6/1	#406 Boys 9&0 50 Fly	38.80	5/6

20 Thomas Scrivener - Male - Age: 12 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:25.90	8/8	#305 Boys 9&0 50 Back	41.20	6/8
#404 Boys 9&0 100 Free	1:14.50	6/3	#406 Boys 9&0 50 Fly	38.90	5/2

LEISTON & DISTRICT SWIMMING CL Total Individual Entries: 104 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

MARCH MARLINS SWIMMING CLUB**1 Ruby Cranfield - Female - Age: 12 - Ind/Rel: 6 / 0**

#101 Girls 9&0 100 Breast	1:37.80	10/5	#107 Girls 9&0 400 Free	6:48.70	1/3
#202 Girls 9&0 200 Back	3:22.50	2/3	#302 Girls 9&0 200 Free	3:09.30	4/2
#306 Girls 9&0 50 Breast	43.90	11/2	#407 Girls 9&0 200 Breast	3:34.00	5/5

2 Eden Davies - Female - Age: 11 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	39.20	11/2	#202 Girls 9&0 200 Back	3:08.30	3/5
#204 Girls 9&0 100 Free	1:19.70	9/7			

3 Charlie Dixon - Male - Age: 15 - Ind/Rel: 3 / 0

#201 Boys 9&0 200 IM	3:16.80	3/4	#205 Boys 9&0 50 Free	31.50	9/3
#207 Boys 9&0 200 Breast	3:31.10	4/7			

4 Harriet Feaviour - Female - Age: 11 - Ind/Rel: 5 / 0

#302 Girls 9&0 200 Free	2:52.70	7/1	#304 Girls 9&0 100 Back	1:25.50	9/1
#401 Girls 9&0 200 IM	3:03.70	7/4	#403 Girls 9&0 100 Fly	1:24.40	5/8
#405 Girls 9&0 50 Free	34.33	11/5			

5 Dylan Haylock - Male - Age: 12 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:31.50	5/8	#106 Boys 9&0 50 Breast	45.40	7/3
#201 Boys 9&0 200 IM	3:14.60	4/8	#205 Boys 9&0 50 Free	37.20	4/4
#207 Boys 9&0 200 Breast	3:23.10	4/5	#301 Boys 9&0 100 Breast	1:38.20	5/2
#305 Boys 9&0 50 Back	42.60	4/5	#402 Boys 9&0 200 Back	3:06.10	2/4

6 Mia Jones - Female - Age: 13 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:29.50	13/2	#105 Girls 9&0 50 Back	38.10	12/3
#202 Girls 9&0 200 Back	2:50.10	5/6	#204 Girls 9&0 100 Free	1:15.80	11/6
#206 Girls 9&0 50 Fly	38.60	10/5			

7 Alfie McClure - Male - Age: 12 - Ind/Rel: 3 / 0

#305 Boys 9&0 50 Back	40.30	6/6	#404 Boys 9&0 100 Free	1:17.60	5/4
#406 Boys 9&0 50 Fly	36.00	7/3			

8 Archie McClure - Male - Age: 14 - Ind/Rel: 4 / 0

#303 Boys 9&0 200 Fly	2:38.60	3/7	#305 Boys 9&0 50 Back	33.80	10/3
#404 Boys 9&0 100 Free	1:02.50	11/3	#406 Boys 9&0 50 Fly	30.00	11/7

9 Niamh O'Donoghue - Female - Age: 14 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:34.80	12/1	#105 Girls 9&0 50 Back	35.90	14/4
#204 Girls 9&0 100 Free	1:10.40	15/1	#206 Girls 9&0 50 Fly	34.20	14/3
#208 Girls 10&0 400 IM	5:58.80	3/2			

10 Kitty Payne - Female - Age: 14 - Ind/Rel: 6 / 0

#302 Girls 9&0 200 Free	2:26.90	11/3	#304 Girls 9&0 100 Back	1:20.30	10/5
#306 Girls 9&0 50 Breast	43.10	12/3	#401 Girls 9&0 200 IM	2:50.60	9/2
#403 Girls 9&0 100 Fly	1:19.20	5/5	#405 Girls 9&0 50 Free	30.50	18/3

11 Harry Rickard S15 - Male - Age: 15 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:12.80	9/8	#106 Boys 9&0 50 Breast	36.00	12/2
#205 Boys 9&0 50 Free	28.50	13/4			

12 Mason Riley - Male - Age: 14 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:28.40	7/6	#305 Boys 9&0 50 Back	33.80	10/5
#404 Boys 9&0 100 Free	1:05.90	9/5	#406 Boys 9&0 50 Fly	35.00	7/5

13 Christopher Scott - Male - Age: 15 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	38.00	10/4	#205 Boys 9&0 50 Free	28.80	12/4
#207 Boys 9&0 200 Breast	3:04.20	6/2			

14 Nyah Scott - Female - Age: 13 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	37.80	12/4	#204 Girls 9&0 100 Free	1:13.00	13/1
#206 Girls 9&0 50 Fly	36.50	12/3			

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

MARCH MARLINS SWIMMING CLUB**15 Seren Stapley - Female - Age: 13 - Ind/Rel: 5 / 0**

#105 Girls 9&0 50 Back	39.20	11/6	#107 Girls 9&0 400 Free	6:32.50	2/7
#202 Girls 9&0 200 Back	3:17.20	3/8	#204 Girls 9&0 100 Free	1:19.30	9/6
#206 Girls 9&0 50 Fly	40.70	9/2			

16 Isla Staton - Female - Age: 14 - Ind/Rel: 5 / 0

#304 Girls 9&0 100 Back	1:14.10	14/1	#306 Girls 9&0 50 Breast	40.60	15/1
#401 Girls 9&0 200 IM	2:42.60	10/7	#403 Girls 9&0 100 Fly	1:13.80	7/6
#405 Girls 9&0 50 Free	31.50	17/8			

17 Noah Staton - Male - Age: 12 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	44.30	7/4	#203 Boys 9&0 100 Fly	1:27.10	2/4
#205 Boys 9&0 50 Free	34.50	6/5			

18 Hana Stoner - Female - Age: 12 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	39.70	11/7	#202 Girls 9&0 200 Back	2:59.00	4/5
#206 Girls 9&0 50 Fly	38.40	11/8			

MARCH MARLINS SWIMMING CLUB Total Individual Entries: 77 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

NORTH NORFOLK VIKINGS SWIMMING-ZZ**1 Finn Callaby - Male - Age: 11 - Ind/Rel: 7 / 0**

#102 Boys 9&0 200 Free	3:12.30	2/4	#106 Boys 9&0 50 Breast	49.56	6/8
#205 Boys 9&0 50 Free	38.02	4/7	#207 Boys 9&0 200 Breast	3:52.46	3/8
#301 Boys 9&0 100 Breast	1:50.60	3/4	#305 Boys 9&0 50 Back	45.36	4/1
#404 Boys 9&0 100 Free	1:23.80	4/3			

2 Layla Callaby - Female - Age: 14 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	34.96	16/2	#107 Girls 9&0 400 Free	5:22.70	4/4
#202 Girls 9&0 200 Back	2:47.20	5/5	#204 Girls 9&0 100 Free	1:13.20	13/8
#302 Girls 9&0 200 Free	2:37.40	9/5	#304 Girls 9&0 100 Back	1:19.00	11/6
#405 Girls 9&0 50 Free	31.66	16/3			

3 Amber Clark - Female - Age: 15 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:38.78	10/8	#105 Girls 9&0 50 Back	42.70	8/2
#206 Girls 9&0 50 Fly	41.60	8/6	#304 Girls 9&0 100 Back	1:30.00	7/7
#306 Girls 9&0 50 Breast	42.38	13/3	#401 Girls 9&0 200 IM	3:14.30	5/3
#405 Girls 9&0 50 Free	34.70	11/8	#407 Girls 9&0 200 Breast	3:35.32	5/3

4 Amelie Cutting - Female - Age: 11 - Ind/Rel: 6 / 0

#302 Girls 9&0 200 Free	3:10.10	4/1	#304 Girls 9&0 100 Back	1:31.95	6/1
#306 Girls 9&0 50 Breast	58.90	3/6	#401 Girls 9&0 200 IM	3:27.67	3/2
#403 Girls 9&0 100 Fly	1:38.98	3/2	#405 Girls 9&0 50 Free	37.36	6/4

5 George Edridge - Male - Age: 16 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:15.70	9/8	#106 Boys 9&0 50 Breast	37.50	11/7
#203 Boys 9&0 100 Fly	1:11.60	5/1	#205 Boys 9&0 50 Free	28.10	14/6
#301 Boys 9&0 100 Breast	1:23.20	8/3	#307 Boys 9&0 400 Free	4:55.30	4/3
#404 Boys 9&0 100 Free	1:00.50	12/6	#406 Boys 9&0 50 Fly	30.54	10/3

