

2023 CONSC Midsummer Madness 3ER230398 - 08/07/2023 to 09/07/2023

Psych Sheet

Event 101 Boys 9 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Patch Robinson	16	Teamipswich	2:01.90
2 Jack Abram	17	Co Norwich SC	2:02.84
3 Zak Troman	16	Teamipswich	2:03.90
4 Louis James	17	Co Norwich SC	2:04.23
5 Fin Neve	15	Co Norwich SC	2:08.45
6 Harry Alexander	15	Teamipswich	2:10.60
7 Joe Hammond	15	Co Norwich SC	2:12.10
8 Harvey Durham	15	Co Norwich SC	2:12.14
9 Isaac Buchan	14	Co Norwich SC	2:14.00
10 Harry Hudson	18	Vikings	2:15.00
11 Tyler Stone	13	Co Norwich SC	2:16.07
12 Samuel Wilkinson	15	Thetford	2:16.60
13 Travis Vlotman	14	Co Norwich SC	2:17.75
14 Lazaros Giarenis	13	Co Norwich SC	2:20.75
15 Will Barr	15	RSC	2:22.16
16 Alex Patterson	17	Co Norwich SC	2:22.30
17 Janos Csepely	12	Teamipswich	2:23.66
18 Sam Bradford	15	Dereham Otters S	2:23.90
19 Austin Taylor	13	Co Norwich SC	2:29.30
20 William Foxlow	14	Teamipswich	2:29.34
21 Archie Harris-Joy	13	GYAT	2:29.88
22 Alfie Wood	14	Thetford	2:31.40
23 Kornel Stala	15	Dereham Otters S	2:33.30
24 George Edridge	13	Vikings	2:34.30
25 Thomas Mutton	10	Teamipswich	2:35.90
26 Oscar Harris	15	Thetford	2:36.30
27 Tom Kaiser	12	Co Norwich SC	2:38.18
28 Donald Perrin	12	Diss Otters	2:38.40
29 Jake Maguire	12	Co Norwich SC	2:38.61
30 Enzo Cassoneca	14	Co Norwich SC	2:40.00
31 Kyren Williams	12	Teamipswich	2:40.70
32 Chester Gigg	14	Co Norwich SC	2:41.90
33 James Guerin	14	Diss Otters	2:42.20
34 Sid Jones	12	Co Norwich SC	2:42.83
35 George Pike	12	Co Norwich SC	2:43.22
36 Samuel Morton	17	Vikings	2:43.38
37 Jacob Hazard	13	Co Norwich SC	2:43.70
38 Harvey Appleton-Barnes	14	Dereham Otters S	2:43.90
39 Toby Rodgerson	13	Dereham Otters S	2:44.40
40 Toby Jones	14	SIVT-EA	2:45.45
41 Toby Anderson	11	Co Norwich SC	2:45.47
42 Razvan Platon	13	Vikings	2:46.06
43 Heath Harrison	11	STOT-EA	2:46.50
44 Ewan Hammond	13	Co Norwich SC	2:47.40
45 Rowan Carter	15	Co Norwich SC	2:48.00
46 Zack Edridge	13	Vikings	2:48.09
47 Logan Broadhurst	14	Teamipswich	2:48.40
48 Rex Harrison	12	STOT-EA	2:49.10
49 Nathan Broadwater	12	Teamipswich	2:50.23
50 Jack Munday	10	Teamipswich	2:52.00
51 Jack Hibbin	11	Co Norwich SC	2:53.32
52 Buddy Thain	12	Teamipswich	2:54.00
53 Robin McCallum	13	Co Norwich SC	2:57.19
54 Lawrence Taylor	10	Co Norwich SC	2:59.20
55 Thomas Trick	14	Co Norwich SC	3:00.14
56 Fletcher Lay-Flurrie	11	Teamipswich	3:02.00
57 Arthur Corke	11	Co Norwich SC	3:03.09
58 Oskar Porycki	13	Co Norwich SC	3:05.24
59 Lucas Lobbezoo	11	RSC	3:10.70

60 Elijah Wilson	10	Teamipswich	3:12.30
61 Kacper Porycki	16	Co Norwich SC	3:14.70
62 Bailee Beighton	13	Vikings	3:16.09
63 Charlie Pickering	11	GYAT	3:17.37
64 Ethan Bailey	11	Co Norwich SC	3:22.84
65 Josh Fowler	9	Co Norwich SC	3:25.66
66 Pascal van Enckevort	12	Diss Otters	3:33.00
67 Jake Thorne	10	Co Norwich SC	3:39.06
68 Neil Pereira	11	Co Norwich SC	3:52.40
69 Reece Williams	10	Dereham Otters S	3:59.20
70 Niall McAuley	9	Co Norwich SC	4:05.37
71 George Abram	9	Co Norwich SC	4:10.90
72 Ricards Korotkihs	12	Teamipswich	4:38.60
73 James Howard	9	Co Norwich SC	NT
74 Robin Carter	9	Co Norwich SC	NT
75 Max Fello	10	Co Norwich SC	NT
76 Liam Hendrie	12	Co Norwich SC	NT

Event 102 Girls 9 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Abigail Crawley	17	Teamipswich	4:38.80
2 Abi Riches	14	Co Norwich SC	4:51.81
3 Amelia Lewis	14	Teamipswich	4:57.40
4 Dayna Arbon	17	Co Norwich SC	5:01.90
5 Lilia Burgoyne	13	GYAT	5:04.03
6 Rosa Hammond	15	Co Norwich SC	5:06.80
7 Emily Morton	14	Vikings	5:07.47
8 May Richardson	15	STOT-EA	5:09.30
9 Olivia Palmer	13	Co Norwich SC	5:10.77
10 Grace Cook	14	Co Norwich SC	5:11.11
11 Hollie Gilbertson	13	Co Norwich SC	5:13.31
12 Lyla Fello	14	Co Norwich SC	5:13.85
13 Anghelina Bulman	14	Dereham Otters S	5:15.02
14 Shannon Stubbs	19	Co Norwich SC	5:17.00
15 Emily Dwight	13	Co Norwich SC	5:17.90
16 Amelia Garnham	12	Teamipswich	5:19.01
17 Anastasja Wall	13	Dereham Otters S	5:19.90
18 Sophie Nicholls	15	Co Norwich SC	5:22.80
19 Abi Nicholls	16	Co Norwich SC	5:22.98
20 Catherine Mitchell	11	GYAT	5:23.48
21 Esme Langley	13	Co Norwich SC	5:24.01
22 Evie Greenhalf	13	Co Norwich SC	5:26.35
23 Elizabeth Mitchell	14	GYAT	5:28.91
24 Isla Coackley	12	Teamipswich	5:29.80
25 Madison Hicks	11	Wisbech	5:32.75
26 Violet Freezer	11	Teamipswich	5:34.48
27 Lily Munday	13	Teamipswich	5:35.08
28 Bryony Tolson	18	Co Norwich SC	5:35.80
29 Isabella Bryan	13	Teamipswich	5:36.65
30 Olivia Parr	16	RSC	5:38.70
31 Emily Beighton	15	Vikings	5:40.38
32 Matilda Sharpe	10	Co Norwich SC	5:41.79
33 Olivia Butlin	12	Thetford	5:43.82
34 Maggie Marshall	12	Teamipswich	5:46.60
35 Poppy Bingham	17	STOT-EA	5:47.60
36 Polly Ruddell	12	Teamipswich	5:48.70
37 Esme Seaman	13	Vikings	5:55.40
38 Mya Sidwell	13	Diss Otters	5:56.42
39 Lucy Randall	15	RSC	6:00.40
40 Lexie Johns	13	Co Norwich SC	6:01.36
41 Lola Abram	11	Co Norwich SC	6:07.05
42 Evie Bates	12	Vikings	6:08.68

2023 CONSC Midsummer Madness 3ER230398 - 08/07/2023 to 09/07/2023

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Event 102 ... (Girls 9 & Over 400 LC Meter Freestyle)

Name	Age	Team	Seed Time	
43 Hannah Rowley	13	Co Norwich SC	6:10.23	___
44 Niamh McAuley	12	Co Norwich SC	6:16.30	___
45 Sasha Spinks	14	Diss Otters	6:16.60	___
46 Lois Alderton-Jode	10	Co Norwich SC	6:20.07	___
47 Charlotte Rooke	11	Co Norwich SC	6:24.30	___
48 Isabelle Patterson	12	Co Norwich SC	6:26.40	___
49 Winnie Browne	12	Vikings	6:40.00	___
50 Isla Bedford	12	Co Norwich SC	6:46.80	___
51 Lily Dear	11	Vikings	6:50.00	___
52 Erin Sheehy	10	Co Norwich SC	7:41.15	___
53 Isabel Straton	12	Co Norwich SC	7:58.78	___
54 Millie Clifford	11	Diss Otters	8:27.00	___
55 Ellen Akerstone	9	Co Norwich SC	NT	___
56 Dotty Thorby	10	Co Norwich SC	NT	___
57 Elodie Hupton	10	Co Norwich SC	NT	___
58 Annabelle Marcus	11	Co Norwich SC	NT	___
59 Daisy Lewis	12	Diss Otters	NT	___
60 Amy Hunt	13	Co Norwich SC	NT	___

Event 103 Boys 9 & Over 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1 Ashton Redhead	16	Teamipswich	1:00.20	___
2 Joe McGillivray	17	Co Norwich SC	1:00.70	___
3 Ewan Thompson	16	SIVT-EA	1:04.10	___
4 Joe Hammond	15	Co Norwich SC	1:05.10	___
5 Travis Vlotman	14	Co Norwich SC	1:06.41	___
6 Ollie Pike	16	Co Norwich SC	1:07.40	___
7 James Clarke	14	Co Norwich SC	1:08.98	___
8 Corey Hare	17	Colchester	1:09.10	___
9 Isaac Buchan	14	Co Norwich SC	1:09.40	___
10 Samuel Wilkinson	15	Thetford	1:09.98	___
11 Tyler Stone	13	Co Norwich SC	1:11.46	___
12 Charlie Ruddell	14	Teamipswich	1:11.80	___
13 Archie Harris-Joy	13	GYAT	1:13.42	___
14 Teilo Ruffles-Francis	15	STOT-EA	1:13.60	___
15 Sam Bradford	15	Dereham Otters S	1:15.10	___
16 Dominic Trowell	15	Thetford	1:16.10	___
17 Will Barr	15	RSC	1:16.15	___
18 Riley Walker	15	Co Norwich SC	1:16.60	___
19 James Tooke	12	Teamipswich	1:16.66	___
20 Austin Taylor	13	Co Norwich SC	1:16.80	___
21 Toby Anderson	11	Co Norwich SC	1:18.97	___
22 Max Davies-Haywood	17	Co Norwich SC	1:19.20	___
23 Donald Perrin	12	Diss Otters	1:20.27	___
24 Fletcher Lay-Flurrie	11	Teamipswich	1:21.30	___
25 Jake Maguire	12	Co Norwich SC	1:21.81	___
26 Logan Broadhurst	14	Teamipswich	1:23.50	___
27 Jacob Hazard	13	Co Norwich SC	1:24.39	___
28 Ewan Hammond	13	Co Norwich SC	1:25.07	___
29 Sid Jones	12	Co Norwich SC	1:25.61	___
30 Dylan Lambie	12	STOT-EA	1:25.70	___
31 Josh Blagg	12	STOT-EA	1:28.40	___
32 Evan Harrison	10	STOT-EA	1:29.60	___
33 Rowan Carter	15	Co Norwich SC	1:30.10	___
34 Toby Rodgeron	13	Dereham Otters S	1:30.40	___
35 Oskar Porycki	13	Co Norwich SC	1:30.60	___
36 Thomas Trick	14	Co Norwich SC	1:32.60	___
37 Robin McCallum	13	Co Norwich SC	1:32.90	___
38 Pascal van Enckevort	12	Diss Otters	1:33.10	___
39 Kacper Porycki	16	Co Norwich SC	1:33.70	___

40 Riccardo Di Maria	11	Co Norwich SC	1:33.90	___
41 Ethan Bailey	11	Co Norwich SC	1:34.24	___
42 Elijah Wilson	10	Teamipswich	1:35.10	___
43 Omar Alfiky	15	Co Norwich SC	1:35.50	___
44 Reuben Seaman	10	Vikings	1:36.20	___
45 Arthur Corke	11	Co Norwich SC	1:36.45	___
46 William Nutt	11	Dereham Otters S	1:36.50	___
47 Conner Broadhurst	12	Teamipswich	1:36.50	___
48 Bailee Beighton	13	Vikings	1:37.33	___
49 Jack Hibbin	11	Co Norwich SC	1:39.96	___
50 William Cooper	12	Dereham Otters S	1:43.90	___
51 Lewis Scott	9	GYAT	1:48.39	___
52 Robin Carter	9	Co Norwich SC	1:48.40	___
53 Jake Thorne	10	Co Norwich SC	1:49.12	___
54 Tom Wood	10	Dereham Otters S	1:51.20	___
55 Josh Fowler	9	Co Norwich SC	1:51.80	___
56 Jonas Hazard	10	Co Norwich SC	1:53.20	___
57 Reece Williams	10	Dereham Otters S	1:53.40	___
58 Jacob Hicks	9	Wisbech	1:58.93	___
59 Jake Guy	11	Co Norwich SC	1:59.72	___
60 Finley Lane	9	Co Norwich SC	NT	___
61 James Howard	9	Co Norwich SC	NT	___
62 Max Fello	10	Co Norwich SC	NT	___
63 James Jones	10	Thetford	NT	___
64 Lucas Downes	10	Thetford	NT	___
65 Finley Terry	10	SIVT-EA	NT	___
66 Elliot Smith	11	RSC	NT	___
67 Lucas Lobbezoo	11	RSC	NT	___
68 Ethan Moore	12	Diss Otters	NT	___

Event 104 Girls 9 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time	
1 Katerina Di Maria	15	Co Norwich SC	31.60	___
2 Chloe Armstrong	15	Teamipswich	32.06	___
3 Lily Steel	12	Teamipswich	X32.35	___
4 Shannon Stubbs	19	Co Norwich SC	32.90	___
5 Tabitha Payne	16	Thetford	33.15	___
6 Sienna Gilman	14	Co Norwich SC	33.39	___
7 Sophie Roberts	13	Teamipswich	33.56	___
8 Lizzie England	17	STOT-EA	33.60	___
9 Poppy Malcolmson	16	Dereham Otters S	33.70	___
10 Dayna Arbon	17	Co Norwich SC	34.20	___
11 Gabriella Troman	13	Teamipswich	34.50	___
12 Esme Langley	13	Co Norwich SC	34.52	___
13 Emma Malcolm	18	Thetford	34.92	___
14 Lissy Machin	15	Co Norwich SC	34.98	___
15 Amelia Lewis	14	Teamipswich	35.00	___
16 Sophie Nicholls	15	Co Norwich SC	35.51	___
17 Lyla Fello	14	Co Norwich SC	35.52	___
18 Hollie Gilbertson	13	Co Norwich SC	35.77	___
19 Bea Grant	14	RSC	36.00	___
20 Olivia Palmer	13	Co Norwich SC	36.01	___
21 Megan Summer	15	Dereham Otters S	36.20	___
22 Summer Endicott	15	Co Norwich SC	36.20	___
23 Abi Nicholls	16	Co Norwich SC	36.37	___
24 Abi Riches	14	Co Norwich SC	36.40	___
25 Mei McAuley	15	Co Norwich SC	36.56	___
26 Emily Morton	14	Vikings	36.60	___
27 Isabella Bryan	13	Teamipswich	36.80	___
28 Evie Greenhalf	13	Co Norwich SC	37.14	___
29 Olivia Parr	16	RSC	37.40	___
30 Polly Ruddell	12	Teamipswich	37.45	___

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Event 104 ... (Girls 9 & Over 50 LC Meter Backstroke)

Name	Age	Team	Seed Time
31 Carys Bradley	12	Teamipswich	37.50
32 Isabelle Patterson	12	Co Norwich SC	37.77
33 Starr Nichols	13	Co Norwich SC	37.82
34 Verity Morrison	14	Co Norwich SC	37.83
35 Maggie Marshall	12	Teamipswich	38.00
36 Megan Randall	11	RSC	38.50
37 Amelie Harrison	13	STOT-EA	38.50
38 Annaliese Hedges	11	STOT-EA	38.66
39 Bryony Tolson	18	Co Norwich SC	38.80
40 Aoife Dudley	15	RADS	38.93
41 Isabelle Sawford	12	Co Norwich SC	39.00
42 Hannah Rowley	13	Co Norwich SC	39.10
43 Rebecca Burrows	15	Vikings	39.75
44 Erin Haselwood	13	STOT-EA	40.00
45 Jessica Seamark	15	Vikings	40.01
46 Emily Beighton	15	Vikings	40.03
47 Layla Casey	13	Thetford	40.14
48 Bella Lawrence	14	GYAT	40.22
49 Emily Dwight	13	Co Norwich SC	40.30
50 Catherine Mitchell	11	GYAT	40.35
51 Marli Taylor	13	SIVT-EA	40.40
52 Harriet Townend	11	STOT-EA	40.60
53 Imogen Bygrave	13	RSC	41.10
54 Bea Green	14	Dereham Otters S	41.70
55 Alice Crowley	13	Co Norwich SC	41.70
56 Isla Bedford	12	Co Norwich SC	41.70
57 Elizabeth Mitchell	14	GYAT	41.79
58 Violet Freezer	11	Teamipswich	42.00
59 Sasha Spinks	14	Diss Otters	42.60
60 Sophie Rochester	12	Diss Otters	42.90
61 Daisy Lewis	12	Diss Otters	42.90
62 Amelia Garnham	12	Teamipswich	43.00
63 Lola Abram	11	Co Norwich SC	43.01
64 Lexie Johns	13	Co Norwich SC	43.02
65 Hebe Shearer	12	Diss Otters	43.07
66 Imogen Ramjohn	14	Thetford	43.10
67 Mya Sidwell	13	Diss Otters	43.57
68 Holly Copeland	15	Thetford	43.60
69 Annabelle Marcus	11	Co Norwich SC	43.70
70 Lois Alderton-Jode	10	Co Norwich SC	44.20
71 Bebe King	12	Vikings	44.60
72 Chloe Farrington	12	Co Norwich SC	44.80
73 Grace Parker	11	Vikings	44.95
74 Charley Taylor	10	Dereham Otters S	45.00
75 Eva Palmer	10	Co Norwich SC	45.11
76 Frances Guerin	13	Diss Otters	45.30
77 Dotty Thorby	10	Co Norwich SC	45.80
78 Saffron Binson	14	Co Norwich SC	45.90
79 Ananya Chaudhary	12	Diss Otters	46.40
80 Olivia Bradley	10	Thetford	46.60
81 Tsvetina Sinapova	10	Thetford	47.00
82 Olivia Canham	11	Thetford	47.19
83 Angel Batangan	12	GYAT	47.68
84 Olivia Keen	11	Co Norwich SC	48.10
85 Jessica Wilkinson	13	Thetford	48.30
86 Lola Nielsen	12	Co Norwich SC	48.30
87 Ruby Broadwater	9	Teamipswich	48.40
88 Ophelia Casey	10	Thetford	48.47
89 Evie Harris-Joy	9	GYAT	48.70
90 Alison Reid	12	Co Norwich SC	49.20

