

Entry Pack

Swim England Open Water National Age Group Championships 2019

5 August | Rother Valley Country Park

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KEY CONTACTS

Swim England

Gina Dawson

from 1 July: Thysia Pater-Dye

Swim England Events Department
Pavilion 3
3 Oakwood Drive
Loughborough
LE11 3QF

Tel: 01509 640 821

Email: gina.dawson@swimming.org

from 1 July:

thysia.pater-dye@swimming.org

Venue

Rother Valley Country Park

Mansfield Road
Wales Bar
Sheffield
S26 5PQ*

Tel: 0114 247 1452

[Rother Valley Country Park Website](#)

*Please see venue information section for directions

KEY DATES

Item	Date
Entries Open	12 noon, Wednesday 5 June 2019
Pool Based Entries Close	12 noon, Friday 5 July 2019
Regional Qualifying Entries Close	12 noon, Wednesday 24 July 2019

SWIM ENGLAND PRIVACY POLICY AND PHOTOGRAPHY CONSENT

All individuals attending Swim England events are asked to complete:

[PRIVACY POLICY AND PHOTOGRAPHY CONSENT FORM](#)

Please make sure this is filled in prior to the event.

To view further details about how Swim England manages your data, download [Swim England's Privacy Policy](#).

INSURANCE INFORMATION

Affiliated clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular there is no cover for travel or accommodation costs for

the cancellation of an event. Some clubs and members may already have the benefit of their own group or personal travel insurance.

For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please click [HERE](#) or contact Howdens directly on 0121 698 8052. Alternatively you can seek cover from another insurance provider.

SCHEDULE

The Swim England Open Water National Age Group Championships returns to Rother Valley Country Park and will incorporate the following events:

Events*	Registration	Race
Swim England National Age Group 5k Championships	08:30	10:00
Swim England National Age Group 3k Championships	11:30	13:00
Swim England National Age Group 2k Championships	13:30	15:00

**Please note, the above timings are subject to change depending on the number of entries received. Competitors will also be required to attend a pre-race briefing, timings for which will be confirmed in the Confirmation Pack after close of entries.*

HOW TO ENTER

Entry Fee

Entry Fee	£20.00
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Submitting an Entry

Pool based entries	ENTER HERE
Regional qualifying entries	ENTER HERE

- All entries must be made via the online entry system
- Pool based entries - enter your membership number or surname in the box and follow the instructions.
- Regional qualifiers – select swimmer(s) from the drop down list and follow the instructions.
- Your entry is not complete until your payment is processed and you have received a confirmation email from PayPal.
- You are also reminded that electronic entrants are bound by the conditions of entry without a signature.

If you have any queries, please contact Swim England Membership (01509 640 727 / renewals@swimming.org) or Events teams with any queries **no later than 7 days before the closing date**. After this time it cannot be guaranteed queries will be processed in time.

Entry Confirmation

All successfully submitted entries will be published online and can be viewed as follows:

View online received entries list:

[RECEIVED ENTRIES LIST](#)

Competitors are asked to check their details carefully and contact the Event Team immediately with any errors.

A Confirmation Pack will be circulated to entrants once the entry deadline has passed.

Entry Deadlines

Pool Based Entries Close	12 noon, Friday 5 July 2019
Regional Qualifying Entries Close	12 noon, Wednesday 24 July 2019

All individual entries and appropriate payments must be received by the above deadlines. Late entries, entries without payment or entries incorrectly completed will not be accepted.