6 Milly Edridge - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:44.90	8/1	#105 Girls 9&0 50 Back	43.20	7/5
#204 Girls 9&0 100 Free	1:13.88	12/3	#206 Girls 9&0 50 Fly	44.60	6/2
#302 Girls 9&0 200 Free	2:43.33	8/5	#306 Girls 9&0 50 Breast	49.00	7/5
#405 Girls 9&0 50 Free	33.65	13/6	#407 Girls 9&0 200 Breast	3:43.60	4/8

7 Zack Edridge - Male - Age: 16 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:15.80	8/1	#106 Boys 9&0 50 Breast	39.40	10/6
#201 Boys 9&0 200 IM	2:41.40	7/2	#205 Boys 9&0 50 Free	28.73	13/8
#301 Boys 9&0 100 Breast	1:26.20	7/4	#305 Boys 9&0 50 Back	35.40	9/1
#404 Boys 9&0 100 Free	1:02.90	11/2	#406 Boys 9&0 50 Fly	31.60	9/3

8 Amelia Hudson - Female - Age: 12 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:45.00	8/8	#105 Girls 9&0 50 Back	44.00	7/2
#107 Girls 9&0 400 Free	6:34.18	2/1			

9 Darcie Lee - Female - Age: 12 - Ind/Rel: 4 / 0

#304 Girls 9&0 100 Back	1:48.10	2/4	#306 Girls 9&0 50 Breast	58.50	3/5
#403 Girls 9&0 100 Fly	1:52.90	2/1	#405 Girls 9&0 50 Free	42.10	3/6

10 Samuel Morton - Male - Age: 20 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	35.59	12/5	#203 Boys 9&0 100 Fly	1:07.70	5/4
#207 Boys 9&0 200 Breast	2:47.20	7/6	#301 Boys 9&0 100 Breast	1:16.30	10/1

11 Rose Newbrook - Female - Age: 11 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:56.60	5/1	#204 Girls 9&0 100 Free	1:36.36	3/3
#306 Girls 9&0 50 Breast	53.00	5/2	#405 Girls 9&0 50 Free	43.80	2/6

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Team Entries - All Events

NORTH NORFOLK VIKINGS SWIMMING-ZZ**12 Lexie Parker - Female - Age: 12 - Ind/Rel: 10 / 0**

#103 Girls 9&0 200 Fly	3:47.90	1/5	#107 Girls 9&0 400 Free	6:08.29	3/6
#202 Girls 9&0 200 Back	3:05.70	4/8	#206 Girls 9&0 50 Fly	43.09	7/5
#208 Girls 10&0 400 IM	7:06.70	2/7	#302 Girls 9&0 200 Free	2:56.56	6/2
#304 Girls 9&0 100 Back	1:28.77	8/1	#306 Girls 9&0 50 Breast	51.70	6/1
#405 Girls 9&0 50 Free	38.08	6/7	#407 Girls 9&0 200 Breast	3:55.00	2/4

13 Stefanie Smolczewski - Female - Age: 12 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	2:04.10	4/1	#204 Girls 9&0 100 Free	1:32.40	4/2
#306 Girls 9&0 50 Breast	55.40	4/5	#405 Girls 9&0 50 Free	43.00	3/1

14 Ellen Turner - Female - Age: 14 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	41.40	9/3	#202 Girls 9&0 200 Back	3:17.20	2/4
#206 Girls 9&0 50 Fly	39.10	10/8	#306 Girls 9&0 50 Breast	45.80	10/1
#401 Girls 9&0 200 IM	3:14.20	5/5	#405 Girls 9&0 50 Free	34.40	11/6

15 Emma Willimott - Female - Age: 10 - Ind/Rel: 6 / 0

#302 Girls 9&0 200 Free	3:11.43	4/8	#304 Girls 9&0 100 Back	1:51.30	2/6
#306 Girls 9&0 50 Breast	57.50	3/4	#401 Girls 9&0 200 IM	3:36.00	2/5
#403 Girls 9&0 100 Fly	1:42.40	2/5	#405 Girls 9&0 50 Free	36.54	8/5

NORTH NORFOLK VIKINGS SWIMMING-ZZ Total Individual Entries: 93 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

TEAM WAVENEY SWIMMING CLUB-EA

1 Emily Colls - Female - Age: 14 - Ind/Rel: 2 / 0					
#304 Girls 9&0 100 Back	1:17.74	12/1	#306 Girls 9&0 50 Breast	41.55	14/6
2 Harry Edwards - Male - Age: 13 - Ind/Rel: 5 / 0					
#201 Boys 9&0 200 IM	2:55.60	5/4	#205 Boys 9&0 50 Free	31.59	9/6
#402 Boys 9&0 200 Back	2:53.46	3/6	#404 Boys 9&0 100 Free	1:27.74	3/5
#406 Boys 9&0 50 Fly	37.62	6/8			
3 Ben Every - Male - Age: 17 - Ind/Rel: 4 / 0					
#205 Boys 9&0 50 Free	24.81	16/4	#301 Boys 9&0 100 Breast	1:14.43	10/6
#404 Boys 9&0 100 Free	55.47	13/5	#406 Boys 9&0 50 Fly	26.39	12/4
4 Ama Filote - Female - Age: 11 - Ind/Rel: 4 / 0					
#206 Girls 9&0 50 Fly	49.63	4/7	#401 Girls 9&0 200 IM	3:53.94	2/7
#405 Girls 9&0 50 Free	38.85	5/5	#407 Girls 9&0 200 Breast	4:09.27	2/2
5 Luca Filote - Male - Age: 9 - Ind/Rel: 2 / 0					
#205 Boys 9&0 50 Free	51.93	1/1	#404 Boys 9&0 100 Free	2:11.29	1/2
6 Hayden Garrod - Male - Age: 17 - Ind/Rel: 2 / 0					
#203 Boys 9&0 100 Fly	1:03.91	6/6	#205 Boys 9&0 50 Free	27.22	15/3
7 Charlie Holland - Male - Age: 11 - Ind/Rel: 2 / 0					
#205 Boys 9&0 50 Free	41.31	2/5	#207 Boys 9&0 200 Breast	NT	1/5
8 Cody Holland - Male - Age: 12 - Ind/Rel: 3 / 0					
#201 Boys 9&0 200 IM	NT	1/6	#205 Boys 9&0 50 Free	33.84	7/4
#207 Boys 9&0 200 Breast	NT	1/4			
9 Mairead Holmes - Female - Age: 10 - Ind/Rel: 3 / 0					
#304 Girls 9&0 100 Back	1:36.23	4/5	#401 Girls 9&0 200 IM	3:44.97	2/2
#405 Girls 9&0 50 Free	39.02	5/6			
10 Indie Horton - Female - Age: 13 - Ind/Rel: 2 / 0					
#204 Girls 9&0 100 Free	1:05.73	18/2	#206 Girls 9&0 50 Fly	X31.26	16/5
11 Alex Karliychuk - Male - Age: 12 - Ind/Rel: 4 / 0					
#205 Boys 9&0 50 Free	39.52	3/4	#305 Boys 9&0 50 Back	45.58	3/4
#404 Boys 9&0 100 Free	1:29.70	3/1	#406 Boys 9&0 50 Fly	56.86	1/5
12 Mia King - Female - Age: 13 - Ind/Rel: 4 / 0					
#204 Girls 9&0 100 Free	1:10.05	15/6	#306 Girls 9&0 50 Breast	41.59	14/7
#401 Girls 9&0 200 IM	2:55.02	9/8	#405 Girls 9&0 50 Free	31.94	16/1
13 Tessa Knights - Female - Age: 13 - Ind/Rel: 4 / 0					
#204 Girls 9&0 100 Free	1:19.14	9/5	#206 Girls 9&0 50 Fly	46.85	5/7
#306 Girls 9&0 50 Breast	56.17	4/2	#405 Girls 9&0 50 Free	35.75	9/6
14 Oscar Lincoln - Male - Age: 13 - Ind/Rel: 2 / 0					
#301 Boys 9&0 100 Breast	1:44.02	4/6	#305 Boys 9&0 50 Back	48.22	2/5
15 Daisy Mortimer-Coles - Female - Age: 11 - Ind/Rel: 5 / 0					
#204 Girls 9&0 100 Free	1:16.78	11/8	#206 Girls 9&0 50 Fly	37.81	11/1
#304 Girls 9&0 100 Back	1:29.38	7/5	#401 Girls 9&0 200 IM	3:06.83	6/4
#405 Girls 9&0 50 Free	34.90	10/6			
16 Jessica Nichols - Female - Age: 14 - Ind/Rel: 2 / 0					
#202 Girls 9&0 200 Back	2:57.72	5/8	#204 Girls 9&0 100 Free	1:20.74	8/4
17 Lewis Scott - Male - Age: 12 - Ind/Rel: 2 / 0					
#203 Boys 9&0 100 Fly	1:26.73	3/8	#207 Boys 9&0 200 Breast	3:38.30	3/3