91 Evie Dixon	10	Dereham Otters S	49.30
92 Amelia Bailey	9	Co Norwich SC	49.40
93 Erin Sheehy	10	Co Norwich SC	49.50
94 Elodie Hupton	10	Co Norwich SC	49.70
95 Leona Scott	10	Vikings	49.90
96 Mia Randall	11	RADS	50.27
97 Isabel Stratton	12	Co Norwich SC	50.30
98 Sasha Hordiienko	12	Vikings	50.80
99 Maja Kurkiewicz	14	SIVT-EA	51.80
100 Millie Clifford	11	Diss Otters	51.90
101 Lillie Lambert	11	Dereham Otters S	52.20
102 Elsa French	10	Co Norwich SC	52.60
103 Lydia Aldous	10	Diss Otters	52.60
104 Mia Kaiser	9	Co Norwich SC	52.64
105 India Coupland	11	Co Norwich SC	53.20
106 Alexa Linden-Ball	9	Co Norwich SC	53.30
107 Eleni Karakoidas	10	Co Norwich SC	53.90
108 Amelia Ramjohn	11	Thetford	54.90
109 Evie Mantle	11	Co Norwich SC	58.00
110 Charlotte Sawford	9	Co Norwich SC	1:06.80
111 Evie Read	10	Dereham Otters S	1:06.90
112 Prachi Ghori	10	SIVT-EA	NT
113 Anita Edelinski	11	GYAT	NT
114 Lucie Cooper	12	Thetford	NT

Event 105 Boys 9 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Patch Robinson	16	Teamipswich	32.03
2 Louis James	17	Co Norwich SC	32.14
3 Max Davies-Haywood	17	Co Norwich SC	32.83
4 Fin Neve	15	Co Norwich SC	33.38
5 Harvey Durham	15	Co Norwich SC	33.41
6 Charlie Ruddell	14	Teamipswich	34.16
7 Lazaros Giarenis	13	Co Norwich SC	34.57
8 Ewan Thompson	16	SIVT-EA	34.70
9 Ollie Pike	16	Co Norwich SC	34.80
10 Tyler Stone	13	Co Norwich SC	34.92
11 Joseph Guild	20	Dereham Otters S	35.18
12 Toby Flood	14	Thetford	35.41
13 Oscar Harris	15	Thetford	35.51
14 James Clarke	14	Co Norwich SC	35.59
15 Vaughn Ruffles-Francis	17	STOT-EA	35.60
16 William Foxlow	14	Teamipswich	36.23
17 Teilo Ruffles-Francis	15	STOT-EA	36.60
18 Alex Patterson	17	Co Norwich SC	36.78
19 Fin Blagg	13	STOT-EA	37.00
20 Corey Hare	17	Colchester	37.76
21 Travis Vlotman	14	Co Norwich SC	38.26
22 Chester Gigg	14	Co Norwich SC	38.73
23 Kornel Stala	15	Dereham Otters S	40.20
24 Harvey Appleton-Barnes	14	Dereham Otters S	40.35
25 Janos Csepely	12	Teamipswich	40.50
26 Alfie Wood	14	Thetford	40.72
27 Isaac Buchan	14	Co Norwich SC	41.00
28 Samuel Morton	17	Vikings	41.10
29 Sam Bradford	15	Dereham Otters S	41.80
30 Toby Jones	14	SIVT-EA	41.90
31 Riley Walker	15	Co Norwich SC	42.06
32 Harry Palmer	14	Dereham Otters S	42.50
33 Jake Maguire	12	Co Norwich SC	42.85
34 George Pike	12	Co Norwich SC	43.58
35 Thomas Trick	14	Co Norwich SC	44.18

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Event 105 ... (Boys 9 & Over 50 LC Meter Breaststroke)

Name	Age	Team	Seed Time	
36 James Guerin	14	Diss Otters	44.30	___
37 Omar Alfiky	15	Co Norwich SC	44.35	___
38 Daniel Dutson	14	Co Norwich SC	44.50	___
39 Tom Kaiser	12	Co Norwich SC	44.50	___
40 Zack Edridge	13	Vikings	44.52	___
41 Donald Perrin	12	Diss Otters	44.70	___
42 George Edridge	13	Vikings	44.74	___
43 Rex Harrison	12	STOT-EA	45.00	___
44 Buddy Thain	12	Teamipswich	45.20	___
45 Rowan Carter	15	Co Norwich SC	45.30	___
46 William Nutt	11	Dereham Otters S	45.60	___
47 Bertie Titheridge	12	SIVT-EA	45.70	___
48 Kyren Williams	12	Teamipswich	45.70	___
49 Oskar Porycki	13	Co Norwich SC	46.00	___
50 Bobby Hutchinson	12	Thetford	46.30	___
51 Robin McCallum	13	Co Norwich SC	46.80	___
52 Heath Harrison	11	STOT-EA	47.10	___
53 Jacob Hazard	13	Co Norwich SC	47.20	___
54 Fletcher Lay-Flurrie	11	Teamipswich	47.30	___
55 Arthur Corke	11	Co Norwich SC	47.34	___
56 Thomas Mutton	10	Teamipswich	47.40	___
57 Razvan Platon	13	Vikings	48.21	___
58 Jack Hibbin	11	Co Norwich SC	49.10	___
59 Kacper Porycki	16	Co Norwich SC	49.50	___
60 Conner Broadhurst	12	Teamipswich	50.37	___
61 William Cooper	12	Dereham Otters S	51.00	___
62 Charlie Pickering	11	GYAT	51.64	___
63 Tate Taylor	11	SIVT-EA	52.00	___
64 Evan Harrison	10	STOT-EA	52.20	___
65 Ricards Korotkihs	12	Teamipswich	52.50	___
66 Reuben Seaman	10	Vikings	53.00	___
67 Ethan Moore	12	Diss Otters	53.10	___
68 Lawrence Taylor	10	Co Norwich SC	53.20	___
69 Jake Guy	11	Co Norwich SC	53.87	___
70 Robin Carter	9	Co Norwich SC	54.00	___
71 Zain Fassihi	12	Co Norwich SC	54.70	___
72 Fraser Canham	13	Thetford	56.70	___
73 Riccardo Di Maria	11	Co Norwich SC	56.80	___
74 Neil Pereira	11	Co Norwich SC	56.80	___
75 Josh Fowler	9	Co Norwich SC	57.20	___
76 Andrew Malcolm	13	Thetford	57.50	___
77 Lucas Downes	10	Thetford	57.60	___
78 Lewis Scott	9	GYAT	58.52	___
79 Jake Thorne	10	Co Norwich SC	58.70	___
80 Eden Beckwith	9	Thetford	59.08	___
81 Max Flelo	10	Co Norwich SC	59.70	___
82 Otto Pedder-Smith	11	Diss Otters	1:00.50	___
83 George Abram	9	Co Norwich SC	1:00.60	___
84 Niall McAuley	9	Co Norwich SC	1:05.60	___
85 James Jones	10	Thetford	1:10.90	___
86 Ammar Alfiky	9	Co Norwich SC	NT	___
87 Finley Terry	10	SIVT-EA	NT	___
88 Elliot Smith	11	RSC	NT	___
89 Thomas Barton	12	Thetford	NT	___
90 Max Mitchell	36	Co Norwich SC	NT	___

3 Bethany Crawley	15	Teamipswich	2:36.29	___
4 Gabriella Troman	13	Teamipswich	2:37.10	___
5 Emma Malcolm	18	Thetford	2:40.36	___
6 Dayna Arbon	17	Co Norwich SC	2:41.20	___
7 Olivia Dutson	16	Co Norwich SC	2:42.40	___
8 Abi Riches	14	Co Norwich SC	2:43.30	___
9 Hannah Twells	15	Thetford	2:43.44	___
10 Tabitha Payne	16	Thetford	2:43.50	___
11 Sienna Gilman	14	Co Norwich SC	2:44.80	___
12 Bella Green	17	Co Norwich SC	2:45.40	___
13 Chess Barber	13	Co Norwich SC	2:45.40	___
14 Abi Nicholls	16	Co Norwich SC	2:45.50	___
15 Lizzie England	17	STOT-EA	2:46.20	___
16 Anghelina Bulman	14	Dereham Otters S	2:48.60	___
17 Bea Grant	14	RSC	2:49.50	___
18 Lynne Meale	45	Co Norwich SC	2:49.60	___
19 Hollie Gilbertson	13	Co Norwich SC	2:50.18	___
20 Evie Greenhalf	13	Co Norwich SC	2:50.44	___
21 Anastasja Wall	13	Dereham Otters S	2:51.50	___
22 Sophie Nicholls	15	Co Norwich SC	2:51.82	___
23 Esme Langley	13	Co Norwich SC	2:53.66	___
24 Tessa Quayle	14	SIVT-EA	2:53.80	___
25 Olivia Palmer	13	Co Norwich SC	2:56.05	___
26 Grace Cook	14	Co Norwich SC	2:57.04	___
27 Emilia Armstrong	11	STOT-EA	2:58.00	___
28 Madison Hicks	11	Wisbech	2:58.04	___
29 Charlotte Rooke	11	Co Norwich SC	2:59.32	___
30 Ella Goodswen	13	Co Norwich SC	3:00.52	___
31 Hannah Pye	14	SIVT-EA	3:02.80	___
32 Carys Bradley	12	Teamipswich	3:04.20	___
33 Olivia Butlin	12	Thetford	3:06.61	___
34 Emily Beighton	15	Vikings	3:06.89	___
35 Violet Freezer	11	Teamipswich	3:06.90	___
36 Starr Nichols	13	Co Norwich SC	3:09.20	___
37 Charlotte Winborn	15	Thetford	3:09.70	___
38 Hannah Rowley	13	Co Norwich SC	3:11.24	___
39 Anita Edelinski	11	GYAT	3:13.42	___
40 Isabelle Sawford	12	Co Norwich SC	3:13.53	___
41 Matilda Sharpe	10	Co Norwich SC	3:13.93	___
42 Lexie Johns	13	Co Norwich SC	3:14.36	___
43 Lucy Randall	15	RSC	3:14.40	___
44 Niamh McAuley	12	Co Norwich SC	3:15.20	___
45 Alice Crowley	13	Co Norwich SC	3:15.60	___
46 Amelie Harrison	13	STOT-EA	3:15.70	___
47 Isabelle Patterson	12	Co Norwich SC	3:17.30	___
48 Catherine Mitchell	11	GYAT	3:25.57	___
49 Lily Dear	11	Vikings	3:26.00	___
50 Grace Parker	11	Vikings	3:26.32	___
51 Evie Bates	12	Vikings	3:28.53	___
52 Imogen Ramjohn	14	Thetford	3:28.70	___
53 Bebe King	12	Vikings	3:30.97	___
54 Leila Jackute	11	Thetford	3:36.39	___
55 Lola Abram	11	Co Norwich SC	3:38.00	___
56 Lois Alderton-Jode	10	Co Norwich SC	3:39.57	___
57 Lexi Cole	9	Co Norwich SC	3:39.68	___
58 Annaliese Hedges	11	STOT-EA	3:41.20	___
59 Isla Bedford	12	Co Norwich SC	3:46.90	___
60 Olivia Bradley	10	Thetford	3:50.40	___
61 Eva Palmer	10	Co Norwich SC	3:51.23	___
62 Jessica Wilkinson	13	Thetford	4:03.60	___
63 Evie Read	10	Dereham Otters S	4:48.30	___
64 Ellen Akerstone	9	Co Norwich SC	NT	___

Event 201 Girls 9 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	
1 Clementine Lovell	13	Teamipswich	X2:27.24	___
2 Sophie Dowding	16	Teamipswich	2:33.20	___

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Event 201 ... (Girls 9 & Over 200 LC Meter IM)

Name	Age	Team	Seed Time
65 Charlotte Trick	9	Co Norwich SC	NT
66 Amelia Bailey	9	Co Norwich SC	NT
67 Tsvetina Sinapova	10	Thetford	NT
68 Lilly Allen	10	Dereham Otters S	NT
69 Elodie Hupton	10	Co Norwich SC	NT
70 Dotty Thorby	10	Co Norwich SC	NT
71 Elsa French	10	Co Norwich SC	NT
72 Annabelle Marcus	11	Co Norwich SC	NT
73 Olivia Keen	11	Co Norwich SC	NT
74 Olivia Canham	11	Thetford	NT
75 Layla McDermott	11	Thetford	NT
76 India Coupland	11	Co Norwich SC	NT
77 Daisy Lewis	12	Diss Otters	NT
78 Isla Hamilton	12	SIVT-EA	NT
79 Amy Hunt	13	Co Norwich SC	NT
80 Ellen Scott	13	GYAT	NT
81 Erin Haselwood	13	STOT-EA	NT
82 Charlotte Doddimeade	13	RSC	NT
83 Bella Lawrence	14	GYAT	NT
84 Maja Kurkiewicz	14	SIVT-EA	NT
85 Olivia Parr	16	RSC	NT

37 Conner Broadhurst	12	Teamipswich	3:54.20
38 Harrison Bunning	13	Dereham Otters S	3:54.90
39 Isaac Brown	11	Dereham Otters S	3:55.10
40 Reuben Seaman	10	Vikings	3:56.60
41 Evan Harrison	10	STOT-EA	4:01.40
42 Robin McCallum	13	Co Norwich SC	4:09.60
43 William Cooper	12	Dereham Otters S	4:14.00
44 Fraser Canham	13	Thetford	4:19.00
45 Jake Guy	11	Co Norwich SC	4:19.36
46 Reece Williams	10	Dereham Otters S	4:24.24
47 Tom Wood	10	Dereham Otters S	4:33.50
48 Jacob Hicks	9	Wisbech	4:52.00
49 Niall McAuley	9	Co Norwich SC	4:59.48
50 Lewis Scott	9	GYAT	NT
51 George Abram	9	Co Norwich SC	NT
52 Robin Carter	9	Co Norwich SC	NT
53 Josh Fowler	9	Co Norwich SC	NT
54 Patrikas Garalevicius	10	Co Norwich SC	NT
55 Max Fello	10	Co Norwich SC	NT
56 Ethan Bailey	11	Co Norwich SC	NT
57 Riccardo Di Maria	11	Co Norwich SC	NT
58 Liam Hendrie	12	Co Norwich SC	NT
59 Ewan Thompson	16	SIVT-EA	NT

Event 202 Boys 9 & Over 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Zak Troman	16	Teamipswich	2:35.10
2 Charlie Ruddell	14	Teamipswich	2:38.69
3 Tyler Stone	13	Co Norwich SC	2:39.89
4 Tom Spelman	15	STOT-EA	2:42.60
5 Fin Neve	15	Co Norwich SC	2:43.92
6 Lazaros Giarenis	13	Co Norwich SC	2:46.00
7 Harvey Durham	15	Co Norwich SC	2:46.90
8 Max Davies-Haywood	17	Co Norwich SC	2:49.20
9 Teilo Ruffles-Francis	15	STOT-EA	2:53.20
10 Toby Flood	14	Thetford	2:54.30
11 Oscar Harris	15	Thetford	2:58.40
12 William Foxlow	14	Teamipswich	2:59.60
13 Janos Csepely	12	Teamipswich	3:02.55
14 Ollie Dickson	15	SIVT-EA	3:02.70
15 Josh Reed	11	Co Norwich SC	3:05.35
16 Fin Blagg	13	STOT-EA	3:05.80
17 Nick Barber	15	Co Norwich SC	3:06.30
18 Logan Broadhurst	14	Teamipswich	3:11.60
19 Toby Jones	14	SIVT-EA	3:14.54
20 George Pike	12	Co Norwich SC	3:20.30
21 James Tooke	12	Teamipswich	3:21.60
22 Jake Battle	12	STOT-EA	3:23.20
23 Dylan Lambie	12	STOT-EA	3:27.30
24 Buddy Thain	12	Teamipswich	3:28.20
25 Thomas Trick	14	Co Norwich SC	3:31.32
26 Zack Edridge	13	Vikings	3:32.60
27 Donald Perrin	12	Diss Otters	3:33.42
28 Kyren Williams	12	Teamipswich	3:34.00
29 George Edridge	13	Vikings	3:34.50
30 James Guerin	14	Diss Otters	3:35.00
31 Razvan Platon	13	Vikings	3:38.47
32 Rowan Carter	15	Co Norwich SC	3:39.50
33 William Nutt	11	Dereham Otters S	3:42.05
34 Arthur Corke	11	Co Norwich SC	3:43.59
35 Jack Hibbin	11	Co Norwich SC	3:51.72
36 Zain Fassihi	12	Co Norwich SC	3:54.10

