

Mini Meet

13th November 2021



3.00pm warm-up for 3.30pm start Sportspark, UEA

1. Age as at 13th November 2021.
2. Restrictions: 25m events are open to swimmers age 5-10; 50m and 100m events are open to ages 5-12. Swimmers may only enter 1 distance per stroke.
3. Cut off times: All swimmers age 9/over cannot swim the 50m or 100m events if they are FASTER THAN the cut off times for their age group as listed in the table below. If faster than the 50m time the swimmer cannot swim the 25m event.
4. Please speak to your teacher or coach if you need help understanding which event to enter.
5. Medals/Ribbons: For 1-6th place swimmers there will be awards (medals 1st – 3rd, ribbons 4th – 6th) in each 25m event in the following age groups: 6/under, 7, 8, 9, 10. In the 50m and 100m events there will be awards for swimmers placing 1st – 6th in the following age groups: 7/under, 8, 9, 10, 11, 12.
6. Entry Fee: There will be a small charge of £3 for each event, and £3 for each spectator attending on the day. All entries and results will be visible in Meet Mobile (download from the AppStore).

Keep top part of form for reference; return lower part.



First name	<input type="text"/>	Surname	<input type="text"/>
Squad (CoNSC)	<input type="text"/>	DOB	<input type="text"/>
Lesson (Penguins)	<input type="text"/>	Gender	<input type="text"/>
Email	<input type="text"/>	Phone number	<input type="text"/>

Event	Distance (tick either 25m or 50m)		Entry time if known
	25m	50m	
Freestyle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Butterfly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Individual Medley (100m)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Backstroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Breaststroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Total events @ £3 per event			= £

7. Entry: All CONSC swimmers in AA JD and CA should be via SCM. Invoices will be activated on the closing date of 30th October 2021. Penguins parents should send the entry form, with cheques made payable to CITY OF NORWICH SWIMMING CLUB LTD, to Helen Crowley, CONSC, 48 Constitution Hill, Norwich, NR3 4BT. BACS Payment to Acct 00919204, Sort 30-96-17, Ref NMM21 + Swimmers Surname.

ONLY COMPLETE THIS SECTION IF YOU PLAN TO VOLUNTEER:

Parents/families of swimmers: Did you know that it takes over 40 volunteers to run a well organized, relaxed and above all a safe gala? Most jobs are not difficult, and with plenty of helpers it can be fun! No prior experience is needed. If you can help please complete your details below or contact Helen Crowley on **07910 041149** or email **CONSCminimeet@gmail.com**.

If you are interested in officials training and the JL1 online theory course please tick here and we will send further information.

I/we would like to help at the Gala on 13th November 2021. Poolside: Gallery:

Name(s)	<input type="text"/>	
Tel:	<input type="text"/>	Email <input type="text"/>

