

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

CITY OF NORWICH SWIMMING CLUB

1 George Abram - Male - Age: 10 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:55.48	4/7	#106 Boys 9&0 50 Breast	47.56	7/1
#201 Boys 9&0 200 IM	3:24.56	3/8	#205 Boys 9&0 50 Free	35.44	6/1
#301 Boys 9&0 100 Breast	1:42.35	5/5	#307 Boys 9&0 400 Free	5:55.18	2/6
#404 Boys 9&0 100 Free	1:22.56	4/8	#406 Boys 9&0 50 Fly	46.70	2/6

2 Lola Abram - Female - Age: 13 - Ind/Rel: 9 / 0

#103 Girls 9&0 200 Fly	3:25.60	1/5	#107 Girls 9&0 400 Free	5:53.33	4/3
#204 Girls 9&0 100 Free	1:17.31	8/3	#206 Girls 9&0 50 Fly	40.12	8/5
#208 Girls 10&0 400 IM	6:57.40	1/4	#302 Girls 9&0 200 Free	2:45.87	6/5
#306 Girls 9&0 50 Breast	46.50	11/8	#403 Girls 9&0 100 Fly	1:30.90	4/7
#405 Girls 9&0 50 Free	33.73	12/4			

3 Ellen Akerstone - Female - Age: 11 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	39.79	10/5	#107 Girls 9&0 400 Free	6:08.90	3/8
#202 Girls 9&0 200 Back	3:01.68	5/2	#206 Girls 9&0 50 Fly	38.55	9/2
#302 Girls 9&0 200 Free	2:53.10	5/6	#304 Girls 9&0 100 Back	1:27.00	7/8
#401 Girls 9&0 200 IM	3:21.50	5/5	#403 Girls 9&0 100 Fly	1:53.10	3/1
#405 Girls 9&0 50 Free	35.46	11/6			

4 Kate Akerstone - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:11.40	1/6	#105 Girls 9&0 50 Back	50.20	3/5
#202 Girls 9&0 200 Back	4:03.80	1/3	#206 Girls 9&0 50 Fly	55.10	2/2
#302 Girls 9&0 200 Free	3:36.30	2/6	#306 Girls 9&0 50 Breast	59.60	2/5
#401 Girls 9&0 200 IM	4:13.70	1/3	#405 Girls 9&0 50 Free	44.50	3/6

5 Lois Alderton-Jode - Female - Age: 12 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	37.71	12/3	#107 Girls 9&0 400 Free	5:19.73	7/7
#202 Girls 9&0 200 Back	2:51.22	6/3	#204 Girls 9&0 100 Free	1:09.39	13/1
#208 Girls 10&0 400 IM	6:25.53	3/8	#302 Girls 9&0 200 Free	2:34.70	8/4
#304 Girls 9&0 100 Back	1:20.52	10/8	#401 Girls 9&0 200 IM	2:59.70	8/3
#405 Girls 9&0 50 Free	32.08	15/4			

6 Ammar Alfiky - Male - Age: 10 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:02.00	4/8	#104 Boys 9&0 100 Back	1:34.20	4/3
#303 Boys 9&0 200 Fly	4:09.40	1/6	#305 Boys 9&0 50 Back	44.68	4/3
#402 Boys 9&0 200 Back	3:18.10	2/8	#406 Boys 9&0 50 Fly	46.40	2/3

7 Omar Alfiky - Male - Age: 17 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	43.58	9/2	#301 Boys 9&0 100 Breast	1:33.90	7/6
#305 Boys 9&0 50 Back	40.10	6/4	#406 Boys 9&0 50 Fly	38.66	5/8

8 Pola Allison - Female - Age: 16 - Ind/Rel: 2 / 0

#306 Girls 9&0 50 Breast	46.50	10/5	#405 Girls 9&0 50 Free	36.70	10/1
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9 Toby Anderson - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:27.50	8/3	#106 Boys 9&0 50 Breast	45.78	8/2
#201 Boys 9&0 200 IM	2:45.56	7/5	#205 Boys 9&0 50 Free	31.51	10/1
#307 Boys 9&0 400 Free	5:13.77	4/1	#402 Boys 9&0 200 Back	X2:35.00	5/4
#406 Boys 9&0 50 Fly	33.38	8/5	#408 Boys 10&0 400 IM	6:03.80	2/1

10 Dayna Arbon - Female - Age: 18 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	32.70	17/1	#202 Girls 9&0 200 Back	2:35.70	9/1
#204 Girls 9&0 100 Free	1:04.60	17/8	#206 Girls 9&0 50 Fly	32.89	14/2
#302 Girls 9&0 200 Free	2:19.20	13/5	#304 Girls 9&0 100 Back	1:12.30	12/5
#403 Girls 9&0 100 Fly	1:14.60	6/3	#405 Girls 9&0 50 Free	29.40	20/5

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11 Amelia Bailey - Female - Age: 11 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:53.20	5/2	#105 Girls 9&0 50 Back	41.83	9/3
#107 Girls 9&0 400 Free	6:06.51	3/6	#202 Girls 9&0 200 Back	3:05.77	4/5
#204 Girls 9&0 100 Free	1:20.46	7/5	#302 Girls 9&0 200 Free	2:52.30	5/5
#304 Girls 9&0 100 Back	1:29.12	6/3	#401 Girls 9&0 200 IM	3:17.00	6/6
#405 Girls 9&0 50 Free	36.62	10/2			

12 Ethan Bailey - Male - Age: 12 - Ind/Rel: 11 / 0

#102 Boys 9&0 200 Free	2:43.20	5/4	#104 Boys 9&0 100 Back	1:22.82	7/5
#106 Boys 9&0 50 Breast	46.39	7/4	#201 Boys 9&0 200 IM	3:00.65	5/1
#205 Boys 9&0 50 Free	33.90	7/1	#207 Boys 9&0 200 Breast	3:55.30	1/5
#301 Boys 9&0 100 Breast	1:36.10	6/4	#305 Boys 9&0 50 Back	38.96	7/6
#402 Boys 9&0 200 Back	2:53.50	4/6	#404 Boys 9&0 100 Free	1:15.00	6/1
#408 Boys 10&0 400 IM	6:24.60	1/5			

13 Ekin Banford - Male - Age: 11 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	3:10.96	3/6	#104 Boys 9&0 100 Back	1:35.50	4/1
#106 Boys 9&0 50 Breast	55.40	4/8	#205 Boys 9&0 50 Free	36.90	4/4
#305 Boys 9&0 50 Back	43.60	5/8	#404 Boys 9&0 100 Free	1:26.80	3/2
#406 Boys 9&0 50 Fly	43.80	3/3			

14 Saffron Binson - Female - Age: 15 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	43.00	8/5	#206 Girls 9&0 50 Fly	43.30	6/5
#302 Girls 9&0 200 Free	2:53.30	5/2	#405 Girls 9&0 50 Free	35.50	11/2

15 Sam Black - Male - Age: 17 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:12.00	11/8	#203 Boys 9&0 100 Fly	1:06.00	5/4
#205 Boys 9&0 50 Free	26.90	17/5	#305 Boys 9&0 50 Back	32.47	12/1
#404 Boys 9&0 100 Free	59.00	15/1	#406 Boys 9&0 50 Fly	28.77	13/4

16 Nathan Bould - Male - Age: 9 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	2:05.00	2/2	#106 Boys 9&0 50 Breast	1:23.00	1/5
#205 Boys 9&0 50 Free	48.90	1/4	#305 Boys 9&0 50 Back	1:00.00	2/2
#404 Boys 9&0 100 Free	1:50.00	1/3			

17 Freya Bringham - Female - Age: 9 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	58.10	1/5	#204 Girls 9&0 100 Free	1:40.17	2/3
#306 Girls 9&0 50 Breast	1:26.50	1/3	#405 Girls 9&0 50 Free	47.70	3/8

18 Sarah Buchan - Female - Age: 48 - Ind/Rel: 1 / 0

#107 Girls 9&0 400 Free	6:24.37	2/6			
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19 Spike Buchan - Male - Age: 56 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:13.10	10/5	#205 Boys 9&0 50 Free	27.87	16/2
#305 Boys 9&0 50 Back	32.90	11/4	#404 Boys 9&0 100 Free	1:02.29	12/5

20 Blake Burchnall - Male - Age: 10 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:26.60	2/4	#104 Boys 9&0 100 Back	1:55.99	3/8
#106 Boys 9&0 50 Breast	54.56	4/3	#201 Boys 9&0 200 IM	4:00.00	1/5
#205 Boys 9&0 50 Free	43.20	2/5	#207 Boys 9&0 200 Breast	4:32.10	1/2

21 Enzo Cassoneca - Male - Age: 15 - Ind/Rel: 3 / 0

#205 Boys 9&0 50 Free	28.44	14/5	#404 Boys 9&0 100 Free	1:05.60	10/2
#406 Boys 9&0 50 Fly	33.28	8/4			

22 Ellie Catchpole - Female - Age: 18 - Ind/Rel: 5 / 0

#107 Girls 9&0 400 Free	5:32.90	6/2	#204 Girls 9&0 100 Free	1:04.50	17/1
#302 Girls 9&0 200 Free	2:24.20	12/6	#306 Girls 9&0 50 Breast	36.88	16/8
#405 Girls 9&0 50 Free	29.46	20/6			

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23 Thomas Chapman - Male - Age: 14 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:33.90	4/5	#106 Boys 9&0 50 Breast	40.56	11/7
#205 Boys 9&0 50 Free	29.55	12/5	#207 Boys 9&0 200 Breast	3:24.90	3/7
#301 Boys 9&0 100 Breast	1:32.40	7/4	#305 Boys 9&0 50 Back	38.70	7/3
#404 Boys 9&0 100 Free	1:08.30	9/8	#406 Boys 9&0 50 Fly	33.54	8/7

24 Hayden Cheung - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:41.10	6/7	#106 Boys 9&0 50 Breast	44.40	8/4
#201 Boys 9&0 200 IM	2:59.68	5/2	#205 Boys 9&0 50 Free	32.05	9/6
#207 Boys 9&0 200 Breast	3:25.90	3/8	#301 Boys 9&0 100 Breast	1:36.20	6/5
#305 Boys 9&0 50 Back	37.01	8/5	#404 Boys 9&0 100 Free	1:08.63	8/5
#406 Boys 9&0 50 Fly	38.05	5/7			

25 James Clarke - Male - Age: 16 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:04.50	12/3	#201 Boys 9&0 200 IM	2:33.00	9/7
#205 Boys 9&0 50 Free	28.02	16/1	#305 Boys 9&0 50 Back	30.81	13/2
#402 Boys 9&0 200 Back	X2:22.90	6/3			

26 Casey Cleaver - Female - Age: 18 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:23.60	11/3	#105 Girls 9&0 50 Back	33.60	16/5
#206 Girls 9&0 50 Fly	31.20	15/2	#208 Girls 10&0 400 IM	5:37.50	4/2
#302 Girls 9&0 200 Free	2:19.10	13/4	#306 Girls 9&0 50 Breast	38.10	15/6
#401 Girls 9&0 200 IM	2:37.50	12/1	#405 Girls 9&0 50 Free	29.40	20/4

27 Luke Connolly - Male - Age: 9 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	2:15.00	1/4	#106 Boys 9&0 50 Breast	2:25.10	1/3
#205 Boys 9&0 50 Free	56.90	1/8	#305 Boys 9&0 50 Back	1:00.50	2/7
#404 Boys 9&0 100 Free	1:50.00	1/6			

28 Grace Cook - Female - Age: 16 - Ind/Rel: 6 / 0

#107 Girls 9&0 400 Free	4:57.60	9/8	#206 Girls 9&0 50 Fly	33.03	14/7
#302 Girls 9&0 200 Free	2:23.73	12/5	#401 Girls 9&0 200 IM	2:43.60	11/7
#403 Girls 9&0 100 Fly	1:17.84	6/8	#405 Girls 9&0 50 Free	30.34	19/7

29 Arthur Corke - Male - Age: 13 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:42.40	6/8	#106 Boys 9&0 50 Breast	42.48	9/4
#205 Boys 9&0 50 Free	33.44	7/3	#207 Boys 9&0 200 Breast	3:17.42	3/4
#301 Boys 9&0 100 Breast	1:30.90	8/2	#307 Boys 9&0 400 Free	5:37.10	3/7
#402 Boys 9&0 200 Back	3:08.62	3/1	#404 Boys 9&0 100 Free	1:14.48	6/7

30 Nancy Corke - Female - Age: 10 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	40.40	10/2	#107 Girls 9&0 400 Free	6:02.40	3/5
#202 Girls 9&0 200 Back	3:07.50	4/3	#204 Girls 9&0 100 Free	1:21.22	7/2
#206 Girls 9&0 50 Fly	41.85	7/7	#302 Girls 9&0 200 Free	2:52.90	5/3
#304 Girls 9&0 100 Back	1:28.41	6/5	#401 Girls 9&0 200 IM	3:19.94	6/8
#405 Girls 9&0 50 Free	36.50	10/5			

31 India Coupland - Female - Age: 12 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	2:01.76	2/4	#105 Girls 9&0 50 Back	48.52	5/7
#304 Girls 9&0 100 Back	1:51.00	1/6	#306 Girls 9&0 50 Breast	53.40	6/8

32 Zane Day - Male - Age: 18 - Ind/Rel: 3 / 0

#205 Boys 9&0 50 Free	26.10	19/8	#305 Boys 9&0 50 Back	X27.93	13/4
#406 Boys 9&0 50 Fly	32.19	9/3			

33 Stefi Detelinova - Female - Age: 9 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	55.30	2/8	#206 Girls 9&0 50 Fly	58.80	1/4
#306 Girls 9&0 50 Breast	1:03.80	2/2	#405 Girls 9&0 50 Free	45.10	3/7

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34 Riccardo Di Maria - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:26.43	8/4	#106 Boys 9&0 50 Breast	43.80	9/7
#201 Boys 9&0 200 IM	2:51.99	6/6	#205 Boys 9&0 50 Free	30.68	11/6
#301 Boys 9&0 100 Breast	1:37.90	6/6	#307 Boys 9&0 400 Free	5:07.15	4/2
#404 Boys 9&0 100 Free	1:06.50	10/8	#406 Boys 9&0 50 Fly	35.88	6/3

35 Hilary Drewry - Female - Age: 13 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:35.50	9/2	#105 Girls 9&0 50 Back	36.10	14/6
#107 Girls 9&0 400 Free	5:34.90	6/8	#204 Girls 9&0 100 Free	1:09.59	13/8
#206 Girls 9&0 50 Fly	33.77	13/1	#208 Girls 10&0 400 IM	6:28.50	2/4
#302 Girls 9&0 200 Free	2:36.60	8/2	#304 Girls 9&0 100 Back	1:21.10	9/7
#403 Girls 9&0 100 Fly	1:26.28	5/8	#405 Girls 9&0 50 Free	31.02	17/4
#407 Girls 9&0 200 Breast	3:25.20	6/1			

36 Harvey Durham - Male - Age: 16 - Ind/Rel: 4 / 0

#201 Boys 9&0 200 IM	2:20.90	10/5	#207 Boys 9&0 200 Breast	2:36.96	6/6
#301 Boys 9&0 100 Breast	1:09.50	12/5	#404 Boys 9&0 100 Free	57.84	16/1

37 Ben Eastwood - Male - Age: 13 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:34.10	7/2	#106 Boys 9&0 50 Breast	41.95	10/6
#203 Boys 9&0 100 Fly	1:13.71	4/7	#205 Boys 9&0 50 Free	31.10	10/4
#404 Boys 9&0 100 Free	1:09.22	8/7	#406 Boys 9&0 50 Fly	32.05	10/8

38 Summer Endicott - Female - Age: 16 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	34.40	16/8	#204 Girls 9&0 100 Free	1:08.50	14/7
#206 Girls 9&0 50 Fly	36.20	11/2	#302 Girls 9&0 200 Free	2:32.50	10/7
#304 Girls 9&0 100 Back	1:15.30	11/4	#405 Girls 9&0 50 Free	32.00	16/8

39 Chloe Farrington - Female - Age: 14 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	37.80	12/6	#202 Girls 9&0 200 Back	2:55.70	6/1
#204 Girls 9&0 100 Free	1:17.80	8/2	#206 Girls 9&0 50 Fly	43.00	6/4
#304 Girls 9&0 100 Back	1:21.90	8/5	#306 Girls 9&0 50 Breast	54.30	5/2

40 Felix Faustino-Kemp - Male - Age: 9 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	4:27.10	2/1	#106 Boys 9&0 50 Breast	1:06.70	2/2
#201 Boys 9&0 200 IM	4:15.00	1/2	#205 Boys 9&0 50 Free	49.20	1/5
#301 Boys 9&0 100 Breast	2:42.80	2/7	#305 Boys 9&0 50 Back	56.40	2/5
#404 Boys 9&0 100 Free	2:01.80	1/2	#406 Boys 9&0 50 Fly	1:04.90	1/6

41 Lyla Ffello - Female - Age: 15 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:21.50	12/1	#107 Girls 9&0 400 Free	4:58.16	8/4
#204 Girls 9&0 100 Free	1:04.32	17/2	#302 Girls 9&0 200 Free	2:21.64	13/2
#306 Girls 9&0 50 Breast	37.40	15/3	#405 Girls 9&0 50 Free	29.49	20/2
#407 Girls 9&0 200 Breast	3:00.60	8/7			

42 Elsa French - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:53.33	5/1	#107 Girls 9&0 400 Free	6:07.80	3/1
#202 Girls 9&0 200 Back	3:12.70	4/2	#208 Girls 10&0 400 IM	7:20.99	1/5
#302 Girls 9&0 200 Free	2:54.40	5/7	#306 Girls 9&0 50 Breast	45.62	11/6
#401 Girls 9&0 200 IM	3:17.90	6/2	#407 Girls 9&0 200 Breast	3:35.71	5/1

43 Freya French - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:09.10	2/8	#105 Girls 9&0 50 Back	55.30	2/1
#204 Girls 9&0 100 Free	1:56.10	1/1	#206 Girls 9&0 50 Fly	1:06.20	1/7
#302 Girls 9&0 200 Free	4:16.30	1/5	#306 Girls 9&0 50 Breast	54.67	4/5
#405 Girls 9&0 50 Free	51.90	1/5	#407 Girls 9&0 200 Breast	4:30.00	2/8

44 Chester Gigg - Male - Age: 15 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	36.64	13/6	#201 Boys 9&0 200 IM	2:49.71	6/4
#205 Boys 9&0 50 Free	29.60	12/6	#301 Boys 9&0 100 Breast	1:22.50	9/5
#404 Boys 9&0 100 Free	1:08.75	8/3	#406 Boys 9&0 50 Fly	34.57	7/2

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45 Ella Goodswen - Female - Age: 14 - Ind/Rel: 6 / 0

#202 Girls 9&0 200 Back	2:51.00	6/5	#204 Girls 9&0 100 Free	1:10.30	12/3
#302 Girls 9&0 200 Free	2:34.41	9/1	#304 Girls 9&0 100 Back	1:21.70	8/4
#401 Girls 9&0 200 IM	2:52.40	9/2	#405 Girls 9&0 50 Free	32.50	14/4

46 Joe Hammond - Male - Age: 17 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:04.90	12/6	#205 Boys 9&0 50 Free	26.60	18/2
#305 Boys 9&0 50 Back	29.70	13/5	#404 Boys 9&0 100 Free	57.90	16/8
#406 Boys 9&0 50 Fly	28.94	13/3			

47 Emily Hannah - Female - Age: 10 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	45.51	7/8	#107 Girls 9&0 400 Free	6:34.76	2/8
#202 Girls 9&0 200 Back	3:24.39	3/2	#204 Girls 9&0 100 Free	1:22.55	6/5
#302 Girls 9&0 200 Free	3:02.69	4/6	#304 Girls 9&0 100 Back	1:35.55	5/8
#401 Girls 9&0 200 IM	3:31.11	4/6	#405 Girls 9&0 50 Free	38.37	8/5

48 James Hannah - Male - Age: 14 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:37.30	6/6	#104 Boys 9&0 100 Back	1:29.40	5/3
#201 Boys 9&0 200 IM	3:01.50	4/4	#205 Boys 9&0 50 Free	31.80	9/4
#402 Boys 9&0 200 Back	3:06.80	3/2	#404 Boys 9&0 100 Free	1:13.70	6/3

49 Austin Harrop - Male - Age: 18 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	32.40	16/3	#207 Boys 9&0 200 Breast	2:38.30	6/2
#301 Boys 9&0 100 Breast	1:12.80	12/6			

50 Jonas Hazard - Male - Age: 11 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:40.07	3/6	#106 Boys 9&0 50 Breast	1:05.80	2/3
#201 Boys 9&0 200 IM	4:18.10	1/7	#205 Boys 9&0 50 Free	41.99	3/8

51 Alex Heard - Female - Age: 24 - Ind/Rel: 7 / 0

#204 Girls 9&0 100 Free	1:01.80	18/5	#206 Girls 9&0 50 Fly	29.30	15/4
#302 Girls 9&0 200 Free	2:17.30	14/3	#306 Girls 9&0 50 Breast	35.40	16/6
#401 Girls 9&0 200 IM	2:31.70	12/5	#403 Girls 9&0 100 Fly	1:08.20	7/3
#405 Girls 9&0 50 Free	28.50	21/3			

52 Liam Hendrie - Male - Age: 13 - Ind/Rel: 8 / 0

#106 Boys 9&0 50 Breast	49.90	6/7	#201 Boys 9&0 200 IM	3:27.20	2/5
#203 Boys 9&0 100 Fly	1:38.90	2/2	#205 Boys 9&0 50 Free	37.50	4/6
#207 Boys 9&0 200 Breast	3:44.64	2/1	#301 Boys 9&0 100 Breast	1:42.00	6/8
#404 Boys 9&0 100 Free	1:18.75	4/4	#406 Boys 9&0 50 Fly	42.10	3/5

53 Lily Herring - Female - Age: 16 - Ind/Rel: 2 / 0

#107 Girls 9&0 400 Free	5:44.50	5/1	#204 Girls 9&0 100 Free	1:16.70	9/8
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54 Jack Hibbin - Male - Age: 13 - Ind/Rel: 11 / 0