Event 203 Girls 9 & Over 100 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Abigail Crawley	17	Teamipswich	1:05.50
2 Megan Pye	20	Co Norwich SC	1:05.92
3 Chloe Armstrong	15	Teamipswich	1:09.20
4 Katerina Di Maria	15	Co Norwich SC	1:10.92
5 Olivia Dutson	16	Co Norwich SC	1:12.90
6 Hannah Twells	15	Thetford	1:13.50
7 Chess Barber	13	Co Norwich SC	1:14.70
8 Abi Riches	14	Co Norwich SC	1:14.80
9 Evie Greenhalf	13	Co Norwich SC	1:15.18
10 Bea Grant	14	RSC	1:15.50
11 Sophie Roberts	13	Teamipswich	1:16.10
12 Dayna Arbon	17	Co Norwich SC	1:16.30
13 Bella Green	17	Co Norwich SC	1:17.20
14 Emily Morton	14	Vikings	1:17.64
15 Amelia Lewis	14	Teamipswich	1:17.70
16 Rosa Hammond	15	Co Norwich SC	1:18.50
17 Mei McAuley	15	Co Norwich SC	1:19.05
18 Abi Nicholls	16	Co Norwich SC	1:19.39
19 Anastasja Wall	13	Dereham Otters S	1:19.70
20 Megan Randall	11	RSC	1:25.46
21 Hannah Pye	14	SIVT-EA	1:25.77
22 Mya Sidwell	13	Diss Otters	1:27.32
23 Emily Dwight	13	Co Norwich SC	1:29.56
24 Emilia Armstrong	11	STOT-EA	1:31.00
25 Amelia Garnham	12	Teamipswich	1:33.30
26 Lissy Machin	15	Co Norwich SC	1:34.29
27 Esme Langley	13	Co Norwich SC	1:34.70
28 Lucy Randall	15	RSC	1:35.30
29 Tsvetina Sinapova	10	Thetford	1:37.50
30 Isabelle Sawford	12	Co Norwich SC	1:39.80
31 Matilda Sharpe	10	Co Norwich SC	1:41.97
32 Lola Abram	11	Co Norwich SC	1:42.60
33 Bebe King	12	Vikings	1:48.08
34 Olivia Bradley	10	Thetford	1:48.59
35 Harriet Townend	11	STOT-EA	1:49.90
36 Leila Jackute	11	Thetford	1:58.80

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Event 203 ... (Girls 9 & Over 100 LC Meter Butterfly)

Name	Age	Team	Seed Time
37 Dotty Thorby	10	Co Norwich SC	NT
38 Evie Read	10	Dereham Otters S	NT
39 Kayla Palmer	11	GYAT	NT
40 Lillie Lambert	11	Dereham Otters S	NT
41 Isla Hamilton	12	SIVT-EA	NT
42 Olivia Greenall	13	GYAT	NT
43 Charlotte Doddimeade	13	RSC	NT
44 Maja Kurkiewicz	14	SIVT-EA	NT

Event 204 Boys 9 & Over 100 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Jack Abram	17	Co Norwich SC	1:00.38
2 Louis James	17	Co Norwich SC	1:00.40
3 Zak Troman	16	Teamipswich	1:00.62
4 Gareth Allen	30	East Leeds	1:00.82
5 Ewan Thompson	16	SIVT-EA	1:02.76
6 Harry Hudson	18	Vikings	1:04.37
7 Aaron Peacock	16	Thetford	1:05.30
8 Fin Neve	15	Co Norwich SC	1:05.91
9 Corey Hare	17	Colchester	1:07.02
10 Lazaros Giarenis	13	Co Norwich SC	1:07.28
11 Harry Alexander	15	Teamipswich	1:08.00
12 Sam Black	16	Co Norwich SC	1:08.80
13 Joseph Guild	20	Dereham Otters S	1:09.08
14 Fin Blagg	13	STOT-EA	1:11.90
15 Jake Battle	12	STOT-EA	1:14.01
16 Ollie Dickson	15	SIVT-EA	1:14.10
17 Vaughn Ruffles-Francis	17	STOT-EA	1:14.20
18 Alfie Rowland	14	STOT-EA	1:14.60
19 Christian Payne	13	Thetford	1:17.08
20 Nathan Broadwater	12	Teamipswich	1:18.10
21 James Clarke	14	Co Norwich SC	1:18.40
22 Daniel Butson	14	Co Norwich SC	1:19.90
23 Logan Broadhurst	14	Teamipswich	1:20.40
24 Thomas Mutton	10	Teamipswich	1:20.60
25 Kornel Stala	15	Dereham Otters S	1:22.80
26 Austin Taylor	13	Co Norwich SC	1:27.78
27 Heath Harrison	11	STOT-EA	1:28.20
28 Lawrence Taylor	10	Co Norwich SC	1:29.94
29 Kyren Williams	12	Teamipswich	1:30.60
30 Robin McCallum	13	Co Norwich SC	1:31.56
31 Harrison Bunning	13	Dereham Otters S	1:34.80
32 Fletcher Lay-Flurrie	11	Teamipswich	1:35.00
33 Rowan Carter	15	Co Norwich SC	1:37.96
34 Toby Anderson	11	Co Norwich SC	1:39.18
35 Oskar Porycki	13	Co Norwich SC	1:40.60
36 Jack Hibbin	11	Co Norwich SC	1:40.67
37 Patrikas Garalevicius	10	Co Norwich SC	1:41.39
38 Josh Reed	11	Co Norwich SC	1:51.00
39 Reuben Seaman	10	Vikings	2:02.10
40 Robin Carter	9	Co Norwich SC	NT
41 Josh Fowler	9	Co Norwich SC	NT
42 Lucas Downes	10	Thetford	NT
43 Charlie Pickering	11	GYAT	NT
44 Riccardo Di Maria	11	Co Norwich SC	NT
45 Lucas Lobbezoo	11	RSC	NT
46 Zain Fassihi	12	Co Norwich SC	NT
47 Archie Harris-Joy	13	GYAT	NT
48 Joe McGillivray	17	Co Norwich SC	NT

Event 205 Girls 9 & Over 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Clementine Lovell	13	Teamipswich	X2:21.90
2 Katerina Di Maria	15	Co Norwich SC	2:30.10
3 Sophie Dowding	16	Teamipswich	2:30.20
4 Gabriella Troman	13	Teamipswich	2:30.90
5 Shannon Stubbs	19	Co Norwich SC	2:34.70
6 Lily Steel	12	Teamipswich	2:35.95
7 Sienna Gilman	14	Co Norwich SC	2:36.03
8 Sophie Roberts	13	Teamipswich	2:39.70
9 Poppy Malcolmson	16	Dereham Otters S	2:40.30
10 Esme Langley	13	Co Norwich SC	2:44.50
11 Isabelle Brown	13	Dereham Otters S	2:47.60
12 Sophie Nicholls	15	Co Norwich SC	2:50.10
13 Isabella Bryan	13	Teamipswich	2:51.80
14 Maggie Marshall	12	Teamipswich	2:52.40
15 Summer Endicott	15	Co Norwich SC	2:52.40
16 Lyla Fello	14	Co Norwich SC	2:52.40
17 Bryony Tolson	18	Co Norwich SC	2:53.30
18 Charlotte Rooke	11	Co Norwich SC	2:53.46
19 Starr Nichols	13	Co Norwich SC	2:53.56
20 Verity Morrison	14	Co Norwich SC	2:55.14
21 Grace Cook	14	Co Norwich SC	2:55.20
22 Rebecca Burrows	15	Vikings	2:58.21
23 Polly Ruddell	12	Teamipswich	2:59.70
24 Catherine Mitchell	11	GYAT	3:02.06
25 Violet Freezer	11	Teamipswich	3:02.30
26 Aoife Dudley	15	RADS	3:02.99
27 Elizabeth Mitchell	14	GYAT	3:06.19
28 Esme Seaman	13	Vikings	3:07.00
29 Isla Coackley	12	Teamipswich	3:07.10
30 Jeanie Shurmer	13	Diss Otters	3:07.60
31 Emily Beighton	15	Vikings	3:10.02
32 Lexie Johns	13	Co Norwich SC	3:11.50
33 Alice Crowley	13	Co Norwich SC	3:13.00
34 Isla Bedford	12	Co Norwich SC	3:14.80
35 Poppy Warrington-Price	14	Dereham Otters S	3:17.10
36 Eva Palmer	10	Co Norwich SC	3:22.73
37 Ellen Scott	13	GYAT	3:24.77
38 Chloe Farrington	12	Co Norwich SC	3:29.00
39 Dotty Thorby	10	Co Norwich SC	3:30.55
40 Lois Alderton-Jode	10	Co Norwich SC	3:30.93
41 Imogen Ramjohn	14	Thetford	3:40.60
42 Charley Taylor	10	Dereham Otters S	3:41.60
43 Kayla Palmer	11	GYAT	3:49.80
44 India Coupland	11	Co Norwich SC	3:57.10
45 Tayla Goodswen	11	Diss Otters	3:59.70
46 Ellen Akerstone	9	Co Norwich SC	4:01.65
47 Lexi Cole	9	Co Norwich SC	4:05.90
48 Evie Read	10	Dereham Otters S	4:29.20
49 Amelia Bailey	9	Co Norwich SC	NT
50 Charlotte Trick	9	Co Norwich SC	NT
51 Elodie Hupton	10	Co Norwich SC	NT
52 Annabelle Marcus	11	Co Norwich SC	NT
53 Daisy Lewis	12	Diss Otters	NT
54 Imogen Bygrave	13	RSC	NT

Event 301 Girls 9 & Over 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Clementine Lovell	13	Teamipswich	1:07.20
2 Katerina Di Maria	15	Co Norwich SC	1:08.20

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Event 301...(Girls 9 & Over 100 LC Meter Backstroke)

Name	Age	Team	Seed Time		
3	Chloe Armstrong	15	Teamipswich	1:10.10	___
4	Shannon Stubbs	19	Co Norwich SC	1:10.40	___
5	Lily Steel	12	Teamipswich	X1:11.48	___
6	Gabriella Troman	13	Teamipswich	1:11.49	___
7	Sophie Roberts	13	Teamipswich	1:12.10	___
8	Sienna Gilman	14	Co Norwich SC	1:12.50	___
9	Olivia Greenall	13	GYAT	1:12.94	___
10	Dayna Arbon	17	Co Norwich SC	1:13.40	___
11	Poppy Malcolmson	16	Dereham Otters S	1:13.90	___
12	Amelia Lewis	14	Teamipswich	1:14.20	___
13	Lizzie England	17	STOT-EA	1:14.60	___
14	Hollie Gilbertson	13	Co Norwich SC	1:15.10	___
15	Ellen Swift	16	Dereham Otters S	1:16.20	___
16	Esme Langley	13	Co Norwich SC	1:16.42	___
17	Hannah Twells	15	Thetford	1:16.60	___
18	Bea Grant	14	RSC	1:17.70	___
19	Megan Summer	15	Dereham Otters S	1:17.80	___
20	Abi Nicholls	16	Co Norwich SC	1:17.80	___
21	Lucy Brown	15	Thetford	1:18.10	___
22	Annabelle Carter	17	STOT-EA	1:18.20	___
23	Sophie Nicholls	15	Co Norwich SC	1:18.90	___
24	Lyla Fello	14	Co Norwich SC	1:19.01	___
25	Summer Endicott	15	Co Norwich SC	1:19.10	___
26	Emilia Armstrong	11	STOT-EA	1:19.59	___
27	Grace Cook	14	Co Norwich SC	1:20.40	___
28	Chess Barber	13	Co Norwich SC	1:20.60	___
29	Starr Nichols	13	Co Norwich SC	1:20.71	___
30	Carys Bradley	12	Teamipswich	1:20.80	___
31	Verity Carter	13	STOT-EA	1:21.30	___
32	Evie Greenhalf	13	Co Norwich SC	1:21.60	___
33	Bryony Tolson	18	Co Norwich SC	1:21.60	___
34	Verity Morrison	14	Co Norwich SC	1:21.70	___
35	Anastasja Wall	13	Dereham Otters S	1:21.90	___
36	Madison Hicks	11	Wisbech	1:22.16	___
37	Maggie Marshall	12	Teamipswich	1:22.40	___
38	Olivia Butlin	12	Thetford	1:22.76	___
39	Summer Barnwell	13	Co Norwich SC	1:23.32	___
40	Megan Randall	11	RSC	1:23.90	___
41	Catherine Mitchell	11	GYAT	1:23.98	___
42	Matilda Sharpe	10	Co Norwich SC	1:24.57	___
43	Jessica Seamark	15	Vikings	1:25.00	___
44	Rebecca Burrows	15	Vikings	1:25.07	___
45	Bea Green	14	Dereham Otters S	1:25.30	___
46	Ella Goodswen	13	Co Norwich SC	1:25.67	___
47	Bella Lawrence	14	GYAT	1:25.86	___
48	Aoife Dudley	15	RADS	1:25.88	___
49	Isla Coackley	12	Teamipswich	1:26.80	___
50	Eleanor Brown	15	Thetford	1:27.60	___
51	Jeanie Shurmer	13	Diss Otters	1:28.00	___
52	Alice Crowley	13	Co Norwich SC	1:28.70	___
53	Annaliese Hedges	11	STOT-EA	1:29.00	___
54	Sophie Nutt	14	Dereham Otters S	1:29.50	___
55	Lexie Johns	13	Co Norwich SC	1:29.90	___
56	Emily Beighton	15	Vikings	1:30.18	___
57	Elizabeth Mitchell	14	GYAT	1:30.28	___
58	Poppy Warrington-Price	14	Dereham Otters S	1:30.30	___
59	Ellie Rose Norman	14	Co Norwich SC	1:30.50	___
60	Hebe Shearer	12	Diss Otters	1:30.52	___
61	Esme Seaman	13	Vikings	1:31.40	___
62	Isabelle Patterson	12	Co Norwich SC	1:31.47	___

63	Isla Hamilton	12	SIVT-EA	1:31.50	___
64	Emily Haworth	13	GYAT	1:31.53	___
65	Isla Bedford	12	Co Norwich SC	1:32.20	___
66	Emily Dwight	13	Co Norwich SC	1:33.10	___
67	Holly Copeland	15	Thetford	1:33.50	___
68	Imogen Ramjohn	14	Thetford	1:34.50	___
69	Eva Palmer	10	Co Norwich SC	1:34.87	___
70	Sarah Richards	44	Diss Otters	1:35.30	___
71	Lois Alderton-Jode	10	Co Norwich SC	1:35.87	___
72	Tayla Goodswen	11	Diss Otters	1:35.88	___
73	Sasha Spinks	14	Diss Otters	1:36.50	___
74	Daisy Lewis	12	Diss Otters	1:36.60	___
75	Bebe King	12	Vikings	1:37.74	___
76	Leona Scott	10	Vikings	1:38.05	___
77	Lola Abram	11	Co Norwich SC	1:38.10	___
78	Sophie Rochester	12	Diss Otters	1:38.10	___
79	Chloe Farrington	12	Co Norwich SC	1:40.70	___
80	Dotty Thorby	10	Co Norwich SC	1:40.88	___
81	Charley Taylor	10	Dereham Otters S	1:40.90	___
82	Hollie Richards	10	Diss Otters	1:41.11	___
83	Olivia Bradley	10	Thetford	1:41.45	___
84	Ananya Chaudhary	12	Diss Otters	1:42.40	___
85	Lola Nielsen	12	Co Norwich SC	1:43.70	___
86	Maja Kurkiewicz	14	SIVT-EA	1:46.20	___
87	Imogen Bygrave	13	RSC	1:48.30	___
88	Evie Harris-Joy	9	GYAT	1:49.68	___
89	Kayla Palmer	11	GYAT	1:49.77	___
90	Amelia Bailey	9	Co Norwich SC	1:50.00	___
91	Ruby Broadwater	9	Teamipswich	1:50.11	___
92	Erin Sheehy	10	Co Norwich SC	1:50.81	___
93	Lexi Cole	9	Co Norwich SC	1:52.20	___
94	Ellen Akerstone	9	Co Norwich SC	1:53.48	___
95	Isabel Straton	12	Co Norwich SC	1:53.80	___
96	Layla McDermott	11	Thetford	1:55.30	___
97	Farrah Rowe	11	GYAT	1:55.41	___
98	Ophelia Casey	10	Thetford	1:56.00	___
99	India Coupland	11	Co Norwich SC	1:57.10	___
100	Lillie Lambert	11	Dereham Otters S	1:57.70	___
101	Elodie Hupton	10	Co Norwich SC	2:07.60	___
102	Evie Read	10	Dereham Otters S	2:21.70	___
103	Mia Kaiser	9	Co Norwich SC	NT	___
104	Charlotte Trick	9	Co Norwich SC	NT	___
105	Elsa French	10	Co Norwich SC	NT	___
106	Anita Edelinski	11	GYAT	NT	___
107	Evie Mantle	11	Co Norwich SC	NT	___
108	Olivia Keen	11	Co Norwich SC	NT	___
109	Annabelle Marcus	11	Co Norwich SC	NT	___
110	Sadie-Belle Barnwell	11	Co Norwich SC	NT	___
111	Olivia Canham	11	Thetford	NT	___
112	Amy Hunt	13	Co Norwich SC	NT	___

Event 302 Boys 9 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time		
1	Jack Abram	17	Co Norwich SC	54.21	___
2	Ashton Redhead	16	Teamipswich	55.70	___
3	Louis James	17	Co Norwich SC	56.20	___
4	Harry Hudson	18	Vikings	57.31	___
5	Fin Neve	15	Co Norwich SC	57.73	___
6	Harry Alexander	15	Teamipswich	58.80	___
7	Ollie Pike	16	Co Norwich SC	58.80	___
8	Aaron Peacock	16	Thetford	58.90	___
9	Gareth Allen	30	East Leeds	59.19	___