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Team Entries - All Events

TEAM WAVENEY SWIMMING CLUB-EA**18 Harmony Smith - Female - Age: 11 - Ind/Rel: 5 / 0**

#204 Girls 9&0 100 Free	1:15.75	11/5	#206 Girls 9&0 50 Fly	37.21	11/4
#306 Girls 9&0 50 Breast	46.14	9/5	#401 Girls 9&0 200 IM	3:06.12	7/2
#405 Girls 9&0 50 Free	33.33	13/5			

19 Matilda Smith - Female - Age: 14 - Ind/Rel: 6 / 0

#202 Girls 9&0 200 Back	3:31.84	2/7	#204 Girls 9&0 100 Free	1:10.48	15/8
#206 Girls 9&0 50 Fly	36.16	13/1	#304 Girls 9&0 100 Back	1:21.81	10/7
#403 Girls 9&0 100 Fly	1:24.50	4/4	#405 Girls 9&0 50 Free	32.35	15/7

20 Charles Stock - Male - Age: 16 - Ind/Rel: 4 / 0

#305 Boys 9&0 50 Back	41.70	5/7	#402 Boys 9&0 200 Back	3:16.91	2/6
#404 Boys 9&0 100 Free	1:05.38	10/8	#406 Boys 9&0 50 Fly	30.39	10/4

21 Frankie Thompson - Female - Age: 15 - Ind/Rel: 1 / 0

#204 Girls 9&0 100 Free	1:06.90	17/3			
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22 Maia Thompson - Female - Age: 17 - Ind/Rel: 2 / 0

#202 Girls 9&0 200 Back	2:32.76	7/5	#204 Girls 9&0 100 Free	1:07.19	17/7
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23 Isabelle Wild - Female - Age: 13 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:11.36	14/2	#206 Girls 9&0 50 Fly	37.45	11/3
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TEAM WAVENEY SWIMMING CLUB-EA Total Individual Entries: 72 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

THETFORD DOLPHINS SC**1 Isabella Barton - Female - Age: 12 - Ind/Rel: 8 / 0**

#101 Girls 9&0 100 Breast	1:54.15	5/6	#105 Girls 9&0 50 Back	50.28	3/7
#204 Girls 9&0 100 Free	1:21.67	8/2	#206 Girls 9&0 50 Fly	45.43	5/5
#302 Girls 9&0 200 Free	3:14.21	3/5	#306 Girls 9&0 50 Breast	49.23	7/6
#403 Girls 9&0 100 Fly	1:49.45	2/2	#405 Girls 9&0 50 Free	34.84	10/5

2 Amelie Bartram - Female - Age: 11 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	43.65	7/6	#204 Girls 9&0 100 Free	1:22.14	8/7
#206 Girls 9&0 50 Fly	41.13	8/4	#304 Girls 9&0 100 Back	1:35.87	5/8
#306 Girls 9&0 50 Breast	52.18	5/6	#403 Girls 9&0 100 Fly	1:39.91	3/1
#405 Girls 9&0 50 Free	35.98	9/7			

3 William Bartram - Male - Age: 14 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	39.88	10/2	#205 Boys 9&0 50 Free	34.00	7/6
#207 Boys 9&0 200 Breast	3:18.74	5/2			

4 Olivia Bradley - Female - Age: 13 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:38.80	9/4	#105 Girls 9&0 50 Back	38.20	12/6
#202 Girls 9&0 200 Back	3:11.19	3/6	#204 Girls 9&0 100 Free	1:15.07	12/1
#306 Girls 9&0 50 Breast	40.54	15/7			

5 Reggie Britcher - Male - Age: 16 - Ind/Rel: 4 / 0

#203 Boys 9&0 100 Fly	1:04.52	6/2	#205 Boys 9&0 50 Free	26.12	16/2
#404 Boys 9&0 100 Free	57.49	13/6	#406 Boys 9&0 50 Fly	29.50	11/5

6 Amber Bunting - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:52.94	5/3	#105 Girls 9&0 50 Back	37.31	13/3
#204 Girls 9&0 100 Free	1:16.40	11/7	#206 Girls 9&0 50 Fly	40.92	9/1
#302 Girls 9&0 200 Free	2:47.04	8/1	#304 Girls 9&0 100 Back	1:27.26	8/6
#401 Girls 9&0 200 IM	3:19.75	4/3			

7 Olivia Butlin - Female - Age: 14 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	34.33	16/5	#206 Girls 9&0 50 Fly	32.53	16/8
#304 Girls 9&0 100 Back	1:14.55	13/5	#403 Girls 9&0 100 Fly	1:14.93	7/1
#405 Girls 9&0 50 Free	30.31	19/1			

8 Olivia Canham - Female - Age: 14 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:34.73	12/7	#105 Girls 9&0 50 Back	39.71	11/1
#204 Girls 9&0 100 Free	1:13.00	13/7	#206 Girls 9&0 50 Fly	39.04	10/7
#302 Girls 9&0 200 Free	2:44.44	8/2	#304 Girls 9&0 100 Back	1:26.90	8/3
#306 Girls 9&0 50 Breast	41.66	14/1	#401 Girls 9&0 200 IM	3:06.31	7/7
#405 Girls 9&0 50 Free	33.68	13/7	#407 Girls 9&0 200 Breast	3:30.05	5/4

9 Bill Dean - Male - Age: 10 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:04.55	3/6	#104 Boys 9&0 100 Back	1:41.42	3/2
#203 Boys 9&0 100 Fly	1:48.70	1/5	#205 Boys 9&0 50 Free	39.47	4/8
#404 Boys 9&0 100 Free	1:26.46	4/1	#406 Boys 9&0 50 Fly	45.01	3/1

10 Sonny Dean - Male - Age: 12 - Ind/Rel: 5 / 0

#203 Boys 9&0 100 Fly	1:18.68	3/4	#205 Boys 9&0 50 Free	30.75	10/4
#303 Boys 9&0 200 Fly	2:56.30	2/4	#404 Boys 9&0 100 Free	1:09.71	8/7
#406 Boys 9&0 50 Fly	34.85	8/1			

11 Francisco Estanol-Chandler - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:45.94	5/2	#104 Boys 9&0 100 Back	1:21.15	6/5
#106 Boys 9&0 50 Breast	45.87	7/1	#205 Boys 9&0 50 Free	33.48	8/7
#207 Boys 9&0 200 Breast	3:35.58	4/8	#305 Boys 9&0 50 Back	37.88	8/1
#307 Boys 9&0 400 Free	5:47.72	2/5	#402 Boys 9&0 200 Back	2:51.69	4/8
#404 Boys 9&0 100 Free	1:14.16	6/5			

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THETFORD DOLPHINS SC**12 Richenda-Rose Gaze - Female - Age: 15 - Ind/Rel: 3 / 0**

#101 Girls 9&0 100 Breast	1:55.83	5/7	#306 Girls 9&0 50 Breast	52.17	5/3
#405 Girls 9&0 50 Free	40.71	4/2			

13 Zackary Goodwin - Male - Age: 14 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:14.44	8/3	#205 Boys 9&0 50 Free	29.69	12/1
#305 Boys 9&0 50 Back	35.53	8/4	#404 Boys 9&0 100 Free	1:05.03	10/7
#406 Boys 9&0 50 Fly	36.03	7/2			

14 Erin Hanna - Female - Age: 14 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	37.71	13/1	#202 Girls 9&0 200 Back	3:01.08	4/3
#204 Girls 9&0 100 Free	1:14.55	12/2	#302 Girls 9&0 200 Free	2:49.82	7/3
#304 Girls 9&0 100 Back	1:24.07	9/5	#405 Girls 9&0 50 Free	32.81	14/7

15 James Jones - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:27.17	7/6	#104 Boys 9&0 100 Back	1:13.78	8/4
#201 Boys 9&0 200 IM	2:49.95	6/4	#205 Boys 9&0 50 Free	30.96	10/6
#305 Boys 9&0 50 Back	34.50	9/4	#307 Boys 9&0 400 Free	5:13.62	4/6
#402 Boys 9&0 200 Back	2:38.39	4/3	#404 Boys 9&0 100 Free	1:07.39	9/6
#408 Boys 10&0 400 IM	6:05.98	2/2			

16 Diana Jonynaite - Female - Age: 13 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:40.06	9/2	#206 Girls 9&0 50 Fly	43.65	7/1
#306 Girls 9&0 50 Breast	46.22	9/3			

17 Cruze Joseph - Male - Age: 13 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:22.65	8/7	#106 Boys 9&0 50 Breast	42.51	8/3
#205 Boys 9&0 50 Free	28.71	13/1	#404 Boys 9&0 100 Free	1:02.51	11/6
#406 Boys 9&0 50 Fly	33.22	8/6			