#102 Boys 9&0 200 Free	2:42.00	6/1	#104 Boys 9&0 100 Back	1:25.72	7/7
#106 Boys 9&0 50 Breast	44.90	8/3	#201 Boys 9&0 200 IM	3:02.10	4/5
#203 Boys 9&0 100 Fly	1:29.30	3/7	#205 Boys 9&0 50 Free	33.10	8/1
#301 Boys 9&0 100 Breast	1:35.30	7/8	#305 Boys 9&0 50 Back	40.20	6/3
#307 Boys 9&0 400 Free	5:42.20	3/1	#402 Boys 9&0 200 Back	3:07.50	3/7
#404 Boys 9&0 100 Free	1:16.45	5/3			

55 George Holt - Male - Age: 11 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:34.18	2/6	#106 Boys 9&0 50 Breast	56.79	3/3
#201 Boys 9&0 200 IM	4:02.79	1/3	#205 Boys 9&0 50 Free	42.50	2/4
#207 Boys 9&0 200 Breast	4:41.90	1/7	#301 Boys 9&0 100 Breast	2:01.50	3/4
#305 Boys 9&0 50 Back	46.63	3/4	#404 Boys 9&0 100 Free	1:33.10	2/2
#406 Boys 9&0 50 Fly	54.06	2/8			

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56 James Howard - Male - Age: 11 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	3:05.10	3/5	#104 Boys 9&0 100 Back	1:37.60	3/4
#106 Boys 9&0 50 Breast	56.14	3/5	#201 Boys 9&0 200 IM	3:37.44	2/7
#205 Boys 9&0 50 Free	36.04	5/6	#301 Boys 9&0 100 Breast	2:04.80	3/3
#305 Boys 9&0 50 Back	44.71	4/6	#402 Boys 9&0 200 Back	3:19.39	1/4
#404 Boys 9&0 100 Free	1:21.45	4/6	#406 Boys 9&0 50 Fly	54.00	2/1

57 Elodie Hupton - Female - Age: 12 - Ind/Rel: 6 / 0

#302 Girls 9&0 200 Free	2:56.40	4/4	#304 Girls 9&0 100 Back	1:35.90	4/4
#306 Girls 9&0 50 Breast	52.40	6/3	#401 Girls 9&0 200 IM	3:24.50	5/7
#405 Girls 9&0 50 Free	37.00	9/5	#407 Girls 9&0 200 Breast	4:06.66	3/8

58 Lily Isaacson - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:04.20	2/3	#105 Girls 9&0 50 Back	54.30	2/7
#204 Girls 9&0 100 Free	1:31.24	4/6	#206 Girls 9&0 50 Fly	58.10	2/8
#302 Girls 9&0 200 Free	3:20.40	3/2	#306 Girls 9&0 50 Breast	55.70	4/1
#405 Girls 9&0 50 Free	41.34	5/4	#407 Girls 9&0 200 Breast	4:34.00	1/5

59 Sid Jones - Male - Age: 14 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:30.60	8/1	#104 Boys 9&0 100 Back	1:15.20	9/4
#201 Boys 9&0 200 IM	2:47.30	7/3	#205 Boys 9&0 50 Free	30.10	11/4
#305 Boys 9&0 50 Back	35.10	9/3	#402 Boys 9&0 200 Back	2:44.90	5/8
#404 Boys 9&0 100 Free	1:06.72	9/5	#406 Boys 9&0 50 Fly	34.11	7/6

60 Mia Kaiser - Female - Age: 11 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	46.40	6/7	#204 Girls 9&0 100 Free	1:30.20	4/5
#206 Girls 9&0 50 Fly	47.73	5/8	#302 Girls 9&0 200 Free	3:30.19	2/4
#304 Girls 9&0 100 Back	1:40.70	3/2	#403 Girls 9&0 100 Fly	1:49.90	3/6
#405 Girls 9&0 50 Free	41.30	6/8			

61 Tom Kaiser - Male - Age: 14 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:25.50	9/8	#104 Boys 9&0 100 Back	1:17.40	9/7
#201 Boys 9&0 200 IM	2:49.31	7/1	#205 Boys 9&0 50 Free	28.26	15/3
#305 Boys 9&0 50 Back	35.10	9/6	#307 Boys 9&0 400 Free	5:25.60	3/5
#404 Boys 9&0 100 Free	1:03.40	11/1	#406 Boys 9&0 50 Fly	31.05	10/5

62 Kaleesi Knowles - Female - Age: 10 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:03.50	2/5	#105 Girls 9&0 50 Back	47.50	5/4
#204 Girls 9&0 100 Free	1:27.10	5/6	#206 Girls 9&0 50 Fly	48.50	4/5
#306 Girls 9&0 50 Breast	53.40	5/4	#401 Girls 9&0 200 IM	3:33.90	4/7
#405 Girls 9&0 50 Free	37.50	9/3	#407 Girls 9&0 200 Breast	4:19.35	2/7

63 Benedict Koehler - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:29.98	8/2	#106 Boys 9&0 50 Breast	53.90	4/4
#201 Boys 9&0 200 IM	3:58.00	1/4	#205 Boys 9&0 50 Free	34.01	7/8
#301 Boys 9&0 100 Breast	1:54.03	4/2	#305 Boys 9&0 50 Back	39.20	7/2
#307 Boys 9&0 400 Free	6:04.00	2/1	#404 Boys 9&0 100 Free	1:11.42	7/6
#406 Boys 9&0 50 Fly	40.70	4/7			

64 Nora Koehler - Female - Age: 14 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	38.00	12/2	#204 Girls 9&0 100 Free	1:13.40	10/5
#302 Girls 9&0 200 Free	2:47.70	6/2	#306 Girls 9&0 50 Breast	47.90	9/5
#405 Girls 9&0 50 Free	32.80	13/4			

65 Finley Lane - Male - Age: 11 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	3:03.16	3/4	#104 Boys 9&0 100 Back	1:35.04	4/2
#201 Boys 9&0 200 IM	3:29.24	2/3	#203 Boys 9&0 100 Fly	1:51.48	1/5
#205 Boys 9&0 50 Free	38.90	3/5	#305 Boys 9&0 50 Back	45.43	4/7
#307 Boys 9&0 400 Free	6:13.61	1/4	#402 Boys 9&0 200 Back	3:14.98	2/7
#404 Boys 9&0 100 Free	1:24.57	3/4			

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CITY OF NORWICH SWIMMING CLUB**66 Esme Langley - Female - Age: 14 - Ind/Rel: 7 / 0**

#101 Girls 9&0 100 Breast	1:26.50	11/7	#105 Girls 9&0 50 Back	33.80	16/2
#202 Girls 9&0 200 Back	2:36.40	8/4	#204 Girls 9&0 100 Free	1:08.70	13/4
#304 Girls 9&0 100 Back	1:11.70	13/8	#401 Girls 9&0 200 IM	2:46.10	11/8
#407 Girls 9&0 200 Breast	3:03.40	7/4			

67 Alexa Linden-Ball - Female - Age: 10 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:46.27	7/7	#107 Girls 9&0 400 Free	5:56.80	4/6
#202 Girls 9&0 200 Back	3:17.46	3/5	#204 Girls 9&0 100 Free	1:18.78	8/8
#302 Girls 9&0 200 Free	2:55.10	5/1	#304 Girls 9&0 100 Back	1:33.26	5/7
#401 Girls 9&0 200 IM	3:18.50	6/7	#407 Girls 9&0 200 Breast	3:43.35	4/3

68 Leo Linford-Hazell - Male - Age: 9 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	3:13.05	3/2	#104 Boys 9&0 100 Back	1:59.55	2/5
#106 Boys 9&0 50 Breast	1:02.00	3/8	#301 Boys 9&0 100 Breast	2:10.62	3/1
#305 Boys 9&0 50 Back	50.20	3/1	#307 Boys 9&0 400 Free	6:43.52	1/6
#404 Boys 9&0 100 Free	1:40.00	1/4			

69 Rosa Maguire - Female - Age: 10 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:55.39	4/2	#105 Girls 9&0 50 Back	50.53	3/6
#107 Girls 9&0 400 Free	6:55.00	1/2	#202 Girls 9&0 200 Back	3:38.31	2/7
#204 Girls 9&0 100 Free	1:32.76	4/7	#206 Girls 9&0 50 Fly	51.42	2/5
#302 Girls 9&0 200 Free	3:29.40	3/8	#306 Girls 9&0 50 Breast	55.14	4/2
#401 Girls 9&0 200 IM	3:37.32	3/3	#405 Girls 9&0 50 Free	42.56	4/3
#407 Girls 9&0 200 Breast	4:03.41	3/6			

70 Charlotte Malachowski - Female - Age: 9 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	47.99	5/3	#202 Girls 9&0 200 Back	3:33.91	2/3
#204 Girls 9&0 100 Free	1:54.10	1/2	#206 Girls 9&0 50 Fly	48.61	4/6
#302 Girls 9&0 200 Free	3:51.00	2/1	#304 Girls 9&0 100 Back	1:41.60	2/5
#401 Girls 9&0 200 IM	4:14.90	1/6	#403 Girls 9&0 100 Fly	2:23.20	1/5
#405 Girls 9&0 50 Free	40.10	6/4			

71 Evie Mantle - Female - Age: 12 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:40.90	8/2	#107 Girls 9&0 400 Free	5:50.00	4/4
#204 Girls 9&0 100 Free	1:14.71	10/1	#302 Girls 9&0 200 Free	2:45.80	6/4
#306 Girls 9&0 50 Breast	44.71	11/5	#405 Girls 9&0 50 Free	32.65	14/7
#407 Girls 9&0 200 Breast	3:30.00	5/4			

72 Debbie Matless - Female - Age: 61 - Ind/Rel: 2 / 0

#206 Girls 9&0 50 Fly	34.37	12/2	#405 Girls 9&0 50 Free	32.52	14/3
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73 Niall McAuley - Male - Age: 11 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	56.10	3/4	#205 Boys 9&0 50 Free	44.85	2/2
#207 Boys 9&0 200 Breast	4:43.10	1/1	#301 Boys 9&0 100 Breast	2:13.74	3/8

74 Niamh McAuley - Female - Age: 14 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:27.50	10/4	#204 Girls 9&0 100 Free	1:15.31	9/4
#306 Girls 9&0 50 Breast	39.90	14/2	#407 Girls 9&0 200 Breast	3:08.50	7/6

75 Robin McCallum - Male - Age: 14 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:16.30	9/6	#106 Boys 9&0 50 Breast	40.95	11/8
#201 Boys 9&0 200 IM	2:59.00	5/6	#205 Boys 9&0 50 Free	28.80	14/1
#301 Boys 9&0 100 Breast	1:33.80	7/5	#305 Boys 9&0 50 Back	34.00	10/4
#404 Boys 9&0 100 Free	1:07.20	9/3	#406 Boys 9&0 50 Fly	30.95	11/1

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76 Libby Meale - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:46.39	7/1	#107 Girls 9&0 400 Free	7:00.00	1/7
#204 Girls 9&0 100 Free	1:27.14	5/2	#206 Girls 9&0 50 Fly	51.12	2/4
#302 Girls 9&0 200 Free	3:24.30	3/7	#306 Girls 9&0 50 Breast	48.02	9/2
#401 Girls 9&0 200 IM	3:35.64	4/8	#405 Girls 9&0 50 Free	37.00	9/4
#407 Girls 9&0 200 Breast	4:03.12	3/3			

77 Lynne Meale - Female - Age: 47 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:28.80	10/6	#204 Girls 9&0 100 Free	1:09.00	13/2
#306 Girls 9&0 50 Breast	39.36	14/5	#405 Girls 9&0 50 Free	31.20	17/2

78 Kristian Mihlyuzov - Male - Age: 14 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	1:31.20	5/2	#205 Boys 9&0 50 Free	38.60	4/8
#305 Boys 9&0 50 Back	43.70	4/4	#404 Boys 9&0 100 Free	1:27.30	3/8

79 Marnie Mitchell - Female - Age: 9 - Ind/Rel: 1 / 0

#101 Girls 9&0 100 Breast	2:21.10	1/1			
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80 Ayla Morgan - Female - Age: 9 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:58.81	3/8	#105 Girls 9&0 50 Back	51.50	2/5
#204 Girls 9&0 100 Free	1:45.70	2/1	#206 Girls 9&0 50 Fly	49.60	3/4
#306 Girls 9&0 50 Breast	54.90	4/3	#401 Girls 9&0 200 IM	4:30.98	1/7
#407 Girls 9&0 200 Breast	4:17.97	2/2			

81 Georgie Munday - Female - Age: 21 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	32.26	17/3	#202 Girls 9&0 200 Back	X2:27.28	9/5
#304 Girls 9&0 100 Back	X1:09.23	13/6			

82 Fin Neve - Male - Age: 16 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:05.05	11/5	#201 Boys 9&0 200 IM	2:18.20	10/4
#205 Boys 9&0 50 Free	25.91	19/6	#303 Boys 9&0 200 Fly	2:35.20	2/4
#404 Boys 9&0 100 Free	56.80	16/3			

83 Abi Nicholls - Female - Age: 18 - Ind/Rel: 5 / 0

#204 Girls 9&0 100 Free	1:05.23	16/6	#208 Girls 10&0 400 IM	5:49.30	4/1
#401 Girls 9&0 200 IM	2:40.20	11/3	#405 Girls 9&0 50 Free	30.11	19/6
#407 Girls 9&0 200 Breast	3:01.30	8/1			

84 Rachel Nicholls - Female - Age: 10 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:10.65	1/5	#105 Girls 9&0 50 Back	52.70	2/2
#204 Girls 9&0 100 Free	1:48.20	1/5	#206 Girls 9&0 50 Fly	53.60	2/3
#302 Girls 9&0 200 Free	3:44.00	2/2	#306 Girls 9&0 50 Breast	57.30	3/6
#405 Girls 9&0 50 Free	42.30	4/4	#407 Girls 9&0 200 Breast	4:45.60	1/6

85 Elizabeth Norburn - Female - Age: 9 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	49.90	4/1	#204 Girls 9&0 100 Free	1:43.60	2/7
#206 Girls 9&0 50 Fly	45.40	5/5	#302 Girls 9&0 200 Free	3:51.80	1/4
#304 Girls 9&0 100 Back	2:05.40	1/8	#405 Girls 9&0 50 Free	37.50	9/2

86 Ellie Rose Norman - Female - Age: 16 - Ind/Rel: 4 / 0

#204 Girls 9&0 100 Free	1:21.50	7/7	#206 Girls 9&0 50 Fly	42.70	7/8
#304 Girls 9&0 100 Back	1:30.50	6/2	#306 Girls 9&0 50 Breast	46.43	11/1

87 Beth Palmer - Female - Age: 27 - Ind/Rel: 2 / 0

#302 Girls 9&0 200 Free	2:32.15	10/2	#401 Girls 9&0 200 IM	2:52.00	9/6
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88 Eva Palmer - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	40.70	10/7	#107 Girls 9&0 400 Free	5:35.50	5/4
#204 Girls 9&0 100 Free	1:12.72	11/8	#208 Girls 10&0 400 IM	6:53.10	2/7
#302 Girls 9&0 200 Free	2:35.57	8/3	#306 Girls 9&0 50 Breast	50.50	7/4
#405 Girls 9&0 50 Free	33.13	13/3			

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89 Liv Palmer - Female - Age: 15 - Ind/Rel: 4 / 0

#107 Girls 9&0 400 Free	4:51.60	9/2	#204 Girls 9&0 100 Free	1:03.50	17/5
#302 Girls 9&0 200 Free	2:17.30	14/6	#401 Girls 9&0 200 IM	2:40.62	11/6

90 Matilda Paterson - Female - Age: 10 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	42.16	9/2	#107 Girls 9&0 400 Free	6:25.60	2/7
#202 Girls 9&0 200 Back	3:17.77	3/3	#204 Girls 9&0 100 Free	1:24.99	5/4
#206 Girls 9&0 50 Fly	44.79	6/8	#302 Girls 9&0 200 Free	3:10.50	4/1
#304 Girls 9&0 100 Back	1:34.40	5/1	#401 Girls 9&0 200 IM	3:36.29	3/4
#405 Girls 9&0 50 Free	37.60	9/1			

91 Isabelle Patterson - Female - Age: 14 - Ind/Rel: 8 / 0

#103 Girls 9&0 200 Fly	3:22.80	1/4	#105 Girls 9&0 50 Back	36.80	13/3
#204 Girls 9&0 100 Free	1:08.40	14/6	#206 Girls 9&0 50 Fly	35.40	11/5
#302 Girls 9&0 200 Free	2:32.95	10/8	#304 Girls 9&0 100 Back	1:20.90	9/5
#403 Girls 9&0 100 Fly	1:27.30	4/5	#405 Girls 9&0 50 Free	31.10	17/5

92 Aila Pepper - Female - Age: 9 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	2:15.00	1/7	#105 Girls 9&0 50 Back	58.90	1/3
#204 Girls 9&0 100 Free	1:40.00	2/5	#206 Girls 9&0 50 Fly	1:00.00	1/3
#304 Girls 9&0 100 Back	1:55.00	1/2	#306 Girls 9&0 50 Breast	1:00.00	2/3
#405 Girls 9&0 50 Free	47.90	2/5			

93 George Pike - Male - Age: 14 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:33.22	7/3	#106 Boys 9&0 50 Breast	38.49	12/5
#201 Boys 9&0 200 IM	2:48.60	7/7	#205 Boys 9&0 50 Free	31.50	10/6
#301 Boys 9&0 100 Breast	1:24.50	9/7	#307 Boys 9&0 400 Free	5:08.60	4/7
#406 Boys 9&0 50 Fly	33.41	8/6	#408 Boys 10&0 400 IM	5:39.71	2/6

94 Ollie Pike - Male - Age: 18 - Ind/Rel: 3 / 0

#203 Boys 9&0 100 Fly	59.72	6/5	#205 Boys 9&0 50 Free	25.93	19/2
#303 Boys 9&0 200 Fly	X2:20.04	3/3			

95 Kacper Porycki - Male - Age: 17 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:51.20	4/5	#104 Boys 9&0 100 Back	1:25.00	7/2
#106 Boys 9&0 50 Breast	46.70	7/6	#201 Boys 9&0 200 IM	3:14.00	4/8
#205 Boys 9&0 50 Free	32.50	9/1	#305 Boys 9&0 50 Back	37.90	8/1
#402 Boys 9&0 200 Back	3:01.90	4/8	#404 Boys 9&0 100 Free	1:12.80	7/8
#406 Boys 9&0 50 Fly	39.60	4/3			

96 Oskar Porycki - Male - Age: 15 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:37.20	6/3	#104 Boys 9&0 100 Back	1:21.40	7/4
#106 Boys 9&0 50 Breast	41.90	10/3	#201 Boys 9&0 200 IM	3:03.30	4/3
#205 Boys 9&0 50 Free	29.90	12/7	#305 Boys 9&0 50 Back	34.50	10/3
#402 Boys 9&0 200 Back	3:02.00	3/4	#404 Boys 9&0 100 Free	1:08.40	8/4
#406 Boys 9&0 50 Fly	34.87	7/1			

97 Farhan Rafiq - Male - Age: 13 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	2:00.75	2/3	#106 Boys 9&0 50 Breast	59.24	3/2
#205 Boys 9&0 50 Free	44.40	2/6	#305 Boys 9&0 50 Back	57.50	2/3
#404 Boys 9&0 100 Free	1:33.20	2/1			

98 Alison Reid - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:52.00	5/3	#105 Girls 9&0 50 Back	42.70	9/8
#204 Girls 9&0 100 Free	1:24.25	6/8	#206 Girls 9&0 50 Fly	38.50	9/6
#306 Girls 9&0 50 Breast	49.90	8/6	#401 Girls 9&0 200 IM	3:20.10	5/4
#405 Girls 9&0 50 Free	35.60	11/7			