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Event 302 ... (Boys 9 & Over 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	
10 Tom Spelman	15	STOT-EA	59.20	___
11 Joseph Guild	20	Dereham Otters S	59.30	___
12 Harvey Durham	15	Co Norwich SC	59.78	___
13 Tyler Stone	13	Co Norwich SC	1:00.34	___
14 Max Davies-Haywood	17	Co Norwich SC	1:00.50	___
15 Joe Hammond	15	Co Norwich SC	1:00.56	___
16 Sam Black	16	Co Norwich SC	1:01.20	___
17 Samuel Wilkinson	15	Thetford	1:01.30	___
18 Henry Smith	14	Co Norwich SC	1:01.75	___
19 Nick Barber	15	Co Norwich SC	1:01.80	___
20 Isaac Buchan	14	Co Norwich SC	1:01.85	___
21 Travis Vlotman	14	Co Norwich SC	1:02.29	___
22 Alex Patterson	17	Co Norwich SC	1:02.30	___
23 Lazaros Giarenis	13	Co Norwich SC	1:02.46	___
24 Toby Flood	14	Thetford	1:02.60	___
25 Fin Blagg	13	STOT-EA	1:03.50	___
26 Noah Blair	13	Diss Otters	1:03.80	___
27 Ashley Jones	15	Vikings	1:03.90	___
28 Lewis Goult	20	Vikings	1:04.00	___
29 Sam Bradford	15	Dereham Otters S	1:04.84	___
30 Ollie Dickson	15	SIVT-EA	1:05.03	___
31 Thomas Lloyd	14	RADS	1:05.23	___
32 Will Barr	15	RSC	1:05.42	___
33 Jake Battle	12	STOT-EA	1:05.80	___
34 Archie Harris-Joy	13	GYAT	1:06.65	___
35 Teilo Ruffles-Francis	15	STOT-EA	1:06.80	___
36 Riley Walker	15	Co Norwich SC	1:07.00	___
37 Alfie Wood	14	Thetford	1:07.22	___
38 Austin Taylor	13	Co Norwich SC	1:07.50	___
39 Janos Csepely	12	Teamipswich	1:07.62	___
40 Christian Payne	13	Thetford	1:08.06	___
41 Kornel Stala	15	Dereham Otters S	1:08.30	___
42 Dominic Trowell	15	Thetford	1:08.70	___
43 Oscar Harris	15	Thetford	1:08.90	___
44 Alfie Rowland	14	STOT-EA	1:09.40	___
45 Enzo Cassoneca	14	Co Norwich SC	1:09.64	___
46 Samuel Morton	17	Vikings	1:10.30	___
47 William Foxlow	14	Teamipswich	1:10.40	___
48 Harvey Appleton-Barnes	14	Dereham Otters S	1:10.83	___
49 George Edridge	13	Vikings	1:10.90	___
50 Logan Broadhurst	14	Teamipswich	1:11.90	___
51 Matthew Chambers	15	RADS	1:11.95	___
52 Harry Palmer	14	Dereham Otters S	1:12.00	___
53 Donald Perrin	12	Diss Otters	1:12.28	___
54 Thomas Mutton	10	Teamipswich	1:12.60	___
55 Jake Maguire	12	Co Norwich SC	1:12.77	___
56 James Guerin	14	Diss Otters	1:12.80	___
57 Tom Kaiser	12	Co Norwich SC	1:13.01	___
58 Josh Reed	11	Co Norwich SC	1:13.10	___
59 Bertie Titheridge	12	SIVT-EA	1:13.20	___
60 Fletcher Lay-Flurrie	11	Teamipswich	1:13.60	___
61 Zack Edridge	13	Vikings	1:13.80	___
62 Bobby Hutchinson	12	Thetford	1:14.18	___
63 Jacob Hazard	13	Co Norwich SC	1:14.20	___
64 Heath Harrison	11	STOT-EA	1:14.20	___
65 Rex Harrison	12	STOT-EA	1:15.70	___
66 Nathan Broadwater	12	Teamipswich	1:15.71	___
67 Sid Jones	12	Co Norwich SC	1:15.88	___
68 George Pike	12	Co Norwich SC	1:16.76	___
69 Razvan Platon	13	Vikings	1:17.31	___

70 Oskar Porycki	13	Co Norwich SC	1:17.50	___
71 Robin McCallum	13	Co Norwich SC	1:17.55	___
72 Toby Rodgerson	13	Dereham Otters S	1:17.60	___
73 Rowan Carter	15	Co Norwich SC	1:18.20	___
74 Buddy Thain	12	Teamipswich	1:18.80	___
75 Jack Munday	10	Teamipswich	1:20.80	___
76 Remi Curliss	13	SIVT-EA	1:21.10	___
77 Thomas Trick	14	Co Norwich SC	1:21.30	___
78 Evan Harrison	10	STOT-EA	1:21.80	___
79 Conner Broadhurst	12	Teamipswich	1:22.10	___
80 Patrikas Garalevicius	10	Co Norwich SC	1:22.60	___
81 Jack Hibbin	11	Co Norwich SC	1:22.90	___
82 Omar Alfiky	15	Co Norwich SC	1:24.40	___
83 Harrison Bunning	13	Dereham Otters S	1:24.60	___
84 Elijah Wilson	10	Teamipswich	1:25.00	___
85 Kacper Porycki	16	Co Norwich SC	1:25.50	___
86 Arthur Corke	11	Co Norwich SC	1:25.87	___
87 Jack Ballester	12	SIVT-EA	1:25.90	___
88 Lucas Lobbezoo	11	RSC	1:26.10	___
89 William Nutt	11	Dereham Otters S	1:26.30	___
90 Andrew Malcolm	13	Thetford	1:26.80	___
91 Bailee Beighton	13	Vikings	1:27.11	___
92 Adison Croft	11	STOT-EA	1:29.70	___
93 Ethan Bailey	11	Co Norwich SC	1:30.70	___
94 Josh Fowler	9	Co Norwich SC	1:32.24	___
95 Fraser Canham	13	Thetford	1:33.20	___
96 Francisco Estanol-Chandler	10	Thetford	1:35.10	___
97 Lucas Downes	10	Thetford	1:35.60	___
98 Robin Carter	9	Co Norwich SC	1:36.41	___
99 Lewis Scott	9	GYAT	1:36.41	___
100 Rowan Gibling	11	Dereham Otters S	1:36.80	___
101 William Carrington	11	Co Norwich SC	1:40.20	___
102 Jake Thorne	10	Co Norwich SC	1:40.50	___
103 Finley Terry	10	SIVT-EA	1:44.30	___
104 Neil Pereira	11	Co Norwich SC	1:47.10	___
105 Jake Guy	11	Co Norwich SC	1:50.66	___
106 Jonas Hazard	10	Co Norwich SC	1:57.60	___
107 Zain Fassihi	12	Co Norwich SC	2:00.36	___
108 Charlie Jones	9	GYAT	NT	___
109 Finley Lane	9	Co Norwich SC	NT	___
110 George Abram	9	Co Norwich SC	NT	___
111 Max Fello	10	Co Norwich SC	NT	___
112 James Jones	10	Thetford	NT	___
113 Otto Pedder-Smith	11	Diss Otters	NT	___
114 Jack Riding	11	Thetford	NT	___
115 Ethan Moore	12	Diss Otters	NT	___
116 Freddy Hardinge	12	Thetford	NT	___
117 Max Mitchell	36	Co Norwich SC	NT	___

Event 303 Girls 9 & Over 200 LC Meter Butterfly

Name	Age	Team	Seed Time	
1 Sophie Dowding	16	Teamipswich	2:31.30	___
2 Gabriella Troman	13	Teamipswich	2:39.40	___
3 Olivia Dutson	16	Co Norwich SC	2:45.50	___
4 Madison Hicks	11	Wisbech	3:05.10	___
5 Lucy Randall	15	RSC	3:23.00	___
6 Isabelle Sawford	12	Co Norwich SC	NT	___

Event 304 Boys 9 & Over 200 LC Meter Backstroke

Name	Age	Team	Seed Time	
1 Joe McGillivray	17	Co Norwich SC	2:13.30	___
2 Ewan Thompson	16	SIVT-EA	2:20.80	___

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Event 304 ... (Boys 9 & Over 200 LC Meter Backstroke)

Name	Age	Team	Seed Time
3 Zak Troman	16	Teamipswich	2:21.20
4 Corey Hare	17	Colchester	2:23.20
5 Joe Hammond	15	Co Norwich SC	2:25.60
6 Travis Vlotman	14	Co Norwich SC	2:28.08
7 James Clarke	14	Co Norwich SC	2:30.59
8 Tom Spelman	15	STOT-EA	2:34.00
9 Will Barr	15	RSC	2:35.87
10 Isaac Buchan	14	Co Norwich SC	2:36.20
11 Tyler Stone	13	Co Norwich SC	2:36.71
12 Lazaros Giarenis	13	Co Norwich SC	2:36.80
13 Nick Barber	15	Co Norwich SC	2:39.39
14 Teilo Ruffles-Francis	15	STOT-EA	2:40.20
15 Archie Harris-Joy	13	GYAT	2:40.23
16 James Tooke	12	Teamipswich	2:42.89
17 Austin Taylor	13	Co Norwich SC	2:47.03
18 Janos Csepely	12	Teamipswich	2:49.73
19 Toby Anderson	11	Co Norwich SC	2:50.22
20 Fletcher Lay-Flurrie	11	Teamipswich	2:51.40
21 Dylan Lambie	12	STOT-EA	2:55.50
22 Jake Battle	12	STOT-EA	2:56.00
23 Sid Jones	12	Co Norwich SC	3:00.55
24 Toby Rodgerson	13	Dereham Otters S	3:02.10
25 Kyren Williams	12	Teamipswich	3:03.11
26 Josh Blagg	12	STOT-EA	3:05.90
27 Jacob Hazard	13	Co Norwich SC	3:08.10
28 Lawrence Taylor	10	Co Norwich SC	3:09.39
29 Evan Harrison	10	STOT-EA	3:12.50
30 Sam Bradford	15	Dereham Otters S	3:13.40
31 Arthur Corke	11	Co Norwich SC	3:15.46
32 Jack Hibbin	11	Co Norwich SC	3:19.60
33 Rowan Carter	15	Co Norwich SC	3:21.22
34 Ethan Bailey	11	Co Norwich SC	3:23.00
35 Donald Perrin	12	Diss Otters	3:38.20
36 Jake Thorne	10	Co Norwich SC	3:47.69
37 Lewis Scott	9	GYAT	NT
38 Finley Lane	9	Co Norwich SC	NT
39 Robin Carter	9	Co Norwich SC	NT
40 Josh Fowler	9	Co Norwich SC	NT
41 Max Fello	10	Co Norwich SC	NT
42 Jonas Hazard	10	Co Norwich SC	NT
43 Robin McCallum	13	Co Norwich SC	NT
44 Bailee Beighton	13	Vikings	NT
45 Kacper Porycki	16	Co Norwich SC	NT

Event 305 Girls 9 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Abigail Crawley	17	Teamipswich	27.10
2 Olivia Greenall	13	GYAT	28.51
3 Bella Green	17	Co Norwich SC	28.66
4 Amelia Lewis	14	Teamipswich	28.75
5 Grace Gunton	19	Co Norwich SC	29.24
6 Lizzie England	17	STOT-EA	29.24
7 Tabitha Payne	16	Thetford	29.49
8 Abi Riches	14	Co Norwich SC	29.54
9 Olivia Palmer	13	Co Norwich SC	29.71
10 Dayna Arbon	17	Co Norwich SC	29.88
11 Rosa Hammond	15	Co Norwich SC	29.89
12 Hannah Twells	15	Thetford	29.91
13 Shannon Stubbs	19	Co Norwich SC	29.93
14 Lissy Machin	15	Co Norwich SC	29.99

15 Poppy Malcolmson	16	Dereham Otters S	30.09
16 Abi Nicholls	16	Co Norwich SC	30.11
17 Sienna Gilman	14	Co Norwich SC	30.24
18 Lexi Harrison	15	SIVT-EA	30.26
19 Lucy Brown	15	Thetford	30.28
20 Bethany Crawley	15	Teamipswich	30.30
21 Megan Summer	15	Dereham Otters S	30.50
22 Emily Morton	14	Vikings	30.51
23 Ellen Swift	16	Dereham Otters S	30.52
24 Chess Barber	13	Co Norwich SC	30.64
25 May Richardson	15	STOT-EA	30.70
26 Lyla Fello	14	Co Norwich SC	30.75
27 Sophie Nicholls	15	Co Norwich SC	30.80
28 Eleanor Brown	15	Thetford	30.81
29 Evie Greenhalf	13	Co Norwich SC	30.99
30 Sophie Roberts	13	Teamipswich	31.20
31 Amelie Harrison	13	STOT-EA	31.20
32 Harriet Townend	11	STOT-EA	31.21
33 Hollie Gilbertson	13	Co Norwich SC	31.24
34 Olivia Dutson	16	Co Norwich SC	31.30
35 Anghelina Bulman	14	Dereham Otters S	31.32
36 Amelia Garnham	12	Teamipswich	31.34
37 Bea Grant	14	RSC	31.40
38 Mei McAuley	15	Co Norwich SC	31.40
39 Annabelle Carter	17	STOT-EA	31.50
40 Charlotte Rooke	11	Co Norwich SC	31.66
41 Catherine Mitchell	11	GYAT	31.83
42 Grace Cook	14	Co Norwich SC	31.85
43 Maggie Marshall	12	Teamipswich	31.88
44 Anastasja Wall	13	Dereham Otters S	32.03
45 Layla Casey	13	Thetford	32.14
46 Emily Quayle	14	SIVT-EA	32.20
47 Olivia Butlin	12	Thetford	32.23
48 Emily Dwight	13	Co Norwich SC	32.23
49 Olivia Parr	16	RSC	32.30
50 Summer Endicott	15	Co Norwich SC	32.31
51 Bryony Tolson	18	Co Norwich SC	32.32
52 Emilia Armstrong	11	STOT-EA	32.40
53 Ruby Rowland	13	GYAT	32.45
54 Isla Hamilton	12	SIVT-EA	32.51
55 Jessica Seamark	15	Vikings	32.62
56 Isabelle Patterson	12	Co Norwich SC	32.63
57 Ella Goodswen	13	Co Norwich SC	32.64
58 Emily Beighton	15	Vikings	32.70
59 Esme Langley	13	Co Norwich SC	32.76
60 Summer Barnwell	13	Co Norwich SC	32.91
61 Starr Nichols	13	Co Norwich SC	32.96
62 Isabella Bryan	13	Teamipswich	33.10
63 Isla Coackley	12	Teamipswich	33.22
64 Megan Randall	11	RSC	33.30
65 Carys Bradley	12	Teamipswich	33.30
66 Elizabeth Mitchell	14	GYAT	33.32
67 Bea Green	14	Dereham Otters S	33.34
68 Billie-Jordan Butler	15	Thetford	33.42
69 Aoife Dudley	15	RADS	33.67
70 Verity Carter	13	STOT-EA	33.80
71 Imogen Bygrave	13	RSC	33.90
72 Charlotte Winborn	15	Thetford	33.90
73 Marli Taylor	13	SIVT-EA	34.02
74 Mya Sidwell	13	Diss Otters	34.07
75 Lola Abram	11	Co Norwich SC	34.09
76 Poppy Bingham	17	STOT-EA	34.10

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Event 305 ... (Girls 9 & Over 50 LC Meter Freestyle)

Name	Age	Team	Seed Time
77 Charlotte Doddimeade	13	RSC	34.20
78 Lily Munday	13	Teamipswich	34.33
79 Holly Copeland	15	Thetford	34.40
80 Verity Morrison	14	Co Norwich SC	34.50
81 Anita Edelinski	11	GYAT	34.79
82 Jane Pye	55	Co Norwich SC	34.80
83 Erin Haselwood	13	STOT-EA	34.80
84 Ellie Rose Norman	14	Co Norwich SC	35.00
85 Bella Lawrence	14	GYAT	35.00
86 Isabelle Sawford	12	Co Norwich SC	35.14
87 Niamh Mcauley	12	Co Norwich SC	35.36
88 Sadie-Belle Barnwell	11	Co Norwich SC	35.40
89 Poppy Warrington-Price	14	Dereham Otters S	35.50
90 Ruby Welch	12	Diss Otters	35.50
91 Dotty Thorby	10	Co Norwich SC	35.54
92 Saffron Binson	14	Co Norwich SC	35.56
93 Esme Seaman	13	Vikings	35.60
94 Leila Jackute	11	Thetford	35.66
95 Annabelle Marcus	11	Co Norwich SC	35.70
96 Tsvetina Sinapova	10	Thetford	35.90
97 Tayla Goodswen	11	Diss Otters	36.10
98 Emily Haworth	13	GYAT	36.32
99 Alice Crowley	13	Co Norwich SC	36.52
100 Lois Alderton-Jode	10	Co Norwich SC	36.57
101 Hebe Shearer	12	Diss Otters	36.74
102 Sarah Richards	44	Diss Otters	36.90
103 Eva Palmer	10	Co Norwich SC	36.95
104 Sasha Spinks	14	Diss Otters	37.40
105 Chloe Farrington	12	Co Norwich SC	37.50
106 Annaliese Hedges	11	STOT-EA	37.50
107 Isla Bedford	12	Co Norwich SC	38.30
108 Olivia Canham	11	Thetford	38.39
109 Maja Kurkiewicz	14	SIVT-EA	38.40
110 Frances Guerin	13	Diss Otters	38.60
111 Olivia Bradley	10	Thetford	39.24
112 Daisy Lewis	12	Diss Otters	39.30
113 Winnie Browne	12	Vikings	39.45
114 Imogen Ramjohn	14	Thetford	39.50
115 Evie Bates	12	Vikings	39.68
116 Charley Taylor	10	Dereham Otters S	39.70
117 Olivia Keen	11	Co Norwich SC	39.70
118 Ananya Chaudhary	12	Diss Otters	39.70
119 Sophie Rochester	12	Diss Otters	39.90
120 Ophelia Casey	10	Thetford	40.19
121 Isabel Straton	12	Co Norwich SC	40.50
122 Lola Nielsen	12	Co Norwich SC	40.60
123 Elodie Hupton	10	Co Norwich SC	40.60
124 Alison Reid	12	Co Norwich SC	41.50
125 Hollie Richards	10	Diss Otters	41.50
126 Leona Scott	10	Vikings	43.10
127 Amelia Bailey	9	Co Norwich SC	43.40
128 Mia Randall	11	RADS	43.48
129 Elsa French	10	Co Norwich SC	43.60
130 Jessica Wilkinson	13	Thetford	43.80
131 Erin Sheehy	10	Co Norwich SC	44.10
132 Lilly Allen	10	Dereham Otters S	44.20
133 Eleni Karakoidas	10	Co Norwich SC	44.50
134 Evie Mantle	11	Co Norwich SC	44.60
135 Evie Harris-Joy	9	GYAT	44.70
136 Ruby Broadwater	9	Teamipswich	45.00

