



DISS OTTERS

A local swimming club at the heart of the community



DISS OTTERS SANTA'S SPLASH & DASH OPEN SPRINT MEET 2021 Sunday 12th December 2021

Swimmers Information

Entry

Entry onto poolside will be approximately 15 minutes prior to the commencement of each warmup. For the morning session entry will be permitted from 8:15am onwards

Warm up

All swimmers are requested to follow the warmup schedule as provided to club coaches in their welcome packs. All swimmers must be supervised by a club coach/team manager during warmup. Sprint lanes will be opened at the end of each warmup block for sprints. Only club coaches/officials are permitted to adjust the backstroke starting ledge.

Withdrawals

Withdrawals for this meet are being managed digitally. Club coaches will receive the link for online withdrawals.

All withdrawals can be made at any point up until the withdrawal deadline of each session. The system will automatically close for withdrawals 15 minutes after the start of the warmup each session i.e. 8.45am for session 1.

All swimmers are asked to liaise with their coach or club contact to ensure withdrawals are communicated to avoid empty lanes in heats. A bar code will also be provided within the welcome packs which will take you straight to your club's withdrawal system. The bar codes will also be available from the timing desk.

Backstroke Ledges

Backstroke ledges will be available for this event. We are aware that many swimmers will not be used to them, therefore if a swimmer wishes not to use the ledge, the swimmer will need to inform the official in their lane who will remove the ledge from the water, but they will be able to offer guidance if a swimmer has any questions. We will ensure a lane is made available for a backstroke ledge during warmup. We ask that only coaches/team managers/officials adjust the backstroke ledge to avoid damage and covid-19 transmission.

Poolside footwear

No outdoor footwear is permitted on poolside. All swimmers must be wearing indoor poolside footwear & t-shirts when using the stairs and walking around the centre.





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Marshalling

Competitors from all clubs will be asked to ensure they are at the marshalling area in a timely manner. It is the responsibility of the competitor to report in sufficient time before the event. Swimmers failing to report in time may lose the opportunity to compete, marshals will not search for missing swimmers. Swimmers in the first heat of each session are asked to report to the marshalling area at least 5 minutes before the session start time.

When swimmers are in the marshalling area they will be asked to bring as little with them as possible, along with a single plastic bag. The plastic bag could contain goggles, snack, water bottle, and swimmers should put their poolside shoes, shirts, and any other items in the bags when they arrive at the blocks. The bags should be placed on a table behind the blocks at the scoreboard end of the pool whilst they swim. A bag for life is ideal for this as it is waterproof and stays upright. Swimmers can then collect their bag upon completion of their swim.

Awards

Award will be presented to the top 3 in the following age groups: 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15-16 years, 17 and over. Swimmers are asked to collect their medals in a timely fashion after their event results have been published. Any uncollected awards can be given to club coaches/team manager at the conclusion of the event. If any awards are not collected by the swimmer/coach/team manager these will not be posted to the clubs after the event.

Covid-19

Diss Otters kindly request that all swimmers, helpers, marshals and officials and coaches wear face coverings when moving around the venue. When swimmers are static at their station, or about to swim, they may remove their mask. The Refs and Starters will not wear masks once in position – along with the commentator – as the mask would impede their performance of their duties. Club coaches are encouraged to remind their own swimmers. Each club is considered to be a 'bubble' for the purposes of this competition – every reasonable effort should be made to maintain appropriate distancing from other teams and when walking around the facility.

