



# Norfolk County Championships

## Warm up Times



Day 1 - Sat 22nd January			
Session	Warm up	Warm up end	First Race
Session 1A	08:30 AM	08:55 AM	09:00 AM
Session 1B	Not before 10:30 AM		
Session finish	12:37 PM		

Day 2 - Sun 23rd January			
Session	Warm up	Warm up end	First Race
Session 2A	08:30 AM	08:55 AM	09:00 AM
Session 2B	Not before 10:30 AM		
Session finish	12:21 PM		

Day 3 - Sat 5th February			
Session	Time	Warm up end	First Race
Session 3	08:30 AM	09:30 AM	09:35 AM
Session finish	01:23 PM		
Session 4	02:00 PM	03:00 PM	03:05 PM
Session finish	06:49 PM		

Day 4 - Sun 6th February			
Session	Time	Warm up end	First Race
Session 5	08:30 AM	09:30 AM	09:35 AM
Session finish	11:54 AM		
Session 6	12:45 PM	01:45 PM	01:50 PM
Session finish	05:14 PM		

Day 5 - Sat 12th February			
Session	Time	Warm up end	First Race
Session 7	08:30 AM	09:30 AM	09:35 AM
Session finish	11:47 AM		
Session 8	12:30 PM	01:30 PM	01:35 PM
Session finish	04:13 PM		

Day 6 - Sun 13th February			
Session	Time	Warm up end	First Race
Session 9	08:30 AM	09:30 AM	09:35 AM
Session finish	12:10 PM		
Session 10			
Skins briefing 14/OV	01:00 PM		
Skins briefing 10-13yrs	01:15 PM		
Warm up (Skins only)	01:30 PM	01:45 PM	01:50 PM
Session Finish	02:23 PM		
Warm up (Relay Gala)	02:30 PM	02:55 PM	03:00 PM
Session Finish	03:46 PM		