137 Angel Batangan	12	GYAT	46.05
138 India Coupland	11	Co Norwich SC	46.60
139 Mia Kaiser	9	Co Norwich SC	46.70
140 Amelia Ramjohn	11	Thetford	47.10
141 Lydia Aldous	10	Diss Otters	47.70
142 Lillie Lambert	11	Dereham Otters S	47.90
143 Charlotte Trick	9	Co Norwich SC	47.90
144 Prachi Ghori	10	SIVT-EA	48.50
145 Evie Read	10	Dereham Otters S	50.00
146 Elizabeth Ballester	10	SIVT-EA	54.40
147 Kayla Palmer	11	GYAT	NT
148 Lucie Cooper	12	Thetford	NT
149 Sasha Hordiienko	12	Vikings	NT

Event 306 Boys 9 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Ollie Pike	16	Co Norwich SC	27.07
2 Louis James	17	Co Norwich SC	27.26
3 Gareth Allen	30	East Leeds	27.37
4 Harry Hudson	18	Vikings	27.75
5 Ewan Thompson	16	SIVT-EA	28.29
6 Zak Troman	16	Teamipswich	28.52
7 Aaron Peacock	16	Thetford	28.69
8 Joseph Guild	20	Dereham Otters S	28.73
9 Fin Neve	15	Co Norwich SC	28.87
10 Max Davies-Haywood	17	Co Norwich SC	29.08
11 Joe Hammond	15	Co Norwich SC	29.65
12 Sam Black	16	Co Norwich SC	30.00
13 Harry Alexander	15	Teamipswich	30.26
14 Isaac Buchan	14	Co Norwich SC	30.33
15 Harvey Durham	15	Co Norwich SC	30.44
16 Corey Hare	17	Colchester	30.66
17 Samuel Wilkinson	15	Thetford	30.80
18 Travis Vlotman	14	Co Norwich SC	30.83
19 Alex Patterson	17	Co Norwich SC	31.22
20 James Clarke	14	Co Norwich SC	31.62
21 Vaughn Ruffles-Francis	17	STOT-EA	31.80
22 Alfie Rowland	14	STOT-EA	32.10
23 Jake Battle	12	STOT-EA	32.16
24 Henry Smith	14	Co Norwich SC	32.45
25 Fin Blagg	13	STOT-EA	32.50
26 Kornel Stala	15	Dereham Otters S	32.60
27 Alfie Wood	14	Thetford	33.02
28 Ollie Dickson	15	SIVT-EA	33.08
29 William Foxlow	14	Teamipswich	33.30
30 Christian Payne	13	Thetford	33.48
31 Ashley Jones	15	Vikings	33.51
32 Lewis Goultly	20	Vikings	34.00
33 Noah Blair	13	Diss Otters	34.73
34 Tom Kaiser	12	Co Norwich SC	34.80
35 Daniel Dutson	14	Co Norwich SC	34.92
36 Riley Walker	15	Co Norwich SC	35.05
37 Will Barr	15	RSC	35.10
38 Enzo Cassoneca	14	Co Norwich SC	35.11
39 Thomas Mutton	10	Teamipswich	X35.30
40 Logan Broadhurst	14	Teamipswich	35.50
41 Dominic Trowell	15	Thetford	35.70
42 Austin Taylor	13	Co Norwich SC	35.85
43 James Tooke	12	Teamipswich	36.00
44 Samuel Morton	17	Vikings	36.60
45 Teilo Ruffles-Francis	15	STOT-EA	37.00
46 Donald Perrin	12	Diss Otters	37.66

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Event 306 ... (Boys 9 & Over 50 LC Meter Butterfly)

Name	Age	Team	Seed Time
47 Harry Palmer	14	Dereham Otters S	37.70
48 Thomas Lloyd	14	RADS	37.70
49 Oskar Porycki	13	Co Norwich SC	37.80
50 Robin McCallum	13	Co Norwich SC	37.94
51 Bertie Titheridge	12	SIVT-EA	38.20
52 George Edridge	13	Vikings	38.50
53 Bobby Hutchinson	12	Thetford	38.58
54 Heath Harrison	11	STOT-EA	38.70
55 Matthew Chambers	15	RADS	38.88
56 Toby Anderson	11	Co Norwich SC	38.99
57 Lawrence Taylor	10	Co Norwich SC	39.12
58 George Pike	12	Co Norwich SC	39.20
59 Fletcher Lay-Flurrie	11	Teamipswich	39.21
60 Rowan Carter	15	Co Norwich SC	39.51
61 Harvey Appleton-Barnes	14	Dereham Otters S	39.66
62 Josh Reed	11	Co Norwich SC	39.69
63 Sid Jones	12	Co Norwich SC	39.92
64 Harrison Bunning	13	Dereham Otters S	39.94
65 Jack Hibbin	11	Co Norwich SC	41.58
66 Jake Maguire	12	Co Norwich SC	42.10
67 Razvan Platon	13	Vikings	42.13
68 Jacob Hazard	13	Co Norwich SC	42.95
69 Omar Alfiky	15	Co Norwich SC	43.73
70 Toby Rodgerson	13	Dereham Otters S	44.10
71 Thomas Trick	14	Co Norwich SC	44.25
72 Adison Croft	11	STOT-EA	44.60
73 Kacper Porycki	16	Co Norwich SC	45.30
74 Lucas Lobbezoo	11	RSC	45.90
75 Jack Ballester	12	SIVT-EA	46.30
76 Josh Blagg	12	STOT-EA	47.70
77 Remi Curliss	13	SIVT-EA	47.90
78 Conner Broadhurst	12	Teamipswich	48.00
79 Robin Carter	9	Co Norwich SC	50.80
80 Lucas Downes	10	Thetford	51.53
81 Reuben Seaman	10	Vikings	51.70
82 Josh Fowler	9	Co Norwich SC	52.00
83 Fraser Canham	13	Thetford	52.70
84 Francisco Estanol-Chandler	10	Thetford	54.30
85 Otto Pedder-Smith	11	Diss Otters	54.60
86 Ammar Alfiky	9	Co Norwich SC	55.80
87 Neil Pereira	11	Co Norwich SC	56.50
88 Zain Fassihi	12	Co Norwich SC	56.70
89 Elijah Wilson	10	Teamipswich	1:00.00
90 Jake Guy	11	Co Norwich SC	1:01.80
91 Jonas Hazard	10	Co Norwich SC	1:02.30
92 George Abram	9	Co Norwich SC	1:05.50
93 Charlie Jones	9	GYAT	NT
94 Finley Lane	9	Co Norwich SC	NT
95 Finley Terry	10	SIVT-EA	NT
96 Jack Riding	11	Thetford	NT
97 Freddy Hardinge	12	Thetford	NT

7 Isaac Buchan	14	Co Norwich SC	4:47.71
8 Samuel Wilkinson	15	Thetford	4:48.50
9 Janos Csepely	12	Teamipswich	4:58.41
10 James Clarke	14	Co Norwich SC	4:58.44
11 Will Barr	15	RSC	5:00.07
12 Alex Patterson	17	Co Norwich SC	5:10.80
13 Alfie Wood	14	Thetford	5:29.94
14 Thomas Mutton	10	Teamipswich	5:33.70
15 George Edridge	13	Vikings	5:34.80
16 Oscar Harris	15	Thetford	5:38.97
17 George Pike	12	Co Norwich SC	5:41.40
18 Donald Perrin	12	Diss Otters	5:42.38
19 Toby Rodgerson	13	Dereham Otters S	5:42.90
20 Jed Millin	14	STOT-EA	5:43.10
21 Tom Kaiser	12	Co Norwich SC	5:45.44
22 Sid Jones	12	Co Norwich SC	5:45.95
23 Samuel Morton	17	Vikings	5:50.38
24 Heath Harrison	11	STOT-EA	5:51.30
25 Buddy Thain	12	Teamipswich	5:52.20
26 Ewan Hammond	13	Co Norwich SC	5:55.50
27 Patrikas Garalevicius	10	Co Norwich SC	6:22.10
28 James Guerin	14	Diss Otters	6:25.40
29 Jack Hibbin	11	Co Norwich SC	6:33.15
30 Adison Croft	11	STOT-EA	6:39.10
31 Reuben Seaman	10	Vikings	7:05.00
32 Josh Fowler	9	Co Norwich SC	7:42.76
33 Charlie Pickering	11	GYAT	NT
34 Toby Anderson	11	Co Norwich SC	NT
35 William Carrington	11	Co Norwich SC	NT
36 Liam Hendrie	12	Co Norwich SC	NT
37 Rowan Carter	15	Co Norwich SC	NT

Event 402 Girls 9 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Abigail Crawley	17	Teamipswich	2:10.20
2 Gabriella Troman	13	Teamipswich	2:17.66
3 Abi Riches	14	Co Norwich SC	2:18.25
4 Olivia Greenall	13	GYAT	2:18.61
5 Chess Barber	13	Co Norwich SC	2:18.80
6 Ellen Duffield	16	Teamipswich	2:20.00
7 Amelia Lewis	14	Teamipswich	2:21.79
8 Emily Morton	14	Vikings	2:22.30
9 Dayna Arbon	17	Co Norwich SC	2:22.30
10 Grace Mutton	12	Teamipswich	2:24.20
11 Olivia Dutson	16	Co Norwich SC	2:24.29
12 May Richardson	15	STOT-EA	2:24.90
13 Olivia Palmer	13	Co Norwich SC	2:26.02
14 Lissy Machin	15	Co Norwich SC	2:26.25
15 Hollie Gilbertson	13	Co Norwich SC	2:28.18
16 Emily Dwight	13	Co Norwich SC	2:29.43
17 Sophie Nicholls	15	Co Norwich SC	2:29.62
18 Anastasja Wall	13	Dereham Otters S	2:29.70
19 Bella Green	17	Co Norwich SC	2:30.20
20 Amelie Harrison	13	STOT-EA	2:30.90
21 Anghelina Bulman	14	Dereham Otters S	2:31.40
22 Catherine Mitchell	11	GYAT	2:31.70
23 Sophie Roberts	13	Teamipswich	2:32.30
24 Isabelle Brown	13	Dereham Otters S	2:32.60
25 Maggie Marshall	12	Teamipswich	2:32.80
26 Evie Greenhalf	13	Co Norwich SC	2:34.04
27 Charlotte Rooke	11	Co Norwich SC	2:34.91
28 Amelia Garnham	12	Teamipswich	2:35.18

Event 401 Boys 9 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Daniel Clayton	17	Teamipswich	4:22.50
2 Zak Troman	16	Teamipswich	4:22.50
3 Fin Neve	15	Co Norwich SC	4:36.46
4 Harry Alexander	15	Teamipswich	4:41.30
5 Nick Barber	15	Co Norwich SC	4:45.00
6 Joe Hammond	15	Co Norwich SC	4:45.40

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Event 402 ... (Girls 9 & Over 200 LC Meter Freestyle)

Name	Age	Team	Seed Time
29 Esme Langley	13	Co Norwich SC	2:35.30
30 Lucy Brown	15	Thetford	2:36.10
31 Violet Freezer	11	Teamipswich	2:36.30
32 Isabella Bryan	13	Teamipswich	2:38.00
33 Bryony Tolson	18	Co Norwich SC	2:39.40
34 Starr Nichols	13	Co Norwich SC	2:39.52
35 Aoife Dudley	15	RADS	2:40.05
36 Ella Goodswen	13	Co Norwich SC	2:40.06
37 Matilda Sharpe	10	Co Norwich SC	2:42.81
38 Lola Abram	11	Co Norwich SC	2:45.98
39 Verity Morrison	14	Co Norwich SC	2:49.20
40 Esme Seaman	13	Vikings	2:49.70
41 Evie Bates	12	Vikings	2:50.62
42 Isabelle Patterson	12	Co Norwich SC	2:52.10
43 Lexie Johns	13	Co Norwich SC	2:53.36
44 Belle Taylor	12	SIVT-EA	2:53.52
45 Saffron Binson	14	Co Norwich SC	2:54.10
46 Isla Mason	11	STOT-EA	2:54.60
47 Lily Dear	11	Vikings	2:55.10
48 Layla Casey	13	Thetford	2:55.70
49 Lois Alderton-Jode	10	Co Norwich SC	2:57.39
50 Alice Crowley	13	Co Norwich SC	2:58.00
51 Dotty Thorby	10	Co Norwich SC	3:05.70
52 Winnie Browne	12	Vikings	3:05.90
53 Jane Pye	55	Co Norwich SC	3:06.90
54 Daisy Lewis	12	Diss Otters	3:13.70
55 Lexi Cole	9	Co Norwich SC	3:15.15
56 Grace Parker	11	Vikings	3:15.85
57 Flo Taylor	10	SIVT-EA	3:16.31
58 Amy-Rose Thomas	14	Vikings	3:16.88
59 Olivia Bradley	10	Thetford	3:26.10
60 Aine Coackley	9	Teamipswich	3:26.70
61 Isabel Straton	12	Co Norwich SC	3:37.90
62 Ellen Akerstone	9	Co Norwich SC	3:57.52
63 Evie Read	10	Dereham Otters S	4:18.60
64 Mia Kaiser	9	Co Norwich SC	NT
65 Charlotte Trick	9	Co Norwich SC	NT
66 Alexa Linden-Ball	9	Co Norwich SC	NT
67 Amelia Bailey	9	Co Norwich SC	NT
68 Ella Treumann	9	GYAT	NT
69 Evie Harris-Joy	9	GYAT	NT
70 Elsa French	10	Co Norwich SC	NT
71 Elodie Hupton	10	Co Norwich SC	NT
72 Olivia Canham	11	Thetford	NT
73 Leila Jackute	11	Thetford	NT
74 Layla McDermott	11	Thetford	NT
75 Annabelle Marcus	11	Co Norwich SC	NT
76 Ruby Welch	12	Diss Otters	NT
77 Bebe King	12	Vikings	NT
78 Jeanie Shurmer	13	Diss Otters	NT
79 Bella Lawrence	14	GYAT	NT
80 Maja Kurkiewicz	14	SIVT-EA	NT

Event 403 Boys 9 & Over 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Patch Robinson	16	Teamipswich	1:10.00
2 Fin Neve	15	Co Norwich SC	1:12.70
3 Zak Troman	16	Teamipswich	1:13.00
4 Max Davies-Haywood	17	Co Norwich SC	1:14.20
5 Lazaros Giarenis	13	Co Norwich SC	1:15.10

6 William Foxlow	14	Teamipswich	1:20.90
7 Nick Barber	15	Co Norwich SC	1:22.00
8 Oscar Harris	15	Thetford	1:22.50
9 Ollie Dickson	15	SIVT-EA	1:24.18
10 Thomas Lloyd	14	RADS	1:26.20
11 Janos Csepely	12	Teamipswich	1:26.50
12 Sam Bradford	15	Dereham Otters S	1:27.80
13 Travis Vlotman	14	Co Norwich SC	1:28.09
14 Chester Gigg	14	Co Norwich SC	1:30.30
15 Logan Broadhurst	14	Teamipswich	1:30.40
16 Riley Walker	15	Co Norwich SC	1:30.70
17 Samuel Morton	17	Vikings	1:32.28
18 Alfie Wood	14	Thetford	1:32.36
19 Harvey Appleton-Barnes	14	Dereham Otters S	1:33.40
20 Thomas Trick	14	Co Norwich SC	1:33.80
21 George Pike	12	Co Norwich SC	1:34.61
22 James Guerin	14	Diss Otters	1:34.70
23 Donald Perrin	12	Diss Otters	1:35.60
24 Daniel Dutton	14	Co Norwich SC	1:36.14
25 George Edridge	13	Vikings	1:36.30
26 Buddy Thain	12	Teamipswich	1:36.30
27 James Tooke	12	Teamipswich	1:36.50
28 Zack Edridge	13	Vikings	1:37.00
29 Matthew Chambers	15	RADS	1:38.60
30 Rowan Carter	15	Co Norwich SC	1:38.70
31 Bobby Hutchinson	12	Thetford	1:38.99
32 Nathan Broadwater	12	Teamipswich	1:39.10
33 Omar Alfiky	15	Co Norwich SC	1:39.23
34 Laurie Shearer	14	Diss Otters	1:39.29
35 William Nutt	11	Dereham Otters S	1:39.30
36 Heath Harrison	11	STOT-EA	1:40.50
37 Harrison Bunning	13	Dereham Otters S	1:45.10
38 Arthur Corke	11	Co Norwich SC	1:45.69
39 Patrikas Garalevicius	10	Co Norwich SC	1:46.30
40 Taylor Peddely	10	Teamipswich	1:46.50
41 Joshua Taylor	14	Dereham Otters S	1:46.70
42 Isaac Brown	11	Dereham Otters S	1:47.60
43 Jack Hibbin	11	Co Norwich SC	1:47.80
44 Oskar Porycki	13	Co Norwich SC	1:48.30
45 Kacper Porycki	16	Co Norwich SC	1:50.20
46 Zain Fassihi	12	Co Norwich SC	1:51.30
47 Conner Broadhurst	12	Teamipswich	1:53.11
48 Alfie Burrell-Knipe	12	Thetford	1:53.90
49 Adison Croft	11	STOT-EA	1:53.90
50 Riccardo Di Maria	11	Co Norwich SC	1:55.09
51 Robin Carter	9	Co Norwich SC	1:57.20
52 Jacob Hicks	9	Wisbech	1:58.44
53 William Cooper	12	Dereham Otters S	2:00.90
54 Fraser Canham	13	Thetford	2:01.00
55 Elliot Smith	11	RSC	2:02.90
56 Tom Wood	10	Dereham Otters S	2:04.40
57 Jake Guy	11	Co Norwich SC	2:05.68
58 Neil Pereira	11	Co Norwich SC	2:06.81
59 Eden Beckwith	9	Thetford	2:11.30
60 Josh Fowler	9	Co Norwich SC	2:15.66
61 Niall McAuley	9	Co Norwich SC	2:25.26
62 Lewis Scott	9	GYAT	2:29.14
63 Charlie Jones	9	GYAT	NT
64 George Abram	9	Co Norwich SC	NT
65 Max Ffello	10	Co Norwich SC	NT
66 Lucas Downes	10	Thetford	NT
67 Ethan Bailey	11	Co Norwich SC	NT