18 Charlie Latta Diaz - Male - Age: 14 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:14.98	8/7	#203 Boys 9&0 100 Fly	1:15.58	4/3
#303 Boys 9&0 200 Fly	2:55.67	3/8	#305 Boys 9&0 50 Back	34.32	10/8
#406 Boys 9&0 50 Fly	33.67	8/2			

19 Emma-Louise Lovegrove - Female - Age: 16 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	34.11	17/1	#107 Girls 9&0 400 Free	5:28.66	4/5
#302 Girls 9&0 200 Free	2:28.26	11/1	#405 Girls 9&0 50 Free	30.09	19/3

20 Francesca McKerr - Female - Age: 11 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:50.07	6/7	#202 Girls 9&0 200 Back	3:55.19	1/6
#304 Girls 9&0 100 Back	1:40.83	4/8	#405 Girls 9&0 50 Free	37.33	7/8

21 Theo Middlebrook - Male - Age: 13 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:46.34	5/7	#203 Boys 9&0 100 Fly	1:16.79	4/6
#205 Boys 9&0 50 Free	31.21	9/5	#305 Boys 9&0 50 Back	38.82	7/1
#406 Boys 9&0 50 Fly	36.43	6/5			

22 Jacob Minty - Male - Age: 9 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	49.55	6/1	#205 Boys 9&0 50 Free	37.30	4/5
#305 Boys 9&0 50 Back	44.55	4/7			

23 William Minty - Male - Age: 12 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	39.88	10/7	#207 Boys 9&0 200 Breast	3:23.04	4/4
#301 Boys 9&0 100 Breast	1:35.65	6/1			

24 Daisy Munro - Female - Age: 14 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:41.38	8/4	#105 Girls 9&0 50 Back	36.61	14/7
#204 Girls 9&0 100 Free	1:15.76	11/3	#206 Girls 9&0 50 Fly	40.04	9/5
#302 Girls 9&0 200 Free	2:50.25	7/6	#304 Girls 9&0 100 Back	1:29.64	7/2
#306 Girls 9&0 50 Breast	41.94	13/4	#401 Girls 9&0 200 IM	3:08.82	6/3
#405 Girls 9&0 50 Free	32.98	14/1	#407 Girls 9&0 200 Breast	3:42.50	4/7

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

THETFORD DOLPHINS SC**25 Amelia Ramjohn - Female - Age: 14 - Ind/Rel: 9 / 0**

#101 Girls 9&0 100 Breast	1:48.18	6/5	#105 Girls 9&0 50 Back	44.37	6/4
#202 Girls 9&0 200 Back	3:40.55	2/1	#204 Girls 9&0 100 Free	1:26.17	6/2
#206 Girls 9&0 50 Fly	46.18	5/2	#304 Girls 9&0 100 Back	1:36.92	4/6
#306 Girls 9&0 50 Breast	49.56	7/8	#405 Girls 9&0 50 Free	36.80	7/5
#407 Girls 9&0 200 Breast	3:59.63	2/3			

26 Erin Riding - Female - Age: 10 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:24.51	7/8	#206 Girls 9&0 50 Fly	42.66	8/1
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27 Jack Riding - Male - Age: 14 - Ind/Rel: 6 / 0

#203 Boys 9&0 100 Fly	1:06.29	6/7	#205 Boys 9&0 50 Free	28.18	14/7
#303 Boys 9&0 200 Fly	2:36.51	3/2	#305 Boys 9&0 50 Back	32.99	11/2
#404 Boys 9&0 100 Free	1:04.50	10/6	#406 Boys 9&0 50 Fly	31.31	9/4

28 Jack Tooke - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:56.16	4/1	#104 Boys 9&0 100 Back	1:21.99	6/2
#201 Boys 9&0 200 IM	3:21.17	3/2	#205 Boys 9&0 50 Free	30.98	10/1
#301 Boys 9&0 100 Breast	1:50.60	4/8	#305 Boys 9&0 50 Back	38.02	7/4
#404 Boys 9&0 100 Free	1:11.02	7/5	#406 Boys 9&0 50 Fly	36.93	6/6

29 Ruby Welch - Female - Age: 15 - Ind/Rel: 3 / 0

#302 Girls 9&0 200 Free	2:30.98	10/5	#403 Girls 9&0 100 Fly	1:15.17	6/4
#405 Girls 9&0 50 Free	30.81	18/8			

30 Jack Winborn - Male - Age: 16 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:17.86	7/3	#106 Boys 9&0 50 Breast	42.23	8/4
#205 Boys 9&0 50 Free	30.97	10/7	#301 Boys 9&0 100 Breast	1:38.86	5/7
#305 Boys 9&0 50 Back	34.91	9/6	#402 Boys 9&0 200 Back	2:53.02	3/3
#404 Boys 9&0 100 Free	1:07.71	9/7	#406 Boys 9&0 50 Fly	36.36	7/1

THETFORD DOLPHINS SC Total Individual Entries: 170 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

WEST NORFOLK SWIMMING CLUB**1 Kari-Ella Bailey - Female - Age: 15 - Ind/Rel: 4 / 0**

#302 Girls 9&0 200 Free	2:33.40	10/1	#304 Girls 9&0 100 Back	1:21.50	10/2
#306 Girls 9&0 50 Breast	43.49	12/1	#405 Girls 9&0 50 Free	33.20	14/8

2 Arabella Bishop - Female - Age: 15 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:33.60	12/3	#105 Girls 9&0 50 Back	36.00	14/5
#202 Girls 9&0 200 Back	2:50.80	5/7	#304 Girls 9&0 100 Back	1:19.20	11/1
#306 Girls 9&0 50 Breast	41.40	14/4	#405 Girls 9&0 50 Free	33.67	13/2
#407 Girls 9&0 200 Breast	3:20.00	6/5			

3 Ashton Busby - Male - Age: 15 - Ind/Rel: 2 / 0

#203 Boys 9&0 100 Fly	1:17.70	4/8	#205 Boys 9&0 50 Free	29.39	12/2
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4 Junru Cai - Male - Age: 13 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	37.25	11/6	#205 Boys 9&0 50 Free	28.63	13/6
#301 Boys 9&0 100 Breast	1:21.90	8/4	#305 Boys 9&0 50 Back	34.05	10/2
#406 Boys 9&0 50 Fly	31.14	10/8			

5 Alexandra Cerps - Female - Age: 12 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:37.60	11/8	#105 Girls 9&0 50 Back	39.76	11/8
#107 Girls 9&0 400 Free	5:32.08	4/6	#202 Girls 9&0 200 Back	2:54.95	5/1
#204 Girls 9&0 100 Free	1:12.97	13/2	#304 Girls 9&0 100 Back	1:23.30	10/8
#306 Girls 9&0 50 Breast	42.92	12/4	#405 Girls 9&0 50 Free	34.80	10/4
#407 Girls 9&0 200 Breast	3:22.60	6/2			

6 Mabelle Chadderton - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:30.44	13/1	#105 Girls 9&0 50 Back	38.37	12/7
#204 Girls 9&0 100 Free	1:12.50	13/4	#206 Girls 9&0 50 Fly	38.49	10/4
#302 Girls 9&0 200 Free	2:32.18	10/2	#306 Girls 9&0 50 Breast	41.57	14/2
#405 Girls 9&0 50 Free	32.58	14/3	#407 Girls 9&0 200 Breast	3:11.35	7/2

7 Nellie Chadderton - Female - Age: 13 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	37.41	13/6	#107 Girls 9&0 400 Free	5:07.20	5/3
#204 Girls 9&0 100 Free	1:09.30	16/8	#208 Girls 10&0 400 IM	5:50.70	3/3
#302 Girls 9&0 200 Free	2:27.60	11/2	#304 Girls 9&0 100 Back	1:15.70	13/2
#401 Girls 9&0 200 IM	2:47.05	9/4	#407 Girls 9&0 200 Breast	3:13.90	7/1

8 Harry Clarke - Male - Age: 14 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:12.40	9/7	#106 Boys 9&0 50 Breast	37.80	11/1
#201 Boys 9&0 200 IM	2:35.70	7/4	#207 Boys 9&0 200 Breast	2:56.30	7/1
#301 Boys 9&0 100 Breast	1:21.60	9/8	#305 Boys 9&0 50 Back	33.81	10/6
#402 Boys 9&0 200 Back	2:36.70	4/4	#408 Boys 10&0 400 IM	5:26.18	2/5

9 Daisy Covell - Female - Age: 16 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:33.50	12/5	#105 Girls 9&0 50 Back	37.70	13/7
#204 Girls 9&0 100 Free	1:09.40	15/4	#304 Girls 9&0 100 Back	1:20.70	10/6
#306 Girls 9&0 50 Breast	42.80	13/1	#401 Girls 9&0 200 IM	2:58.00	8/7
#405 Girls 9&0 50 Free	32.20	15/6			