International entrants

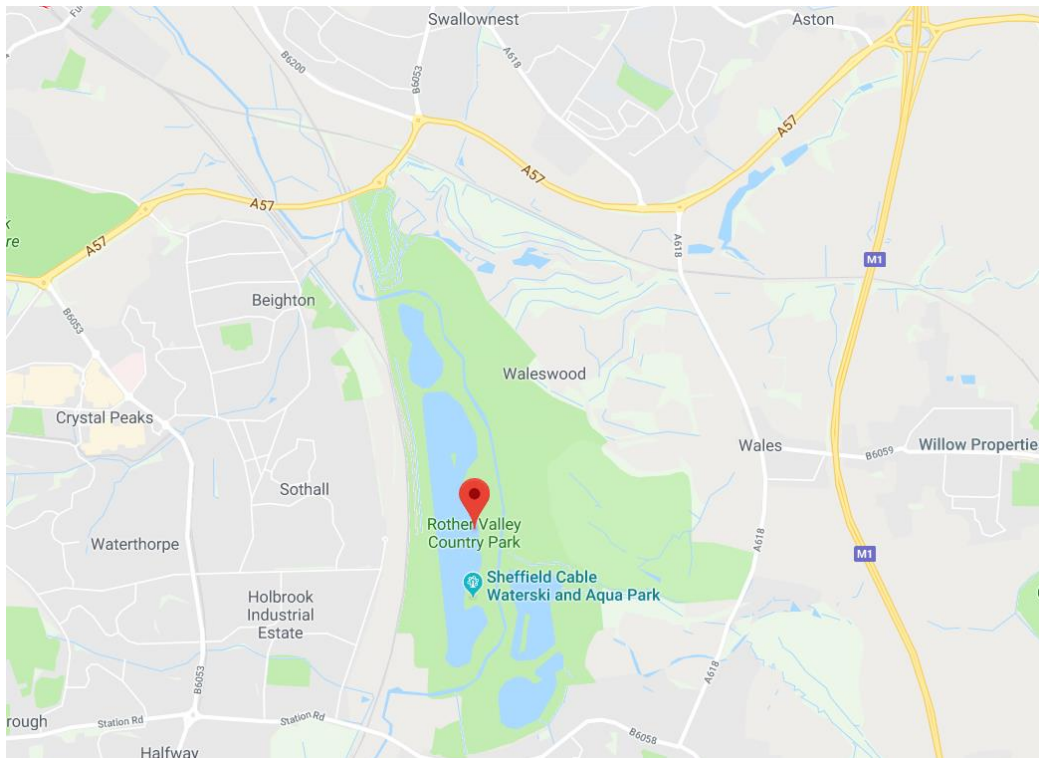
Please email nationalevents@swimming.org for further details on how to enter.

VENUE

Rother Valley Country Park

Mansfield Road
Wales Bar
Sheffield
S26 5PQ

Directions



****Please note:*** if using the above official postcode the Sat Nav may instead direct to an industrial estate nearby. Instead, from Junction 31 of the M1, take A57 towards Sheffield. At the roundabout take A618 towards Mansfield, Wales Bar and Clowne. At the traffic lights go straight on and the park entrance is at the bottom of the hill on the right.

Parking is available at £5 per car or motorcycle per day.

Access to the venue via public transport is limited, you can find further information on parking and access to the venue on the official [Rother Valley Country Park Website](#).

Onsite facilities

- The Old Mill and Stables Café sells a variety of hot meals, snacks and drinks
- The 750 acre park hosts a number of water sport activities, walking and cycling routes, further details can be found [HERE](#)
- Group changing facilities
- The Village on the green will have something for everybody!

The Village

The Village is free to enter for spectators. Bring your family, friends and colleagues with you and enjoy a great day of Open Water swimming! Alongside the action packed competition there will be activities and stalls, further details will follow in the Confirmation Pack.

WETSUIT HIRE

Cambrian Aquatics are proud to be working in conjunction with TYR, Swim England official partner, in offering Wetsuit Event Hire and Season Hire options.

If required, wetsuit hire can be arranged through **Cambrian Aquatics** in advance of the event and on the day of the event (subject to availability). Further details will follow shortly.

MERCHANDISE

A limited stock of event merchandise will be available to purchase at the event.

To avoid disappointment: [PRE-ORDER EVENT MERCHANDISE HERE](#) and then simply collect the purchased items on the day of the event.

Pre-orders are available until **12 noon, Friday 5 July 2019**



DOPING CONTROL

Whether by accident or on purpose, doping is against the rules of the sport. Swim England and British Swimming promote a culture of doping-free sport. Competitors are advised that Anti-Doping control may take place during these Championships.

Please ensure competitors keep their accreditation on person at all times, as this will be used for identification. For further information, please refer to Anti-Doping section:
<https://www.britishswimming.org/performance/anti-doping/>

Please note that in accordance with the International Standards for Testing, it is the competitor's responsibility to provide all information and dosage for any medications and supplements taken on the doping control form, at the point of doping control. Any previously disclosed medications or supplements to the club and/or via a British Swimming Medical Declaration Form, forms no part of doping control.

Strict liability means competitors are responsible for any banned substance found in their system, no matter how it got there.

All medications should be checked on www.globaldro.com

If support is required, or there is a query about any medications, supplements or the anti-doping rules around this, please contact Rachel Burrows at British Swimming: 07824 618 863.

EVENT CONDITIONS

MINIMUM ENTRY QUALIFYING TIMES LONG COURSE POOL QUALIFYING ONLY

Age at 31 December 2019

1500m

	12	13	14	15	16	17/18	19 & over
Female	21.03.00	19.13.30	18.39.20	18.04.50	18.00.00	17.35.40	17.27.80
Male	20.11.20	18.47.30	17.49.40	17.10.00	16.53.40	16.19.60	16.12.20

800m

	12	13	14	15	16	17/18	19 & over
Female	10.31.10	9.53.50	9.35.30	9.22.50	9.15.30	9.07.60	8.58.20
Male	10.35.90	9.52.40	9.23.20	9.00.00	8.48.90	8.30.80	8.28.50