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Event 403 ... (Boys 9 & Over 100 LC Meter Breaststroke)

Name	Age	Team	Seed Time
68 Ethan Moore	12	Diss Otters	NT
69 Alex Foss	12	Thetford	NT
70 Antoni Zhurbenko-Saczawa	13	SIVT-EA	NT

Event 404 Girls 9 & Over 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Chloe Butler	18	SIVT-EA	2:44.64
2 Matilda Bogle	17	Teamipswich	2:51.20
3 Bethany Crawley	15	Teamipswich	2:56.40
4 Gabriella Troman	13	Teamipswich	2:56.40
5 Grace Mutton	12	Teamipswich	3:01.52
6 Ruby Rowland	13	GYAT	3:05.54
7 Ruby Tracey	17	Vikings	3:06.20
8 Shannon Stubbs	19	Co Norwich SC	3:06.40
9 Abi Nicholls	16	Co Norwich SC	3:07.20
10 Nicole Peddely	12	Teamipswich	3:09.00
11 Lyla Fello	14	Co Norwich SC	3:10.03
12 Abi Riches	14	Co Norwich SC	3:10.70
13 Dayna Arbon	17	Co Norwich SC	3:12.40
14 Darcey Bradford	16	Dereham Otters S	3:13.30
15 Hannah Pye	14	SIVT-EA	3:15.40
16 Summer Barnwell	13	Co Norwich SC	3:17.10
17 Isla Coackley	12	Teamipswich	3:18.60
18 Niamh Mcauley	12	Co Norwich SC	3:20.59
19 Emily Beighton	15	Vikings	3:20.66
20 Esme Langley	13	Co Norwich SC	3:21.30
21 Isabelle Sawford	12	Co Norwich SC	3:23.63
22 Rebecca Burrows	15	Vikings	3:28.06
23 Alice Crowley	13	Co Norwich SC	3:28.40
24 Poppy Bingham	17	STOT-EA	3:30.70
25 Violet Freezer	11	Teamipswich	3:31.70
26 Madison Hicks	11	Wisbech	3:35.60
27 Lily Dear	11	Vikings	3:40.66
28 Poppy Warrington-Price	14	Dereham Otters S	3:43.10
29 Imogen Ramjohn	14	Thetford	3:44.40
30 Sadie-Belle Barnwell	11	Co Norwich SC	3:45.50
31 Frances Guerin	13	Diss Otters	3:49.30
32 Matilda Sharpe	10	Co Norwich SC	3:50.93
33 Beth Offord	11	RSC	4:05.20
34 Olivia Brewer	12	Diss Otters	4:07.80
35 Lexi Cole	9	Co Norwich SC	4:16.09
36 Millie Clifford	11	Diss Otters	4:32.10
37 Erin Sheehy	10	Co Norwich SC	4:43.32
38 Charlotte Trick	9	Co Norwich SC	4:46.87
39 Jessica Wilkinson	13	Thetford	4:49.20
40 Ruby Broadwater	9	Teamipswich	4:59.00
41 Bella Marsh	11	Dereham Otters S	5:04.10
42 Isabel Straton	12	Co Norwich SC	5:47.00
43 Ellen Akerstone	9	Co Norwich SC	NT
44 Elsa French	10	Co Norwich SC	NT
45 Elodie Hupton	10	Co Norwich SC	NT
46 Leila Jackute	11	Thetford	NT
47 Layla McDermott	11	Thetford	NT
48 Ellen Scott	13	GYAT	NT

Event 405 Boys 9 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Ashton Redhead	16	Teamipswich	X27.70
2 Joe Hammond	15	Co Norwich SC	29.70
3 Max Davies-Haywood	17	Co Norwich SC	30.00

4 Travis Vlotman	14	Co Norwich SC	30.36
5 James Clarke	14	Co Norwich SC	31.23
6 Harry Hudson	18	Vikings	31.70
7 Lazaros Giarenis	13	Co Norwich SC	32.40
8 Tyler Stone	13	Co Norwich SC	32.43
9 Isaac Buchan	14	Co Norwich SC	32.55
10 Will Barr	15	RSC	32.82
11 Samuel Wilkinson	15	Thetford	33.00
12 Alex Patterson	17	Co Norwich SC	33.88
13 Dominic Trowell	15	Thetford	34.25
14 Sam Bradford	15	Dereham Otters S	34.70
15 Nathan Broadwater	12	Teamipswich	34.81
16 Thomas Mutton	10	Teamipswich	X34.90
17 Riley Walker	15	Co Norwich SC	35.60
18 James Tooke	12	Teamipswich	35.76
19 Noah Blair	13	Diss Otters	35.82
20 William Foxlow	14	Teamipswich	36.60
21 Christian Payne	13	Thetford	36.90
22 Toby Anderson	11	Co Norwich SC	36.90
23 Kornel Stala	15	Dereham Otters S	37.10
24 Joshua Taylor	14	Dereham Otters S	37.40
25 Donald Perrin	12	Diss Otters	37.60
26 Thomas Lloyd	14	RADS	37.72
27 Ewan Hammond	13	Co Norwich SC	37.77
28 Jed Millin	14	STOT-EA	37.80
29 Tom Kaiser	12	Co Norwich SC	38.09
30 Sid Jones	12	Co Norwich SC	39.56
31 Harvey Appleton-Barnes	14	Dereham Otters S	39.90
32 Oskar Porycki	13	Co Norwich SC	40.20
33 Jack Hibbin	11	Co Norwich SC	40.57
34 Chester Gigg	14	Co Norwich SC	40.80
35 Patrikas Garalevicius	10	Co Norwich SC	40.84
36 Toby Rodgeron	13	Dereham Otters S	41.00
37 Rowan Carter	15	Co Norwich SC	41.22
38 Finley Starkey	12	Thetford	41.30
39 Logan Broadhurst	14	Teamipswich	41.90
40 Tate Taylor	11	SIVT-EA	41.99
41 Thomas Trick	14	Co Norwich SC	42.30
42 Riccardo Di Maria	11	Co Norwich SC	42.34
43 Kacper Porycki	16	Co Norwich SC	42.79
44 Harrison Bunning	13	Dereham Otters S	42.90
45 Zack Edridge	13	Vikings	42.90
46 Omar Alfiky	15	Co Norwich SC	43.31
47 Jack Riding	11	Thetford	43.40
48 William Nutt	11	Dereham Otters S	43.48
49 Ethan Bailey	11	Co Norwich SC	43.52
50 Charlie Pickering	11	GYAT	43.96
51 Arthur Corke	11	Co Norwich SC	44.19
52 Taylor Peddely	10	Teamipswich	44.20
53 Buddy Thain	12	Teamipswich	44.44
54 Reuben Seaman	10	Vikings	44.90
55 William Cooper	12	Dereham Otters S	45.00
56 Max Fello	10	Co Norwich SC	45.00
57 Bailee Beighton	13	Vikings	45.86
58 Conner Broadhurst	12	Teamipswich	46.80
59 Elliot Smith	11	RSC	47.30
60 Adison Croft	11	STOT-EA	47.40
61 Francisco Estanol-Chandler	10	Thetford	47.60
62 Josh Fowler	9	Co Norwich SC	47.60
63 Isaac Brown	11	Dereham Otters S	47.90
64 Robin Carter	9	Co Norwich SC	48.80
65 Fraser Canham	13	Thetford	49.00

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Event 405...(Boys 9 & Over 50 LC Meter Backstroke)

Name	Age	Team	Seed Time		
66	Elijah Wilson	10	Teamipswich	50.30	___
67	Neil Pereira	11	Co Norwich SC	50.50	___
68	Eugene Munday	10	Diss Otters	50.50	___
69	Lucas Downes	10	Thetford	50.70	___
70	James Jones	10	Thetford	51.07	___
71	William Carrington	11	Co Norwich SC	52.70	___
72	Lewis Scott	9	GYAT	53.01	___
73	Jake Guy	11	Co Norwich SC	53.56	___
74	Ammar Alfiky	9	Co Norwich SC	54.20	___
75	Freddie Sargeant	9	Teamipswich	55.00	___
76	Eden Beckwith	9	Thetford	55.50	___
77	Finley Lane	9	Co Norwich SC	58.20	___
78	Niall McAuley	9	Co Norwich SC	58.70	___
79	George Abram	9	Co Norwich SC	1:00.70	___
80	Charlie Jones	9	GYAT	NT	___
81	Rowan Gibling	11	Dereham Otters S	NT	___

Event 406 Girls 9 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time		
1	Ellen Duffield	16	Teamipswich	34.60	___
2	Bella Green	17	Co Norwich SC	35.16	___
3	Chloe Butler	18	SIVT-EA	35.58	___
4	Grace Gunton	19	Co Norwich SC	35.72	___
5	Tessa Quayle	14	SIVT-EA	35.81	___
6	Tabitha Payne	16	Thetford	36.40	___
7	Rosa Hammond	15	Co Norwich SC	37.42	___
8	Nicole Peddely	12	Teamipswich	37.49	___
9	Matilda Bogle	17	Teamipswich	37.60	___
10	Shannon Stubbs	19	Co Norwich SC	37.66	___
11	Ruby Rowland	13	GYAT	38.50	___
12	Olivia Palmer	13	Co Norwich SC	38.91	___
13	Lyla Ffello	14	Co Norwich SC	39.18	___
14	Sophie Dowding	16	Teamipswich	39.50	___
15	Dayna Arbon	17	Co Norwich SC	39.60	___
16	Ruby Tracey	17	Vikings	39.62	___
17	Sophie McKee	17	Vikings	40.00	___
18	Amelia Lewis	14	Teamipswich	40.10	___
19	Lissy Machin	15	Co Norwich SC	40.22	___
20	Emily Quayle	14	SIVT-EA	40.23	___
21	Abi Nicholls	16	Co Norwich SC	40.30	___
22	Summer Barnwell	13	Co Norwich SC	40.70	___
23	Emily Beighton	15	Vikings	41.50	___
24	Hannah Pye	14	SIVT-EA	41.58	___
25	Lexi Harrison	15	SIVT-EA	41.70	___
26	Lucy Brown	15	Thetford	41.90	___
27	Isabelle Sawford	12	Co Norwich SC	41.92	___
28	Billie-Jordan Butler	15	Thetford	42.00	___
29	Bea Green	14	Dereham Otters S	42.10	___
30	Amelia Garnham	12	Teamipswich	42.10	___
31	Evie Greenhalf	13	Co Norwich SC	42.10	___
32	Niamh McAuley	12	Co Norwich SC	42.19	___
33	Isabelle Brown	13	Dereham Otters S	42.20	___
34	Darcey Bradford	16	Dereham Otters S	42.40	___
35	Layla Casey	13	Thetford	43.00	___
36	Amelie Harrison	13	STOT-EA	43.40	___
37	Alice Crowley	13	Co Norwich SC	43.80	___
38	Shannon Taylor	13	Thetford	43.90	___
39	Charlotte Winborn	15	Thetford	44.10	___
40	Esme Langley	13	Co Norwich SC	44.10	___
41	Verity Morrison	14	Co Norwich SC	44.10	___

42	Isla Coackley	12	Teamipswich	44.20	___
43	Winnie Browne	12	Vikings	44.29	___
44	Carys Bradley	12	Teamipswich	44.80	___
45	Emily Dwight	13	Co Norwich SC	44.80	___
46	Maggie Marshall	12	Teamipswich	45.00	___
47	Poppy Bingham	17	STOT-EA	45.10	___
48	Aoife Dudley	15	RADS	45.49	___
49	Olivia Butlin	12	Thetford	45.54	___
50	Jane Pye	55	Co Norwich SC	45.80	___
51	Hollie Gilbertson	13	Co Norwich SC	46.41	___
52	Sophie Nutt	14	Dereham Otters S	46.50	___
53	Isabella Bryan	13	Teamipswich	46.90	___
54	Harriet Townend	11	STOT-EA	47.20	___
55	Sadie-Belle Barnwell	11	Co Norwich SC	47.49	___
56	Annabelle Marcus	11	Co Norwich SC	47.50	___
57	Belle Taylor	12	SIVT-EA	47.80	___
58	Catherine Mitchell	11	GYAT	47.87	___
59	Isabelle Patterson	12	Co Norwich SC	47.90	___
60	Frances Guerin	13	Diss Otters	48.20	___
61	Poppy Warrington-Price	14	Dereham Otters S	48.30	___
62	Imogen Ramjohn	14	Thetford	48.30	___
63	Ellen Scott	13	GYAT	48.47	___
64	Amelia Dunsire	12	Dereham Otters S	48.50	___
65	Starr Nichols	13	Co Norwich SC	49.00	___
66	Millie Clifford	11	Diss Otters	49.38	___
67	Bella Lawrence	14	GYAT	49.69	___
68	Holly Copeland	15	Thetford	49.70	___
69	Lexie Johns	13	Co Norwich SC	49.80	___
70	Ruby Welch	12	Diss Otters	49.80	___
71	Lola Abram	11	Co Norwich SC	49.84	___
72	Leila Jackute	11	Thetford	50.00	___
73	Erin Haselwood	13	STOT-EA	50.10	___
74	Sasha Spinks	14	Diss Otters	50.40	___
75	Annaliese Hedges	11	STOT-EA	51.20	___
76	Isla Mason	11	STOT-EA	51.50	___
77	Bebe King	12	Vikings	51.65	___
78	Charley Taylor	10	Dereham Otters S	52.20	___
79	Jeanie Shurmer	13	Diss Otters	52.50	___
80	Amy-Rose Thomas	14	Vikings	52.71	___
81	Olivia Brewer	12	Diss Otters	53.30	___
82	Bella Marsh	11	Dereham Otters S	53.70	___
83	Beth Offord	11	RSC	53.90	___
84	Grace Parker	11	Vikings	53.95	___
85	Lois Alderton-Jode	10	Co Norwich SC	54.20	___
86	Lola Nielsen	12	Co Norwich SC	54.50	___
87	Maisie Taylor	11	Thetford	54.70	___
88	Ananya Chaudhary	12	Diss Otters	54.90	___
89	Ruth Van-Der-Louw	12	Dereham Otters S	55.10	___
90	Daisy Lewis	12	Diss Otters	55.50	___
91	Ophelia Casey	10	Thetford	55.56	___
92	Hebe Shearer	12	Diss Otters	55.90	___
93	Olivia Bradley	10	Thetford	56.10	___
94	Charlotte Trick	9	Co Norwich SC	56.10	___
95	Alison Reid	12	Co Norwich SC	56.20	___
96	Aine Coackley	9	Teamipswich	56.90	___
97	Dotty Thorby	10	Co Norwich SC	57.10	___
98	Flo Taylor	10	SIVT-EA	57.20	___
99	Lucie Cooper	12	Thetford	58.40	___
100	Ruby Broadwater	9	Teamipswich	59.20	___
101	Eva Palmer	10	Co Norwich SC	59.30	___
102	Elsa French	10	Co Norwich SC	59.70	___
103	Angel Batangan	12	GYAT	59.89	___

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Psych Sheet

Event 406 ... (Girls 9 & Over 50 LC Meter Breaststroke)

Name	Age	Team	Seed Time	
104 Elodie Hupton	10	Co Norwich SC	59.90	___
105 Chloe Farrington	12	Co Norwich SC	1:00.10	___
106 Amelia Ramjohn	11	Thetford	1:01.00	___
107 Lilly Allen	10	Dereham Otters S	1:01.20	___
108 Olivia Canham	11	Thetford	1:01.49	___
109 Eleni Karakoidas	10	Co Norwich SC	1:02.10	___
110 Isabel Straton	12	Co Norwich SC	1:02.17	___
111 Amelia Bailey	9	Co Norwich SC	1:02.90	___
112 Olivia Keen	11	Co Norwich SC	1:03.00	___
113 Alexa Linden-Ball	9	Co Norwich SC	1:03.10	___
114 Erin Sheehy	10	Co Norwich SC	1:03.40	___
115 Lillie Lambert	11	Dereham Otters S	1:05.10	___
116 Charlotte Sawford	9	Co Norwich SC	1:06.40	___
117 Maria Zhurbenko-Saczawa	11	SIVT-EA	1:09.36	___
118 Evie Read	10	Dereham Otters S	1:10.90	___
119 Evie Mantle	11	Co Norwich SC	1:11.70	___
120 Ella Treumann	9	GYAT	NT	___
121 Esmae Alley	10	GYAT	NT	___
122 Sasha Hordiienko	12	Vikings	NT	___