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99 Zoe Reynolds - Female - Age: 16 - Ind/Rel: 7 / 0					
#202 Girls 9&0 200 Back	2:50.30	7/8	#204 Girls 9&0 100 Free	1:10.70	12/2
#206 Girls 9&0 50 Fly	36.16	11/6	#302 Girls 9&0 200 Free	2:35.00	8/5
#304 Girls 9&0 100 Back	1:21.00	9/2	#403 Girls 9&0 100 Fly	1:20.60	5/2
#405 Girls 9&0 50 Free	32.30	15/7			
100 Ben Robinson - Male - Age: 14 - Ind/Rel: 12 / 0					
#102 Boys 9&0 200 Free	2:51.00	4/4	#104 Boys 9&0 100 Back	1:27.70	6/4
#106 Boys 9&0 50 Breast	50.60	6/1	#201 Boys 9&0 200 IM	3:25.17	2/4
#203 Boys 9&0 100 Fly	1:35.80	2/5	#205 Boys 9&0 50 Free	33.80	7/7
#207 Boys 9&0 200 Breast	4:29.43	1/6	#301 Boys 9&0 100 Breast	2:08.30	3/7
#305 Boys 9&0 50 Back	40.20	6/5	#402 Boys 9&0 200 Back	3:05.64	3/6
#404 Boys 9&0 100 Free	1:16.00	5/5	#406 Boys 9&0 50 Fly	40.90	3/4
101 Freyja Rooke - Female - Age: 9 - Ind/Rel: 8 / 0					
#101 Girls 9&0 100 Breast	1:53.30	5/7	#105 Girls 9&0 50 Back	46.70	6/1
#202 Girls 9&0 200 Back	3:32.80	2/5	#206 Girls 9&0 50 Fly	44.64	6/1
#304 Girls 9&0 100 Back	1:40.84	3/7	#306 Girls 9&0 50 Breast	54.35	5/1
#405 Girls 9&0 50 Free	42.00	5/1	#407 Girls 9&0 200 Breast	4:04.60	3/2
102 Vaughn Ruffles-Francis - Male - Age: 19 - Ind/Rel: 6 / 0					
#106 Boys 9&0 50 Breast	33.20	16/1	#205 Boys 9&0 50 Free	26.90	17/4
#301 Boys 9&0 100 Breast	1:14.50	12/8	#305 Boys 9&0 50 Back	33.20	11/3
#404 Boys 9&0 100 Free	1:01.20	13/3	#406 Boys 9&0 50 Fly	30.14	12/6
103 Chloe Sadler - Female - Age: 11 - Ind/Rel: 7 / 0					
#101 Girls 9&0 100 Breast	1:57.40	3/4	#105 Girls 9&0 50 Back	52.00	2/3
#204 Girls 9&0 100 Free	1:38.70	3/1	#206 Girls 9&0 50 Fly	1:03.30	1/6
#306 Girls 9&0 50 Breast	52.04	6/4	#405 Girls 9&0 50 Free	43.40	3/4
#407 Girls 9&0 200 Breast	4:10.90	2/3			
104 Benjamin Sambrook - Male - Age: 10 - Ind/Rel: 5 / 0					
#102 Boys 9&0 200 Free	4:49.70	1/4	#104 Boys 9&0 100 Back	2:09.00	2/7
#106 Boys 9&0 50 Breast	1:05.40	2/5	#201 Boys 9&0 200 IM	4:30.00	1/1
#203 Boys 9&0 100 Fly	2:15.00	1/6			
105 Charlotte Sawford - Female - Age: 10 - Ind/Rel: 9 / 0					
#101 Girls 9&0 100 Breast	1:57.30	4/8	#105 Girls 9&0 50 Back	52.40	2/6
#204 Girls 9&0 100 Free	1:54.30	1/7	#206 Girls 9&0 50 Fly	58.80	1/5
#304 Girls 9&0 100 Back	1:56.20	1/7	#306 Girls 9&0 50 Breast	53.80	5/3
#401 Girls 9&0 200 IM	4:24.71	1/2	#405 Girls 9&0 50 Free	47.90	2/4
#407 Girls 9&0 200 Breast	4:11.40	2/6			
106 Izzy Sawford - Female - Age: 14 - Ind/Rel: 8 / 0					
#101 Girls 9&0 100 Breast	1:27.70	10/5	#105 Girls 9&0 50 Back	36.90	13/2
#204 Girls 9&0 100 Free	1:12.30	11/2	#206 Girls 9&0 50 Fly	37.50	10/2
#302 Girls 9&0 200 Free	2:37.00	8/8	#306 Girls 9&0 50 Breast	40.40	14/8
#405 Girls 9&0 50 Free	31.54	16/7	#407 Girls 9&0 200 Breast	3:05.60	7/5
107 Isaac Scott - Male - Age: 10 - Ind/Rel: 9 / 0					
#102 Boys 9&0 200 Free	3:01.10	4/1	#106 Boys 9&0 50 Breast	55.20	4/7
#201 Boys 9&0 200 IM	3:29.90	2/6	#203 Boys 9&0 100 Fly	1:47.50	1/4
#205 Boys 9&0 50 Free	36.40	5/7	#303 Boys 9&0 200 Fly	3:39.00	1/4
#307 Boys 9&0 400 Free	6:00.00	2/7	#404 Boys 9&0 100 Free	1:25.90	3/3
#406 Boys 9&0 50 Fly	39.40	4/4			

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108 Erin Sheehy - Female - Age: 12 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	2:04.50	2/2	#105 Girls 9&0 50 Back	44.50	7/5
#202 Girls 9&0 200 Back	3:29.58	3/8	#204 Girls 9&0 100 Free	1:31.01	4/3
#206 Girls 9&0 50 Fly	49.94	3/3	#302 Girls 9&0 200 Free	3:18.30	3/5
#304 Girls 9&0 100 Back	1:38.11	4/8	#306 Girls 9&0 50 Breast	58.01	3/7
#401 Girls 9&0 200 IM	3:39.27	3/6	#405 Girls 9&0 50 Free	38.97	8/8

109 Laila Shindler - Female - Age: 9 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	1:07.10	1/2	#204 Girls 9&0 100 Free	1:48.99	1/3
#306 Girls 9&0 50 Breast	1:16.80	1/4	#405 Girls 9&0 50 Free	51.90	1/4

110 Tina Sinapova - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:29.50	10/1	#105 Girls 9&0 50 Back	36.20	14/2
#204 Girls 9&0 100 Free	1:06.78	15/3	#208 Girls 10&0 400 IM	6:05.85	3/6
#302 Girls 9&0 200 Free	2:28.40	11/4	#306 Girls 9&0 50 Breast	41.61	13/7
#401 Girls 9&0 200 IM	2:50.10	10/8	#407 Girls 9&0 200 Breast	3:15.30	6/4

111 Elizabeth Spraggon - Female - Age: 10 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	49.10	4/4	#202 Girls 9&0 200 Back	3:57.42	1/5
#204 Girls 9&0 100 Free	1:47.50	2/8	#206 Girls 9&0 50 Fly	50.55	3/1
#304 Girls 9&0 100 Back	1:50.80	1/4	#306 Girls 9&0 50 Breast	1:07.50	2/1
#403 Girls 9&0 100 Fly	2:05.30	2/6	#405 Girls 9&0 50 Free	43.20	4/7

112 Sidney Stiddard-Jenkins - Male - Age: 10 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	1:00.00	3/7	#205 Boys 9&0 50 Free	51.00	1/6
#305 Boys 9&0 50 Back	1:03.40	1/5	#406 Boys 9&0 50 Fly	1:00.00	1/5

113 Millie Suffling - Female - Age: 10 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:49.60	5/4	#105 Girls 9&0 50 Back	51.10	3/8
#302 Girls 9&0 200 Free	3:27.50	3/1	#306 Girls 9&0 50 Breast	48.70	9/8
#401 Girls 9&0 200 IM	3:54.05	2/2	#405 Girls 9&0 50 Free	40.78	6/7
#407 Girls 9&0 200 Breast	3:56.30	3/4			

114 Austin Taylor - Male - Age: 15 - Ind/Rel: 9 / 0

#104 Boys 9&0 100 Back	1:11.40	11/1	#106 Boys 9&0 50 Breast	37.60	13/7
#205 Boys 9&0 50 Free	28.82	14/8	#207 Boys 9&0 200 Breast	3:01.20	4/3
#301 Boys 9&0 100 Breast	1:22.00	9/4	#305 Boys 9&0 50 Back	33.50	11/2
#402 Boys 9&0 200 Back	2:34.80	6/8	#404 Boys 9&0 100 Free	1:03.30	11/6
#406 Boys 9&0 50 Fly	32.30	9/7			

115 Lawrence Taylor - Male - Age: 12 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:33.05	7/5	#104 Boys 9&0 100 Back	1:18.10	8/5
#106 Boys 9&0 50 Breast	46.30	8/8	#201 Boys 9&0 200 IM	2:53.30	6/1
#203 Boys 9&0 100 Fly	1:21.40	3/3	#205 Boys 9&0 50 Free	32.87	8/6
#303 Boys 9&0 200 Fly	3:04.80	2/1	#305 Boys 9&0 50 Back	35.91	9/7
#402 Boys 9&0 200 Back	2:47.05	4/4	#406 Boys 9&0 50 Fly	37.10	5/5

116 Jake Thorne - Male - Age: 12 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:54.22	4/7	#305 Boys 9&0 50 Back	43.30	5/1
#307 Boys 9&0 400 Free	7:20.40	1/7	#404 Boys 9&0 100 Free	1:28.26	2/5

117 Isla Thorpe - Female - Age: 10 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	2:08.19	2/1	#105 Girls 9&0 50 Back	44.53	7/3
#107 Girls 9&0 400 Free	6:45.99	1/5	#204 Girls 9&0 100 Free	1:23.46	6/7
#206 Girls 9&0 50 Fly	46.62	5/1	#302 Girls 9&0 200 Free	3:07.31	4/7
#304 Girls 9&0 100 Back	1:36.61	4/6	#306 Girls 9&0 50 Breast	59.18	2/4
#401 Girls 9&0 200 IM	3:30.15	4/3	#403 Girls 9&0 100 Fly	1:59.99	2/4
#405 Girls 9&0 50 Free	38.71	8/1			

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118 Ben Thrower - Male - Age: 46 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	35.50	14/6	#205 Boys 9&0 50 Free	28.40	15/8
#301 Boys 9&0 100 Breast	1:18.70	11/8	#404 Boys 9&0 100 Free	1:03.40	11/7
#406 Boys 9&0 50 Fly	31.00	10/4			

119 Harriet Townend - Female - Age: 13 - Ind/Rel: 5 / 0

#204 Girls 9&0 100 Free	1:08.18	14/4	#206 Girls 9&0 50 Fly	34.28	12/6
#302 Girls 9&0 200 Free	2:31.50	10/5	#403 Girls 9&0 100 Fly	1:24.60	5/1
#405 Girls 9&0 50 Free	30.65	18/6			

120 Zach Townend - Male - Age: 21 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:12.90	10/6	#201 Boys 9&0 200 IM	2:38.30	8/5
#205 Boys 9&0 50 Free	25.13	19/4	#404 Boys 9&0 100 Free	56.90	16/6
#406 Boys 9&0 50 Fly	X26.40	14/5			

121 Charlotte Trick - Female - Age: 11 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:56.30	4/7	#105 Girls 9&0 50 Back	45.14	7/1
#204 Girls 9&0 100 Free	1:33.75	3/4	#206 Girls 9&0 50 Fly	48.91	4/8
#304 Girls 9&0 100 Back	1:44.62	2/7	#306 Girls 9&0 50 Breast	51.81	7/8
#401 Girls 9&0 200 IM	3:42.10	3/1	#403 Girls 9&0 100 Fly	2:18.87	2/8
#405 Girls 9&0 50 Free	39.70	7/7			

122 Maude Turner - Female - Age: 9 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	1:02.90	1/6	#306 Girls 9&0 50 Breast	1:24.00	1/5
#405 Girls 9&0 50 Free	1:00.70	1/3			

123 Ffion Tyley - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:12.00	1/2	#105 Girls 9&0 50 Back	50.40	3/3
#204 Girls 9&0 100 Free	1:39.90	2/4	#206 Girls 9&0 50 Fly	50.30	3/2
#302 Girls 9&0 200 Free	3:45.10	2/7	#306 Girls 9&0 50 Breast	55.50	4/7
#401 Girls 9&0 200 IM	3:45.00	2/4	#405 Girls 9&0 50 Free	40.10	6/5

124 Maksim Venslavovic - Male - Age: 9 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	3:55.70	2/7	#106 Boys 9&0 50 Breast	1:06.99	2/1
#201 Boys 9&0 200 IM	4:15.00	1/6	#205 Boys 9&0 50 Free	44.00	2/3
#301 Boys 9&0 100 Breast	2:17.80	2/5	#305 Boys 9&0 50 Back	52.60	3/8
#404 Boys 9&0 100 Free	1:41.70	1/5	#406 Boys 9&0 50 Fly	1:01.40	1/3

125 Gill Watson - Female - Age: 44 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:18.00	8/7	#206 Girls 9&0 50 Fly	44.00	6/2
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126 Max Whalen - Male - Age: 9 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	2:01.59	2/6	#106 Boys 9&0 50 Breast	1:14.10	1/4
#205 Boys 9&0 50 Free	56.80	1/1	#301 Boys 9&0 100 Breast	2:20.00	2/2
#305 Boys 9&0 50 Back	57.90	2/6	#404 Boys 9&0 100 Free	2:15.90	1/7

127 Sophia Whitbourn - Female - Age: 12 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	2:10.20	1/4	#105 Girls 9&0 50 Back	42.40	9/1
#202 Girls 9&0 200 Back	3:14.40	4/7	#204 Girls 9&0 100 Free	1:22.30	7/8
#206 Girls 9&0 50 Fly	44.00	6/6	#302 Girls 9&0 200 Free	2:59.64	4/3
#304 Girls 9&0 100 Back	1:29.40	6/6	#306 Girls 9&0 50 Breast	54.50	4/4
#401 Girls 9&0 200 IM	3:25.00	5/8	#405 Girls 9&0 50 Free	36.30	11/8

128 Nancy Wiskin - Female - Age: 9 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:58.80	3/1	#105 Girls 9&0 50 Back	45.70	6/5
#107 Girls 9&0 400 Free	6:40.00	1/4	#204 Girls 9&0 100 Free	1:23.32	6/2
#206 Girls 9&0 50 Fly	44.50	6/7	#401 Girls 9&0 200 IM	3:32.25	4/2
#403 Girls 9&0 100 Fly	1:41.96	3/4	#405 Girls 9&0 50 Free	38.70	8/7

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CITY OF NORWICH SWIMMING CLUB

129 Lily Woodward - Female - Age: 10 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:58.60	3/7	#105 Girls 9&0 50 Back	49.50	4/6
#204 Girls 9&0 100 Free	1:34.70	3/5	#206 Girls 9&0 50 Fly	48.60	4/3
#302 Girls 9&0 200 Free	3:19.60	3/6	#304 Girls 9&0 100 Back	1:45.70	2/8
#306 Girls 9&0 50 Breast	53.64	5/5	#401 Girls 9&0 200 IM	3:42.10	3/7
#405 Girls 9&0 50 Free	38.99	7/4	#407 Girls 9&0 200 Breast	4:08.80	2/5

CITY OF NORWICH SWIMMING CLUB Total Individual Entries: 856 - Total Relays: 0

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

DEREHAM OTTERS SWIMMING CLUB**1 Sophie Bowes-Toms - Female - Age: 12 - Ind/Rel: 4 / 0**

#107 Girls 9&0 400 Free	6:01.54	3/4	#206 Girls 9&0 50 Fly	38.78	9/1
#208 Girls 10&0 400 IM	6:50.00	2/2	#302 Girls 9&0 200 Free	2:47.58	6/6

2 Sam Bradford - Male - Age: 16 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:10.30	11/1	#104 Boys 9&0 100 Back	1:07.50	11/4
#205 Boys 9&0 50 Free	27.30	17/2	#305 Boys 9&0 50 Back	31.40	12/4
#404 Boys 9&0 100 Free	59.30	15/8	#406 Boys 9&0 50 Fly	32.00	10/1

3 Isabelle Brown - Female - Age: 15 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	35.40	15/8	#202 Girls 9&0 200 Back	2:42.20	8/1
#302 Girls 9&0 200 Free	2:27.60	12/1	#401 Girls 9&0 200 IM	2:47.60	10/2
#405 Girls 9&0 50 Free	32.26	15/2			

4 Lyla Egle - Female - Age: 13 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	44.60	7/6	#202 Girls 9&0 200 Back	3:40.70	2/1
#306 Girls 9&0 50 Breast	50.50	8/8	#405 Girls 9&0 50 Free	38.40	8/3

5 Lilyanna Gilbert - Female - Age: 10 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:57.59	3/5	#105 Girls 9&0 50 Back	50.90	3/7
#206 Girls 9&0 50 Fly	48.68	4/2	#304 Girls 9&0 100 Back	1:41.47	2/4
#306 Girls 9&0 50 Breast	57.06	3/5	#405 Girls 9&0 50 Free	45.60	3/1

6 Xander Hollier - Male - Age: 11 - Ind/Rel: 12 / 0

#102 Boys 9&0 200 Free	3:10.10	3/3	#104 Boys 9&0 100 Back	1:37.40	4/8
#106 Boys 9&0 50 Breast	48.20	6/5	#201 Boys 9&0 200 IM	3:23.00	3/2
#203 Boys 9&0 100 Fly	1:59.30	1/3	#205 Boys 9&0 50 Free	37.30	4/3
#207 Boys 9&0 200 Breast	3:43.40	2/2	#301 Boys 9&0 100 Breast	1:41.60	6/1
#305 Boys 9&0 50 Back	45.06	4/2	#402 Boys 9&0 200 Back	3:33.40	1/6
#404 Boys 9&0 100 Free	1:22.40	4/1	#406 Boys 9&0 50 Fly	44.60	3/7

7 Charlotte Jennings - Female - Age: 14 - Ind/Rel: 3 / 0

#306 Girls 9&0 50 Breast	50.10	8/2	#405 Girls 9&0 50 Free	37.90	9/8
#407 Girls 9&0 200 Breast	4:00.40	3/5			

8 Olivia Keen - Female - Age: 13 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	40.90	10/1	#202 Girls 9&0 200 Back	3:17.30	3/4
#204 Girls 9&0 100 Free	1:16.30	9/6	#206 Girls 9&0 50 Fly	45.90	5/3
#405 Girls 9&0 50 Free	36.50	10/3			

9 Bella Marsh - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:41.70	8/8	#107 Girls 9&0 400 Free	6:32.00	2/1
#204 Girls 9&0 100 Free	1:17.40	8/6	#206 Girls 9&0 50 Fly	41.70	7/6

10 Lily Mears - Female - Age: 14 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:20.50	7/3	#405 Girls 9&0 50 Free	36.70	10/7
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11 Eva Palmer - Female - Age: 11 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:52.20	1/6	#405 Girls 9&0 50 Free	48.60	2/2
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12 Harry Palmer - Male - Age: 16 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:36.80	6/4	#106 Boys 9&0 50 Breast	42.00	10/2
#201 Boys 9&0 200 IM	2:59.80	5/7	#205 Boys 9&0 50 Free	30.70	11/2
#406 Boys 9&0 50 Fly	33.91	7/5			

13 Marnie Palmer - Female - Age: 11 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	51.50	2/4	#204 Girls 9&0 100 Free	1:33.40	4/1
#405 Girls 9&0 50 Free	40.80	6/1			

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DEREHAM OTTERS SWIMMING CLUB**14 Amelie Parnell - Female - Age: 13 - Ind/Rel: 5 / 0**

#304 Girls 9&0 100 Back	1:19.00	10/5	#306 Girls 9&0 50 Breast	40.24	14/1
#401 Girls 9&0 200 IM	2:53.30	9/1	#405 Girls 9&0 50 Free	32.11	15/3
#407 Girls 9&0 200 Breast	3:17.16	6/3			

15 Imogen Parnell - Female - Age: 11 - Ind/Rel: 5 / 0

#304 Girls 9&0 100 Back	1:24.50	7/5	#306 Girls 9&0 50 Breast	43.01	12/6
#401 Girls 9&0 200 IM	3:04.55	7/4	#405 Girls 9&0 50 Free	34.60	12/1
#407 Girls 9&0 200 Breast	3:25.87	6/8			

16 Niamh Parnell - Female - Age: 9 - Ind/Rel: 2 / 0

#306 Girls 9&0 50 Breast	1:03.00	2/6	#405 Girls 9&0 50 Free	48.10	2/3
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17 Razvan Platon - Male - Age: 15 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:31.60	7/4	#106 Boys 9&0 50 Breast	43.40	9/6
#205 Boys 9&0 50 Free	30.80	11/1	#207 Boys 9&0 200 Breast	3:24.30	3/2
#301 Boys 9&0 100 Breast	1:33.90	7/2	#404 Boys 9&0 100 Free	1:07.90	9/7
#406 Boys 9&0 50 Fly	35.90	6/6			

18 Megan Summer - Female - Age: 17 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:05.40	16/2	#206 Girls 9&0 50 Fly	34.20	12/3
#405 Girls 9&0 50 Free	30.70	18/7			

19 Charley Taylor - Female - Age: 12 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	39.20	11/7	#107 Girls 9&0 400 Free	5:59.06	4/7
#204 Girls 9&0 100 Free	1:10.80	12/1	#206 Girls 9&0 50 Fly	40.30	8/3
#302 Girls 9&0 200 Free	2:33.45	9/5	#304 Girls 9&0 100 Back	1:22.39	8/3
#306 Girls 9&0 50 Breast	43.60	12/7	#401 Girls 9&0 200 IM	3:07.50	7/6
#405 Girls 9&0 50 Free	32.14	15/6			

20 Joshua Taylor - Male - Age: 15 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:15.50	9/5	#106 Boys 9&0 50 Breast	40.20	11/6
#201 Boys 9&0 200 IM	2:53.20	6/7	#205 Boys 9&0 50 Free	29.90	12/1
#301 Boys 9&0 100 Breast	1:30.60	8/6	#305 Boys 9&0 50 Back	35.00	9/5
#404 Boys 9&0 100 Free	1:06.60	9/4	#406 Boys 9&0 50 Fly	32.08	9/4

21 Dolcie Underwood - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:39.34	8/5	#105 Girls 9&0 50 Back	42.00	9/6
#204 Girls 9&0 100 Free	1:11.03	11/5	#206 Girls 9&0 50 Fly	38.20	9/3
#401 Girls 9&0 200 IM	3:22.15	5/6	#405 Girls 9&0 50 Free	33.40	13/2

22 Anastasja Wall - Female - Age: 14 - Ind/Rel: 7 / 0

#107 Girls 9&0 400 Free	4:58.50	8/5	#204 Girls 9&0 100 Free	1:04.66	16/4
#208 Girls 10&0 400 IM	5:50.65	4/8	#302 Girls 9&0 200 Free	2:20.74	13/6
#304 Girls 9&0 100 Back	1:13.80	12/2	#401 Girls 9&0 200 IM	2:40.00	11/5
#403 Girls 9&0 100 Fly	1:11.05	7/7			

23 Lilly Walthew - Female - Age: 18 - Ind/Rel: 4 / 0

#107 Girls 9&0 400 Free	5:11.70	7/3	#302 Girls 9&0 200 Free	2:26.70	12/7
#401 Girls 9&0 200 IM	2:50.20	9/4	#403 Girls 9&0 100 Fly	1:19.20	5/3

DEREHAM OTTERS SWIMMING CLUB Total Individual Entries: 117 - Total Relays: 0

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GREAT YARMOUTH SWIMMING CLUB**1 Selby Barnes - Female - Age: 11 - Ind/Rel: 3 / 0**

#401 Girls 9&0 200 IM	4:05.00	2/8	#405 Girls 9&0 50 Free	48.40	2/6
#407 Girls 9&0 200 Breast	4:42.90	1/3			

2 Angel Batangan - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:52.80	5/6	#105 Girls 9&0 50 Back	44.00	8/8
#304 Girls 9&0 100 Back	1:36.30	4/5	#306 Girls 9&0 50 Breast	55.90	3/4

3 Majka Bulach - Female - Age: 12 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	NT	1/8	#306 Girls 9&0 50 Breast	55.80	4/8
#405 Girls 9&0 50 Free	40.00	7/8			

4 Lilia Burgoyne - Female - Age: 15 - Ind/Rel: 8 / 0

#204 Girls 9&0 100 Free	1:05.65	16/7	#206 Girls 9&0 50 Fly	31.73	15/8
#208 Girls 10&0 400 IM	5:37.50	4/6	#302 Girls 9&0 200 Free	2:23.00	13/1
#306 Girls 9&0 50 Breast	39.92	14/7	#401 Girls 9&0 200 IM	2:41.10	11/2
#403 Girls 9&0 100 Fly	1:10.94	7/2	#405 Girls 9&0 50 Free	30.19	19/2