10 Ella Dickens - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:43.40	8/3	#105 Girls 9&0 50 Back	41.20	10/7
#107 Girls 9&0 400 Free	6:19.30	2/4	#202 Girls 9&0 200 Back	3:05.50	4/1
#204 Girls 9&0 100 Free	1:18.10	10/6	#206 Girls 9&0 50 Fly	44.47	6/3

11 Thomas Elsdon - Male - Age: 15 - Ind/Rel: 3 / 0

#201 Boys 9&0 200 IM	3:16.90	3/5	#205 Boys 9&0 50 Free	31.07	10/8
#404 Boys 9&0 100 Free	1:08.27	8/4			

12 Thomas Garnett - Male - Age: 18 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:05.00	10/3	#201 Boys 9&0 200 IM	2:25.60	8/4
#205 Boys 9&0 50 Free	25.66	16/3			

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Team Entries - All Events

WEST NORFOLK SWIMMING CLUB**13 Noah Goodson - Male - Age: 13 - Ind/Rel: 6 / 0**

#102 Boys 9&0 200 Free	2:17.53	8/5	#203 Boys 9&0 100 Fly	1:14.02	5/8
#205 Boys 9&0 50 Free	29.10	12/6	#307 Boys 9&0 400 Free	4:50.00	5/8
#404 Boys 9&0 100 Free	1:03.50	10/5	#406 Boys 9&0 50 Fly	31.78	9/6

14 Daniel Grimmer - Male - Age: 19 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:05.90	9/4	#203 Boys 9&0 100 Fly	1:02.80	6/4
#307 Boys 9&0 400 Free	4:33.40	5/4	#404 Boys 9&0 100 Free	57.74	13/2
#406 Boys 9&0 50 Fly	28.25	12/2			

15 Kye Harrington - Male - Age: 17 - Ind/Rel: 3 / 0

#203 Boys 9&0 100 Fly	1:03.76	6/3	#303 Boys 9&0 200 Fly	2:18.70	3/4
#307 Boys 9&0 400 Free	4:34.60	5/5			

16 Madison Hicks - Female - Age: 14 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:27.10	13/3	#107 Girls 9&0 400 Free	4:59.50	6/3
#202 Girls 9&0 200 Back	2:39.00	6/4	#204 Girls 9&0 100 Free	1:06.70	17/4
#302 Girls 9&0 200 Free	2:20.60	13/2	#304 Girls 9&0 100 Back	1:17.00	12/3
#401 Girls 9&0 200 IM	2:41.50	10/2	#403 Girls 9&0 100 Fly	1:15.90	6/5

17 Frances Hurst - Female - Age: 13 - Ind/Rel: 6 / 0

#302 Girls 9&0 200 Free	2:52.70	7/8	#304 Girls 9&0 100 Back	1:32.30	6/8
#306 Girls 9&0 50 Breast	45.30	10/2	#401 Girls 9&0 200 IM	3:05.84	7/6
#405 Girls 9&0 50 Free	36.70	8/1	#407 Girls 9&0 200 Breast	3:41.50	4/2

18 Kirill Ivanenco - Male - Age: 14 - Ind/Rel: 6 / 0

#203 Boys 9&0 100 Fly	1:07.67	6/8	#205 Boys 9&0 50 Free	30.10	11/2
#305 Boys 9&0 50 Back	34.10	10/7	#307 Boys 9&0 400 Free	5:27.40	3/6
#404 Boys 9&0 100 Free	1:08.05	9/1	#406 Boys 9&0 50 Fly	29.86	11/2

19 Thomas-Arthur Jagger - Male - Age: 17 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:10.50	9/2	#106 Boys 9&0 50 Breast	33.29	13/5
#207 Boys 9&0 200 Breast	2:43.90	7/5	#301 Boys 9&0 100 Breast	1:14.40	10/3
#305 Boys 9&0 50 Back	32.30	11/4	#402 Boys 9&0 200 Back	2:31.70	5/7

20 Samuel Liddell - Male - Age: 15 - Ind/Rel: 7 / 0

#106 Boys 9&0 50 Breast	36.20	12/1	#203 Boys 9&0 100 Fly	1:08.66	5/3
#205 Boys 9&0 50 Free	28.41	14/1	#303 Boys 9&0 200 Fly	2:35.15	3/6
#305 Boys 9&0 50 Back	34.70	9/3	#404 Boys 9&0 100 Free	1:02.04	11/4
#406 Boys 9&0 50 Fly	30.69	10/2			

21 Elizabeth Litvinenko - Female - Age: 12 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:25.61	14/1	#103 Girls 9&0 200 Fly	2:47.90	3/6
#204 Girls 9&0 100 Free	1:07.60	16/5	#206 Girls 9&0 50 Fly	32.53	16/1
#302 Girls 9&0 200 Free	2:26.50	12/8	#304 Girls 9&0 100 Back	1:16.50	12/4
#306 Girls 9&0 50 Breast	38.88	16/8	#401 Girls 9&0 200 IM	2:44.20	10/8
#403 Girls 9&0 100 Fly	1:12.33	7/3			

22 Rejus Mazeika - Male - Age: 15 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	34.36	13/6	#203 Boys 9&0 100 Fly	1:07.00	6/1
#205 Boys 9&0 50 Free	27.34	15/6	#301 Boys 9&0 100 Breast	1:15.90	10/7
#404 Boys 9&0 100 Free	1:00.50	12/3	#406 Boys 9&0 50 Fly	29.21	12/1

23 Milana Melinyte - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:38.40	10/7	#105 Girls 9&0 50 Back	37.10	13/5
#204 Girls 9&0 100 Free	1:15.60	11/4	#206 Girls 9&0 50 Fly	36.70	12/7

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Team Entries - All Events

WEST NORFOLK SWIMMING CLUB**24 Martha More - Female - Age: 11 - Ind/Rel: 11 / 0**

#103 Girls 9&0 200 Fly	3:18.13	2/6	#105 Girls 9&0 50 Back	38.01	12/5
#204 Girls 9&0 100 Free	1:10.93	14/3	#206 Girls 9&0 50 Fly	36.61	12/6
#208 Girls 10&0 400 IM	6:10.70	3/1	#302 Girls 9&0 200 Free	2:34.36	10/8
#304 Girls 9&0 100 Back	1:19.19	11/7	#306 Girls 9&0 50 Breast	44.80	10/4
#401 Girls 9&0 200 IM	2:56.40	8/3	#403 Girls 9&0 100 Fly	1:25.04	4/6
#405 Girls 9&0 50 Free	X32.15	15/3			

25 Callum New - Male - Age: 15 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:14.00	9/1	#106 Boys 9&0 50 Breast	35.82	12/6
#205 Boys 9&0 50 Free	27.70	14/4	#305 Boys 9&0 50 Back	32.70	11/3
#307 Boys 9&0 400 Free	4:47.90	5/1	#404 Boys 9&0 100 Free	1:02.08	11/5
#406 Boys 9&0 50 Fly	30.97	10/7			

26 Joshua Norris - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:39.32	6/8	#106 Boys 9&0 50 Breast	42.07	9/8
#201 Boys 9&0 200 IM	2:56.10	5/5	#205 Boys 9&0 50 Free	33.30	8/6
#207 Boys 9&0 200 Breast	3:20.20	5/7	#301 Boys 9&0 100 Breast	1:34.00	6/3
#307 Boys 9&0 400 Free	5:33.23	3/2	#404 Boys 9&0 100 Free	1:12.44	7/7
#406 Boys 9&0 50 Fly	38.00	5/5			

27 Oliver Norris - Male - Age: 16 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:09.90	9/5	#106 Boys 9&0 50 Breast	34.90	13/7
#205 Boys 9&0 50 Free	27.60	15/8	#301 Boys 9&0 100 Breast	1:16.60	10/8
#307 Boys 9&0 400 Free	4:37.80	5/6	#404 Boys 9&0 100 Free	59.20	13/8

28 Joshua Parker - Male - Age: 18 - Ind/Rel: 2 / 0

#402 Boys 9&0 200 Back	2:36.00	5/8	#404 Boys 9&0 100 Free	1:08.40	8/5
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29 Belle Ringwood - Female - Age: 15 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	33.30	17/2	#202 Girls 9&0 200 Back	2:31.60	7/4
#204 Girls 9&0 100 Free	1:05.47	18/3	#206 Girls 9&0 50 Fly	32.71	15/5

30 Teddy Roberts - Male - Age: 15 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:35.10	6/7	#104 Boys 9&0 100 Back	1:19.90	7/1
#201 Boys 9&0 200 IM	2:54.69	6/8	#205 Boys 9&0 50 Free	30.97	10/2

