



# CITY OF LEICESTER SWIMMING CLUB LIMITED

(Affiliated to ASA East Midland Region & Leicestershire ASA)

PRESENTS

## THE 2018 LEICESTER OPEN

(Under the Laws, Regulations and the Technical Rules of the Amateur Swimming Association)

16<sup>th</sup>/17<sup>th</sup>/18<sup>th</sup> November 2018

BRAUNSTONE LEISURE CENTRE ~ LEICESTER



This Event is Licensed @ L2 (2EM181420) By The A.S.A. For Entry into Regional & National Championships

**Watch-out for the Inaugural 200m Mystery Individual Medley to celebrate 40 years of City of Leicester SC in Sunday's Session 5 (selected from the fastest 200m IM swimmers in Session 1)**

<i>DATE:</i>	Friday 16 <sup>th</sup> , Saturday 17 <sup>th</sup> and Sunday 18 <sup>th</sup> November 2018
<i>VENUE:</i>	Braunstone Leisure Centre ~ Leicester
<i>AGE AS AT:</i>	31 <sup>st</sup> December 2018
<i>AGE GROUPS:</i>	Male / Female ~ 10, 11/12, 13/14 and 15 & Over
<i>EVENTS:</i>	50m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly 100m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly 200m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly ~ Individual Medley 400m ~ Freestyle ~ Individual Medley
<i>SPECIAL EVENT:</i>	200m Mystery Individual Medley (no ASA Ranking time submission)
<i>HDW:</i>	All 50m & 400m Events
<i>FINALS:</i>	All 100m and 200m events in the following age bands: - Open & Junior (14yrs & under)
<i>AWARDS:</i>	Individual Cash Prizes for Open Finals Individual Cash Prize for 200m Mystery Individual Medleys Medals for Age Groups & Junior Finals
<i>SESSIONS:</i>	One Friday 16 <sup>th</sup> November, Two Saturday 17 <sup>th</sup> and Two Sunday 18 <sup>th</sup> November
<i>SWIM DOWN:</i>	Separate 4 lane 25m Swim-Down Pool, available at specified times
<i>CLOSING DATE:</i>	Wednesday October 31 <sup>st</sup> 2018

### Entry information available soon by:

Web: <http://www.cityofleicesterswimmingclub.co.uk/>

Email: darryl.ryan@sky.com

Or: send a large sae to: -

City of Leicester Swimming Club Limited

c/- 8 Wyvern Close, Burbage

Leicestershire, LE10 2GG



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### PROGRAMME OF EVENTS

FRIDAY 16 <sup>th</sup> NOVEMBER			
SESSION 1		WARM UP: 17:00 START: 18:00	3 hours
101	Female	200m IND. MEDLEY	
102	Male	200m IND. MEDLEY	
103	Female	50m BUTTERFLY HDW	
104	Male	50m BUTTERFLY HDW	
105	Female	50m BACKSTROKE HDW	
106	Male	50m BACKSTROKE HDW	
107	Female	50m BREASTSTROKE HDW	
108	Male	50m BREASTSTROKE HDW	
<i>10-minute Officials comfort break</i>			
109	Female	200m IND. MEDLEY JNR FINAL	
110	Male	200m IND. MEDLEY JNR FINAL	
111	Female	200m IND. MEDLEY OPEN FINAL	
112	Male	200m IND. MEDLEY OPEN FINAL	

SATURDAY 17 <sup>th</sup> NOVEMBER							
SESSION 2		WARM UP: 08:30 START: 09:20	3.5 hours	SESSION 3		WARM UP: TBC START: TBC	3.5 hours
201	Male	400m FREESTYLE HDW		301	Female	400m FREESTYLE HDW	
202	Female	200m BACKSTROKE		302	Male	200m BACKSTROKE	
203	Male	200m BUTTERFLY		303	Female	200m BUTTERFLY	
204	Female	100m FREESTYLE		304	Male	100m FREESTYLE	
205	Male	100m BREASTSTROKE		305	Female	100m BREASTSTROKE	
<i>10-minute Officials comfort break</i>				<i>10-minute Officials comfort break</i>			
206	Female	200m BACKSTROKE JNR FINAL		306	Male	200m BACKSTROKE JNR FINAL	
207	Male	200m BUTTERFLY JNR FINAL		307	Female	200m BUTTERFLY JNR FINAL	
208	Female	200m BACKSTROKE OPEN FINAL		308	Male	200m BACKSTROKE OPEN FINAL	
209	Male	200m BUTTERFLY OPEN FINAL		309	Female	200m BUTTERFLY OPEN FINAL	
210	Female	100m FREESTYLE JNR FINAL		310	Male	100m FREESTYLE JNR FINAL	
211	Male	100m BREASTSTROKE JNR FINAL		311	Female	100m BREASTSTROKE JNR FINAL	
212	Female	100m FREESTYLE OPEN FINAL		312	Male	100m FREESTYLE OPEN FINAL	
213	Male	100m BREASTSTROKE OPEN FINAL		313	Female	100m BREASTSTROKE OPEN FINAL	