5 Noah Carass - Male - Age: 10 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:39.96	3/3	#106 Boys 9&0 50 Breast	51.90	5/3
#301 Boys 9&0 100 Breast	1:51.17	4/3	#305 Boys 9&0 50 Back	46.90	3/5
#404 Boys 9&0 100 Free	1:27.09	3/1			

6 Evie Dixon - Female - Age: 12 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:41.11	8/7	#105 Girls 9&0 50 Back	37.60	13/8
#204 Girls 9&0 100 Free	1:08.14	15/8	#206 Girls 9&0 50 Fly	37.78	10/8
#302 Girls 9&0 200 Free	2:36.56	8/6	#304 Girls 9&0 100 Back	1:19.29	10/2
#306 Girls 9&0 50 Breast	43.89	12/1	#401 Girls 9&0 200 IM	3:11.80	6/4
#405 Girls 9&0 50 Free	30.43	19/8			

7 Chloe Green - Female - Age: 15 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:32.40	9/6	#105 Girls 9&0 50 Back	36.40	14/1
#208 Girls 10&0 400 IM	6:32.00	2/5			

8 Evie Harris-Joy - Female - Age: 11 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:47.42	6/2	#105 Girls 9&0 50 Back	43.80	8/7
#204 Girls 9&0 100 Free	1:23.19	6/6	#304 Girls 9&0 100 Back	1:33.18	5/2
#306 Girls 9&0 50 Breast	46.86	10/6	#405 Girls 9&0 50 Free	38.60	8/2
#407 Girls 9&0 200 Breast	3:45.90	4/6			

9 Holly Hensellek - Female - Age: 12 - Ind/Rel: 2 / 0

#103 Girls 9&0 200 Fly	3:44.40	1/3	#105 Girls 9&0 50 Back	44.80	7/7
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10 Izzy Howard - Female - Age: 13 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	47.20	6/8	#204 Girls 9&0 100 Free	1:29.10	5/8
#304 Girls 9&0 100 Back	1:41.70	2/3	#306 Girls 9&0 50 Breast	51.20	7/6
#405 Girls 9&0 50 Free	40.40	6/2			

11 Charlie Jones - Male - Age: 11 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:53.90	4/2	#104 Boys 9&0 100 Back	1:32.40	5/8
#106 Boys 9&0 50 Breast	53.48	5/7	#201 Boys 9&0 200 IM	3:24.43	3/1
#205 Boys 9&0 50 Free	36.88	5/8	#305 Boys 9&0 50 Back	42.00	5/6
#307 Boys 9&0 400 Free	6:09.69	2/8	#402 Boys 9&0 200 Back	3:12.00	2/2
#404 Boys 9&0 100 Free	1:22.00	4/7	#406 Boys 9&0 50 Fly	45.78	2/5

12 Elsie Moore - Female - Age: 12 - Ind/Rel: 5 / 0

#302 Girls 9&0 200 Free	3:12.10	3/4	#304 Girls 9&0 100 Back	1:43.90	2/2
#306 Girls 9&0 50 Breast	57.50	3/2	#403 Girls 9&0 100 Fly	2:07.90	2/7
#405 Girls 9&0 50 Free	42.80	4/6			

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GREAT YARMOUTH SWIMMING CLUB**13 Starr Nichols - Female - Age: 14 - Ind/Rel: 6 / 0**

#105 Girls 9&0 50 Back	36.61	13/5	#204 Girls 9&0 100 Free	1:08.70	13/5
#206 Girls 9&0 50 Fly	37.97	9/4	#302 Girls 9&0 200 Free	2:29.70	11/6
#304 Girls 9&0 100 Back	1:19.00	10/3	#405 Girls 9&0 50 Free	31.52	16/2

14 Ruby Oxborough - Female - Age: 13 - Ind/Rel: 3 / 0

#401 Girls 9&0 200 IM	2:54.13	9/8	#403 Girls 9&0 100 Fly	1:19.70	5/6
#405 Girls 9&0 50 Free	30.64	18/3			

15 Kayla Palmer - Female - Age: 12 - Ind/Rel: 4 / 0

#401 Girls 9&0 200 IM	3:50.60	2/3	#403 Girls 9&0 100 Fly	2:06.89	2/2
#405 Girls 9&0 50 Free	41.90	5/7	#407 Girls 9&0 200 Breast	NT	1/2

16 Emmie Rose Philpott - Female - Age: 12 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:41.50	8/1	#107 Girls 9&0 400 Free	5:34.50	6/1
#302 Girls 9&0 200 Free	2:39.52	7/3	#304 Girls 9&0 100 Back	1:32.47	5/5
#306 Girls 9&0 50 Breast	47.10	10/7	#401 Girls 9&0 200 IM	3:07.70	7/2
#407 Girls 9&0 200 Breast	3:35.20	5/6			

17 Charlie Pickering - Male - Age: 12 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:43.70	5/5	#106 Boys 9&0 50 Breast	47.50	7/7
#205 Boys 9&0 50 Free	34.87	6/2	#207 Boys 9&0 200 Breast	3:39.60	2/6
#301 Boys 9&0 100 Breast	1:42.02	5/4	#307 Boys 9&0 400 Free	5:47.10	2/4
#404 Boys 9&0 100 Free	1:17.20	5/2			

18 George Pickering - Male - Age: 9 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	3:26.70	2/5	#106 Boys 9&0 50 Breast	1:06.30	2/6
#205 Boys 9&0 50 Free	38.13	4/7	#305 Boys 9&0 50 Back	46.91	3/3
#307 Boys 9&0 400 Free	7:01.23	1/2	#404 Boys 9&0 100 Free	1:26.92	3/7

19 George Punter - Male - Age: 12 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	3:31.00	2/3	#104 Boys 9&0 100 Back	NT	1/5
#205 Boys 9&0 50 Free	38.20	4/1	#305 Boys 9&0 50 Back	45.70	4/1
#402 Boys 9&0 200 Back	3:25.90	1/5	#404 Boys 9&0 100 Free	NT	1/8
#406 Boys 9&0 50 Fly	53.00	2/2			

20 Lily Quinn - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	2:11.10	1/3	#103 Girls 9&0 200 Fly	4:25.60	1/6
#105 Girls 9&0 50 Back	49.30	4/3	#206 Girls 9&0 50 Fly	50.40	3/7
#208 Girls 10&0 400 IM	8:45.20	1/3	#401 Girls 9&0 200 IM	3:54.10	2/7
#403 Girls 9&0 100 Fly	1:53.60	3/8	#405 Girls 9&0 50 Free	43.50	3/5

21 Farrah Rowe - Female - Age: 12 - Ind/Rel: 4 / 0

#401 Girls 9&0 200 IM	3:39.60	3/2	#403 Girls 9&0 100 Fly	2:08.10	2/1
#405 Girls 9&0 50 Free	40.20	6/3	#407 Girls 9&0 200 Breast	4:07.80	2/4

22 Sienna Rowe - Female - Age: 11 - Ind/Rel: 4 / 0

#401 Girls 9&0 200 IM	4:11.90	1/5	#403 Girls 9&0 100 Fly	2:22.70	1/4
#405 Girls 9&0 50 Free	51.20	2/7	#407 Girls 9&0 200 Breast	4:33.50	1/4

23 Ruby Rowland - Female - Age: 15 - Ind/Rel: 3 / 0

#101 Girls 9&0 100 Breast	1:23.90	11/2	#306 Girls 9&0 50 Breast	38.20	15/2
#407 Girls 9&0 200 Breast	3:02.50	8/8			

24 Ella Treumann - Female - Age: 11 - Ind/Rel: 2 / 0

#304 Girls 9&0 100 Back	1:31.17	6/7	#306 Girls 9&0 50 Breast	49.80	8/3
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25 Lola Treumann - Female - Age: 9 - Ind/Rel: 2 / 0

#304 Girls 9&0 100 Back	1:41.29	3/8	#306 Girls 9&0 50 Breast	1:04.80	2/7
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2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

GREAT YARMOUTH SWIMMING CLUB**26 Lucius White - Male - Age: 14 - Ind/Rel: 6 / 0**

#106 Boys 9&0 50 Breast	34.60	15/7	#205 Boys 9&0 50 Free	28.70	14/2
#207 Boys 9&0 200 Breast	2:48.40	5/5	#301 Boys 9&0 100 Breast	1:15.70	11/4
#404 Boys 9&0 100 Free	1:03.20	11/3	#406 Boys 9&0 50 Fly	30.70	11/3

27 Maggi Woodrow - Female - Age: 13 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	39.30	11/8	#202 Girls 9&0 200 Back	3:02.70	5/7
#204 Girls 9&0 100 Free	1:19.50	7/4	#206 Girls 9&0 50 Fly	41.30	8/8
#304 Girls 9&0 100 Back	1:24.60	7/3	#306 Girls 9&0 50 Breast	49.40	8/4
#401 Girls 9&0 200 IM	3:13.20	6/5	#405 Girls 9&0 50 Free	34.90	11/4

28 Ashton Young - Female - Age: 14 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	37.40	13/7	#204 Girls 9&0 100 Free	1:08.99	13/6
#206 Girls 9&0 50 Fly	37.70	10/7	#302 Girls 9&0 200 Free	2:40.40	7/6
#304 Girls 9&0 100 Back	1:21.29	9/1	#306 Girls 9&0 50 Breast	47.60	10/1
#405 Girls 9&0 50 Free	31.00	18/8			

29 Toby Young - Male - Age: 12 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:35.10	7/7	#104 Boys 9&0 100 Back	1:21.17	8/7
#106 Boys 9&0 50 Breast	48.10	6/4	#205 Boys 9&0 50 Free	32.67	8/4
#305 Boys 9&0 50 Back	37.05	8/3	#404 Boys 9&0 100 Free	1:12.06	7/2
#406 Boys 9&0 50 Fly	35.93	6/7			

GREAT YARMOUTH SWIMMING CLUB Total Individual Entries: 155 - Total Relays: 0

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

NORTH NORFOLK VIKINGS SWIMMING-ZZ**1 Evie Bates - Female - Age: 14 - Ind/Rel: 8 / 0**

#103 Girls 9&0 200 Fly	3:14.18	2/1	#107 Girls 9&0 400 Free	5:24.08	7/1
#204 Girls 9&0 100 Free	1:10.90	12/8	#206 Girls 9&0 50 Fly	36.69	11/8
#302 Girls 9&0 200 Free	2:34.64	9/8	#401 Girls 9&0 200 IM	3:00.50	8/6
#403 Girls 9&0 100 Fly	1:26.90	4/4	#405 Girls 9&0 50 Free	31.96	16/1

2 Finn Callaby - Male - Age: 10 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:49.37	3/1	#106 Boys 9&0 50 Breast	57.01	3/6
#205 Boys 9&0 50 Free	45.00	2/7			

3 Layla Callaby - Female - Age: 13 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	38.80	11/5	#202 Girls 9&0 200 Back	3:02.90	5/1
#204 Girls 9&0 100 Free	1:16.50	9/7	#302 Girls 9&0 200 Free	2:52.20	6/8
#304 Girls 9&0 100 Back	1:26.07	7/7	#306 Girls 9&0 50 Breast	49.70	8/5

4 Niamh Corfield - Female - Age: 9 - Ind/Rel: 2 / 0

#105 Girls 9&0 50 Back	55.60	1/4	#206 Girls 9&0 50 Fly	1:03.70	1/2
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5 Toby Corfield - Male - Age: 12 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:43.81	5/3	#104 Boys 9&0 100 Back	1:28.82	6/2
#106 Boys 9&0 50 Breast	49.30	6/6	#201 Boys 9&0 200 IM	3:11.82	4/7
#203 Boys 9&0 100 Fly	1:24.90	3/2	#205 Boys 9&0 50 Free	33.70	7/2
#207 Boys 9&0 200 Breast	4:05.50	1/3			

6 Amelie Cutting - Female - Age: 10 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	2:22.00	1/8	#105 Girls 9&0 50 Back	50.20	3/4
#204 Girls 9&0 100 Free	1:38.50	3/7	#206 Girls 9&0 50 Fly	57.50	2/1

7 George Edridge - Male - Age: 15 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:17.45	10/1	#106 Boys 9&0 50 Breast	38.13	13/8
#201 Boys 9&0 200 IM	2:44.70	7/4	#205 Boys 9&0 50 Free	28.14	16/8
#207 Boys 9&0 200 Breast	3:09.90	4/2	#301 Boys 9&0 100 Breast	1:26.02	9/8
#307 Boys 9&0 400 Free	5:02.30	4/3	#404 Boys 9&0 100 Free	1:01.38	13/2
#406 Boys 9&0 50 Fly	31.74	10/7			

8 Milly Edridge - Female - Age: 11 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:54.30	4/4	#105 Girls 9&0 50 Back	44.70	7/2
#204 Girls 9&0 100 Free	1:16.31	9/2	#302 Girls 9&0 200 Free	2:55.60	5/8
#304 Girls 9&0 100 Back	1:37.30	4/1	#306 Girls 9&0 50 Breast	52.10	6/5
#405 Girls 9&0 50 Free	34.17	12/3			

9 Zack Edridge - Male - Age: 15 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:19.10	8/6	#106 Boys 9&0 50 Breast	39.66	11/3
#205 Boys 9&0 50 Free	28.73	14/7	#207 Boys 9&0 200 Breast	3:13.10	4/7
#301 Boys 9&0 100 Breast	1:27.41	8/4	#305 Boys 9&0 50 Back	36.20	9/8
#404 Boys 9&0 100 Free	1:06.45	10/1			

10 Jemima Jones - Female - Age: 12 - Ind/Rel: 4 / 0

#206 Girls 9&0 50 Fly	41.81	7/2	#304 Girls 9&0 100 Back	1:31.38	6/1
#401 Girls 9&0 200 IM	3:05.29	7/5	#405 Girls 9&0 50 Free	37.56	9/7

11 Darcie Lee - Female - Age: 11 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	2:04.40	2/6	#103 Girls 9&0 200 Fly	4:54.00	1/2
#105 Girls 9&0 50 Back	49.00	5/8	#304 Girls 9&0 100 Back	1:50.90	1/5
#306 Girls 9&0 50 Breast	58.50	3/8	#403 Girls 9&0 100 Fly	2:04.00	2/5
#405 Girls 9&0 50 Free	44.90	3/2			

12 Emily Morton - Female - Age: 16 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	34.38	16/1	#107 Girls 9&0 400 Free	4:54.75	9/1
#204 Girls 9&0 100 Free	1:03.12	18/8	#206 Girls 9&0 50 Fly	33.60	13/2
#302 Girls 9&0 200 Free	2:18.56	14/7	#304 Girls 9&0 100 Back	1:12.87	12/3
#405 Girls 9&0 50 Free	29.50	20/7			

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

NORTH NORFOLK VIKINGS SWIMMING-ZZ**13 Samuel Morton - Male - Age: 19 - Ind/Rel: 8 / 0**

#106 Boys 9&0 50 Breast	36.20	13/5	#201 Boys 9&0 200 IM	2:29.50	9/3
#203 Boys 9&0 100 Fly	1:07.70	5/1	#205 Boys 9&0 50 Free	28.30	15/6
#207 Boys 9&0 200 Breast	2:49.80	5/6	#301 Boys 9&0 100 Breast	1:17.80	11/6
#404 Boys 9&0 100 Free	1:03.60	11/8	#406 Boys 9&0 50 Fly	29.11	13/2

14 Grace Parker - Female - Age: 13 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:43.60	7/5	#105 Girls 9&0 50 Back	37.66	12/4
#107 Girls 9&0 400 Free	6:01.54	4/8	#202 Girls 9&0 200 Back	2:53.68	6/2
#208 Girls 10&0 400 IM	6:45.00	2/6	#302 Girls 9&0 200 Free	2:38.37	7/5
#304 Girls 9&0 100 Back	1:19.33	10/7	#401 Girls 9&0 200 IM	3:03.20	8/7
#403 Girls 9&0 100 Fly	1:29.26	4/3	#405 Girls 9&0 50 Free	33.00	13/5
#407 Girls 9&0 200 Breast	3:37.70	5/8			

15 Lexie Parker - Female - Age: 11 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:58.60	3/2	#105 Girls 9&0 50 Back	44.33	7/4
#202 Girls 9&0 200 Back	3:20.63	3/6	#204 Girls 9&0 100 Free	1:29.58	4/4
#206 Girls 9&0 50 Fly	45.38	5/4	#302 Girls 9&0 200 Free	3:11.50	4/8
#304 Girls 9&0 100 Back	1:36.31	4/3	#306 Girls 9&0 50 Breast	55.00	4/6
#401 Girls 9&0 200 IM	3:26.30	4/4	#403 Girls 9&0 100 Fly	1:42.09	3/5
#405 Girls 9&0 50 Free	39.40	7/2			

16 Leona Scott - Female - Age: 12 - Ind/Rel: 12 / 0

#101 Girls 9&0 100 Breast	1:55.30	4/6	#105 Girls 9&0 50 Back	36.40	14/8
#107 Girls 9&0 400 Free	6:15.04	2/4	#204 Girls 9&0 100 Free	1:12.40	11/1
#206 Girls 9&0 50 Fly	37.35	10/6	#208 Girls 10&0 400 IM	6:40.00	2/3
#302 Girls 9&0 200 Free	2:46.00	6/3	#304 Girls 9&0 100 Back	1:20.00	10/1
#306 Girls 9&0 50 Breast	48.00	9/6	#401 Girls 9&0 200 IM	3:09.30	7/1
#403 Girls 9&0 100 Fly	1:33.98	4/1	#405 Girls 9&0 50 Free	31.50	16/3

17 Reuben Seaman - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:38.60	6/2	#106 Boys 9&0 50 Breast	42.20	10/1
#205 Boys 9&0 50 Free	31.60	10/8	#207 Boys 9&0 200 Breast	3:25.30	3/1
#301 Boys 9&0 100 Breast	1:35.18	7/1	#305 Boys 9&0 50 Back	37.98	8/8
#402 Boys 9&0 200 Back	2:54.45	4/2	#404 Boys 9&0 100 Free	1:11.10	7/5

NORTH NORFOLK VIKINGS SWIMMING-ZZ Total Individual Entries: 121 - Total Relays: 0**ST FELIX SCH****1 Blake Aldridge - Male - Age: 17 - Ind/Rel: 1 / 0**

#205 Boys 9&0 50 Free	26.41	18/4
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2 Linus Aldridge - Male - Age: 15 - Ind/Rel: 1 / 0

#205 Boys 9&0 50 Free	33.30	8/8
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3 Casper Dawson-Stewart - Male - Age: 10 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	1:07.90	2/8	#205 Boys 9&0 50 Free	41.80	3/1
#301 Boys 9&0 100 Breast	2:19.40	2/3	#404 Boys 9&0 100 Free	1:33.20	2/7

4 Charles Stock - Male - Age: 15 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:16.50	9/2	#201 Boys 9&0 200 IM	2:49.40	7/8
#203 Boys 9&0 100 Fly	1:12.00	4/6	#205 Boys 9&0 50 Free	29.39	13/1
#305 Boys 9&0 50 Back	34.70	10/7	#404 Boys 9&0 100 Free	1:07.60	9/2
#406 Boys 9&0 50 Fly	32.90	9/8			

ST FELIX SCH Total Individual Entries: 13 - Total Relays: 0

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

TEAM WAVENEY SWIMMING CLUB-EA

1 Isaac Caswell-Jones - Male - Age: 15 - Ind/Rel: 7 / 0

#106 Boys 9&0 50 Breast	42.27	10/8	#205 Boys 9&0 50 Free	31.92	9/5
#207 Boys 9&0 200 Breast	NT	1/8	#301 Boys 9&0 100 Breast	NT	1/4
#305 Boys 9&0 50 Back	38.37	7/5	#404 Boys 9&0 100 Free	1:15.09	6/8
#406 Boys 9&0 50 Fly	36.31	6/1			

2 Lola Curtin - Female - Age: 13 - Ind/Rel: 8 / 0

#103 Girls 9&0 200 Fly	2:50.33	2/6	#107 Girls 9&0 400 Free	5:00.49	8/6
#204 Girls 9&0 100 Free	1:04.42	17/7	#206 Girls 9&0 50 Fly	33.03	14/1
#208 Girls 10&0 400 IM	5:45.33	4/7	#302 Girls 9&0 200 Free	2:20.67	13/3
#403 Girls 9&0 100 Fly	1:13.17	6/5	#405 Girls 9&0 50 Free	29.82	19/4

3 Sean Diggins - Male - Age: 18 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	NT	1/5	#106 Boys 9&0 50 Breast	34.33	15/6
#404 Boys 9&0 100 Free	57.93	15/4	#406 Boys 9&0 50 Fly	29.43	13/1

4 Ben Every - Male - Age: 16 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	32.95	16/7	#205 Boys 9&0 50 Free	25.19	19/5
#404 Boys 9&0 100 Free	56.32	16/5			

5 Monty Farrar - Male - Age: 16 - Ind/Rel: 4 / 0

#203 Boys 9&0 100 Fly	1:06.82	5/2	#205 Boys 9&0 50 Free	26.47	18/3
#404 Boys 9&0 100 Free	57.58	16/2	#406 Boys 9&0 50 Fly	29.52	13/8

6 Maya Filote - Female - Age: 15 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	49.27	4/5	#107 Girls 9&0 400 Free	6:50.00	1/6
#202 Girls 9&0 200 Back	NT	1/6	#204 Girls 9&0 100 Free	1:25.92	5/3
#206 Girls 9&0 50 Fly	43.60	6/3	#302 Girls 9&0 200 Free	NT	1/3
#306 Girls 9&0 50 Breast	NT	1/6	#405 Girls 9&0 50 Free	36.56	10/6

7 Hayden Garrod - Male - Age: 16 - Ind/Rel: 4 / 0

#203 Boys 9&0 100 Fly	1:02.79	6/6	#205 Boys 9&0 50 Free	27.14	17/3
#404 Boys 9&0 100 Free	59.81	14/2	#406 Boys 9&0 50 Fly	28.41	14/1

8 Ollie Hammond - Male - Age: 12 - Ind/Rel: 3 / 0

#102 Boys 9&0 200 Free	2:31.33	8/8	#104 Boys 9&0 100 Back	1:17.60	9/1
#205 Boys 9&0 50 Free	31.38	10/3			