31 David Rocznik - Male - Age: 15 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:26.20	8/8	#104 Boys 9&0 100 Back	1:14.56	8/6
#106 Boys 9&0 50 Breast	41.50	9/7	#201 Boys 9&0 200 IM	2:41.47	7/7
#203 Boys 9&0 100 Fly	1:15.37	4/4	#205 Boys 9&0 50 Free	28.85	12/3

32 Amelia Rodgers - Female - Age: 12 - Ind/Rel: 10 / 0

#105 Girls 9&0 50 Back	42.10	9/8	#202 Girls 9&0 200 Back	3:03.80	4/2
#204 Girls 9&0 100 Free	1:19.80	9/1	#206 Girls 9&0 50 Fly	42.30	8/2
#302 Girls 9&0 200 Free	2:44.80	8/7	#304 Girls 9&0 100 Back	1:30.10	7/1
#306 Girls 9&0 50 Breast	48.90	8/8	#401 Girls 9&0 200 IM	3:13.40	6/8
#403 Girls 9&0 100 Fly	1:41.20	2/4	#405 Girls 9&0 50 Free	36.60	8/3

33 Theo Ryan - Male - Age: 15 - Ind/Rel: 2 / 0

#104 Boys 9&0 100 Back	1:06.83	10/7	#205 Boys 9&0 50 Free	27.06	16/8
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34 Bay Smith - Male - Age: 12 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:20.90	6/4	#106 Boys 9&0 50 Breast	43.82	8/7
#203 Boys 9&0 100 Fly	1:25.55	3/1	#205 Boys 9&0 50 Free	32.63	9/8
#301 Boys 9&0 100 Breast	1:33.70	6/5	#305 Boys 9&0 50 Back	37.90	8/8
#404 Boys 9&0 100 Free	1:24.00	4/6	#406 Boys 9&0 50 Fly	36.37	7/8

35 Andrej Taplin - Male - Age: 15 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	37.14	11/3	#201 Boys 9&0 200 IM	2:32.80	8/7
#205 Boys 9&0 50 Free	27.52	15/2	#305 Boys 9&0 50 Back	33.70	10/4
#404 Boys 9&0 100 Free	1:01.24	12/1	#406 Boys 9&0 50 Fly	31.80	9/2

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Team Entries - All Events

WEST NORFOLK SWIMMING CLUB**36 Oliver Veale - Male - Age: 13 - Ind/Rel: 5 / 0**

#106 Boys 9&0 50 Breast	37.31	11/2	#205 Boys 9&0 50 Free	29.81	11/5
#207 Boys 9&0 200 Breast	3:00.80	6/4	#301 Boys 9&0 100 Breast	1:22.20	8/5
#305 Boys 9&0 50 Back	35.90	8/5			

37 Freddie Wakefield - Male - Age: 13 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:31.70	7/8	#106 Boys 9&0 50 Breast	40.27	10/1
#201 Boys 9&0 200 IM	2:53.77	6/7	#207 Boys 9&0 200 Breast	3:17.05	5/3
#301 Boys 9&0 100 Breast	1:30.90	7/7	#305 Boys 9&0 50 Back	39.20	7/8
#307 Boys 9&0 400 Free	5:21.00	3/5	#402 Boys 9&0 200 Back	2:45.50	4/7
#404 Boys 9&0 100 Free	1:10.30	8/8	#406 Boys 9&0 50 Fly	36.11	7/7

38 Harriet Wells - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	36.33	14/6	#204 Girls 9&0 100 Free	1:11.16	14/6
#206 Girls 9&0 50 Fly	34.84	14/7	#304 Girls 9&0 100 Back	1:19.38	11/8
#306 Girls 9&0 50 Breast	44.50	11/1	#403 Girls 9&0 100 Fly	1:24.02	5/1
#405 Girls 9&0 50 Free	31.96	16/8			

39 Luke Wilson - Male - Age: 13 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:41.90	5/5	#106 Boys 9&0 50 Breast	51.60	5/1
#203 Boys 9&0 100 Fly	1:25.10	3/2	#205 Boys 9&0 50 Free	34.30	6/4
#303 Boys 9&0 200 Fly	3:16.00	2/6	#305 Boys 9&0 50 Back	41.00	6/1
#404 Boys 9&0 100 Free	1:14.00	6/4	#406 Boys 9&0 50 Fly	38.70	5/3

40 Zoe Wilson - Female - Age: 18 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	35.20	16/8	#107 Girls 9&0 400 Free	5:03.25	6/7
#202 Girls 9&0 200 Back	2:38.00	7/8	#302 Girls 9&0 200 Free	2:24.24	13/8
#304 Girls 9&0 100 Back	1:13.90	14/7	#403 Girls 9&0 100 Fly	1:18.20	6/1

41 Nathan Yeaman - Male - Age: 18 - Ind/Rel: 6 / 0

#203 Boys 9&0 100 Fly	1:03.30	6/5	#205 Boys 9&0 50 Free	26.25	16/7
#301 Boys 9&0 100 Breast	1:17.50	9/5	#305 Boys 9&0 50 Back	29.40	12/3
#404 Boys 9&0 100 Free	58.94	13/1	#406 Boys 9&0 50 Fly	28.27	12/7

WEST NORFOLK SWIMMING CLUB Total Individual Entries: 253 - Total Relays: 0

2026 CONSC March Long Course Meet 3ER260021 - 07/03/2026 to 08/03/2026

Team Entries - All Events

WEST SUFFOLK SWIMMING CLUB-EA

1 James Adams - Male - Age: 12 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	53.10	4/3	#205 Boys 9&0 50 Free	37.13	5/8
#207 Boys 9&0 200 Breast	4:11.80	2/6	#301 Boys 9&0 100 Breast	1:56.93	3/2
#305 Boys 9&0 50 Back	45.70	3/5	#404 Boys 9&0 100 Free	1:26.59	4/8

2 Elias Beltran - Male - Age: 11 - Ind/Rel: 13 / 0

#102 Boys 9&0 200 Free	3:59.19	1/6	#104 Boys 9&0 100 Back	1:53.02	2/6
#106 Boys 9&0 50 Breast	51.14	5/7	#201 Boys 9&0 200 IM	4:15.31	1/5
#203 Boys 9&0 100 Fly	2:28.63	1/3	#205 Boys 9&0 50 Free	48.40	1/3
#207 Boys 9&0 200 Breast	4:25.51	2/7	#301 Boys 9&0 100 Breast	2:12.15	2/7
#305 Boys 9&0 50 Back	50.51	2/2	#307 Boys 9&0 400 Free	8:19.77	1/2
#402 Boys 9&0 200 Back	4:07.76	1/6	#404 Boys 9&0 100 Free	1:46.36	2/7
#406 Boys 9&0 50 Fly	1:11.17	1/1			

3 Levi Beltran - Male - Age: 9 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:34.40	2/7	#104 Boys 9&0 100 Back	2:06.28	1/2
#106 Boys 9&0 50 Breast	1:05.52	2/7	#205 Boys 9&0 50 Free	44.02	2/1
#301 Boys 9&0 100 Breast	2:21.37	1/5	#305 Boys 9&0 50 Back	57.87	1/6
#402 Boys 9&0 200 Back	4:10.72	1/2	#404 Boys 9&0 100 Free	1:42.14	2/2
#406 Boys 9&0 50 Fly	44.36	3/2			

4 Lucas Beltran - Male - Age: 9 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:54.70	1/3	#104 Boys 9&0 100 Back	1:56.48	2/1
#106 Boys 9&0 50 Breast	1:10.12	1/5	#205 Boys 9&0 50 Free	48.22	1/5
#301 Boys 9&0 100 Breast	2:26.88	1/3	#305 Boys 9&0 50 Back	53.85	1/5
#402 Boys 9&0 200 Back	4:11.43	1/7	#404 Boys 9&0 100 Free	1:52.46	1/3
#406 Boys 9&0 50 Fly	44.18	3/3			

5 Barnaby Brown - Male - Age: 10 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	4:04.29	1/2	#104 Boys 9&0 100 Back	2:03.23	1/3
#106 Boys 9&0 50 Breast	59.00	3/2	#205 Boys 9&0 50 Free	49.79	1/6
#207 Boys 9&0 200 Breast	4:36.04	2/1	#301 Boys 9&0 100 Breast	2:09.34	2/6
#305 Boys 9&0 50 Back	54.15	1/3	#402 Boys 9&0 200 Back	4:15.82	1/1
#404 Boys 9&0 100 Free	1:49.25	1/5			

6 Felix Brown - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:53.77	4/2	#104 Boys 9&0 100 Back	1:28.43	5/3
#201 Boys 9&0 200 IM	3:05.48	4/5	#203 Boys 9&0 100 Fly	1:23.13	3/5
#303 Boys 9&0 200 Fly	3:28.22	1/4	#305 Boys 9&0 50 Back	40.78	6/7
#402 Boys 9&0 200 Back	3:07.59	2/5	#404 Boys 9&0 100 Free	1:20.36	5/7
#406 Boys 9&0 50 Fly	36.01	7/6			