- All competitors must have equalled or bettered the entry time in an event designated or licensed by Swim England, Scottish Swimming or Swim Wales for entry into National competitions or, for overseas competitors, approved by their federation. Times must have been achieved since 1 July 2018 and the event closing date.**
Closing Date for Pool Based Entries 12 noon, Friday 5 July 2019.
- Competitors placed first, second and third in a Swim England Regional Open Water Championships, being a member of a club in that Region, or the nominated Scottish Swimming or Swim Wales Open Water Championships, who does not achieve entry by means of a pool based swim, may also enter the Open Water National Age Group Championships providing the distance swum is equivalent to that to be swum at the Open Water National Age Group Championships for that age group. (Age Groups & Distances see condition 5 below)**

Conditions

- The Swimming Management Group ("the Group") reserves full powers over the Open Water National Age Group Championships ("the National Championships"), including but not limited to cancelling, postponing or changing the National Championships venue and/or format due to reasons beyond its reasonable control.
- The National Championships shall be held under Swim England Regulations and FINA Technical Rules of Open Water Swimming.
- A competitor must be a registered member of the club in whose name he/she is entered, at the date of making the initial entry. Competitors may enter in the name of one club only. The club must be offered by the online entry system.
- Overseas competitors will be accepted if they are from one of the countries affiliated to FINA.
- Age Groups and Distances are: Girls & Boys: 12/13yrs – 2km; 14/15yrs – 3km; 16 & over - 5km.
- Ages as at: 31 December 2019.
- Medals will be awarded to the first 3 male and female competitor in each of the following age groups: - 12, 13, 14, 15, 16, 17/18, 19+.
- An award will be made to the Top Club based on points scoring.
- A cut off time limit of 30 minutes after the first competitor in each competition has finished shall operate.
- Registration: Competitors MUST sign in at the registration desk at the appropriate time.

11. Any competitor representative (coach/ team manager/ chaperone) not attending the briefing may result in the competitor NOT being allowed to swim.
12. Competitor No: Competitors must have their number displayed on their back or upper arms AND WEAR THE ELECTRONIC CHIP AND/OR WRIST BAND PROVIDED.
When Wetsuits are in use only the Hands and Hat will be numbered.
13. Water Temperature & Swimwear
 - (a) Water Temperature 20 degrees or above: - Swimming costumes must comply with FINA Open Water Rules.
 - (b) Water Temperature 18-19.9 degrees: - Competitors may choose to wear a Wetsuit or a Swimming Costume. Both must comply with FINA Open Water Rules.
 - (c) Water Temperature 16-17.9 degrees: - Competitors must wear a FINA approved Wetsuit.
14. Swim Gear: No competitor shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used. Only one costume is allowed.
15. Grease: Competitors shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.
16. All competitors must have trimmed fingernails and toenails and must not wear any jewellery, including watches.
17. Safety and Conditions:
 - (a) Water temperature will be monitored in the run up to the National Championships.
 - (b) On the day of the National Championships, prior to the start of the competition, the course will be inspected and water temperature measured to ensure all of the safety requirements are met and the conditions are suitable for staging the National Championships.
 - (c) Reasonable modifications may be made to the course or the manner in which the National Championships is conducted based on the conditions at the time.
18. Cancellations:
 - (a) If the conditions are deemed to be unsuitable and not safe at the National Championships, a decision may be made to cancel or stop the National Championships.
 - (b) Full refunds of entry fees to the National Championships will be offered to all competitors.
 - (c) No refunds will be offered for any other expenses incurred in relation to the National Championships.
 - (d) If a Regional Open Water Event is cancelled, due to unsuitable conditions, there will be no qualifiers for the National Championships from that event. If it is possible to accommodate these competitors in another Regional Event this will be acceptable for qualification to the National Championships.

Guidance from British Swimming on the use of Wetsuits

The following guidance has been issued by the British Swimming Officials Group relative to the suitability of Wetsuits in Open Water Competition:

“This rule change has been brought about to increase safety for competitors in water between 16° - 17.9° (compulsory) and 18° - 20° (optional). In accordance with other swimsuit rules British Swimming will conform to the intention of the rule. We do not provide interpretation of FINA rules – only FINA as the governing body can interpret their own rules.

However, to provide guidance, the discussion to date has been around what would constitute coverage of the shoulder. An informed view is that to ensure complete coverage of the shoulder the wetsuit must include a sleeve, as a minimum polo or ‘T’ shirt length covering the full shoulder and upper arm in order to maintain shoulder cover during swimming, full arm to wrist has been suggested although elbows do not feature in the rule, whereas coverage of knees as a mid-limb joint in respect of leg length of a wetsuit is.

It is expected that officials will apply common sense when dealing with references to neck, wrists and ankles. As in all Open Water events held in the home counties of England Scotland and Wales the Chief Referee will have responsibility for the overall management of the rules.”