9 Indie Horton - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	34.74	15/3	#202 Girls 9&0 200 Back	2:49.44	7/7
#204 Girls 9&0 100 Free	1:07.87	15/1	#206 Girls 9&0 50 Fly	33.48	13/6
#302 Girls 9&0 200 Free	2:30.74	11/8	#304 Girls 9&0 100 Back	1:17.31	11/7
#405 Girls 9&0 50 Free	30.95	18/1			

10 Hermione Hunt - Female - Age: 14 - Ind/Rel: 2 / 0

#403 Girls 9&0 100 Fly	1:44.66	3/3	#405 Girls 9&0 50 Free	36.79	10/8
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11 Mia King - Female - Age: 12 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:31.22	9/5	#107 Girls 9&0 400 Free	5:41.22	5/6
#204 Girls 9&0 100 Free	1:09.98	12/5	#208 Girls 10&0 400 IM	6:09.13	3/2
#302 Girls 9&0 200 Free	2:33.91	9/6	#306 Girls 9&0 50 Breast	41.18	13/2
#405 Girls 9&0 50 Free	31.44	17/8	#407 Girls 9&0 200 Breast	3:17.14	6/5

12 Mimi Knights - Female - Age: 12 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:51.90	5/5	#105 Girls 9&0 50 Back	42.97	8/4
#107 Girls 9&0 400 Free	6:01.23	4/1	#403 Girls 9&0 100 Fly	NT	1/6
#405 Girls 9&0 50 Free	34.87	12/8			

13 Annabelle Knights - Female - Age: 13 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	38.40	12/1	#107 Girls 9&0 400 Free	5:41.88	5/2
#202 Girls 9&0 200 Back	NT	1/2	#403 Girls 9&0 100 Fly	NT	1/3
#405 Girls 9&0 50 Free	32.31	15/1			

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Team Entries - All Events

TEAM WAVENEY SWIMMING CLUB-EA**14 Nick Lambarth - Male - Age: 26 - Ind/Rel: 2 / 0**

#205 Boys 9&0 50 Free	26.55	18/6	#406 Boys 9&0 50 Fly	NT	1/7
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15 Zoe Land - Female - Age: 18 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:21.13	12/7	#105 Girls 9&0 50 Back	32.47	17/7
#204 Girls 9&0 100 Free	1:06.63	15/4	#206 Girls 9&0 50 Fly	33.72	13/7
#306 Girls 9&0 50 Breast	36.04	16/1	#405 Girls 9&0 50 Free	30.01	19/3

16 Oscar Lincoln - Male - Age: 12 - Ind/Rel: 3 / 0

#205 Boys 9&0 50 Free	48.67	2/8	#301 Boys 9&0 100 Breast	2:06.47	3/2
#305 Boys 9&0 50 Back	53.80	2/4			

17 Lewis Scott - Male - Age: 11 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:28.91	6/7	#106 Boys 9&0 50 Breast	46.73	7/2
#205 Boys 9&0 50 Free	35.85	6/8	#307 Boys 9&0 400 Free	5:52.43	2/3
#402 Boys 9&0 200 Back	3:04.82	3/3			

18 Harmony Smith - Female - Age: 10 - Ind/Rel: 3 / 0

#204 Girls 9&0 100 Free	1:15.61	9/5	#206 Girls 9&0 50 Fly	41.66	7/3
#405 Girls 9&0 50 Free	34.44	12/7			

19 Matilda Smith - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	39.18	11/2	#107 Girls 9&0 400 Free	5:26.24	6/4
#204 Girls 9&0 100 Free	1:12.39	11/7	#208 Girls 10&0 400 IM	6:20.66	3/7
#302 Girls 9&0 200 Free	2:33.65	9/3	#306 Girls 9&0 50 Breast	45.76	11/2
#405 Girls 9&0 50 Free	33.64	13/8			

20 Ciaran Strike - Male - Age: 16 - Ind/Rel: 4 / 0

#203 Boys 9&0 100 Fly	1:06.80	5/6	#205 Boys 9&0 50 Free	28.22	15/5
#404 Boys 9&0 100 Free	1:01.32	13/6	#406 Boys 9&0 50 Fly	30.01	12/5

21 Brandon Tennant - Male - Age: 30 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	34.85	15/8	#301 Boys 9&0 100 Breast	1:21.66	10/8
#404 Boys 9&0 100 Free	1:03.13	12/8	#406 Boys 9&0 50 Fly	31.59	10/6

22 Felix Thorn - Male - Age: 10 - Ind/Rel: 2 / 0

#106 Boys 9&0 50 Breast	48.09	7/8	#301 Boys 9&0 100 Breast	NT	1/3
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23 Isla Thorn - Female - Age: 13 - Ind/Rel: 2 / 0

#107 Girls 9&0 400 Free	5:43.41	5/7	#302 Girls 9&0 200 Free	2:43.17	7/7
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24 Oscar Thorn - Male - Age: 10 - Ind/Rel: 4 / 0

#104 Boys 9&0 100 Back	NT	1/3	#106 Boys 9&0 50 Breast	52.41	5/6
#301 Boys 9&0 100 Breast	NT	1/5	#305 Boys 9&0 50 Back	48.54	3/6

25 Isobelle Whittaker - Female - Age: 16 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	35.02	15/2	#202 Girls 9&0 200 Back	2:41.63	8/7
#304 Girls 9&0 100 Back	1:14.67	12/8	#405 Girls 9&0 50 Free	31.18	17/3

26 Leo Wilkins - Male - Age: 10 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:38.81	3/5	#106 Boys 9&0 50 Breast	54.03	4/5
#301 Boys 9&0 100 Breast	2:00.40	4/8	#402 Boys 9&0 200 Back	3:32.52	1/3
#404 Boys 9&0 100 Free	1:36.33	2/8	#406 Boys 9&0 50 Fly	54.63	1/4

27 Evie Williams - Female - Age: 12 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:57.92	3/3	#105 Girls 9&0 50 Back	48.69	5/1
#204 Girls 9&0 100 Free	1:37.59	3/2	#304 Girls 9&0 100 Back	1:43.65	2/6
#306 Girls 9&0 50 Breast	52.52	6/6	#405 Girls 9&0 50 Free	40.39	6/6

TEAM WAVENEY SWIMMING CLUB-EA Total Individual Entries: 126 - Total Relays: 0

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

TEAMIPSWICH SWIMMING

1 Ruby Alderton - Female - Age: 13 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:48.90	6/8	#204 Girls 9&0 100 Free	1:28.80	5/1
#304 Girls 9&0 100 Back	1:31.90	5/4	#306 Girls 9&0 50 Breast	51.50	7/2

2 Willow Alderton - Female - Age: 10 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	43.83	8/1	#204 Girls 9&0 100 Free	1:22.40	6/4
#206 Girls 9&0 50 Fly	48.90	4/1	#306 Girls 9&0 50 Breast	50.80	7/3
#405 Girls 9&0 50 Free	36.40	10/4			

3 Jack Alexander - Male - Age: 11 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:46.90	5/7	#104 Boys 9&0 100 Back	1:27.80	6/5
#201 Boys 9&0 200 IM	3:16.40	3/3	#205 Boys 9&0 50 Free	32.80	8/3
#305 Boys 9&0 50 Back	40.90	6/7	#307 Boys 9&0 400 Free	5:57.70	2/2
#402 Boys 9&0 200 Back	3:09.70	2/5	#404 Boys 9&0 100 Free	1:13.80	6/2
#406 Boys 9&0 50 Fly	39.50	4/5			

4 Sophie Alexander - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:47.20	6/5	#105 Girls 9&0 50 Back	46.10	6/6
#202 Girls 9&0 200 Back	3:27.10	3/7	#204 Girls 9&0 100 Free	1:27.20	5/7
#304 Girls 9&0 100 Back	1:36.80	4/2	#306 Girls 9&0 50 Breast	50.70	7/5
#405 Girls 9&0 50 Free	38.40	8/6	#407 Girls 9&0 200 Breast	4:22.35	2/1

5 Chloe Armstrong - Female - Age: 17 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	X31.49	17/4	#204 Girls 9&0 100 Free	1:02.70	18/1
#206 Girls 9&0 50 Fly	29.40	15/5	#304 Girls 9&0 100 Back	X1:07.94	13/4
#403 Girls 9&0 100 Fly	1:07.50	7/5			

6 Ruby Broadwater - Female - Age: 11 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	43.68	8/2	#202 Girls 9&0 200 Back	3:31.30	2/4
#304 Girls 9&0 100 Back	1:32.60	5/3	#306 Girls 9&0 50 Breast	54.50	5/8
#401 Girls 9&0 200 IM	3:34.60	4/1	#405 Girls 9&0 50 Free	39.00	7/5

7 Isabella Bryan - Female - Age: 15 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	34.50	15/4	#107 Girls 9&0 400 Free	5:15.87	7/6
#202 Girls 9&0 200 Back	2:45.90	7/3	#204 Girls 9&0 100 Free	1:08.80	13/3
#302 Girls 9&0 200 Free	2:28.80	11/5	#304 Girls 9&0 100 Back	1:16.30	11/6
#405 Girls 9&0 50 Free	31.50	16/6			

8 Gabriella Cawley - Female - Age: 14 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:29.70	10/8	#202 Girls 9&0 200 Back	2:40.90	8/2
#204 Girls 9&0 100 Free	1:08.60	14/8	#206 Girls 9&0 50 Fly	33.20	13/4
#302 Girls 9&0 200 Free	2:29.80	11/2	#401 Girls 9&0 200 IM	2:46.10	10/4
#403 Girls 9&0 100 Fly	1:15.20	6/6	#405 Girls 9&0 50 Free	31.30	17/7
#407 Girls 9&0 200 Breast	3:10.00	7/2			

9 George Cawley - Male - Age: 13 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:15.70	10/7	#104 Boys 9&0 100 Back	1:13.50	10/3
#106 Boys 9&0 50 Breast	38.60	12/6	#201 Boys 9&0 200 IM	2:35.40	9/8
#203 Boys 9&0 100 Fly	1:13.60	4/2	#205 Boys 9&0 50 Free	28.60	14/6
#301 Boys 9&0 100 Breast	1:24.00	9/6	#307 Boys 9&0 400 Free	5:05.93	4/6
#404 Boys 9&0 100 Free	1:02.60	12/6	#406 Boys 9&0 50 Fly	33.40	8/3

10 Aine Coackley - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:44.40	7/6	#107 Girls 9&0 400 Free	5:33.80	6/7
#202 Girls 9&0 200 Back	2:59.40	5/5	#204 Girls 9&0 100 Free	1:13.70	10/3
#302 Girls 9&0 200 Free	2:37.10	7/4	#306 Girls 9&0 50 Breast	47.80	9/4
#405 Girls 9&0 50 Free	34.20	12/6	#407 Girls 9&0 200 Breast	3:34.10	5/5

11 Ewan Coackley - Male - Age: 16 - Ind/Rel: 1 / 0

#207 Boys 9&0 200 Breast	2:42.40	6/1			
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Team Entries - All Events

TEAMIPSWICH SWIMMING

12 Isla Coackley - Female - Age: 13 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:28.90	10/2	#107 Girls 9&0 400 Free	5:10.30	7/4
#202 Girls 9&0 200 Back	2:53.50	6/6	#204 Girls 9&0 100 Free	1:08.40	14/3
#302 Girls 9&0 200 Free	2:23.80	12/3	#306 Girls 9&0 50 Breast	40.60	13/4
#405 Girls 9&0 50 Free	31.40	17/1	#407 Girls 9&0 200 Breast	3:10.50	7/1

13 Bethany Crawley - Female - Age: 16 - Ind/Rel: 5 / 0

#103 Girls 9&0 200 Fly	2:45.10	2/5	#208 Girls 10&0 400 IM	5:26.20	4/4
#306 Girls 9&0 50 Breast	37.40	15/5	#401 Girls 9&0 200 IM	2:36.29	12/7
#407 Girls 9&0 200 Breast	2:53.40	8/3			

14 Janos Csepely - Male - Age: 14 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:11.40	10/4	#106 Boys 9&0 50 Breast	36.20	13/4
#201 Boys 9&0 200 IM	2:28.80	9/5	#205 Boys 9&0 50 Free	28.60	14/3
#207 Boys 9&0 200 Breast	2:53.40	5/2	#301 Boys 9&0 100 Breast	1:21.30	10/1
#307 Boys 9&0 400 Free	4:42.78	5/3	#404 Boys 9&0 100 Free	1:01.00	13/5
#408 Boys 10&0 400 IM	5:17.70	2/5			

15 Sophie Dowding - Female - Age: 17 - Ind/Rel: 6 / 0

#107 Girls 9&0 400 Free	4:33.55	9/4	#302 Girls 9&0 200 Free	X2:09.49	14/4
#304 Girls 9&0 100 Back	1:08.50	13/3	#401 Girls 9&0 200 IM	2:30.00	12/4
#403 Girls 9&0 100 Fly	1:06.70	7/4	#405 Girls 9&0 50 Free	28.70	21/2

16 Ellen Duffield - Female - Age: 17 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:15.30	12/5	#204 Girls 9&0 100 Free	X59.00	18/4
#306 Girls 9&0 50 Breast	X33.66	16/4	#405 Girls 9&0 50 Free	X26.61	21/4

17 Elliott Filby-Gray - Male - Age: 12 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:28.50	8/6	#106 Boys 9&0 50 Breast	43.10	9/3
#201 Boys 9&0 200 IM	2:53.10	6/2	#205 Boys 9&0 50 Free	31.50	10/2
#301 Boys 9&0 100 Breast	1:33.80	7/3	#307 Boys 9&0 400 Free	5:25.89	3/3
#404 Boys 9&0 100 Free	1:08.80	8/6	#406 Boys 9&0 50 Fly	35.90	6/2

18 Violet Freezer - Female - Age: 13 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	38.20	12/7	#107 Girls 9&0 400 Free	5:06.30	8/1
#204 Girls 9&0 100 Free	1:07.50	15/2	#302 Girls 9&0 200 Free	2:23.60	12/4
#306 Girls 9&0 50 Breast	39.00	15/8	#401 Girls 9&0 200 IM	2:49.00	10/1

19 Amelia Garnham - Female - Age: 13 - Ind/Rel: 6 / 0

#107 Girls 9&0 400 Free	5:04.40	8/7	#204 Girls 9&0 100 Free	1:05.20	16/3
#206 Girls 9&0 50 Fly	33.90	12/4	#302 Girls 9&0 200 Free	2:23.10	13/8
#306 Girls 9&0 50 Breast	40.70	13/5	#405 Girls 9&0 50 Free	29.80	20/8

20 Belle Garnham - Female - Age: 10 - Ind/Rel: 8 / 0

#105 Girls 9&0 50 Back	X38.65	11/4	#107 Girls 9&0 400 Free	5:45.90	5/8
#202 Girls 9&0 200 Back	2:58.00	5/4	#204 Girls 9&0 100 Free	1:12.20	11/6
#206 Girls 9&0 50 Fly	37.30	10/3	#302 Girls 9&0 200 Free	2:40.90	7/2
#304 Girls 9&0 100 Back	1:22.60	8/6	#405 Girls 9&0 50 Free	X33.62	13/1

21 Evan Harrison - Male - Age: 12 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:21.30	8/1	#106 Boys 9&0 50 Breast	45.80	8/7
#205 Boys 9&0 50 Free	34.70	6/3	#207 Boys 9&0 200 Breast	3:22.70	3/3
#301 Boys 9&0 100 Breast	1:36.70	6/3	#305 Boys 9&0 50 Back	36.90	8/4
#402 Boys 9&0 200 Back	2:48.20	4/5			

22 Miles Harrison - Male - Age: 9 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	1:02.17	2/4	#205 Boys 9&0 50 Free	56.15	1/7
#301 Boys 9&0 100 Breast	2:06.13	3/6	#305 Boys 9&0 50 Back	48.72	3/2

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Team Entries - All Events

TEAMIPSWICH SWIMMING

23 Anna Johnys - Female - Age: 13 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:31.20	9/4	#105 Girls 9&0 50 Back	37.50	13/1
#107 Girls 9&0 400 Free	6:07.32	3/7	#204 Girls 9&0 100 Free	1:14.00	10/6
#206 Girls 9&0 50 Fly	41.20	8/1	#302 Girls 9&0 200 Free	2:43.80	7/1
#304 Girls 9&0 100 Back	1:21.00	9/6	#306 Girls 9&0 50 Breast	40.80	13/3
#405 Girls 9&0 50 Free	32.60	14/6	#407 Girls 9&0 200 Breast	3:19.50	6/6

24 Ethan Knights - Male - Age: 13 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:08.60	11/2	#106 Boys 9&0 50 Breast	38.90	12/7
#205 Boys 9&0 50 Free	27.50	16/6	#301 Boys 9&0 100 Breast	1:29.90	8/5
#305 Boys 9&0 50 Back	32.40	12/7	#404 Boys 9&0 100 Free	59.40	14/5

25 Ricards Korotkihs - Male - Age: 13 - Ind/Rel: 10 / 0

#102 Boys 9&0 200 Free	2:12.40	10/5	#104 Boys 9&0 100 Back	1:07.30	12/8
#106 Boys 9&0 50 Breast	38.80	12/2	#201 Boys 9&0 200 IM	2:33.60	9/1
#205 Boys 9&0 50 Free	27.40	17/7	#207 Boys 9&0 200 Breast	2:59.40	4/4
#303 Boys 9&0 200 Fly	2:49.60	2/3	#307 Boys 9&0 400 Free	5:22.88	4/8
#404 Boys 9&0 100 Free	59.80	14/6	#406 Boys 9&0 50 Fly	30.90	11/6

26 Dylan Lamble - Male - Age: 13 - Ind/Rel: 8 / 0

#106 Boys 9&0 50 Breast	42.10	10/7	#201 Boys 9&0 200 IM	2:47.90	7/6
#205 Boys 9&0 50 Free	31.50	10/7	#207 Boys 9&0 200 Breast	3:13.60	4/1
#301 Boys 9&0 100 Breast	1:29.90	8/3	#305 Boys 9&0 50 Back	35.30	9/2
#402 Boys 9&0 200 Back	2:42.50	5/7	#404 Boys 9&0 100 Free	1:12.80	7/1

27 Ronnie Lamble - Male - Age: 11 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:29.00	6/8	#106 Boys 9&0 50 Breast	50.80	6/8
#201 Boys 9&0 200 IM	3:22.30	3/6	#205 Boys 9&0 50 Free	36.40	5/1
#301 Boys 9&0 100 Breast	1:52.70	4/6	#305 Boys 9&0 50 Back	41.90	5/5
#402 Boys 9&0 200 Back	3:09.70	2/4	#406 Boys 9&0 50 Fly	45.20	3/8

28 Benny Lewis - Male - Age: 10 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:29.00	5/4	#205 Boys 9&0 50 Free	34.80	6/6
#305 Boys 9&0 50 Back	39.90	7/8	#402 Boys 9&0 200 Back	3:08.70	3/8
#404 Boys 9&0 100 Free	1:20.50	4/3			

29 Josh Lillistone - Male - Age: 9 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:31.40	5/7	#106 Boys 9&0 50 Breast	53.50	5/1
#201 Boys 9&0 200 IM	3:50.01	2/8	#205 Boys 9&0 50 Free	35.90	5/4
#305 Boys 9&0 50 Back	42.20	5/2	#404 Boys 9&0 100 Free	1:21.60	4/2
#406 Boys 9&0 50 Fly	44.10	3/2			

30 Chloe Lookk - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	41.57	9/4	#107 Girls 9&0 400 Free	6:23.10	2/3
#202 Girls 9&0 200 Back	3:09.10	4/6	#204 Girls 9&0 100 Free	1:22.80	6/3
#302 Girls 9&0 200 Free	3:04.40	4/2	#304 Girls 9&0 100 Back	1:32.80	5/6
#306 Girls 9&0 50 Breast	51.60	7/7			

31 Grace Mann - Female - Age: 11 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:47.30	6/3	#105 Girls 9&0 50 Back	38.90	11/3
#202 Girls 9&0 200 Back	2:55.80	6/8	#304 Girls 9&0 100 Back	1:20.92	9/3
#306 Girls 9&0 50 Breast	50.30	8/1	#401 Girls 9&0 200 IM	3:19.14	6/1

32 Maggie Marshall - Female - Age: 14 - Ind/Rel: 5 / 0

#204 Girls 9&0 100 Free	1:06.20	16/8	#302 Girls 9&0 200 Free	2:22.40	13/7
#304 Girls 9&0 100 Back	1:15.73	11/5	#401 Girls 9&0 200 IM	2:48.20	10/7
#405 Girls 9&0 50 Free	30.50	18/5			

33 Lauren Moody - Female - Age: 9 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	2:04.60	2/7	#105 Girls 9&0 50 Back	47.80	5/5
#204 Girls 9&0 100 Free	1:33.70	4/8	#206 Girls 9&0 50 Fly	49.80	3/5

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TEAMIPSWICH SWIMMING

34 Jack Munday - Male - Age: 12 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:41.60	6/7	#307 Boys 9&0 400 Free	5:25.40	3/4
#404 Boys 9&0 100 Free	1:13.10	6/4	#406 Boys 9&0 50 Fly	36.40	6/8

35 Lily Munday - Female - Age: 14 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	2:33.10	9/4	#304 Girls 9&0 100 Back	1:24.30	7/4
#401 Girls 9&0 200 IM	3:01.70	8/2	#405 Girls 9&0 50 Free	33.40	13/6

36 Nicole Peddelty - Female - Age: 14 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:17.10	12/6	#204 Girls 9&0 100 Free	1:04.70	16/5
#206 Girls 9&0 50 Fly	32.00	14/4	#304 Girls 9&0 100 Back	1:12.00	12/4
#306 Girls 9&0 50 Breast	35.80	16/2	#401 Girls 9&0 200 IM	2:35.30	12/6
#405 Girls 9&0 50 Free	29.40	21/8			

37 Phoebe Phillpot - Female - Age: 11 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:44.50	7/2	#105 Girls 9&0 50 Back	40.10	10/3
#204 Girls 9&0 100 Free	1:14.10	10/2	#206 Girls 9&0 50 Fly	38.20	9/5
#208 Girls 10&0 400 IM	6:53.50	2/1			