7 Jude Brown - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:49.70	5/1	#106 Boys 9&0 50 Breast	40.83	10/8
#201 Boys 9&0 200 IM	3:04.88	4/4	#207 Boys 9&0 200 Breast	3:18.29	5/6
#301 Boys 9&0 100 Breast	1:31.53	7/1	#305 Boys 9&0 50 Back	43.05	4/6
#307 Boys 9&0 400 Free	5:59.94	2/7	#404 Boys 9&0 100 Free	1:17.12	6/8
#406 Boys 9&0 50 Fly	42.27	4/1			

8 Amanda Ceponyte - Female - Age: 9 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	2:07.45	3/4	#105 Girls 9&0 50 Back	49.36	3/5
#204 Girls 9&0 100 Free	1:30.35	5/8	#206 Girls 9&0 50 Fly	49.76	4/1
#302 Girls 9&0 200 Free	3:22.13	3/2	#405 Girls 9&0 50 Free	40.09	5/8

9 Vanessa Ceponyte - Female - Age: 12 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	38.49	12/1	#107 Girls 9&0 400 Free	6:07.60	3/3
#204 Girls 9&0 100 Free	1:18.30	10/2	#302 Girls 9&0 200 Free	2:51.57	7/7
#306 Girls 9&0 50 Breast	51.03	6/2	#405 Girls 9&0 50 Free	34.29	12/1

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WEST SUFFOLK SWIMMING CLUB-EA**10 Caitlyn Chu Yun Ong - Female - Age: 10 - Ind/Rel: 9 / 0**

#101 Girls 9&0 100 Breast	2:06.65	4/8	#105 Girls 9&0 50 Back	45.48	5/3
#204 Girls 9&0 100 Free	1:29.28	5/2	#206 Girls 9&0 50 Fly	48.91	4/5
#304 Girls 9&0 100 Back	1:42.12	3/5	#306 Girls 9&0 50 Breast	56.08	4/6
#401 Girls 9&0 200 IM	3:40.17	2/3	#403 Girls 9&0 100 Fly	1:56.63	1/4
#405 Girls 9&0 50 Free	38.02	6/2			

11 Sarah-Lousie Clarke - Female - Age: 31 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:39.57	9/3	#204 Girls 9&0 100 Free	1:21.50	8/3
#306 Girls 9&0 50 Breast	43.66	11/5	#405 Girls 9&0 50 Free	37.24	7/1
#407 Girls 9&0 200 Breast	3:35.53	5/6			

12 India Clement - Female - Age: 14 - Ind/Rel: 15 / 0

#101 Girls 9&0 100 Breast	1:22.51	14/3	#103 Girls 9&0 200 Fly	2:46.50	3/3
#105 Girls 9&0 50 Back	34.33	16/3	#107 Girls 9&0 400 Free	5:01.49	6/6
#202 Girls 9&0 200 Back	2:41.70	6/3	#204 Girls 9&0 100 Free	1:06.59	18/1
#206 Girls 9&0 50 Fly	33.79	15/8	#208 Girls 10&0 400 IM	5:40.19	3/5
#302 Girls 9&0 200 Free	2:22.54	13/1	#304 Girls 9&0 100 Back	1:15.99	13/8
#306 Girls 9&0 50 Breast	37.87	16/7	#401 Girls 9&0 200 IM	2:39.31	10/3
#403 Girls 9&0 100 Fly	1:14.97	7/8	#405 Girls 9&0 50 Free	30.73	18/1
#407 Girls 9&0 200 Breast	3:02.79	7/3			

13 Brooke Copping - Female - Age: 16 - Ind/Rel: 6 / 0

#103 Girls 9&0 200 Fly	3:06.76	2/4	#105 Girls 9&0 50 Back	35.59	15/1
#107 Girls 9&0 400 Free	5:07.19	5/5	#202 Girls 9&0 200 Back	2:45.59	5/4
#204 Girls 9&0 100 Free	1:08.31	16/6	#208 Girls 10&0 400 IM	6:04.29	3/7

14 Mia Copping - Female - Age: 13 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:45.81	7/2	#103 Girls 9&0 200 Fly	3:05.48	3/8
#107 Girls 9&0 400 Free	5:35.80	4/2	#204 Girls 9&0 100 Free	1:12.76	13/3
#206 Girls 9&0 50 Fly	36.35	13/8	#208 Girls 10&0 400 IM	6:16.40	2/5

15 Oliver Creasy - Male - Age: 13 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:18.96	7/7	#106 Boys 9&0 50 Breast	41.91	9/1
#205 Boys 9&0 50 Free	32.80	8/5	#207 Boys 9&0 200 Breast	3:22.46	5/1

16 Jason Dalope - Male - Age: 14 - Ind/Rel: 15 / 0

#102 Boys 9&0 200 Free	2:11.58	9/6	#104 Boys 9&0 100 Back	1:12.44	9/1
#106 Boys 9&0 50 Breast	35.09	13/1	#201 Boys 9&0 200 IM	2:27.53	8/6
#203 Boys 9&0 100 Fly	1:09.40	5/6	#205 Boys 9&0 50 Free	27.58	15/1
#207 Boys 9&0 200 Breast	2:42.58	7/4	#301 Boys 9&0 100 Breast	1:14.25	10/5
#303 Boys 9&0 200 Fly	2:40.73	3/1	#305 Boys 9&0 50 Back	33.28	11/7
#307 Boys 9&0 400 Free	4:45.81	5/7	#402 Boys 9&0 200 Back	2:33.38	5/1
#404 Boys 9&0 100 Free	1:00.61	12/7	#406 Boys 9&0 50 Fly	30.19	11/1
#408 Boys 10&0 400 IM	5:26.27	2/3			

17 Harry Ellard - Male - Age: 10 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:42.39	3/7	#106 Boys 9&0 50 Breast	54.65	4/7
#205 Boys 9&0 50 Free	41.24	2/4			

18 Oliver Ellard - Male - Age: 12 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	3:03.41	3/5	#104 Boys 9&0 100 Back	1:36.34	4/1
#106 Boys 9&0 50 Breast	48.44	6/3	#205 Boys 9&0 50 Free	35.50	6/1
#207 Boys 9&0 200 Breast	3:57.46	2/5			

19 George Everett - Male - Age: 16 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	33.85	13/3	#205 Boys 9&0 50 Free	26.50	16/1
#305 Boys 9&0 50 Back	31.32	12/7	#307 Boys 9&0 400 Free	4:35.06	5/3
#406 Boys 9&0 50 Fly	29.28	11/4			

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20 James Everett - Male - Age: 15 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	36.31	12/8	#201 Boys 9&0 200 IM	2:52.30	6/2
#207 Boys 9&0 200 Breast	2:50.61	7/7			

21 Theo Fisher - Male - Age: 11 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	3:03.00	3/4	#106 Boys 9&0 50 Breast	45.83	7/7
#205 Boys 9&0 50 Free	34.24	7/8	#207 Boys 9&0 200 Breast	3:36.70	3/5

22 Connor Goldsmith - Male - Age: 16 - Ind/Rel: 2 / 0

#404 Boys 9&0 100 Free	1:04.59	10/2	#406 Boys 9&0 50 Fly	31.57	9/5
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23 Beatrice Holden - Female - Age: 11 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	53.22	2/1	#204 Girls 9&0 100 Free	1:38.01	3/6
#306 Girls 9&0 50 Breast	1:02.59	2/5	#405 Girls 9&0 50 Free	43.36	3/8

24 Freya Holden - Female - Age: 9 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	2:04.20	1/3	#306 Girls 9&0 50 Breast	1:22.03	1/3
#405 Girls 9&0 50 Free	56.64	1/5			

25 Daniel Horn - Male - Age: 11 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:47.16	2/8	#104 Boys 9&0 100 Back	1:55.31	2/2
#106 Boys 9&0 50 Breast	1:00.69	2/4	#402 Boys 9&0 200 Back	4:07.62	1/3
#404 Boys 9&0 100 Free	1:38.61	2/3	#406 Boys 9&0 50 Fly	1:00.18	1/2

26 Elizabeth Howden - Female - Age: 17 - Ind/Rel: 4 / 0

#204 Girls 9&0 100 Free	1:09.71	15/5	#206 Girls 9&0 50 Fly	33.74	15/1
#306 Girls 9&0 50 Breast	41.48	14/3	#405 Girls 9&0 50 Free	31.86	16/6

27 Michael Hughes - Male - Age: 12 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:50.24	5/8	#106 Boys 9&0 50 Breast	43.96	8/1
#207 Boys 9&0 200 Breast	3:36.52	3/4	#301 Boys 9&0 100 Breast	1:37.62	5/6
#406 Boys 9&0 50 Fly	40.05	4/5			