Event 501 Boys 9 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	
1 Patch Robinson	16	Teamipswich	2:15.40	___
2 Zak Troman	16	Teamipswich	2:17.04	___
3 Fin Neve	15	Co Norwich SC	2:22.73	___
4 Tom Spelman	15	STOT-EA	2:26.40	___
5 Lazaros Giarenis	13	Co Norwich SC	2:29.60	___
6 Max Davies-Haywood	17	Co Norwich SC	2:32.50	___
7 Joe McGillivray	17	Co Norwich SC	2:33.34	___
8 Travis Vlotman	14	Co Norwich SC	2:34.54	___
9 Aaron Peacock	16	Thetford	2:36.10	___
10 Isaac Buchan	14	Co Norwich SC	2:36.90	___
11 Teilo Ruffles-Francis	15	STOT-EA	2:37.20	___
12 Nick Barber	15	Co Norwich SC	2:38.00	___
13 James Clarke	14	Co Norwich SC	2:38.92	___
14 Samuel Wilkinson	15	Thetford	2:39.10	___
15 Janos Csepely	12	Teamipswich	2:44.02	___
16 Fin Blagg	13	STOT-EA	2:44.10	___
17 Ollie Dickson	15	SIVT-EA	2:45.40	___
18 William Foxlow	14	Teamipswich	2:46.00	___
19 Henry Smith	14	Co Norwich SC	2:47.50	___
20 Alex Patterson	17	Co Norwich SC	2:48.53	___
21 Jake Battle	12	STOT-EA	2:49.49	___
22 Kornel Stala	15	Dereham Otters S	2:49.90	___
23 Logan Broadhurst	14	Teamipswich	2:50.20	___
24 Sam Bradford	15	Dereham Otters S	2:50.87	___
25 Alfie Wood	14	Thetford	2:51.39	___
26 Thomas Lloyd	14	RADS	2:56.73	___
27 George Edridge	13	Vikings	2:59.00	___
28 Thomas Mutton	10	Teamipswich	2:59.80	___
29 George Pike	12	Co Norwich SC	3:01.90	___
30 Harvey Appleton-Barnes	14	Dereham Otters S	3:02.40	___
31 Chester Gigg	14	Co Norwich SC	3:02.90	___
32 Donald Perrin	12	Diss Otters	3:03.93	___
33 Laurie Shearer	14	Diss Otters	3:04.50	___
34 Sid Jones	12	Co Norwich SC	3:06.85	___
35 Antoni Zhurbenko-Saczawa	13	SIVT-EA	3:10.02	___
36 Matthew Chambers	15	RADS	3:10.18	___
37 Jed Millin	14	STOT-EA	3:11.90	___
38 Toby Anderson	11	Co Norwich SC	3:14.11	___

39 Buddy Thain	12	Teamipswich	3:18.40	___
40 Jack Hibbin	11	Co Norwich SC	3:19.57	___
41 Thomas Trick	14	Co Norwich SC	3:19.95	___
42 Heath Harrison	11	STOT-EA	3:20.70	___
43 Rowan Carter	15	Co Norwich SC	3:22.00	___
44 Reuben Seaman	10	Vikings	3:28.80	___
45 Toby Rodgerson	13	Dereham Otters S	3:29.80	___
46 Conner Broadhurst	12	Teamipswich	3:32.20	___
47 Charlie Pickering	11	GYAT	3:32.32	___
48 Adison Croft	11	STOT-EA	3:33.90	___
49 Fraser Canham	13	Thetford	3:43.90	___
50 Isaac Brown	11	Dereham Otters S	3:44.70	___
51 Elijah Wilson	10	Teamipswich	4:00.00	___
52 Reece Williams	10	Dereham Otters S	4:35.70	___
53 Jake Guy	11	Co Norwich SC	4:40.90	___
54 Lewis Scott	9	GYAT	NT	___
55 George Abram	9	Co Norwich SC	NT	___
56 Robin Carter	9	Co Norwich SC	NT	___
57 Josh Fowler	9	Co Norwich SC	NT	___
58 Lucas Downes	10	Thetford	NT	___
59 Tom Wood	10	Dereham Otters S	NT	___
60 Ethan Bailey	11	Co Norwich SC	NT	___
61 Riccardo Di Maria	11	Co Norwich SC	NT	___
62 Liam Hendrie	12	Co Norwich SC	NT	___
63 Zain Fassihi	12	Co Norwich SC	NT	___
64 Oskar Porycki	13	Co Norwich SC	NT	___
65 Kacper Porycki	16	Co Norwich SC	NT	___

Event 502 Girls 9 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
1 Abigail Crawley	17	Teamipswich	58.80	___
2 Ellen Duffield	16	Teamipswich	59.70	___
3 Ruby Greenhalf	18	Co Norwich SC	1:00.30	___
4 Sophie Dowding	16	Teamipswich	1:01.80	___
5 Amelia Lewis	14	Teamipswich	1:01.99	___
6 Olivia Greenall	13	GYAT	1:02.71	___
7 Grace Gunton	19	Co Norwich SC	1:03.40	___
8 Abi Riches	14	Co Norwich SC	1:03.67	___
9 Chess Barber	13	Co Norwich SC	1:04.13	___
10 Tabitha Payne	16	Thetford	1:04.70	___
11 Abi Nicholls	16	Co Norwich SC	1:05.23	___
12 Shannon Stubbs	19	Co Norwich SC	1:05.40	___
13 Dayna Arbon	17	Co Norwich SC	1:05.46	___
14 Megan Summer	15	Dereham Otters S	1:05.50	___
15 Bella Green	17	Co Norwich SC	1:05.60	___
16 Lissy Machin	15	Co Norwich SC	1:05.60	___
17 Gabriella Troman	13	Teamipswich	1:05.70	___
18 Emily Morton	14	Vikings	1:06.48	___
19 May Richardson	15	STOT-EA	1:06.50	___
20 Olivia Palmer	13	Co Norwich SC	1:06.52	___
21 Nicole Peddely	12	Teamipswich	1:06.55	___
22 Ellen Swift	16	Dereham Otters S	1:07.01	___
23 Lizzie England	17	STOT-EA	1:07.20	___
24 Olivia Dutson	16	Co Norwich SC	1:07.24	___
25 Lyla Ffello	14	Co Norwich SC	1:07.42	___
26 Bea Grant	14	RSC	1:07.50	___
27 Lexi Harrison	15	SIVT-EA	1:07.70	___
28 Evie Greenhalf	13	Co Norwich SC	1:07.75	___
29 Amelia Garnham	12	Teamipswich	1:07.84	___
30 Grace Mutton	12	Teamipswich	1:07.85	___
31 Emily Quayle	14	SIVT-EA	1:07.94	___
32 Amelie Harrison	13	STOT-EA	1:08.10	___

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Psych Sheet

Event 502 ... (Girls 9 & Over 100 LC Meter Freestyle)

Name	Age	Team	Seed Time
33 Sophie Nicholls	15	Co Norwich SC	1:08.66
34 Lucy Brown	15	Thetford	1:09.00
35 Hollie Gilbertson	13	Co Norwich SC	1:09.02
36 Ruby Tracey	17	Vikings	1:09.10
37 Anastasja Wall	13	Dereham Otters S	1:09.19
38 Sophie Roberts	13	Teamipswich	1:09.30
39 Emily Dwight	13	Co Norwich SC	1:09.34
40 Maggie Marshall	12	Teamipswich	1:09.40
41 Anghelina Bulman	14	Dereham Otters S	1:10.00
42 Charlotte Rooke	11	Co Norwich SC	1:10.42
43 Darcey Bradford	16	Dereham Otters S	1:11.00
44 Catherine Mitchell	11	GYAT	1:11.21
45 Isabella Bryan	13	Teamipswich	1:11.40
46 Esme Langley	13	Co Norwich SC	1:11.46
47 Isla Coackley	12	Teamipswich	1:11.50
48 Summer Barnwell	13	Co Norwich SC	1:11.67
49 Zoe Reynolds	15	Co Norwich SC	1:11.67
50 Harriet Townend	11	STOT-EA	1:11.90
51 Mei McAuley	15	Co Norwich SC	1:12.00
52 Jessica Seamark	15	Vikings	1:12.17
53 Bryony Tolson	18	Co Norwich SC	1:12.29
54 Isabelle Patterson	12	Co Norwich SC	1:12.69
55 Shannon Taylor	13	Thetford	1:12.80
56 Starr Nichols	13	Co Norwich SC	1:12.80
57 Aoife Dudley	15	RADS	1:13.13
58 Emily Beighton	15	Vikings	1:13.24
59 Violet Freezer	11	Teamipswich	1:13.50
60 Billie-Jordan Butler	15	Thetford	1:13.70
61 Ella Goodswen	13	Co Norwich SC	1:14.08
62 Bea Green	14	Dereham Otters S	1:15.40
63 Poppy Bingham	17	STOT-EA	1:15.90
64 Charlotte Winborn	15	Thetford	1:16.10
65 Anita Edelinski	11	GYAT	1:17.40
66 Verity Morrison	14	Co Norwich SC	1:17.64
67 Rebecca Burrows	15	Vikings	1:17.81
68 Lola Abram	11	Co Norwich SC	1:17.97
69 Holly Copeland	15	Thetford	1:18.20
70 Amelia Dunsire	12	Dereham Otters S	1:19.53
71 Sasha Spinks	14	Diss Otters	1:19.70
72 Ruby Welch	12	Diss Otters	1:19.90
73 Lily Dear	11	Vikings	1:20.80
74 Jeanie Shurmer	13	Diss Otters	1:20.90
75 Tsvetina Sinapova	10	Thetford	1:21.00
76 Leila Jackute	11	Thetford	1:21.80
77 Alice Crowley	13	Co Norwich SC	1:21.80
78 Poppy Warrington-Price	14	Dereham Otters S	1:22.10
79 Sadie-Belle Barnwell	11	Co Norwich SC	1:22.29
80 Ellie Rose Norman	14	Co Norwich SC	1:22.43
81 Eva Palmer	10	Co Norwich SC	1:23.51
82 Dotty Thorby	10	Co Norwich SC	1:23.59
83 Zara Sparkes	15	SIVT-EA	1:24.10
84 Amy-Rose Thomas	14	Vikings	1:24.56
85 Lexie Johns	13	Co Norwich SC	1:24.60
86 Grace Parker	11	Vikings	1:25.26
87 Jane Pye	55	Co Norwich SC	1:25.70
88 Leona Scott	10	Vikings	1:26.10
89 Evie Bates	12	Vikings	1:26.74
90 Daisy Lewis	12	Diss Otters	1:26.80
91 Maja Kurkiewicz	14	SIVT-EA	1:27.97
92 Belle Taylor	12	SIVT-EA	1:28.00

93 Olivia Brewer	12	Diss Otters	1:28.40
94 Olivia Canham	11	Thetford	1:29.07
95 Charley Taylor	10	Dereham Otters S	1:29.10
96 Olivia Bradley	10	Thetford	1:29.50
97 Hebe Shearer	12	Diss Otters	1:30.00
98 Winnie Browne	12	Vikings	1:30.06
99 Sophie Rochester	12	Diss Otters	1:30.10
100 Imogen Ramjohn	14	Thetford	1:30.20
101 Isabel Straton	12	Co Norwich SC	1:31.99
102 Hollie Richards	10	Diss Otters	1:32.01
103 Flo Taylor	10	SIVT-EA	1:33.60
104 Beth Offord	11	RSC	1:34.50
105 Chloe Farrington	12	Co Norwich SC	1:35.00
106 Erin Sheehy	10	Co Norwich SC	1:38.76
107 Kayla Palmer	11	GYAT	1:39.10
108 Jessica Wilkinson	13	Thetford	1:39.70
109 Aine Coackley	9	Teamipswich	1:40.00
110 Ananya Chaudhary	12	Diss Otters	1:40.50
111 Maisie Taylor	11	Thetford	1:41.00
112 Angel Batangan	12	GYAT	1:41.51
113 Ruby Broadwater	9	Teamipswich	1:41.60
114 Ella Treumann	9	GYAT	1:43.49
115 Lucie Cooper	12	Thetford	1:45.50
116 Ellen Akerstone	9	Co Norwich SC	1:46.50
117 Amelia Bailey	9	Co Norwich SC	1:47.00
118 Eleni Karakoidas	10	Co Norwich SC	1:48.00
119 Lilly Allen	10	Dereham Otters S	1:48.60
120 Evie Dixon	10	Dereham Otters S	1:49.70
121 Millie Clifford	11	Diss Otters	1:50.80
122 Amelia Ramjohn	11	Thetford	1:54.80
123 Mia Kaiser	9	Co Norwich SC	1:54.86
124 Evie Read	10	Dereham Otters S	2:00.30
125 Charlotte Trick	9	Co Norwich SC	2:02.22
126 Alexa Linden-Ball	9	Co Norwich SC	NT
127 Esmae Alley	10	GYAT	NT
128 Elsa French	10	Co Norwich SC	NT
129 Elodie Hupton	10	Co Norwich SC	NT
130 Dolcie Underwood	10	Dereham Otters S	NT
131 Farrah Rowe	11	GYAT	NT
132 Holly Hensellek	11	GYAT	NT
133 Evie Mantle	11	Co Norwich SC	NT
134 Olivia Keen	11	Co Norwich SC	NT
135 Annabelle Marcus	11	Co Norwich SC	NT
136 Alison Reid	12	Co Norwich SC	NT
137 Ellen Scott	13	GYAT	NT
138 Jessica-Jane Applegate S14	26	Co Norwich SC	NT
139 Lynne Meale	45	Co Norwich SC	NT

Event 503 Boys 9 & Over 200 LC Meter Butterfly

Name	Age	Team	Seed Time
1 Zak Troman	16	Teamipswich	2:12.99
2 Gareth Allen	30	East Leeds	2:16.87
3 Daniel Clayton	17	Teamipswich	2:18.90
4 Sam Black	16	Co Norwich SC	2:44.10
5 Jake Battle	12	STOT-EA	2:45.31
6 Isaac Buchan	14	Co Norwich SC	2:46.90
7 Daniel Dutson	14	Co Norwich SC	2:49.86
8 Christian Payne	13	Thetford	2:57.02
9 Teilo Ruffles-Francis	15	STOT-EA	3:23.20
10 Harrison Bunning	13	Dereham Otters S	3:51.00
11 Patrikas Garalevicius	10	Co Norwich SC	NT
12 Zain Fassih	12	Co Norwich SC	NT

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Event 504 Girls 9 & Over 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1 Ellen Duffield	16	Teamipswich	1:15.30	___
2 Chloe Butler	18	SIVT-EA	1:15.80	___
3 Grace Gunton	19	Co Norwich SC	1:18.50	___
4 Tessa Quayle	14	SIVT-EA	1:19.30	___
5 Matilda Bogle	17	Teamipswich	1:20.50	___
6 Bella Green	17	Co Norwich SC	1:20.80	___
7 Nicole Peddelty	12	Teamipswich	1:23.30	___
8 Grace Mutton	12	Teamipswich	1:23.80	___
9 Shannon Stubbs	19	Co Norwich SC	1:23.90	___
10 Ruby Rowland	13	GYAT	1:24.96	___
11 Rosa Hammond	15	Co Norwich SC	1:25.00	___
12 Lyla Fello	14	Co Norwich SC	1:25.20	___
13 Gabriella Troman	13	Teamipswich	1:25.70	___
14 Sophie Dowding	16	Teamipswich	1:26.30	___
15 Abi Nicholls	16	Co Norwich SC	1:26.60	___
16 Lynne Meale	45	Co Norwich SC	1:27.10	___
17 Abi Riches	14	Co Norwich SC	1:28.30	___
18 Emily Quayle	14	SIVT-EA	1:29.20	___
19 Summer Barnwell	13	Co Norwich SC	1:29.90	___
20 Dayna Arbon	17	Co Norwich SC	1:31.30	___
21 Darcey Bradford	16	Dereham Otters S	1:31.70	___
22 Evie Greenhalf	13	Co Norwich SC	1:31.90	___
23 Bea Green	14	Dereham Otters S	1:32.30	___
24 Hannah Pye	14	SIVT-EA	1:32.30	___
25 Emily Beighton	15	Vikings	1:33.01	___
26 Niamh Mcauley	12	Co Norwich SC	1:33.25	___
27 Billie-Jordan Butler	15	Thetford	1:33.90	___
28 Isabelle Sawford	12	Co Norwich SC	1:34.10	___
29 Shannon Taylor	13	Thetford	1:34.30	___
30 Esme Langley	13	Co Norwich SC	1:34.30	___
31 Isabelle Brown	13	Dereham Otters S	1:34.50	___
32 Amelie Harrison	13	STOT-EA	1:36.00	___
33 Verity Morrison	14	Co Norwich SC	1:36.50	___
34 Isla Coackley	12	Teamipswich	1:36.60	___
35 Alice Crowley	13	Co Norwich SC	1:37.00	___
36 Charlotte Winborn	15	Thetford	1:38.50	___
37 Rebecca Burrows	15	Vikings	1:38.90	___
38 Poppy Bingham	17	STOT-EA	1:38.90	___
39 Zara Sparkes	15	SIVT-EA	1:39.00	___
40 Imogen Ramjohn	14	Thetford	1:39.90	___
41 Violet Freezer	11	Teamipswich	1:41.80	___
42 Olivia Butlin	12	Thetford	1:42.20	___
43 Amelia Dunsire	12	Dereham Otters S	1:42.50	___
44 Sophie Nutt	14	Dereham Otters S	1:42.70	___
45 Madison Hicks	11	Wisbech	1:44.80	___
46 Frances Guerin	13	Diss Otters	1:45.20	___
47 Belle Taylor	12	SIVT-EA	1:45.37	___
48 Matilda Sharpe	10	Co Norwich SC	1:46.02	___
49 Ellen Scott	13	GYAT	1:46.57	___
50 Lola Abram	11	Co Norwich SC	1:46.60	___
51 Emily Dwight	13	Co Norwich SC	1:47.00	___
52 Sadie-Belle Barnwell	11	Co Norwich SC	1:49.10	___
53 Sasha Spinks	14	Diss Otters	1:49.60	___
54 Lily Dear	11	Vikings	1:50.55	___
55 Millie Clifford	11	Diss Otters	1:51.62	___
56 Leila Jackute	11	Thetford	1:51.70	___
57 Hollie Richards	10	Diss Otters	1:52.10	___
58 Charley Taylor	10	Dereham Otters S	1:54.90	___
59 Grace Parker	11	Vikings	1:56.94	___