38 Jacob Pociot - Male - Age: 12 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:15.80	9/3	#106 Boys 9&0 50 Breast	41.00	10/4
#205 Boys 9&0 50 Free	29.50	13/8	#305 Boys 9&0 50 Back	34.70	10/2
#404 Boys 9&0 100 Free	1:07.90	9/1	#406 Boys 9&0 50 Fly	33.70	8/8

39 Poppy Porter - Female - Age: 11 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:40.20	8/3	#107 Girls 9&0 400 Free	5:57.10	4/2
#202 Girls 9&0 200 Back	3:01.20	5/6	#204 Girls 9&0 100 Free	1:14.20	10/7
#206 Girls 9&0 50 Fly	40.40	8/6	#302 Girls 9&0 200 Free	2:44.20	7/8
#304 Girls 9&0 100 Back	1:23.52	8/1	#401 Girls 9&0 200 IM	3:08.50	7/7

40 Aiden Read - Male - Age: 14 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	37.10	13/2	#205 Boys 9&0 50 Free	29.60	12/3
#207 Boys 9&0 200 Breast	2:55.30	5/1	#301 Boys 9&0 100 Breast	1:20.50	10/7

41 Will Riley - Male - Age: 15 - Ind/Rel: 4 / 0

#305 Boys 9&0 50 Back	31.30	13/8	#307 Boys 9&0 400 Free	4:25.40	5/4
#404 Boys 9&0 100 Free	1:00.00	14/7	#406 Boys 9&0 50 Fly	31.30	10/3

42 Isla Roberts - Female - Age: 13 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:46.40	7/8	#105 Girls 9&0 50 Back	37.70	12/5
#202 Girls 9&0 200 Back	3:14.93	4/1	#206 Girls 9&0 50 Fly	37.70	10/1
#304 Girls 9&0 100 Back	1:23.20	8/7	#306 Girls 9&0 50 Breast	47.90	9/3
#401 Girls 9&0 200 IM	3:36.69	3/5	#407 Girls 9&0 200 Breast	3:42.30	4/5

43 Sophie Roberts - Female - Age: 15 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	32.40	17/2	#202 Girls 9&0 200 Back	2:32.10	9/6
#206 Girls 9&0 50 Fly	31.30	15/1	#304 Girls 9&0 100 Back	1:09.70	13/7
#403 Girls 9&0 100 Fly	1:12.70	7/8			

44 Patch Robinson - Male - Age: 18 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	1:59.50	11/4	#207 Boys 9&0 200 Breast	2:31.70	6/5
#303 Boys 9&0 200 Fly	X2:16.27	3/4	#402 Boys 9&0 200 Back	2:25.11	6/6

45 Alexandra Rolfe - Female - Age: 13 - Ind/Rel: 2 / 0

#107 Girls 9&0 400 Free	5:52.46	4/5	#206 Girls 9&0 50 Fly	42.50	7/1
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46 Charlie Ruddell - Male - Age: 15 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:06.70	12/1	#106 Boys 9&0 50 Breast	32.26	16/5
#201 Boys 9&0 200 IM	2:22.90	10/3	#207 Boys 9&0 200 Breast	2:24.99	6/4
#301 Boys 9&0 100 Breast	1:07.92	12/4	#305 Boys 9&0 50 Back	31.40	12/5

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TEAMIPSWICH SWIMMING

47 Polly Ruddell - Female - Age: 14 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	36.30	14/7	#107 Girls 9&0 400 Free	5:29.80	6/6
#202 Girls 9&0 200 Back	2:44.00	7/4	#204 Girls 9&0 100 Free	1:09.80	12/4
#302 Girls 9&0 200 Free	2:36.70	8/7	#304 Girls 9&0 100 Back	1:16.30	11/3

48 Freddie Sargeant - Male - Age: 10 - Ind/Rel: 10 / 0

#201 Boys 9&0 200 IM	3:06.80	4/6	#203 Boys 9&0 100 Fly	1:33.30	2/4
#205 Boys 9&0 50 Free	34.40	6/4	#207 Boys 9&0 200 Breast	3:43.40	2/7
#301 Boys 9&0 100 Breast	1:46.20	5/1	#305 Boys 9&0 50 Back	40.30	6/6
#307 Boys 9&0 400 Free	5:49.50	2/5	#402 Boys 9&0 200 Back	3:03.40	3/5
#404 Boys 9&0 100 Free	1:15.50	5/4	#406 Boys 9&0 50 Fly	39.70	4/6

49 Krzysztof Splawiec - Male - Age: 12 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:23.20	7/3	#106 Boys 9&0 50 Breast	44.20	9/8
#205 Boys 9&0 50 Free	33.40	7/5	#207 Boys 9&0 200 Breast	3:45.73	2/8
#301 Boys 9&0 100 Breast	1:40.90	6/2	#305 Boys 9&0 50 Back	39.40	7/7
#402 Boys 9&0 200 Back	3:17.99	2/1	#404 Boys 9&0 100 Free	1:17.30	5/7

50 Lily Steel - Female - Age: 14 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	32.30	17/6	#202 Girls 9&0 200 Back	2:28.70	9/3
#206 Girls 9&0 50 Fly	31.30	15/7	#304 Girls 9&0 100 Back	1:08.11	13/5
#306 Girls 9&0 50 Breast	39.50	14/3	#401 Girls 9&0 200 IM	2:37.70	12/8
#405 Girls 9&0 50 Free	29.45	20/3			

51 Jack Thompson - Male - Age: 18 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	34.80	15/1	#205 Boys 9&0 50 Free	29.00	13/4
#207 Boys 9&0 200 Breast	2:57.48	5/8	#301 Boys 9&0 100 Breast	1:18.60	11/1
#404 Boys 9&0 100 Free	1:03.10	12/1	#406 Boys 9&0 50 Fly	36.98	5/4

52 Orla Thompson - Female - Age: 15 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	35.90	14/5	#204 Girls 9&0 100 Free	1:08.45	14/2
#206 Girls 9&0 50 Fly	34.50	12/7	#306 Girls 9&0 50 Breast	44.30	11/4
#405 Girls 9&0 50 Free	31.20	17/6			

53 Gabriella Troman - Female - Age: 15 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	32.20	17/5	#107 Girls 9&0 400 Free	4:39.40	9/5
#202 Girls 9&0 200 Back	2:26.20	9/4	#204 Girls 9&0 100 Free	1:03.80	17/3

54 Erin Uttridge - Female - Age: 15 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:22.60	11/4	#107 Girls 9&0 400 Free	4:39.40	9/3
#204 Girls 9&0 100 Free	1:02.20	18/6	#206 Girls 9&0 50 Fly	32.20	14/5
#302 Girls 9&0 200 Free	2:10.90	14/5	#401 Girls 9&0 200 IM	2:32.30	12/3
#405 Girls 9&0 50 Free	29.40	21/1			

55 Jude Wankowski - Male - Age: 12 - Ind/Rel: 8 / 0

#106 Boys 9&0 50 Breast	42.70	9/5	#201 Boys 9&0 200 IM	2:48.20	7/2
#205 Boys 9&0 50 Free	31.30	10/5	#207 Boys 9&0 200 Breast	3:18.20	3/5
#301 Boys 9&0 100 Breast	1:32.30	8/8	#305 Boys 9&0 50 Back	37.20	8/6
#404 Boys 9&0 100 Free	1:09.00	8/2	#406 Boys 9&0 50 Fly	35.60	6/4

56 Grace Watson - Female - Age: 9 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:54.70	4/5	#105 Girls 9&0 50 Back	43.60	8/6
#202 Girls 9&0 200 Back	3:34.20	2/6	#204 Girls 9&0 100 Free	1:25.10	5/5

57 Kyren Williams - Male - Age: 13 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:22.20	9/2	#106 Boys 9&0 50 Breast	38.60	12/3
#203 Boys 9&0 100 Fly	1:10.70	4/3	#205 Boys 9&0 50 Free	29.10	13/3
#404 Boys 9&0 100 Free	1:04.00	10/4	#406 Boys 9&0 50 Fly	32.20	9/6

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Team Entries - All Events

TEAMIPSWICH SWIMMING58 **Elijah Wilson - Male - Age: 12 - Ind/Rel: 7 / 0**

#104 Boys 9&0 100 Back	1:21.40	8/8	#106 Boys 9&0 50 Breast	45.00	8/6
#201 Boys 9&0 200 IM	2:53.90	6/8	#205 Boys 9&0 50 Free	32.70	8/5
#207 Boys 9&0 200 Breast	3:24.00	3/6	#303 Boys 9&0 200 Fly	3:54.90	1/3
#404 Boys 9&0 100 Free	1:11.30	7/3			

59 **Dexter Winterburn - Male - Age: 13 - Ind/Rel: 2 / 0**

#104 Boys 9&0 100 Back	1:19.10	8/3	#201 Boys 9&0 200 IM	2:54.40	5/4
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60 **Oscar Winterburn - Male - Age: 16 - Ind/Rel: 2 / 0**

#104 Boys 9&0 100 Back	X1:02.06	12/4	#203 Boys 9&0 100 Fly	59.60	6/4
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TEAMIPSWICH SWIMMING Total Individual Entries: 368 - Total Relays: 0

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Team Entries - All Events

WEST NORFOLK SWIMMING CLUB

1 Polly Anderson - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:26.69	11/1	#103 Girls 9&0 200 Fly	3:21.10	2/8
#105 Girls 9&0 50 Back	35.10	15/7	#202 Girls 9&0 200 Back	2:43.60	8/8
#204 Girls 9&0 100 Free	1:06.77	15/5	#206 Girls 9&0 50 Fly	35.57	11/3
#208 Girls 10&0 400 IM	6:02.76	3/5			

2 Kari-Ella Bailey - Female - Age: 14 - Ind/Rel: 9 / 0

#105 Girls 9&0 50 Back	39.60	10/4	#107 Girls 9&0 400 Free	5:27.71	6/5
#204 Girls 9&0 100 Free	1:12.90	10/4	#206 Girls 9&0 50 Fly	39.60	9/8
#302 Girls 9&0 200 Free	2:34.40	9/7	#304 Girls 9&0 100 Back	1:25.90	7/6
#306 Girls 9&0 50 Breast	47.60	10/8	#401 Girls 9&0 200 IM	3:03.30	8/1
#405 Girls 9&0 50 Free	33.60	13/7			

3 Jack Baxter - Male - Age: 10 - Ind/Rel: 12 / 0

#102 Boys 9&0 200 Free	3:13.40	3/7	#104 Boys 9&0 100 Back	1:32.60	4/4
#106 Boys 9&0 50 Breast	49.89	6/2	#201 Boys 9&0 200 IM	3:23.47	3/7
#203 Boys 9&0 100 Fly	1:44.60	2/8	#205 Boys 9&0 50 Free	38.80	3/4
#207 Boys 9&0 200 Breast	3:47.80	1/4	#301 Boys 9&0 100 Breast	1:44.16	5/2
#305 Boys 9&0 50 Back	41.01	6/1	#402 Boys 9&0 200 Back	3:10.54	2/3
#404 Boys 9&0 100 Free	1:25.50	3/5	#406 Boys 9&0 50 Fly	40.71	4/1

4 Phillip Baxter - Male - Age: 49 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:13.70	10/6	#106 Boys 9&0 50 Breast	35.22	14/3
#201 Boys 9&0 200 IM	2:37.30	8/4	#205 Boys 9&0 50 Free	28.30	15/2
#301 Boys 9&0 100 Breast	1:18.20	11/2	#305 Boys 9&0 50 Back	33.70	11/1
#404 Boys 9&0 100 Free	1:02.90	12/2	#406 Boys 9&0 50 Fly	31.70	10/2

5 Ruby Baxter - Female - Age: 13 - Ind/Rel: 12 / 0

#101 Girls 9&0 100 Breast	1:31.60	9/3	#105 Girls 9&0 50 Back	35.30	15/1
#202 Girls 9&0 200 Back	2:50.60	6/4	#204 Girls 9&0 100 Free	1:06.17	16/1
#206 Girls 9&0 50 Fly	33.29	13/3	#208 Girls 10&0 400 IM	6:23.41	3/1
#302 Girls 9&0 200 Free	2:31.60	10/3	#304 Girls 9&0 100 Back	1:16.40	11/2
#306 Girls 9&0 50 Breast	40.90	13/6	#401 Girls 9&0 200 IM	2:51.10	9/5
#403 Girls 9&0 100 Fly	1:17.50	6/7	#405 Girls 9&0 50 Free	30.70	18/2

6 Thomas Baxter - Male - Age: 15 - Ind/Rel: 9 / 0

#104 Boys 9&0 100 Back	1:07.90	11/5	#106 Boys 9&0 50 Breast	33.74	15/5
#205 Boys 9&0 50 Free	29.20	13/6	#207 Boys 9&0 200 Breast	2:48.69	5/3
#301 Boys 9&0 100 Breast	1:13.70	12/7	#305 Boys 9&0 50 Back	31.50	12/3
#402 Boys 9&0 200 Back	2:26.70	6/2	#404 Boys 9&0 100 Free	1:05.40	10/6
#406 Boys 9&0 50 Fly	30.90	11/2			

7 Chloe Bellamy - Female - Age: 17 - Ind/Rel: 4 / 0

#105 Girls 9&0 50 Back	33.70	16/3	#202 Girls 9&0 200 Back	2:32.60	9/2
#206 Girls 9&0 50 Fly	33.07	14/8	#304 Girls 9&0 100 Back	1:11.50	13/1

8 Olivia Bradford - Female - Age: 13 - Ind/Rel: 7 / 0

#204 Girls 9&0 100 Free	X1:02.69	18/7	#206 Girls 9&0 50 Fly	X29.98	15/3
#302 Girls 9&0 200 Free	2:24.53	12/2	#304 Girls 9&0 100 Back	1:18.20	11/1
#401 Girls 9&0 200 IM	2:47.00	10/3	#403 Girls 9&0 100 Fly	1:10.05	7/6
#405 Girls 9&0 50 Free	X28.90	21/7			

9 Junru Cai - Male - Age: 12 - Ind/Rel: 5 / 0

#104 Boys 9&0 100 Back	1:27.80	6/3	#106 Boys 9&0 50 Breast	44.01	9/1
#201 Boys 9&0 200 IM	3:00.68	5/8	#203 Boys 9&0 100 Fly	1:31.30	3/1
#205 Boys 9&0 50 Free	32.36	9/7			

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WEST NORFOLK SWIMMING CLUB**10 Alexandra Cerps - Female - Age: 11 - Ind/Rel: 11 / 0**

#101 Girls 9&0 100 Breast	1:43.68	7/3	#105 Girls 9&0 50 Back	42.20	9/7
#107 Girls 9&0 400 Free	6:25.00	2/2	#202 Girls 9&0 200 Back	3:16.40	4/8
#204 Girls 9&0 100 Free	1:16.59	9/1	#206 Girls 9&0 50 Fly	46.10	5/6
#302 Girls 9&0 200 Free	2:57.20	4/5	#306 Girls 9&0 50 Breast	48.40	9/1
#401 Girls 9&0 200 IM	3:15.20	6/3	#405 Girls 9&0 50 Free	37.50	9/6
#407 Girls 9&0 200 Breast	3:46.60	4/2			

11 Mabelle Chadderton - Female - Age: 11 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:40.63	8/6	#107 Girls 9&0 400 Free	6:06.68	3/2
#202 Girls 9&0 200 Back	3:00.48	5/3	#204 Girls 9&0 100 Free	1:20.53	7/6
#302 Girls 9&0 200 Free	2:52.30	5/4	#304 Girls 9&0 100 Back	1:26.26	7/1
#401 Girls 9&0 200 IM	3:22.90	5/2			

12 Nellie Chadderton - Female - Age: 12 - Ind/Rel: 8 / 0

#107 Girls 9&0 400 Free	5:16.70	7/2	#202 Girls 9&0 200 Back	2:45.40	7/5
#206 Girls 9&0 50 Fly	40.50	8/2	#208 Girls 10&0 400 IM	6:03.64	3/3
#302 Girls 9&0 200 Free	2:31.70	10/6	#304 Girls 9&0 100 Back	1:20.70	9/4
#401 Girls 9&0 200 IM	2:51.80	9/3	#407 Girls 9&0 200 Breast	3:21.00	6/2

13 Harry Clarke - Male - Age: 13 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	2:27.23	8/5	#106 Boys 9&0 50 Breast	38.96	12/1
#201 Boys 9&0 200 IM	2:42.59	8/1	#203 Boys 9&0 100 Fly	1:18.40	3/4
#207 Boys 9&0 200 Breast	3:03.80	4/6			

14 Eloise Collins - Female - Age: 15 - Ind/Rel: 2 / 0

#101 Girls 9&0 100 Breast	1:22.30	12/8	#306 Girls 9&0 50 Breast	37.22	15/4
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15 Florence Collison - Female - Age: 15 - Ind/Rel: 3 / 0

#306 Girls 9&0 50 Breast	41.70	13/1	#401 Girls 9&0 200 IM	2:54.50	8/4
#405 Girls 9&0 50 Free	32.62	14/2			

16 Daisy Covell - Female - Age: 15 - Ind/Rel: 8 / 0

#101 Girls 9&0 100 Breast	1:36.90	9/1	#105 Girls 9&0 50 Back	38.90	11/6
#204 Girls 9&0 100 Free	1:15.00	10/8	#206 Girls 9&0 50 Fly	41.50	7/4
#304 Girls 9&0 100 Back	1:21.58	9/8	#306 Girls 9&0 50 Breast	43.90	12/8
#405 Girls 9&0 50 Free	32.70	14/1	#407 Girls 9&0 200 Breast	3:22.10	6/7

17 Ella Dickens - Female - Age: 10 - Ind/Rel: 5 / 0

#302 Girls 9&0 200 Free	3:19.50	3/3	#304 Girls 9&0 100 Back	1:38.70	3/4
#306 Girls 9&0 50 Breast	53.30	6/1	#405 Girls 9&0 50 Free	42.90	4/2
#407 Girls 9&0 200 Breast	4:06.40	3/1			

18 Race Elmer - Male - Age: 11 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:44.60	5/2	#104 Boys 9&0 100 Back	1:30.00	5/6
#203 Boys 9&0 100 Fly	1:38.00	2/6	#205 Boys 9&0 50 Free	36.00	5/3
#303 Boys 9&0 200 Fly	3:20.10	2/8	#305 Boys 9&0 50 Back	42.00	5/3
#404 Boys 9&0 100 Free	1:16.80	5/6	#406 Boys 9&0 50 Fly	40.20	4/2

19 Thomas Elsdon - Male - Age: 14 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:35.10	7/1	#104 Boys 9&0 100 Back	1:28.30	6/6
#205 Boys 9&0 50 Free	32.90	8/2	#404 Boys 9&0 100 Free	1:12.68	7/7

20 Isis Ferreira Da Silva - Female - Age: 11 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:58.00	3/6	#105 Girls 9&0 50 Back	50.70	3/2
#204 Girls 9&0 100 Free	1:47.70	1/4	#306 Girls 9&0 50 Breast	54.30	5/6
#405 Girls 9&0 50 Free	44.50	3/3			

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WEST NORFOLK SWIMMING CLUB**21 Lexi Foster - Female - Age: 13 - Ind/Rel: 9 / 0**

#101 Girls 9&0 100 Breast	1:38.80	8/4	#107 Girls 9&0 400 Free	6:06.40	3/3
#202 Girls 9&0 200 Back	3:03.50	4/4	#204 Girls 9&0 100 Free	1:15.80	9/3
#206 Girls 9&0 50 Fly	39.79	8/4	#304 Girls 9&0 100 Back	1:25.90	7/2
#401 Girls 9&0 200 IM	3:06.60	7/3	#405 Girls 9&0 50 Free	34.23	12/2
#407 Girls 9&0 200 Breast	3:35.30	5/7			

22 Thomas Garnett - Male - Age: 17 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:12.60	10/3	#104 Boys 9&0 100 Back	1:06.20	12/2
#201 Boys 9&0 200 IM	2:31.00	9/6	#205 Boys 9&0 50 Free	25.73	19/3
#305 Boys 9&0 50 Back	30.42	13/6	#404 Boys 9&0 100 Free	57.95	15/5
#406 Boys 9&0 50 Fly	29.63	12/4			

23 Daniel Grimmer - Male - Age: 18 - Ind/Rel: 6 / 0

#201 Boys 9&0 200 IM	2:24.50	10/6	#203 Boys 9&0 100 Fly	1:03.80	6/1
#303 Boys 9&0 200 Fly	2:20.80	3/6	#305 Boys 9&0 50 Back	31.20	13/1
#404 Boys 9&0 100 Free	58.09	15/3	#406 Boys 9&0 50 Fly	28.90	13/5

24 Neve Haddock - Female - Age: 13 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:56.80	4/1	#105 Girls 9&0 50 Back	48.40	5/2
#202 Girls 9&0 200 Back	3:47.40	1/4	#204 Girls 9&0 100 Free	1:36.40	3/6
#206 Girls 9&0 50 Fly	56.10	2/7	#302 Girls 9&0 200 Free	3:32.40	2/5
#304 Girls 9&0 100 Back	1:41.20	3/1	#306 Girls 9&0 50 Breast	53.00	6/7
#405 Girls 9&0 50 Free	43.40	4/8	#407 Girls 9&0 200 Breast	4:05.70	3/7

25 Olivia Haddock - Female - Age: 15 - Ind/Rel: 12 / 0

#103 Girls 9&0 200 Fly	3:08.90	2/7	#105 Girls 9&0 50 Back	36.60	13/4
#107 Girls 9&0 400 Free	5:29.50	6/3	#202 Girls 9&0 200 Back	2:47.10	7/6
#204 Girls 9&0 100 Free	1:07.39	15/6	#206 Girls 9&0 50 Fly	33.98	12/5
#302 Girls 9&0 200 Free	2:30.00	11/7	#304 Girls 9&0 100 Back	1:18.88	10/4
#306 Girls 9&0 50 Breast	42.92	12/3	#401 Girls 9&0 200 IM	2:52.40	9/7
#403 Girls 9&0 100 Fly	1:18.61	5/4	#405 Girls 9&0 50 Free	30.47	18/4

