



City of Norwich Swimming Club 2024 Club Championships

Held under Swim England Regulations, Technical Rules and to the Swim
England Open Meet Licensing Criteria

Friday 12th July 2024 - License L4 Number: 4ER24tbc
Thurs 18th & Fri 19th July 2024 - License L4 Number: 4ER24tbc
Friday 26th July 2024 – License L4 Number: 4ER24tbc

For City of Norwich Swimming Club Members Only

Entrants must be Swim England Members

| | | |
|---------------------------|--------|----------------|
| Fri 12 th Jul | 4:45pm | Sportspark UEA |
| Thu 18 th Jul | 4:45pm | Sportspark UEA |
| Fri 19 st July | 4:45pm | Sportspark UEA |
| Fri 26 th July | 4:45pm | Sportspark UEA |

Event Information and Entry Form

CoNSC Meet Promoter: Tracey Spinner



City of Norwich Swimming Club Championships 2024
(Level 4 License Nos. 4ER24tbc-tbc)
Sportspark ,UEA, Norwich: Fri 12th, Thu 18th, Fri 19th, Fri 26th July 2024

1. The competition is a Level 4 licensed meet, held under Swim England Regulations, Technical Rules and to the Swim England Open Meet Licensing Criteria.
2. The competition is only open to members of City of Norwich Swimming Club. Competitors must be Club Compete or Club Train members, eligible to compete and registered in accordance with Swim England Regulations and Technical Rules, and may enter in the name of one club only. Entries will only be accepted from competitors registered as members of Swim England, SASA or WASA or competitors from a country affiliated to World Aquatics.
3. The promoter is Tracey Spinner on behalf of City of Norwich Swimming Club.
4. No medals will be awarded, the competition is purely to gain a full range of times for County and Regional qualification. Those swimmers who enter every event, and compete in every event, are eligible to receive the CONSC Club Champion of Champions Award.
5. Age-groups: Age 8/u, 9, 10, 11, 12/13, 14/15, 16yrs/over.
6. Age as at 31st December 2024.
7. Entries will be made using Female/Male competition categories, as these are the categories recognised by the meet management software at this time. There will be a transition into the use of Female and Open/Male as the new competition categories following the implementation of the Swim England Transgender and Non-binary Competition Policy.
8. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
9. Events: All events will be timed finals. All ages eligible for 50m, & 200m All Strokes, 9yrs/+ for 100m events, 10yrs/+ may enter 400m Fr, 400 IM.
10. The competition will take place at the Sportspark, UEA, in an 8 Lane Short Course (25m) Racing Pool with anti-wave devices in place. There will be electronic timing & 8-lane display and backstroke ledges.
11. Heats will be swum as mixed age with swimmers seeded by entry times.
12. Over the top starts may be used at the referee's discretion.
13. Withdrawals: swimmers and parents are asked to communicate withdrawals in a timely manner. Failure to withdraw will result in the swimmer being removed from all their events for the remainder of the meet.
14. Cost of entry will be by bundle – swimmers 9/u will be on the £20 bundle for all eligible events, swimmers 10/over will be on the £30 bundle for all eligible events; entry via SCM. Payment will be invoice using SCM after the closing date. **Closing date is Friday 21st June, 2024.**
15. Results will be posted live to Meet Mobile, after the event they will be posted on the CoNSC website & sent to the British Swimming for inclusion in the national rankings.
16. In accordance with the Swim England Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter.
17. Participants and spectators are asked to note that during all 25m galas the Sportspark photography policy will be in operation; **mobile phone use is not permitted** within changing areas, toilets, showers or poolside. Photography and filming will not be permitted in any of these areas **or on the spectator gallery, at any time.**
18. All participants must observe the safety precautions in operation at the Sportspark, UEA. Neither the Promoter nor City of Norwich Swimming Club will be responsible for any loss or damage occurring during this meet.
19. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry.
20. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Regulations and Technical Rules of Racing.
21. Spectators will be charged an entry fee of £4 for each session of Club Championships - there will be no programmes, but heat sheets will be published on Meet Mobile - details of meet mobile publication will be made available once entry has closed...

City of Norwich Swimming Club Championships 2024
(Level 4 License No. 4ER230419-21)
Sportspark ,UEA, Norwich: Fri 12th, Thu 18th - Fri 19th, Fri 26th July 2024

| Friday 12 th July | | | Thursday 18 th July | | |
|--|-----------|----------------------------|--|-----------|-------------------------|
| Session 1 – Warmup 4.45pm, Start 5.15pm | | | Session 1 – Warmup 4.45pm, Start 5.15pm | | |
| 101 | Open/Male | 100 IM 14/over L3 separate | 201 | Female | 200 Butterfly |
| 102 | Female | 100 IM 13/over L3 separate | 202 | Open/Male | 200 Butterfly |
| 103 | Open/Male | 200 Freestyle | 203 | Female | 100 Freestyle |
| 104 | Female | 200 Freestyle | 204 | Open/Male | 100 Freestyle |
| 105 | Open/Male | 50 Breaststroke | 205 | Female | 50 Butterfly |
| 106 | Female | 50 Breaststroke | 206 | Open/Male | 50 Butterfly |
| 107 | Open/Male | 100 Backstroke | 207 | Female | 100 Breaststroke |
| 108 | Female | 100 Backstroke | 208 | Open/Male | 400 Freestyle – 10/over |

| Friday 19 th July | | | Friday 26 th July | | |
|--|-----------|-------------------------|--|-----------|------------------|
| Session 1 – Warmup 4.45pm, Start 5.15pm | | | Session 1 – Warmup 4.45pm, Start 5.15pm | | |
| 301 | Open/Male | 200 IM | 401 | Female | 400 IM - 10/over |
| 302 | Female | 200 IM | 402 | Open/Male | 400 IM – 10/over |
| 303 | Open/Male | 50 Backstroke | 403 | Female | 200 Backstroke |
| 304 | Female | 50 Backstroke | 404 | Open/Male | 200 Backstroke |
| 305 | Open/Male | 200 Breaststroke | 405 | Female | 50 Freestyle |
| 306 | Female | 100 Butterfly | 406 | Open/Male | 50 Freestyle |
| 307 | Open/Male | 100 Butterfly | 407 | Female | 200 Breaststroke |
| 308 | Female | 400 Freestyle – 10/over | 408 | Open/Male | 100 Breaststroke |

| Friday 13 th September | | | Friday 20 th September | | |
|---|-------|---------------------|---|-------|---------------------|
| Session 1 – Warmup 16:30, Race 17:10 | | | Session 1 – Warmup 16:30, Race 17:10 | | |
| 101 | Mixed | 800m Freestyle – L3 | 102 | Mixed | 1500 Freestyle – L3 |

* Session start times may change depending on entries. Information will be posted with accepted entries