60 Olivia Brewer	12	Diss Otters	1:57.30	___
61 Daisy Lewis	12	Diss Otters	1:59.50	___
62 Amy-Rose Thomas	14	Vikings	1:59.94	___
63 Aine Coackley	9	Teamipswich	2:01.40	___
64 Flo Taylor	10	SIVT-EA	2:03.26	___
65 Farrah Rowe	11	GYAT	2:03.78	___
66 Esmae Alley	10	GYAT	2:06.13	___
67 Maisie Taylor	11	Thetford	2:07.50	___
68 Lola Nielsen	12	Co Norwich SC	2:11.67	___
69 Ruby Broadwater	9	Teamipswich	2:12.90	___
70 Charlotte Trick	9	Co Norwich SC	2:16.44	___
71 Angel Batangan	12	GYAT	2:16.59	___
72 Dotty Thorby	10	Co Norwich SC	2:16.88	___
73 Evie Dixon	10	Dereham Otters S	2:17.10	___
74 Erin Sheehy	10	Co Norwich SC	2:17.40	___
75 Alison Reid	12	Co Norwich SC	2:18.50	___
76 Ananya Chaudhary	12	Diss Otters	2:22.70	___
77 Evie Read	10	Dereham Otters S	2:25.40	___
78 Isabel Straton	12	Co Norwich SC	2:26.30	___
79 Kayla Palmer	11	GYAT	2:27.30	___
80 Amelia Ramjohn	11	Thetford	2:28.30	___
81 Ruby Welch	12	Diss Otters	2:31.00	___
82 Ellen Akerstone	9	Co Norwich SC	2:52.00	___
83 Amelia Bailey	9	Co Norwich SC	NT	___
84 Elsa French	10	Co Norwich SC	NT	___
85 Elodie Hupton	10	Co Norwich SC	NT	___
86 Prachi Ghori	10	SIVT-EA	NT	___
87 Dolcie Underwood	10	Dereham Otters S	NT	___
88 Annaliese Hedges	11	STOT-EA	NT	___
89 Annabelle Marcus	11	Co Norwich SC	NT	___
90 Olivia Canham	11	Thetford	NT	___
91 Maria Zhurbenko-Saczawa	11	SIVT-EA	NT	___
92 Beth Offord	11	RSC	NT	___
93 Amy Hunt	13	Co Norwich SC	NT	___

Event 505 Boys 9 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1 Jack Abram	17	Co Norwich SC	24.05	___
2 Harry Hudson	18	Vikings	25.51	___
3 Fin Neve	15	Co Norwich SC	26.08	___
4 Patch Robinson	16	Teamipswich	26.10	___
5 Gareth Allen	30	East Leeds	26.58	___
6 Aaron Peacock	16	Thetford	26.59	___
7 Joseph Guild	20	Dereham Otters S	26.68	___
8 Max Davies-Haywood	17	Co Norwich SC	26.68	___
9 Harry Alexander	15	Teamipswich	27.08	___
10 Joe Hammond	15	Co Norwich SC	27.15	___
11 Henry Smith	14	Co Norwich SC	27.17	___
12 Sam Black	16	Co Norwich SC	27.28	___
13 Tom Spelman	15	STOT-EA	27.50	___
14 Travis Vlotman	14	Co Norwich SC	27.57	___
15 Lazaros Giarenis	13	Co Norwich SC	27.66	___
16 Alex Patterson	17	Co Norwich SC	27.98	___
17 Lewis Goultly	20	Vikings	28.04	___
18 Nick Barber	15	Co Norwich SC	28.07	___
19 Samuel Wilkinson	15	Thetford	28.33	___
20 James Clarke	14	Co Norwich SC	28.49	___
21 Isaac Buchan	14	Co Norwich SC	28.50	___
22 Sam Bradford	15	Dereham Otters S	28.91	___
23 Ashley Jones	15	Vikings	28.91	___
24 Max Mitchell	36	Co Norwich SC	29.10	___
25 Will Barr	15	RSC	29.33	___

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Event 505 ... (Boys 9 & Over 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	
26 Ollie Dickson	15	SIVT-EA	29.65	___
27 Oscar Harris	15	Thetford	29.72	___
28 Riley Walker	15	Co Norwich SC	29.77	___
29 William Foxlow	14	Teamipswich	29.90	___
30 Noah Blair	13	Diss Otters	29.95	___
31 Enzo Cassoneca	14	Co Norwich SC	30.11	___
32 Dominic Trowell	15	Thetford	30.16	___
33 Jake Battle	12	STOT-EA	30.24	___
34 Teilo Ruffles-Francis	15	STOT-EA	30.30	___
35 Samuel Morton	17	Vikings	30.76	___
36 Alfie Wood	14	Thetford	30.80	___
37 Janos Csepely	12	Teamipswich	30.93	___
38 Harvey Appleton-Barnes	14	Dereham Otters S	31.12	___
39 Kornel Stala	15	Dereham Otters S	31.20	___
40 Tom Kaiser	12	Co Norwich SC	31.28	___
41 Antoni Zhurbenko-Saczawa	13	SIVT-EA	31.32	___
42 Nathan Broadwater	12	Teamipswich	31.50	___
43 Chester Gigg	14	Co Norwich SC	31.67	___
44 Christian Payne	13	Thetford	31.80	___
45 Joshua Taylor	14	Dereham Otters S	31.84	___
46 George Edridge	13	Vikings	32.00	___
47 Jed Millin	14	STOT-EA	32.10	___
48 Thomas Mutton	10	Teamipswich	X32.50	___
49 James Guerin	14	Diss Otters	32.50	___
50 Daniel Dutson	14	Co Norwich SC	32.54	___
51 Donald Perrin	12	Diss Otters	32.66	___
52 Zack Edridge	13	Vikings	32.99	___
53 Oskar Porycki	13	Co Norwich SC	33.10	___
54 Logan Broadhurst	14	Teamipswich	33.40	___
55 Sid Jones	12	Co Norwich SC	33.51	___
56 Bobby Hutchinson	12	Thetford	33.71	___
57 Riccardo Di Maria	11	Co Norwich SC	33.86	___
58 Ewan Hammond	13	Co Norwich SC	34.16	___
59 Heath Harrison	11	STOT-EA	34.20	___
60 Harrison Bunning	13	Dereham Otters S	34.30	___
61 Toby Anderson	11	Co Norwich SC	34.48	___
62 Thomas Trick	14	Co Norwich SC	34.71	___
63 Rowan Carter	15	Co Norwich SC	34.73	___
64 Toby Rodgeron	13	Dereham Otters S	34.80	___
65 Tate Taylor	11	SIVT-EA	35.03	___
66 Laurie Shearer	14	Diss Otters	35.10	___
67 Buddy Thain	12	Teamipswich	35.30	___
68 George Pike	12	Co Norwich SC	35.30	___
69 Kacper Porycki	16	Co Norwich SC	35.78	___
70 Finley Starkey	12	Thetford	35.80	___
71 William Nutt	11	Dereham Otters S	36.01	___
72 Taylor Peddely	10	Teamipswich	36.40	___
73 Josh Fowler	9	Co Norwich SC	36.53	___
74 Conner Broadhurst	12	Teamipswich	37.00	___
75 Arthur Corke	11	Co Norwich SC	37.70	___
76 Elijah Wilson	10	Teamipswich	38.20	___
77 Adison Croft	11	STOT-EA	38.20	___
78 Omar Alfiky	15	Co Norwich SC	38.30	___
79 Alex Foss	12	Thetford	38.50	___
80 Bailee Bighton	13	Vikings	39.22	___
81 Ethan Bailey	11	Co Norwich SC	39.30	___
82 Fraser Canham	13	Thetford	39.70	___
83 Reuben Seaman	10	Vikings	39.80	___
84 Andrew Malcolm	13	Thetford	39.90	___
85 Rowan Gibling	11	Dereham Otters S	40.70	___

86 Robin Carter	9	Co Norwich SC	40.70	___
87 Max Fello	10	Co Norwich SC	40.90	___
88 Isaac Brown	11	Dereham Otters S	41.10	___
89 Ethan Moore	12	Diss Otters	41.50	___
90 Lucas Downes	10	Thetford	41.80	___
91 Francisco Estanol-Chandler	10	Thetford	42.20	___
92 George Abram	9	Co Norwich SC	42.70	___
93 William Carrington	11	Co Norwich SC	43.00	___
94 Freddie Sargeant	9	Teamipswich	45.00	___
95 Ammar Alfiky	9	Co Norwich SC	46.10	___
96 Jake Guy	11	Co Norwich SC	47.10	___
97 Niall McAuley	9	Co Norwich SC	50.20	___
98 Finley Lane	9	Co Norwich SC	50.70	___
99 Eugene Munday	10	Diss Otters	51.00	___
100 James Jones	10	Thetford	53.90	___
101 Charlie Jones	9	GYAT	NT	___
102 Lewis Scott	9	GYAT	NT	___
103 Jack Riding	11	Thetford	NT	___
104 Thomas Barton	12	Thetford	NT	___

Event 506 Girls 9 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1 Ruby Greenhalf	18	Co Norwich SC	29.22	___
2 Jessica-Jane Applegate S14	26	Co Norwich SC	29.52	___
3 Olivia Greenall	13	GYAT	29.65	___
4 Chloe Armstrong	15	Teamipswich	29.87	___
5 Chloe Butler	18	SIVT-EA	30.32	___
6 Sophie Dowding	16	Teamipswich	30.58	___
7 Tabitha Payne	16	Thetford	30.84	___
8 Grace Gunton	19	Co Norwich SC	31.01	___
9 Bella Green	17	Co Norwich SC	31.30	___
10 Evie Greenhalf	13	Co Norwich SC	31.39	___
11 Sophie Roberts	13	Teamipswich	32.17	___
12 Olivia Dutson	16	Co Norwich SC	32.50	___
13 Chess Barber	13	Co Norwich SC	32.58	___
14 Lissy Machin	15	Co Norwich SC	32.63	___
15 Rosa Hammond	15	Co Norwich SC	32.70	___
16 Lizzie England	17	STOT-EA	32.70	___
17 Dayna Arbon	17	Co Norwich SC	32.89	___
18 Lexi Harrison	15	SIVT-EA	33.28	___
19 Abi Riches	14	Co Norwich SC	33.44	___
20 Bea Grant	14	RSC	33.50	___
21 Sophie McKee	17	Vikings	33.60	___
22 Mei McAuley	15	Co Norwich SC	33.75	___
23 Abi Nicholls	16	Co Norwich SC	33.77	___
24 Sophie Nicholls	15	Co Norwich SC	33.93	___
25 Olivia Butlin	12	Thetford	34.07	___
26 Anastasja Wall	13	Dereham Otters S	34.20	___
27 May Richardson	15	STOT-EA	34.20	___
28 Hollie Gilbertson	13	Co Norwich SC	34.27	___
29 Emma Malcolm	18	Thetford	34.42	___
30 Bethany Crawley	15	Teamipswich	34.43	___
31 Olivia Palmer	13	Co Norwich SC	34.53	___
32 Lucy Brown	15	Thetford	34.60	___
33 Megan Summer	15	Dereham Otters S	35.60	___
34 Verity Morrison	14	Co Norwich SC	35.65	___
35 Emily Morton	14	Vikings	35.70	___
36 Hannah Pye	14	SIVT-EA	36.18	___
37 Amelia Garnham	12	Teamipswich	36.33	___
38 Darcey Bradford	16	Dereham Otters S	36.40	___
39 Anghelina Bulman	14	Dereham Otters S	36.70	___
40 Charlotte Rooke	11	Co Norwich SC	36.75	___

2023 CONSC Midsummer Madness 3ER230398 - 08/07/2023 to 09/07/2023

Psych Sheet

Event 506...(Girls 9 & Over 50 LC Meter Butterfly)

Name	Age	Team	Seed Time								
41	Zoe Reynolds	15	Co Norwich SC	36.96	___	101	Evie Dixon	10	Dereham Otters S	57.00	___
42	Ruby Tracey	17	Vikings	37.10	___	102	Amelia Bailey	9	Co Norwich SC	57.00	___
43	Aoife Dudley	15	RADS	37.66	___	103	Eva Palmer	10	Co Norwich SC	57.50	___
44	Summer Barnwell	13	Co Norwich SC	37.82	___	104	Olivia Keen	11	Co Norwich SC	57.90	___
45	Ella Goodswen	13	Co Norwich SC	38.58	___	105	Ophelia Casey	10	Thetford	59.50	___
46	Bella Lawrence	14	GYAT	38.65	___	106	Alexa Linden-Ball	9	Co Norwich SC	59.90	___
47	Anita Edelinski	11	GYAT	38.71	___	107	Erin Sheehy	10	Co Norwich SC	1:00.10	___
48	Bea Green	14	Dereham Otters S	38.80	___	108	Eleni Karakoidas	10	Co Norwich SC	1:00.30	___
49	Isabelle Patterson	12	Co Norwich SC	39.20	___	109	Charlotte Trick	9	Co Norwich SC	1:00.50	___
50	Harriet Townend	11	STOT-EA	39.40	___	110	Kayla Palmer	11	GYAT	1:00.85	___
51	Jessica Seamark	15	Vikings	39.42	___	111	Lillie Lambert	11	Dereham Otters S	1:01.10	___
52	Maggie Marshall	12	Teamipswich	39.50	___	112	Angel Batangan	12	GYAT	1:01.13	___
53	Carys Bradley	12	Teamipswich	39.50	___	113	Charley Taylor	10	Dereham Otters S	1:01.30	___
54	Tsvetina Sinapova	10	Thetford	39.53	___	114	Mia Kaiser	9	Co Norwich SC	1:02.30	___
55	Starr Nichols	13	Co Norwich SC	39.54	___	115	Elsa French	10	Co Norwich SC	1:04.10	___
56	Emily Beighton	15	Vikings	39.56	___	116	Evie Read	10	Dereham Otters S	1:04.70	___
57	Catherine Mitchell	11	GYAT	39.71	___	117	Isabel Stratton	12	Co Norwich SC	1:07.40	___
58	Annaliese Hedges	11	STOT-EA	39.80	___	118	Prachi Ghori	10	SIVT-EA	NT	___
59	Marli Taylor	13	SIVT-EA	39.90	___	119	Holly Hensellek	11	GYAT	NT	___
60	Charlotte Winborn	15	Thetford	39.90	___	120	Lucie Cooper	12	Thetford	NT	___
61	Sophie Nutt	14	Dereham Otters S	40.00	___	121	Belle Taylor	12	SIVT-EA	NT	___
62	Shannon Taylor	13	Thetford	40.10	___	122	Sasha Hordiienko	12	Vikings	NT	___
63	Esme Langley	13	Co Norwich SC	40.44	___	123	Ellen Scott	13	GYAT	NT	___
64	Ruby Welch	12	Diss Otters	40.66	___						
65	Isabella Bryan	13	Teamipswich	40.80	___						
66	Holly Copeland	15	Thetford	41.00	___						
67	Erin Haselwood	13	STOT-EA	41.20	___						
68	Emily Dwight	13	Co Norwich SC	41.30	___						
69	Matilda Sharpe	10	Co Norwich SC	41.78	___						
70	Isabelle Sawford	12	Co Norwich SC	42.01	___						
71	Sadie-Belle Barnwell	11	Co Norwich SC	42.57	___						
72	Lola Abram	11	Co Norwich SC	42.69	___						
73	Amy-Rose Thomas	14	Vikings	43.25	___						
74	Chloe Farrington	12	Co Norwich SC	43.60	___						
75	Grace Parker	11	Vikings	43.74	___						
76	Hebe Shearer	12	Diss Otters	43.85	___						
77	Alice Crowley	13	Co Norwich SC	44.50	___						
78	Maja Kurkiewicz	14	SIVT-EA	44.80	___						
79	Leila Jackute	11	Thetford	45.40	___						
80	Imogen Ramjohn	14	Thetford	45.70	___						
81	Sarah Richards	44	Diss Otters	46.40	___						
82	Esme Seaman	13	Vikings	46.60	___						
83	Ellie Rose Norman	14	Co Norwich SC	47.50	___						
84	Layla McDermott	11	Thetford	48.80	___						
85	Olivia Bradley	10	Thetford	48.90	___						
86	Dotty Thorby	10	Co Norwich SC	49.10	___						
87	Bebe King	12	Vikings	49.25	___						
88	Alison Reid	12	Co Norwich SC	50.20	___						
89	Hollie Richards	10	Diss Otters	50.40	___						
90	Flo Taylor	10	SIVT-EA	50.85	___						
91	Annabelle Marcus	11	Co Norwich SC	51.00	___						
92	Ruby Broadwater	9	Teamipswich	51.20	___						
93	Olivia Canham	11	Thetford	52.70	___						
94	Ellen Akerstone	9	Co Norwich SC	52.70	___						
95	Maisie Taylor	11	Thetford	53.70	___						
96	Millie Clifford	11	Diss Otters	54.80	___						
97	Lola Nielsen	12	Co Norwich SC	54.82	___						
98	Elodie Hupton	10	Co Norwich SC	55.00	___						
99	Leona Scott	10	Vikings	55.68	___						
100	Olivia Brewer	12	Diss Otters	56.40	___						