26 Kye Harrington - Male - Age: 16 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:13.70	10/2	#201 Boys 9&0 200 IM	2:31.70	9/2
#203 Boys 9&0 100 Fly	1:07.40	5/7	#205 Boys 9&0 50 Free	28.44	14/4
#303 Boys 9&0 200 Fly	2:27.00	3/1	#307 Boys 9&0 400 Free	4:45.81	5/6
#404 Boys 9&0 100 Free	1:01.70	13/1	#406 Boys 9&0 50 Fly	30.40	12/8
#408 Boys 10&0 400 IM	5:21.20	2/3			

27 Leo Harrington - Male - Age: 11 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:35.20	4/7	#106 Boys 9&0 50 Breast	55.20	4/1
#201 Boys 9&0 200 IM	3:49.90	2/1	#205 Boys 9&0 50 Free	37.00	4/5
#301 Boys 9&0 100 Breast	2:03.60	3/5	#305 Boys 9&0 50 Back	43.98	4/5
#404 Boys 9&0 100 Free	1:27.51	2/4	#406 Boys 9&0 50 Fly	53.90	2/7

28 Madison Hicks - Female - Age: 13 - Ind/Rel: 8 / 0

#103 Girls 9&0 200 Fly	2:52.39	2/2	#107 Girls 9&0 400 Free	5:09.63	8/8
#208 Girls 10&0 400 IM	5:51.33	3/4	#302 Girls 9&0 200 Free	2:30.19	11/1
#306 Girls 9&0 50 Breast	41.90	12/4	#401 Girls 9&0 200 IM	2:43.90	11/1
#403 Girls 9&0 100 Fly	1:16.03	6/2	#407 Girls 9&0 200 Breast	3:10.00	7/7

29 Pemberley Hornigold - Female - Age: 17 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:19.70	12/2	#306 Girls 9&0 50 Breast	35.94	16/7
#405 Girls 9&0 50 Free	30.40	19/1	#407 Girls 9&0 200 Breast	2:57.00	8/2

30 Frances Hurst - Female - Age: 12 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:47.90	6/1	#105 Girls 9&0 50 Back	48.20	5/6
#204 Girls 9&0 100 Free	1:39.00	3/8	#206 Girls 9&0 50 Fly	50.80	3/8

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WEST NORFOLK SWIMMING CLUB

31 Harvey Isle - Male - Age: 19 - Ind/Rel: 11 / 0

#104 Boys 9&0 100 Back	1:06.50	12/7	#106 Boys 9&0 50 Breast	36.10	14/1
#201 Boys 9&0 200 IM	2:25.70	10/1	#203 Boys 9&0 100 Fly	1:06.60	5/3
#205 Boys 9&0 50 Free	27.50	16/3	#301 Boys 9&0 100 Breast	1:19.20	10/5
#303 Boys 9&0 200 Fly	2:26.00	3/2	#305 Boys 9&0 50 Back	31.60	12/6
#402 Boys 9&0 200 Back	2:21.90	6/5	#404 Boys 9&0 100 Free	1:00.10	14/1
#406 Boys 9&0 50 Fly	30.20	12/2			

32 Kirill Ivanenco - Male - Age: 13 - Ind/Rel: 4 / 0

#303 Boys 9&0 200 Fly	2:53.10	2/6	#305 Boys 9&0 50 Back	39.70	7/1
#404 Boys 9&0 100 Free	1:13.78	6/6	#406 Boys 9&0 50 Fly	33.77	7/4

33 Adam Jackson - Male - Age: 14 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:37.10	6/5	#104 Boys 9&0 100 Back	1:19.40	8/2
#106 Boys 9&0 50 Breast	40.41	11/2	#205 Boys 9&0 50 Free	30.10	11/5
#301 Boys 9&0 100 Breast	1:31.87	8/7	#307 Boys 9&0 400 Free	5:46.90	3/8
#402 Boys 9&0 200 Back	2:48.70	4/3	#406 Boys 9&0 50 Fly	34.74	7/7

34 Thomas-Arthur Jagger - Male - Age: 16 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:14.00	10/8	#106 Boys 9&0 50 Breast	35.68	14/2
#201 Boys 9&0 200 IM	2:44.00	8/8	#205 Boys 9&0 50 Free	30.72	11/7
#207 Boys 9&0 200 Breast	2:55.00	5/7	#301 Boys 9&0 100 Breast	1:19.40	10/3
#305 Boys 9&0 50 Back	34.90	10/8	#402 Boys 9&0 200 Back	2:39.10	5/2

35 Milly Johnson - Female - Age: 14 - Ind/Rel: 9 / 0

#103 Girls 9&0 200 Fly	2:44.55	2/4	#107 Girls 9&0 400 Free	4:51.71	9/7
#204 Girls 9&0 100 Free	1:03.32	17/4	#206 Girls 9&0 50 Fly	32.34	14/6
#208 Girls 10&0 400 IM	5:36.80	4/3	#302 Girls 9&0 200 Free	2:17.76	14/2
#401 Girls 9&0 200 IM	2:38.70	11/4	#403 Girls 9&0 100 Fly	1:12.50	7/1
#405 Girls 9&0 50 Free	29.90	19/5			

36 Joshua Jones - Male - Age: 15 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	2:10.00	11/7	#106 Boys 9&0 50 Breast	33.51	16/8
#203 Boys 9&0 100 Fly	1:07.90	5/8	#205 Boys 9&0 50 Free	27.49	16/4

37 Esmie Kidman - Female - Age: 18 - Ind/Rel: 3 / 0

#107 Girls 9&0 400 Free	4:48.30	9/6	#202 Girls 9&0 200 Back	2:36.30	9/8
#208 Girls 10&0 400 IM	5:28.20	4/5			

38 Samuel Liddell - Male - Age: 14 - Ind/Rel: 5 / 0

#203 Boys 9&0 100 Fly	1:16.90	4/8	#205 Boys 9&0 50 Free	29.54	12/4
#303 Boys 9&0 200 Fly	3:00.64	2/7	#404 Boys 9&0 100 Free	1:05.36	10/3
#406 Boys 9&0 50 Fly	33.48	8/2			

39 Elizabeth Litvinenko - Female - Age: 11 - Ind/Rel: 13 / 0

#101 Girls 9&0 100 Breast	1:38.00	9/8	#105 Girls 9&0 50 Back	39.25	11/1
#107 Girls 9&0 400 Free	5:39.50	5/3	#202 Girls 9&0 200 Back	2:53.82	6/7
#204 Girls 9&0 100 Free	1:11.84	11/3	#206 Girls 9&0 50 Fly	36.24	11/7
#302 Girls 9&0 200 Free	2:36.83	8/1	#304 Girls 9&0 100 Back	1:23.89	8/8
#306 Girls 9&0 50 Breast	43.50	12/2	#401 Girls 9&0 200 IM	3:04.20	8/8
#403 Girls 9&0 100 Fly	1:20.80	5/7	#405 Girls 9&0 50 Free	34.10	12/5
#407 Girls 9&0 200 Breast	3:34.40	5/3			

40 Maya Marcinek - Female - Age: 10 - Ind/Rel: 9 / 0

#101 Girls 9&0 100 Breast	1:54.07	5/8	#105 Girls 9&0 50 Back	51.00	3/1
#204 Girls 9&0 100 Free	1:31.45	4/2	#206 Girls 9&0 50 Fly	54.30	2/6
#304 Girls 9&0 100 Back	1:45.68	2/1	#306 Girls 9&0 50 Breast	52.90	6/2
#401 Girls 9&0 200 IM	3:48.80	2/5	#403 Girls 9&0 100 Fly	2:04.50	2/3
#405 Girls 9&0 50 Free	41.80	5/2			

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WEST NORFOLK SWIMMING CLUB**41 Wiktorcia Marcinek - Female - Age: 16 - Ind/Rel: 6 / 0**

#105 Girls 9&0 50 Back	35.00	15/6	#107 Girls 9&0 400 Free	4:59.20	8/3
#204 Girls 9&0 100 Free	1:04.20	17/6	#302 Girls 9&0 200 Free	2:19.00	14/8
#304 Girls 9&0 100 Back	1:14.40	12/7	#405 Girls 9&0 50 Free	29.61	20/1

42 Rejus Mazeika - Male - Age: 14 - Ind/Rel: 8 / 0

#104 Boys 9&0 100 Back	1:13.80	10/2	#106 Boys 9&0 50 Breast	34.36	15/2
#203 Boys 9&0 100 Fly	1:09.60	4/5	#205 Boys 9&0 50 Free	27.97	16/7
#301 Boys 9&0 100 Breast	1:15.90	11/5	#305 Boys 9&0 50 Back	33.70	11/7
#404 Boys 9&0 100 Free	1:03.20	11/5	#406 Boys 9&0 50 Fly	30.10	12/3

43 Milana Melinyte - Female - Age: 12 - Ind/Rel: 5 / 0

#304 Girls 9&0 100 Back	1:27.13	6/4	#306 Girls 9&0 50 Breast	46.69	10/3
#401 Girls 9&0 200 IM	3:10.30	7/8	#403 Girls 9&0 100 Fly	1:29.80	4/6
#405 Girls 9&0 50 Free	35.20	11/3			

44 Martha More - Female - Age: 10 - Ind/Rel: 11 / 0

#101 Girls 9&0 100 Breast	1:41.86	7/4	#105 Girls 9&0 50 Back	41.69	9/5
#107 Girls 9&0 400 Free	6:15.50	2/5	#202 Girls 9&0 200 Back	3:03.44	5/8
#204 Girls 9&0 100 Free	1:16.73	8/5	#206 Girls 9&0 50 Fly	41.05	8/7
#302 Girls 9&0 200 Free	2:50.76	6/7	#306 Girls 9&0 50 Breast	50.20	8/7
#401 Girls 9&0 200 IM	3:21.90	5/3	#403 Girls 9&0 100 Fly	1:34.02	4/8
#405 Girls 9&0 50 Free	37.94	8/4			

45 Isabelle Morris - Female - Age: 12 - Ind/Rel: 4 / 0

#304 Girls 9&0 100 Back	1:31.80	6/8	#306 Girls 9&0 50 Breast	45.10	11/3
#405 Girls 9&0 50 Free	36.30	11/1	#407 Girls 9&0 200 Breast	3:42.20	4/4

46 Edward Murray - Male - Age: 16 - Ind/Rel: 2 / 0

#102 Boys 9&0 200 Free	2:33.80	7/6	#307 Boys 9&0 400 Free	5:02.00	4/4
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47 Thomas Murray - Male - Age: 14 - Ind/Rel: 1 / 0

#102 Boys 9&0 200 Free	2:49.20	5/1			
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48 Matilda Myers - Female - Age: 13 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	38.60	12/8	#204 Girls 9&0 100 Free	1:18.20	8/1
#206 Girls 9&0 50 Fly	36.90	10/4	#306 Girls 9&0 50 Breast	46.50	10/4
#401 Girls 9&0 200 IM	3:25.00	5/1			

49 Callum New - Male - Age: 14 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:20.90	9/3	#104 Boys 9&0 100 Back	1:17.60	9/8
#205 Boys 9&0 50 Free	28.32	15/7	#305 Boys 9&0 50 Back	34.91	9/4
#307 Boys 9&0 400 Free	4:54.69	5/1	#404 Boys 9&0 100 Free	1:03.34	11/2
#406 Boys 9&0 50 Fly	34.09	7/3			

50 Joshua Norris - Male - Age: 11 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	46.63	7/3	#201 Boys 9&0 200 IM	3:33.10	2/2
#207 Boys 9&0 200 Breast	3:37.29	2/5	#301 Boys 9&0 100 Breast	1:42.79	5/3

51 Oliver Norris - Male - Age: 15 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:19.00	9/5	#106 Boys 9&0 50 Breast	38.24	12/4
#205 Boys 9&0 50 Free	29.06	13/5	#305 Boys 9&0 50 Back	34.80	10/1
#307 Boys 9&0 400 Free	5:00.07	5/8	#404 Boys 9&0 100 Free	1:02.22	13/8
#406 Boys 9&0 50 Fly	35.40	7/8			

52 Joshua Parker - Male - Age: 17 - Ind/Rel: 3 / 0

#305 Boys 9&0 50 Back	36.00	9/1	#402 Boys 9&0 200 Back	2:38.80	5/3
#404 Boys 9&0 100 Free	1:09.40	8/1			

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WEST NORFOLK SWIMMING CLUB**53 Alexander Pattison - Male - Age: 15 - Ind/Rel: 13 / 0**

#102 Boys 9&0 200 Free	2:17.85	9/4	#104 Boys 9&0 100 Back	1:13.90	10/7
#106 Boys 9&0 50 Breast	34.95	14/4	#201 Boys 9&0 200 IM	2:28.44	9/4
#203 Boys 9&0 100 Fly	1:06.50	5/5	#205 Boys 9&0 50 Free	29.34	13/7
#207 Boys 9&0 200 Breast	2:45.30	6/8	#301 Boys 9&0 100 Breast	1:17.29	11/3
#303 Boys 9&0 200 Fly	2:30.60	3/8	#305 Boys 9&0 50 Back	33.90	11/8
#402 Boys 9&0 200 Back	2:34.09	6/1	#406 Boys 9&0 50 Fly	28.98	13/6
#408 Boys 10&0 400 IM	5:16.40	2/4			

54 Alma Pattison - Female - Age: 12 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:47.30	6/6	#105 Girls 9&0 50 Back	49.90	4/7
#304 Girls 9&0 100 Back	1:58.00	1/1	#306 Girls 9&0 50 Breast	46.90	10/2
#401 Girls 9&0 200 IM	3:42.20	3/8	#405 Girls 9&0 50 Free	42.27	5/8
#407 Girls 9&0 200 Breast	3:48.31	4/7			

55 Belle Ringwood - Female - Age: 14 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	34.60	15/5	#202 Girls 9&0 200 Back	2:36.70	8/5
#206 Girls 9&0 50 Fly	33.21	13/5			

56 Teddy Roberts - Male - Age: 13 - Ind/Rel: 9 / 0

#104 Boys 9&0 100 Back	1:26.30	7/1	#106 Boys 9&0 50 Breast	48.50	6/3
#201 Boys 9&0 200 IM	3:14.20	3/5	#205 Boys 9&0 50 Free	32.59	9/8
#301 Boys 9&0 100 Breast	1:49.50	5/8	#305 Boys 9&0 50 Back	37.80	8/7
#402 Boys 9&0 200 Back	3:01.30	4/7	#404 Boys 9&0 100 Free	1:13.17	6/5
#406 Boys 9&0 50 Fly	37.63	5/3			

57 Amelia Rodgers - Female - Age: 11 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:55.00	4/3	#105 Girls 9&0 50 Back	45.70	6/3
#202 Girls 9&0 200 Back	3:46.40	2/8	#204 Girls 9&0 100 Free	1:42.40	2/2
#206 Girls 9&0 50 Fly	48.90	4/7	#304 Girls 9&0 100 Back	1:39.20	3/5
#306 Girls 9&0 50 Breast	54.30	5/7	#401 Girls 9&0 200 IM	3:52.00	2/6
#403 Girls 9&0 100 Fly	1:51.30	3/2	#405 Girls 9&0 50 Free	42.50	4/5

58 Theo Ryan - Male - Age: 14 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:13.90	10/1	#106 Boys 9&0 50 Breast	39.40	11/5
#201 Boys 9&0 200 IM	2:40.71	8/2	#205 Boys 9&0 50 Free	30.12	11/3
#305 Boys 9&0 50 Back	33.50	11/6	#402 Boys 9&0 200 Back	2:38.98	5/6
#406 Boys 9&0 50 Fly	32.21	9/2			

59 Bay Smith - Male - Age: 11 - Ind/Rel: 5 / 0

#102 Boys 9&0 200 Free	3:17.90	3/8	#104 Boys 9&0 100 Back	1:34.96	4/6
#106 Boys 9&0 50 Breast	52.60	5/2	#301 Boys 9&0 100 Breast	1:58.40	4/1
#305 Boys 9&0 50 Back	42.90	5/7			

60 Ruby Stewardbrown - Female - Age: 15 - Ind/Rel: 6 / 0

#101 Girls 9&0 100 Breast	1:35.70	9/7	#105 Girls 9&0 50 Back	35.50	14/4
#107 Girls 9&0 400 Free	5:25.90	7/8	#202 Girls 9&0 200 Back	2:49.50	7/1
#204 Girls 9&0 100 Free	1:10.40	12/6	#206 Girls 9&0 50 Fly	36.30	11/1

61 Daisy Stimpson - Female - Age: 15 - Ind/Rel: 5 / 0

#105 Girls 9&0 50 Back	33.90	16/7	#202 Girls 9&0 200 Back	2:38.70	8/6
#204 Girls 9&0 100 Free	1:07.55	15/7	#304 Girls 9&0 100 Back	1:13.50	12/6
#306 Girls 9&0 50 Breast	41.70	13/8			

62 Kristina Sutika-Totlebena - Female - Age: 16 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:22.60	11/5	#204 Girls 9&0 100 Free	1:09.00	13/7
#306 Girls 9&0 50 Breast	38.30	15/1	#407 Girls 9&0 200 Breast	2:54.30	8/6

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WEST NORFOLK SWIMMING CLUB**63 Andrej Taplin - Male - Age: 14 - Ind/Rel: 9 / 0**

#102 Boys 9&0 200 Free	2:24.80	9/1	#106 Boys 9&0 50 Breast	39.30	11/4
#201 Boys 9&0 200 IM	2:41.60	8/7	#203 Boys 9&0 100 Fly	1:15.40	4/1
#205 Boys 9&0 50 Free	29.20	13/2	#301 Boys 9&0 100 Breast	1:24.70	9/1
#305 Boys 9&0 50 Back	34.70	10/6	#404 Boys 9&0 100 Free	1:06.20	10/7
#406 Boys 9&0 50 Fly	32.40	9/1			

64 Benjamin Tennant - Male - Age: 16 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	35.83	14/7	#205 Boys 9&0 50 Free	27.50	16/5
#404 Boys 9&0 100 Free	1:00.10	14/8	#406 Boys 9&0 50 Fly	30.63	11/5

65 Nedas Tkacenko - Male - Age: 18 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:10.40	11/8	#104 Boys 9&0 100 Back	1:08.00	11/3
#205 Boys 9&0 50 Free	26.80	18/1	#305 Boys 9&0 50 Back	31.70	12/2
#404 Boys 9&0 100 Free	59.40	14/4	#406 Boys 9&0 50 Fly	29.30	13/7

66 Oliver Veale - Male - Age: 12 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	40.74	11/1	#205 Boys 9&0 50 Free	32.00	9/3
#207 Boys 9&0 200 Breast	3:15.99	4/8	#301 Boys 9&0 100 Breast	1:34.90	7/7
#305 Boys 9&0 50 Back	38.30	7/4	#404 Boys 9&0 100 Free	1:10.34	7/4

67 Den Vojevoda - Male - Age: 12 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:44.50	5/6	#104 Boys 9&0 100 Back	1:24.80	7/6
#106 Boys 9&0 50 Breast	44.84	8/5	#203 Boys 9&0 100 Fly	1:36.10	2/3
#205 Boys 9&0 50 Free	32.94	8/7	#207 Boys 9&0 200 Breast	3:27.70	2/4

68 Freddie Wakefield - Male - Age: 12 - Ind/Rel: 9 / 0

#104 Boys 9&0 100 Back	1:26.60	7/8	#106 Boys 9&0 50 Breast	46.50	7/5
#201 Boys 9&0 200 IM	3:07.29	4/2	#205 Boys 9&0 50 Free	34.50	6/5
#301 Boys 9&0 100 Breast	1:44.51	5/7	#305 Boys 9&0 50 Back	40.50	6/2
#307 Boys 9&0 400 Free	6:23.97	1/5	#402 Boys 9&0 200 Back	3:01.70	4/1
#406 Boys 9&0 50 Fly	40.90	4/8			

69 William Wakefield - Male - Age: 35 - Ind/Rel: 4 / 0

#106 Boys 9&0 50 Breast	35.20	14/5	#205 Boys 9&0 50 Free	28.32	15/1
#301 Boys 9&0 100 Breast	1:18.90	10/4	#404 Boys 9&0 100 Free	1:03.10	12/7

70 Lacey Waterson - Female - Age: 12 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	45.60	6/4	#202 Girls 9&0 200 Back	3:34.80	2/2
#206 Girls 9&0 50 Fly	48.00	4/4	#304 Girls 9&0 100 Back	1:40.30	3/6
#306 Girls 9&0 50 Breast	57.10	3/3	#401 Girls 9&0 200 IM	4:06.20	1/4
#405 Girls 9&0 50 Free	41.60	5/5			

71 Calleigh Welham-Smith - Female - Age: 14 - Ind/Rel: 4 / 0

#101 Girls 9&0 100 Breast	1:28.20	10/3	#107 Girls 9&0 400 Free	5:36.30	5/5
#302 Girls 9&0 200 Free	2:32.90	10/1	#306 Girls 9&0 50 Breast	39.74	14/6

72 Emma Wilson - Female - Age: 10 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	46.24	6/2	#202 Girls 9&0 200 Back	3:28.40	3/1
#206 Girls 9&0 50 Fly	46.40	5/7	#304 Girls 9&0 100 Back	1:37.03	4/7
#403 Girls 9&0 100 Fly	1:51.33	3/7	#405 Girls 9&0 50 Free	43.30	4/1

73 Jamie Wilson - Male - Age: 15 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:08.31	11/6	#104 Boys 9&0 100 Back	1:08.20	11/6
#203 Boys 9&0 100 Fly	1:02.10	6/3	#205 Boys 9&0 50 Free	27.42	17/1
#303 Boys 9&0 200 Fly	2:18.60	3/5	#404 Boys 9&0 100 Free	58.18	15/2
#406 Boys 9&0 50 Fly	28.29	14/2			

74 Luke Wilson - Male - Age: 12 - Ind/Rel: 5 / 0

#203 Boys 9&0 100 Fly	1:44.40	2/1	#205 Boys 9&0 50 Free	39.60	3/3
#303 Boys 9&0 200 Fly	3:39.00	1/5	#404 Boys 9&0 100 Free	1:28.70	2/3
#406 Boys 9&0 50 Fly	45.70	2/4			

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WEST NORFOLK SWIMMING CLUB**75 Zoe Wilson - Female - Age: 17 - Ind/Rel: 8 / 0**

