**Saturday 23rd February & Sunday 24th February, Thetford Leisure Centre**

**Under ASA Laws & Technical Rules**

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| **INDIVIDUAL ENTRY FORM** |
| **FORENAME:** |  | **SURNAME:** |  |
| **SQUAD:**  |  | **AGE (AS AT 31/12/19):** |  |
| **SEX :** | **Male/Female** | **DATE OF BIRTH:** |  |
| **EMAIL ADDRESS:** |  |
| **TELEPHONE NO:** |  |
| **ASA REGISTRATION NO** |  |  |  |  |  |  |
|  |  |  |  |  |
| **EVENT** | **COST PER EVENT** | **TICK IF ENTERING** | **COACH TIME IF REQ’D** |
| **50M FREESTYLE** | **£5.00** |  |  |
| **100M FREESTYLE** | **£5.00** |  |  |
| **200M FREESTYLE** | **£5.00** |  |  |
| **50M BACKSTROKE** | **£5.00** |  |  |
| **100M BACKSTROKE** | **£5.00** |  |  |
| **200M BACKSTROKE** | **£5.00** |  |  |
| **50M BREASTSTROKE** | **£5.00** |  |  |
| **100M BREASTSTROKE** | **£5.00** |  |  |
| **200M BREASTSTROKE** | **£5.00** |  |  |
| **50M BUTTERFLY** | **£5.00** |  |  |
| **100M BUTTERFLY** | **£5.00** |  |  |
| **200M BUTTERFLY** | **£5.00** |  |  |
| **100M IM** | **£5.00** |  |  |
| **200M IM** | **£5.00** |  |  |
| **TOTAL ENTRIES** |  **x £5.00** | **£** |
| **Admin Fee**  | **@ £5.00** | **£ 5.00** |
| **Total** |  | **£** |

***Please ensure you read qualifying rules and times carefully before submitting your entry. All events entered must either have a time on the ASA database or a coach time that is SLOWER than the qualifying times and must be from the last 12 months.***

 **CLOSING DATE FOR ENTRIES IS SUNDAY 13th JANUARY**

Please return this form to Debbie Robertson, 4 St George Loke, Sprowston, Norwich, NR7 8TJ, with a cheque made payable to: **City of Norwich Swimming Club Ltd.** If you wish to pay by BACS please transfer money to Account 59071068 Sort Code 30-96-17, quoting WTM19 and the first 4 letters of your surname. Please email debannrobertson@gmail.com once payment made.