28 Rebecca Hughes - Female - Age: 9 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	2:22.38	2/2	#105 Girls 9&0 50 Back	57.96	1/2
#204 Girls 9&0 100 Free	2:00.62	1/5	#302 Girls 9&0 200 Free	4:28.57	1/4
#304 Girls 9&0 100 Back	2:02.29	1/3	#405 Girls 9&0 50 Free	52.64	1/4

29 Michael Hughes-Asamoah - Male - Age: 10 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:25.49	2/2	#106 Boys 9&0 50 Breast	58.54	3/5
#205 Boys 9&0 50 Free	40.40	3/7	#301 Boys 9&0 100 Breast	2:27.32	1/6
#305 Boys 9&0 50 Back	49.64	2/3	#404 Boys 9&0 100 Free	1:29.59	3/7

30 Iris l'Anson - Female - Age: 9 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	2:13.62	3/8	#105 Girls 9&0 50 Back	48.48	4/1
#202 Girls 9&0 200 Back	3:45.11	1/4	#204 Girls 9&0 100 Free	1:32.44	4/7

31 Charlie Ibbotson - Male - Age: 14 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:34.75	6/2	#106 Boys 9&0 50 Breast	34.63	13/2
#201 Boys 9&0 200 IM	2:44.10	7/1	#203 Boys 9&0 100 Fly	1:16.85	4/7
#205 Boys 9&0 50 Free	29.94	11/6	#207 Boys 9&0 200 Breast	3:02.25	6/5
#301 Boys 9&0 100 Breast	1:20.62	9/2			

32 Freddie Jordan - Male - Age: 12 - Ind/Rel: 2 / 0

#102 Boys 9&0 200 Free	2:51.20	4/4	#104 Boys 9&0 100 Back	1:38.58	3/3
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33 Stanley Jordan - Male - Age: 10 - Ind/Rel: 3 / 0

#102 Boys 9&0 200 Free	3:48.17	1/4	#104 Boys 9&0 100 Back	2:02.30	1/4
#106 Boys 9&0 50 Breast	1:15.46	1/3			

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WEST SUFFOLK SWIMMING CLUB-EA**34 Emiel Korstanje - Male - Age: 17 - Ind/Rel: 3 / 0**

#303 Boys 9&0 200 Fly	2:26.07	3/3	#404 Boys 9&0 100 Free	58.36	13/7
#406 Boys 9&0 50 Fly	29.70	11/6			

35 Christian Lupsa - Male - Age: 12 - Ind/Rel: 5 / 0

#301 Boys 9&0 100 Breast	2:01.47	3/1	#305 Boys 9&0 50 Back	46.72	3/7
#402 Boys 9&0 200 Back	3:42.05	1/4	#404 Boys 9&0 100 Free	1:30.44	3/8
#406 Boys 9&0 50 Fly	54.96	2/8			

36 David Lupsa - Male - Age: 15 - Ind/Rel: 5 / 0

#301 Boys 9&0 100 Breast	1:41.00	4/5	#305 Boys 9&0 50 Back	38.42	7/7
#307 Boys 9&0 400 Free	5:52.90	2/6	#404 Boys 9&0 100 Free	1:10.67	7/4
#408 Boys 10&0 400 IM	6:13.22	2/7			

37 Evelyn Nelder - Female - Age: 11 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	2:26.35	2/8	#105 Girls 9&0 50 Back	54.34	1/4
#206 Girls 9&0 50 Fly	1:03.80	1/4			

38 Kaleb Nelder - Male - Age: 15 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:51.59	4/5	#104 Boys 9&0 100 Back	1:31.36	5/1
#106 Boys 9&0 50 Breast	49.89	5/3	#201 Boys 9&0 200 IM	3:19.47	3/6
#205 Boys 9&0 50 Free	33.73	8/8			

39 Sadie Pendleton - Female - Age: 9 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	2:44.72	1/2	#105 Girls 9&0 50 Back	59.30	1/7
#306 Girls 9&0 50 Breast	1:12.08	1/5	#405 Girls 9&0 50 Free	1:03.09	1/3
#407 Girls 9&0 200 Breast	5:36.70	1/5			

40 Thea Pendleton - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:40.95	9/8	#105 Girls 9&0 50 Back	44.99	6/1
#204 Girls 9&0 100 Free	1:24.16	7/1	#306 Girls 9&0 50 Breast	47.08	8/4
#405 Girls 9&0 50 Free	37.00	7/6	#407 Girls 9&0 200 Breast	3:36.91	5/7

41 Ella Plumb - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:46.34	7/7	#107 Girls 9&0 400 Free	6:20.34	2/6
#204 Girls 9&0 100 Free	1:16.64	11/1	#306 Girls 9&0 50 Breast	43.98	11/7
#401 Girls 9&0 200 IM	3:16.55	5/7	#407 Girls 9&0 200 Breast	3:37.92	5/1

42 Krrish Prabhakar - Male - Age: 12 - Ind/Rel: 7 / 0

#106 Boys 9&0 50 Breast	56.67	4/8	#203 Boys 9&0 100 Fly	1:46.18	2/8
#205 Boys 9&0 50 Free	37.74	4/2	#301 Boys 9&0 100 Breast	2:00.87	3/7
#305 Boys 9&0 50 Back	47.81	2/4	#404 Boys 9&0 100 Free	1:29.18	3/2
#406 Boys 9&0 50 Fly	45.30	3/8			

43 George Rees - Male - Age: 10 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	53.64	4/2	#201 Boys 9&0 200 IM	3:48.28	2/2
#205 Boys 9&0 50 Free	40.48	3/1			

44 Thea Rees - Female - Age: 12 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:38.57	10/1	#105 Girls 9&0 50 Back	44.82	6/6
#204 Girls 9&0 100 Free	1:30.12	5/1			

45 Harry Smart - Male - Age: 23 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:24.66	8/7	#305 Boys 9&0 50 Back	32.52	11/5
#404 Boys 9&0 100 Free	1:00.47	12/5	#406 Boys 9&0 50 Fly	27.85	12/3

46 Molly Smith - Female - Age: 14 - Ind/Rel: 3 / 0

#304 Girls 9&0 100 Back	1:29.45	7/3	#401 Girls 9&0 200 IM	3:08.98	6/6
#405 Girls 9&0 50 Free	34.51	11/7			

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WEST SUFFOLK SWIMMING CLUB-EA**47 Sasha Smith - Male - Age: 10 - Ind/Rel: 6 / 0**

#201 Boys 9&0 200 IM	3:02.78	5/7	#203 Boys 9&0 100 Fly	1:25.19	3/7
#207 Boys 9&0 200 Breast	3:42.39	3/2	#301 Boys 9&0 100 Breast	1:43.86	4/3
#303 Boys 9&0 200 Fly	3:05.84	2/3	#307 Boys 9&0 400 Free	6:09.32	1/5

48 Harry Taylor - Male - Age: 11 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:55.60	2/7	#106 Boys 9&0 50 Breast	1:04.17	2/2
#205 Boys 9&0 50 Free	46.90	2/8	#301 Boys 9&0 100 Breast	2:44.78	1/1
#305 Boys 9&0 50 Back	51.24	2/1			

49 Tilly Taylor - Female - Age: 12 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:54.91	5/2	#105 Girls 9&0 50 Back	44.05	7/1
#204 Girls 9&0 100 Free	1:28.76	5/3	#206 Girls 9&0 50 Fly	43.93	6/4
#304 Girls 9&0 100 Back	1:36.15	4/4	#306 Girls 9&0 50 Breast	52.14	5/5

50 Harry Vidal-Greenwood - Male - Age: 14 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:09.98	9/6	#201 Boys 9&0 200 IM	2:34.95	8/8
#205 Boys 9&0 50 Free	30.50	11/1	#305 Boys 9&0 50 Back	32.29	12/8
#402 Boys 9&0 200 Back	2:31.13	5/2			

51 Seb Wickes - Male - Age: 13 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	41.01	9/3	#205 Boys 9&0 50 Free	33.85	7/5
#207 Boys 9&0 200 Breast	3:13.98	5/5	#301 Boys 9&0 100 Breast	1:29.16	7/2
#404 Boys 9&0 100 Free	1:15.61	6/7	#406 Boys 9&0 50 Fly	39.67	4/4

52 Thomas Williams - Male - Age: 17 - Ind/Rel: 3 / 0

#201 Boys 9&0 200 IM	2:40.19	7/6	#205 Boys 9&0 50 Free	27.57	15/7
#406 Boys 9&0 50 Fly	30.61	10/6			

53 Miley Wilson-Mansfield - Female - Age: 16 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	32.10	17/4	#202 Girls 9&0 200 Back	2:33.12	7/6
#304 Girls 9&0 100 Back	1:09.77	14/4	#405 Girls 9&0 50 Free	29.15	20/3

WEST SUFFOLK SWIMMING CLUB-EA Total Individual Entries: 301 - Total Relays: 0