#103 Girls 9&0 200 Fly	2:50.30	2/3	#107 Girls 9&0 400 Free	5:11.28	7/5
#202 Girls 9&0 200 Back	2:38.30	8/3	#206 Girls 9&0 50 Fly	35.35	11/4
#302 Girls 9&0 200 Free	2:29.00	11/3	#304 Girls 9&0 100 Back	1:14.40	12/1
#403 Girls 9&0 100 Fly	1:18.80	5/5	#405 Girls 9&0 50 Free	32.70	14/8

76 Erin Woodrow - Female - Age: 17 - Ind/Rel: 7 / 0

#105 Girls 9&0 50 Back	33.01	17/8	#202 Girls 9&0 200 Back	2:32.60	9/7
#204 Girls 9&0 100 Free	1:02.20	18/3	#302 Girls 9&0 200 Free	2:18.70	14/1
#304 Girls 9&0 100 Back	1:09.40	13/2	#401 Girls 9&0 200 IM	2:35.70	12/2
#405 Girls 9&0 50 Free	28.60	21/6			

77 Nathan Yeaman - Male - Age: 17 - Ind/Rel: 10 / 0

#104 Boys 9&0 100 Back	X1:03.40	12/5	#106 Boys 9&0 50 Breast	36.50	13/3
#201 Boys 9&0 200 IM	2:25.10	10/7	#203 Boys 9&0 100 Fly	1:09.03	4/4
#205 Boys 9&0 50 Free	26.79	18/7	#301 Boys 9&0 100 Breast	1:19.60	10/6
#305 Boys 9&0 50 Back	30.00	13/3	#402 Boys 9&0 200 Back	X2:18.00	6/4
#404 Boys 9&0 100 Free	58.94	15/7	#406 Boys 9&0 50 Fly	28.40	14/7

WEST NORFOLK SWIMMING CLUB Total Individual Entries: 520 - Total Relays: 0

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WEST SUFFOLK SWIMMING CLUB-EA

1 James Adams - Male - Age: 11 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	55.12	4/2	#205 Boys 9&0 50 Free	49.54	1/3
#301 Boys 9&0 100 Breast	2:13.89	2/4			

2 Barnaby Brown - Male - Age: 9 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	1:06.95	2/7	#205 Boys 9&0 50 Free	54.45	1/2
#305 Boys 9&0 50 Back	1:00.79	1/4			

3 Felix Brown - Male - Age: 11 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:53.77	4/3	#201 Boys 9&0 200 IM	3:13.60	4/1
#203 Boys 9&0 100 Fly	1:31.75	3/8	#205 Boys 9&0 50 Free	35.97	5/5
#305 Boys 9&0 50 Back	41.26	6/8	#404 Boys 9&0 100 Free	1:26.39	3/6
#406 Boys 9&0 50 Fly	37.67	5/6			

4 Jude Brown - Male - Age: 11 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:49.70	5/8	#106 Boys 9&0 50 Breast	46.27	8/1
#201 Boys 9&0 200 IM	3:14.17	3/4	#205 Boys 9&0 50 Free	36.05	5/2
#207 Boys 9&0 200 Breast	3:37.73	2/3	#301 Boys 9&0 100 Breast	1:42.88	5/6
#307 Boys 9&0 400 Free	6:33.17	1/3	#404 Boys 9&0 100 Free	1:19.97	4/5

5 Stefan Buburuzan - Male - Age: 13 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:53.81	4/6	#104 Boys 9&0 100 Back	1:28.97	6/1
#106 Boys 9&0 50 Breast	51.81	5/5	#205 Boys 9&0 50 Free	33.56	7/6
#301 Boys 9&0 100 Breast	1:50.28	4/5	#305 Boys 9&0 50 Back	41.43	5/4
#402 Boys 9&0 200 Back	3:11.06	2/6	#404 Boys 9&0 100 Free	1:17.57	5/8
#406 Boys 9&0 50 Fly	43.95	3/6			

6 Vanessa Ceponyte - Female - Age: 11 - Ind/Rel: 3 / 0

#105 Girls 9&0 50 Back	43.56	8/3	#107 Girls 9&0 400 Free	6:46.41	1/3
#204 Girls 9&0 100 Free	1:23.54	6/1			

7 Amalie Chuter - Female - Age: 10 - Ind/Rel: 6 / 0

#105 Girls 9&0 50 Back	50.06	4/8	#204 Girls 9&0 100 Free	1:40.97	2/6
#206 Girls 9&0 50 Fly	50.03	3/6	#304 Girls 9&0 100 Back	1:50.92	1/3
#306 Girls 9&0 50 Breast	1:07.60	2/8	#405 Girls 9&0 50 Free	41.78	5/6

8 India Clement - Female - Age: 13 - Ind/Rel: 10 / 0

#101 Girls 9&0 100 Breast	1:27.12	11/8	#105 Girls 9&0 50 Back	35.94	14/3
#204 Girls 9&0 100 Free	1:08.22	14/5	#206 Girls 9&0 50 Fly	35.20	12/8
#302 Girls 9&0 200 Free	2:27.93	12/8	#304 Girls 9&0 100 Back	1:19.05	10/6
#306 Girls 9&0 50 Breast	39.04	14/4	#401 Girls 9&0 200 IM	2:47.39	10/6
#403 Girls 9&0 100 Fly	1:17.72	6/1	#405 Girls 9&0 50 Free	31.49	16/5

9 Oliver Creasy - Male - Age: 12 - Ind/Rel: 3 / 0

#104 Boys 9&0 100 Back	1:29.27	5/5	#106 Boys 9&0 50 Breast	51.61	5/4
#205 Boys 9&0 50 Free	35.41	6/7			

10 Jason Dalope - Male - Age: 13 - Ind/Rel: 7 / 0

#301 Boys 9&0 100 Breast	1:18.26	11/7	#303 Boys 9&0 200 Fly	2:56.82	2/2
#307 Boys 9&0 400 Free	5:02.10	4/5	#402 Boys 9&0 200 Back	2:37.04	5/5
#404 Boys 9&0 100 Free	1:03.17	11/4	#406 Boys 9&0 50 Fly	32.19	9/5
#408 Boys 10&0 400 IM	5:42.10	2/2			

11 Andrew de Koning - Male - Age: 15 - Ind/Rel: 7 / 0

#102 Boys 9&0 200 Free	2:20.91	9/6	#106 Boys 9&0 50 Breast	39.27	12/8
#205 Boys 9&0 50 Free	30.09	12/8	#207 Boys 9&0 200 Breast	2:59.66	4/5
#301 Boys 9&0 100 Breast	1:24.28	9/2	#307 Boys 9&0 400 Free	4:54.15	5/7
#404 Boys 9&0 100 Free	1:05.11	10/5			

12 Abbie Dockerill - Female - Age: 12 - Ind/Rel: 1 / 0

#206 Girls 9&0 50 Fly	41.61	7/5			
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13 Chloe Dockerill - Female - Age: 16 - Ind/Rel: 2 / 0

#204 Girls 9&0 100 Free	1:08.58	14/1	#206 Girls 9&0 50 Fly	33.79	13/8
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14 Harry Ellard - Male - Age: 9 - Ind/Rel: 2 / 0

#104 Boys 9&0 100 Back	1:57.12	2/4	#205 Boys 9&0 50 Free	48.65	2/1
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15 Oliver Ellard - Male - Age: 11 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	3:37.88	2/2	#104 Boys 9&0 100 Back	1:41.79	3/2
#106 Boys 9&0 50 Breast	53.73	5/8	#205 Boys 9&0 50 Free	40.95	3/2

16 George Everett - Male - Age: 15 - Ind/Rel: 4 / 0

#301 Boys 9&0 100 Breast	1:14.14	12/1	#307 Boys 9&0 400 Free	4:39.71	5/5
#404 Boys 9&0 100 Free	1:01.52	13/7	#406 Boys 9&0 50 Fly	30.24	12/7

17 James Everett - Male - Age: 14 - Ind/Rel: 3 / 0

#301 Boys 9&0 100 Breast	1:22.86	9/3	#404 Boys 9&0 100 Free	1:17.37	5/1
#406 Boys 9&0 50 Fly	44.83	3/1			

18 Samuel Everett - Male - Age: 18 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	33.56	15/4	#203 Boys 9&0 100 Fly	1:05.10	6/8
#207 Boys 9&0 200 Breast	2:39.88	6/7	#301 Boys 9&0 100 Breast	1:13.41	12/2
#404 Boys 9&0 100 Free	1:02.34	12/3	#406 Boys 9&0 50 Fly	30.49	11/4

19 Elizabeth Howden - Female - Age: 16 - Ind/Rel: 4 / 0

#204 Girls 9&0 100 Free	1:10.76	12/7	#206 Girls 9&0 50 Fly	34.75	12/1
#306 Girls 9&0 50 Breast	42.32	12/5	#405 Girls 9&0 50 Free	32.09	15/5

20 Emiel Korstanje - Male - Age: 16 - Ind/Rel: 6 / 0

#102 Boys 9&0 200 Free	2:17.80	10/8	#104 Boys 9&0 100 Back	1:12.53	10/4
#205 Boys 9&0 50 Free	27.45	17/8	#305 Boys 9&0 50 Back	34.26	10/5
#404 Boys 9&0 100 Free	59.45	14/3	#406 Boys 9&0 50 Fly	31.00	11/8

21 Richard Levell - Male - Age: 14 - Ind/Rel: 8 / 0

#102 Boys 9&0 200 Free	2:30.02	8/7	#106 Boys 9&0 50 Breast	36.13	14/8
#201 Boys 9&0 200 IM	2:51.88	6/3	#205 Boys 9&0 50 Free	30.92	11/8
#301 Boys 9&0 100 Breast	1:19.75	10/2	#307 Boys 9&0 400 Free	5:33.42	3/2
#404 Boys 9&0 100 Free	1:07.50	9/6	#406 Boys 9&0 50 Fly	35.84	6/5

22 Tom Levell - Male - Age: 10 - Ind/Rel: 7 / 0

#104 Boys 9&0 100 Back	1:48.00	3/7	#106 Boys 9&0 50 Breast	1:00.54	3/1
#205 Boys 9&0 50 Free	40.27	3/6	#301 Boys 9&0 100 Breast	2:19.45	2/6
#305 Boys 9&0 50 Back	46.04	4/8	#402 Boys 9&0 200 Back	4:00.65	1/2
#406 Boys 9&0 50 Fly	1:05.74	1/2			

23 Abigail McWattie - Female - Age: 14 - Ind/Rel: 5 / 0

#302 Girls 9&0 200 Free	2:51.02	6/1	#306 Girls 9&0 50 Breast	46.31	11/7
#401 Girls 9&0 200 IM	3:29.36	4/5	#405 Girls 9&0 50 Free	35.00	11/5
#407 Girls 9&0 200 Breast	3:35.29	5/2			

24 Poppy Moore - Female - Age: 13 - Ind/Rel: 2 / 0

#105 Girls 9&0 50 Back	36.90	13/6	#107 Girls 9&0 400 Free	5:03.97	8/2
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25 Thea Pendleton - Female - Age: 10 - Ind/Rel: 7 / 0

#101 Girls 9&0 100 Breast	1:47.03	6/4	#105 Girls 9&0 50 Back	49.76	4/2
#107 Girls 9&0 400 Free	7:39.18	1/1	#306 Girls 9&0 50 Breast	51.69	7/1
#401 Girls 9&0 200 IM	3:56.92	2/1	#405 Girls 9&0 50 Free	41.77	5/3
#407 Girls 9&0 200 Breast	3:56.03	4/8			

26 Oliver Petchey - Male - Age: 12 - Ind/Rel: 5 / 0

#106 Boys 9&0 50 Breast	54.64	4/6	#205 Boys 9&0 50 Free	41.49	3/7
#301 Boys 9&0 100 Breast	1:49.68	4/4	#305 Boys 9&0 50 Back	49.47	3/7
#404 Boys 9&0 100 Free	1:31.07	2/6			

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WEST SUFFOLK SWIMMING CLUB-EA**27 Ella Plumb - Female - Age: 10 - Ind/Rel: 6 / 0**

#101 Girls 9&0 100 Breast	1:47.72	6/7	#204 Girls 9&0 100 Free	1:35.99	3/3
#206 Girls 9&0 50 Fly	46.25	5/2	#306 Girls 9&0 50 Breast	48.23	9/7
#405 Girls 9&0 50 Free	39.25	7/3	#407 Girls 9&0 200 Breast	3:53.39	4/1

28 George Sims - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	2:36.36	7/8	#201 Boys 9&0 200 IM	2:57.13	5/3
#203 Boys 9&0 100 Fly	NT	1/2	#205 Boys 9&0 50 Free	32.08	9/2
#303 Boys 9&0 200 Fly	NT	1/2	#307 Boys 9&0 400 Free	NT	1/1
#404 Boys 9&0 100 Free	1:10.00	8/8	#406 Boys 9&0 50 Fly	NT	1/1
#408 Boys 10&0 400 IM	NT	1/3			

29 Leo Sims - Male - Age: 12 - Ind/Rel: 9 / 0

#102 Boys 9&0 200 Free	NT	1/3	#201 Boys 9&0 200 IM	2:56.85	5/5
#203 Boys 9&0 100 Fly	1:23.84	3/6	#205 Boys 9&0 50 Free	33.34	7/4
#303 Boys 9&0 200 Fly	NT	1/7	#307 Boys 9&0 400 Free	5:29.13	3/6
#404 Boys 9&0 100 Free	NT	1/1	#406 Boys 9&0 50 Fly	37.75	5/2
#408 Boys 10&0 400 IM	6:13.50	1/4			

30 Harry Smart - Male - Age: 22 - Ind/Rel: 4 / 0

#203 Boys 9&0 100 Fly	1:03.07	6/2	#205 Boys 9&0 50 Free	26.41	18/5
#404 Boys 9&0 100 Free	1:00.47	13/4	#406 Boys 9&0 50 Fly	27.85	14/3

31 Harry Taylor - Male - Age: 10 - Ind/Rel: 1 / 0

#305 Boys 9&0 50 Back	1:06.11	1/3			
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32 Tilly Taylor - Female - Age: 11 - Ind/Rel: 4 / 0

#302 Girls 9&0 200 Free	3:32.68	2/3	#304 Girls 9&0 100 Back	1:40.22	3/3
#306 Girls 9&0 50 Breast	58.46	3/1	#405 Girls 9&0 50 Free	39.39	7/6

33 Jake Thomas-Mansfield - Male - Age: 24 - Ind/Rel: 2 / 0

#404 Boys 9&0 100 Free	54.68	16/4	#406 Boys 9&0 50 Fly	26.17	14/4
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34 Harry Vidal-Greenwood - Male - Age: 13 - Ind/Rel: 6 / 0

#104 Boys 9&0 100 Back	1:17.62	8/4	#106 Boys 9&0 50 Breast	41.69	10/5
#203 Boys 9&0 100 Fly	1:19.40	3/5	#301 Boys 9&0 100 Breast	1:32.07	8/1
#305 Boys 9&0 50 Back	37.71	8/2	#406 Boys 9&0 50 Fly	38.29	5/1

35 Albie Widdicks - Male - Age: 12 - Ind/Rel: 4 / 0

#102 Boys 9&0 200 Free	3:15.43	3/1	#104 Boys 9&0 100 Back	1:32.13	5/1
#203 Boys 9&0 100 Fly	1:39.32	2/7	#205 Boys 9&0 50 Free	37.75	4/2

36 Thomas Williams - Male - Age: 16 - Ind/Rel: 6 / 0

#106 Boys 9&0 50 Breast	37.90	13/1	#201 Boys 9&0 200 IM	2:40.19	8/6
#205 Boys 9&0 50 Free	28.19	15/4	#305 Boys 9&0 50 Back	32.68	12/8
#404 Boys 9&0 100 Free	1:02.26	12/4	#406 Boys 9&0 50 Fly	30.91	11/7

37 Elizabeth Wright - Female - Age: 17 - Ind/Rel: 5 / 0

#101 Girls 9&0 100 Breast	1:14.40	12/4	#105 Girls 9&0 50 Back	33.72	16/6
#306 Girls 9&0 50 Breast	34.92	16/3	#405 Girls 9&0 50 Free	28.46	21/5
#407 Girls 9&0 200 Breast	2:43.11	8/4			

WEST SUFFOLK SWIMMING CLUB-EA Total Individual Entries: 188 - Total Relays: 0

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

WITHAM DOLPH

1 Jeremy Brailsford - Male - Age: 15 - Ind/Rel: 4 / 0					
#201 Boys 9&0 200 IM	2:27.50	10/8	#203 Boys 9&0 100 Fly	1:03.45	6/7
#303 Boys 9&0 200 Fly	2:26.46	3/7	#406 Boys 9&0 50 Fly	28.74	14/8
2 Oliver Clark - Male - Age: 17 - Ind/Rel: 4 / 0					
#102 Boys 9&0 200 Free	2:05.10	11/3	#104 Boys 9&0 100 Back	1:09.60	11/2
#201 Boys 9&0 200 IM	2:25.00	10/2	#205 Boys 9&0 50 Free	27.30	17/6
3 Evelyn Clarke - Female - Age: 16 - Ind/Rel: 2 / 0					
#204 Girls 9&0 100 Free	1:02.40	18/2	#206 Girls 9&0 50 Fly	31.17	15/6
4 Tristan de Belligny - Male - Age: 14 - Ind/Rel: 4 / 0					
#303 Boys 9&0 200 Fly	2:43.34	2/5	#402 Boys 9&0 200 Back	2:44.83	5/1
#406 Boys 9&0 50 Fly	30.38	12/1	#408 Boys 10&0 400 IM	5:52.60	2/7
5 Maia Groom - Female - Age: 12 - Ind/Rel: 4 / 0					
#204 Girls 9&0 100 Free	1:22.10	7/1	#206 Girls 9&0 50 Fly	38.72	9/7
#403 Girls 9&0 100 Fly	1:30.70	4/2	#405 Girls 9&0 50 Free	40.00	7/1
6 Adam Hart - Male - Age: 14 - Ind/Rel: 8 / 0					
#102 Boys 9&0 200 Free	2:22.40	9/7	#104 Boys 9&0 100 Back	1:10.49	11/7
#201 Boys 9&0 200 IM	2:51.58	6/5	#205 Boys 9&0 50 Free	29.80	12/2
#305 Boys 9&0 50 Back	32.98	11/5	#307 Boys 9&0 400 Free	4:53.10	5/2
#402 Boys 9&0 200 Back	2:29.20	6/7	#406 Boys 9&0 50 Fly	33.58	8/1
7 Isobel Jarman - Female - Age: 17 - Ind/Rel: 5 / 0					
#101 Girls 9&0 100 Breast	1:23.70	11/6	#206 Girls 9&0 50 Fly	37.30	10/5
#306 Girls 9&0 50 Breast	38.20	15/7	#401 Girls 9&0 200 IM	2:58.50	8/5
#407 Girls 9&0 200 Breast	3:06.00	7/3			
8 Layla Jones - Female - Age: 14 - Ind/Rel: 3 / 0					
#302 Girls 9&0 200 Free	2:31.00	10/4	#304 Girls 9&0 100 Back	1:18.50	11/8
#405 Girls 9&0 50 Free	31.48	16/4			
9 Amelia Murphy - Female - Age: 17 - Ind/Rel: 5 / 0					
#101 Girls 9&0 100 Breast	1:15.84	12/3	#105 Girls 9&0 50 Back	33.05	16/4
#206 Girls 9&0 50 Fly	32.27	14/3	#306 Girls 9&0 50 Breast	34.22	16/5
#407 Girls 9&0 200 Breast	2:48.00	8/5			
10 Szymon Pierzecki - Male - Age: 15 - Ind/Rel: 3 / 0					
#106 Boys 9&0 50 Breast	32.10	16/4	#207 Boys 9&0 200 Breast	2:33.50	6/3
#301 Boys 9&0 100 Breast	1:09.80	12/3			
11 Finlay Roberts - Male - Age: 15 - Ind/Rel: 4 / 0					
#106 Boys 9&0 50 Breast	32.60	16/2	#205 Boys 9&0 50 Free	26.10	19/1
#305 Boys 9&0 50 Back	30.90	13/7	#404 Boys 9&0 100 Free	57.74	16/7
12 Sienna Roberts - Female - Age: 14 - Ind/Rel: 3 / 0					
#302 Girls 9&0 200 Free	2:34.20	9/2	#304 Girls 9&0 100 Back	1:22.80	8/2
#405 Girls 9&0 50 Free	32.50	14/5			
13 Sienna Roberts - Female - Age: 10 - Ind/Rel: 2 / 0					
#105 Girls 9&0 50 Back	41.00	10/8	#204 Girls 9&0 100 Free	1:16.70	8/4
14 Chisholm Rowsell - Male - Age: 19 - Ind/Rel: 1 / 0					
#201 Boys 9&0 200 IM	2:40.00	8/3			
15 Niamh Venus-Knight - Female - Age: 13 - Ind/Rel: 4 / 0					
#101 Girls 9&0 100 Breast	1:29.14	10/7	#105 Girls 9&0 50 Back	40.30	10/6
#202 Girls 9&0 200 Back	2:47.80	7/2	#204 Girls 9&0 100 Free	1:11.00	11/4

2025 CONSC March Long Course Meet 3EER250009 - 01/03/2025 to 02/03/2025

Team Entries - All Events

WITHAM DOLPH**16 Benjamin Watley - Male - Age: 17 - Ind/Rel: 4 / 0**

#106 Boys 9&0 50 Breast	34.01	15/3	#205 Boys 9&0 50 Free	26.10	19/7
#404 Boys 9&0 100 Free	58.10	15/6	#406 Boys 9&0 50 Fly	28.10	14/6

17 Jack Webb - Male - Age: 16 - Ind/Rel: 3 / 0

#106 Boys 9&0 50 Breast	32.48	16/6	#205 Boys 9&0 50 Free	26.80	18/8
#207 Boys 9&0 200 Breast	2:47.50	5/4			

18 Alice Wilson - Female - Age: 14 - Ind/Rel: 4 / 0

#401 Girls 9&0 200 IM	2:46.90	10/5	#403 Girls 9&0 100 Fly	1:12.88	6/4
#405 Girls 9&0 50 Free	32.50	15/8	#407 Girls 9&0 200 Breast	3:11.30	7/8

WITHAM DOLPH Total Individual Entries: 67 - Total Relays: 0