**City of Norwich Swimming Club**

**2025 Club Championships**

**Held under Swim England Regulations, Technical Rules and to the Swim England Open Meet Licensing Criteria**

**Thurs 10th & Fri 11th July 2025 - License L4 Number: 4ER24tbc**

**Thurs 17th & Fri 18th July 2025 - License L4 Number: 4ER24tbc**

**Friday 25th July 2025 – License L4 Number: 4ER24tbc**

**For City of Norwich Swimming Club Members Only**

**Entrants must be Swim England Members**

Thu 10th Jul 4:45pm Sportspark UEA

Fri 11th Jul 4:45pm Sportspark UEA

Thu 17th Jul 4:45pm Sportspark UEA

Fri 18th July 4:45pm Sportspark UEA

Fri 25th July 4:45pm Sportspark UEA

## Event Information and Entry Form

**CoNSC Meet Promoter: Tracey Spinner**

**City of Norwich Swimming Club Championships 2025**

 **(Level 4 License Nos. 4ER24tbc-tbc)**

**Sportspark ,UEA, Norwich: Fri 11th, Thu 17th, Fri 18th, Fri 25th July 2025**

1. The competition is a Level 4 licensed meet, held under Swim England Regulations, Technical Rules and to the Swim England Open Meet Licensing Criteria.
2. The competition is only open to members of City of Norwich Swimming Club. Competitors must be Club Compete or Club Train members, eligible to compete and registered in accordance with Swim England Regulations and Technical Rules, and may enter in the name of one club only. Entries will only be accepted from competitors registered as members of Swim England, SASA or WASA or competitors from a country affiliated to World Aquatics.
3. The promoter is Tracey Spinner on behalf of City of Norwich Swimming Club.
4. No medals will be awarded, the competition is purely to gain a full range of times for County and Regional qualification. Those swimmers who enter every event, and compete in every event, are eligible to receive the Club Champion of Champions Medal.
5. Age-groups: Age 8/u, 9, 10, 11, 12/13, 14/15, 16yrs/over.
6. Age as at 31st December 2025.
7. Entries will be made using Female/Male competition categories, as these are the categories recognised by the meet management software at this time. There will be a transition into the use of Female and Open/Male as the new competition categories following the implementation of the Swim England Transgender and Non-binary Competition Policy.
8. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
9. Events: All events will be heat defined winners. All ages eligible for 50m, & 200m All Strokes, 9yrs/+ for 100m events, 10yrs/+ may enter 400m Fr, 400 IM.
10. Swimmers will be invited to enter the 800m and 1500m Freestyle by their coach.
11. The competition will take place at the Sportspark, UEA, in an 8 Lane Short Course (25m) Racing Pool with anti-wave devices in place. There will be electronic timing & 8-lane display and backstroke ledges.
12. Heats will be swum as mixed age and gender with swimmers seeded by entry times.
13. Over the top starts may be used at the referee’s discretion.
14. Withdrawals: swimmers and parents are asked to communicate withdrawals in a timely manner by communicating with squad coach or promoter. Failure to withdraw will result in the swimmer being removed from all their events for the remainder of the meet.
15. Cost of entry will be by bundle – swimmers 9/u will be on the £20 bundle for all eligible events, swimmers 10/over will be on the £30 bundle for all eligible events; entry via SCM. Payment will be invoice using SCM after the closing date. **Closing date is Friday 21st June, 2025.**
16. Results will be posted live to Meet Mobile, after the event they will be posted on the CoNSC website & sent to Aquatics GB for inclusion on rankings.
17. Participants and spectators are asked to note that during all 25m galas the Sportspark photography policy will be in operation; **mobile device use is forbidden** within changing areas, toilets, showers and poolside. Photography and filming will not be permitted in any of these areas **or on the spectator gallery, at any time**.
18. All participants must observe the safety precautions in operation at the Sportspark, UEA.
19. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry.
20. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Regulations and Technical Rules of Racing.
21. Spectators will be charged an entry fee of £4 for each session of Club Championships - there will be no programmes, but heat sheets will be published on Meet Mobile - details of meet mobile publication will be made available once entry has closed...

**City of Norwich Swimming Club Championships 2025**

 **(Level 4 License No. 4ER25TBC)**

**Sportspark ,UEA, Norwich: Thu 10th, Fri 11th, Thu 17th - Fri 18th, Fri 25th July 2025**

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| --- | --- | --- |
| **Thursday 10th July** |  | **Friday 11th July** |
| **Session 1 – Warmup 4.45pm, Start 5.15pm** |  | **Session 1 – Warmup 4.45pm, Start 5.15pm** |
|  |  |
| 101 | Mixed | 100 IM L3 separate | 201 | Mixed | 100 Backstroke |
| 102 | Mixed | 50 Backstroke | 202 | Mixed | 200 Butterfly |
| 103 | Mixed | 50 Breaststroke | 203 | Mixed | 100 Breaststroke |
| 104 | Mixed | 200 Freestyle | 204 | Mixed | 400 Freestyle – 10/over |

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| **Thursday 17th July** |  | **Friday 18th July** |
| **Session 1 – Warmup 4.45pm, Start 5.15pm** | **Session 3 – Warmup 5.00pm, Start 5.30pm** | **Session 1 – Warmup 4.45pm, Start 5.15pm** |
|  |  |
| 301 | Mixed | 200 IM | 401 | Mixed | 100 Freestyle |
| 302 | Mixed | 50 Freestyle  | 402 | Mixed | 200 Backstroke |
| 303 | Mixed | 50 Butterfly | 403 | Mixed | 400 IM - 10/over |
| 304 | Mixed | 800 Freestyle (Invitation Only) |  |  |  |

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| **Friday 25th July** |  |
| **Session 1 – Warmup 4:45pm, Race 5:15pm** |  |
| 501 | Mixed | 100 Butterfly |
| 502 | Mixed | 200 Breaststroke  |  |
| 503 | Mixed | 1500 Freestyle (Invitation Only) |  |

* *Session start times may change depending on entries. Information will be posted with accepted entries*