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SUNDAY 18 <sup>th</sup> NOVEMBER							
SESSION 4		WARM UP: 08:30 START: 09:20	3.5 hours	SESSION 5		WARM UP: TBC START: TBC	3.5 hours
401	Male	400m IND. MEDLEY HDW		501	Female	400m IND. MEDLEY HDW	
402	Female	200m FREESTYLE		502	Male	200m FREESTYLE	
403	Male	200m BREASTSTROKE		503	Female	200m BREASTSTROKE	
404	Female	100m BUTTERFLY		504	Male	100m BUTTERFLY	
405	Male	100m BACKSTROKE		505	Female	100m BACKSTROKE	
<i>10-minute Officials comfort break</i>				<i>10-minute Officials comfort break</i>			
406	Female	200m FREESTYLE JNR FINAL		506	Male	200m FREESTYLE JNR FINAL	
407	Male	200m BREASTSTROKE JNR FINAL		507	Female	200m BREASTSTROKE JNR FINAL	
408	Female	200m FREESTYLE OPEN FINAL		508	Male	200m FREESTYLE OPEN FINAL	
409	Male	200m BREASTSTROKE OPEN FINAL		509	Female	200m BREASTSTROKE OPEN FINAL	
410	Female	100m BUTTERFLY JNR FINAL		510	Male	100m BUTTERFLY JNR FINAL	
411	Male	100m BACKSTROKE JNR FINAL		511	Female	100m BACKSTROKE JNR FINAL	
412	Female	100m BUTTERFLY OPEN FINAL		512	Male	100m BUTTERFLY OPEN FINAL	
413	Male	100m BACKSTROKE OPEN FINAL		513	Female	100m BACKSTROKE OPEN FINAL	
<i>5-minute Officials comfort break</i>				<i>5-minute Officials comfort break</i>			
414	Female	50m FREESTYLE HDW		514	Male	200m MYSTERY IND. MEDLEY (Top 8 Accepted from 200IM)	
				515	Female	200m MYSTERY IND. MEDLEY (Top 8 Accepted from 200IM)	
				516	Male	50m FREESTYLE HDW	



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<b>BOYS LOWER LIMIT CONSIDERATION TIMES</b>							<b>EVENT</b>	<b>GIRLS LOWER LIMIT CONSIDERATION TIMES</b>						
10yrs	11yrs	12yrs	13yrs	14yrs	15/Over	Open		10yrs	11yrs	12yrs	13yrs	14yrs	15/Over	Open
39.3	37.2	35.1	33.1	31.3	29.9		50m Freestyle	39.9	37.7	35.7	34.3	33.3	32.5	
1:30.5	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6		100m Freestyle	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9	
3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8		200m Freestyle	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	
4:30.0							400m Freestyle	4:50.0						
45.1	42.5	40.3	37.6	35.8	33.9		50m Backstroke	45.3	42.7	40.5	38.7	37.5	36.8	
1:40.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5		100m Backstroke	1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1	
3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3		200m Backstroke	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	
51.3	48.00	45.1	41.9	39.6	37.7		50m Breaststroke	51.7	48.3	45.4	43.2	41.8	40.8	
1:58.0	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0		100m Breaststroke	1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1	
3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8		200m Breaststroke	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	
43.8	41.00	38.8	36.4	34.3	32.5		50m Butterfly	43.9	41.3	39.1	37.3	36.1	35.2	
1:45.0	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7		100m Butterfly	1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9	
3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5		200m Butterfly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	
3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2		200m Ind. Medley	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	
5:00.0							400m Ind. Medley	5:30.0						

Only swimmers with times equal or faster than the lower limits shown for that event are eligible to enter. Times will be taken from the ASA Rankings at time of submitting.

**REMEMBER ~ AGE MEANS AGE AT 31st DECEMBER 2018**



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### PROMOTORS CONDITIONS

- The competition will be held under Laws, Regulations and the Technical Rules of the Amateur Swimming Association at Braunstone Leisure Centre, 2 Hamelin Road, Braunstone, Leicester, LE3 1JN.
- 25m 8 lane competition pool with anti-turbulence lane ropes. Electronic timing with 8 – line scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available on-line at: [www.cityofleicesterswimmingclub.co.uk](http://www.cityofleicesterswimmingclub.co.uk)
- 25m 4 lanes swim down pool is available at specified times. Swimmers must be supervised throughout their swim down/warm up by their club coach(es) or team manager(s).
- The competition is open to registered swimmers as defined by ASA Laws: Age as at 31<sup>st</sup> December 2018.
- All participants and spectators must observe the safety precautions in operation at the Braunstone Leisure Centre. Neither City of Leicester Swimming Club Limited nor Leicester City Council can be held responsible for loss or damage to spectators or competitors' property. Competitors are advised to use the lockers in the changing village and not leave belongings unattended.
- **All 50m & 400m events are OPEN HEAT DECLARED WINNERS, an individual prize for the first three places. The promoter reserves the right to restrict the number of 400m heats.**
- **ALL 100m and 200m events have FINALS in following age bands: Male/Female OPEN and 14 years & under.** Finals for these events, the fastest overall eight swimmers from the heats will compete in the OPEN finals irrespective of age, plus reserves. The next fastest eight eligible 14yrs & under competitors shall be allocated places in the 14yrs & under Junior final, plus reserves. A competitor in a 14yrs & under final may also be a reserve for the OPEN final and will be moved to the OPEN final as necessary with a 14yrs & under reserve taking the vacant place in the 14yrs & under final. There will be an overall individual cash prize for the first three places in the Open Finals.
- **200m Mystery Individual Medley** - the fastest swimmers from the 200m Individual Medley from Session 1 (by results from Finals followed by Heats until 8 swimmers and 2 reserves have accepted) will be invited to compete in the **Inaugural 200m Mystery Individual Medley to celebrate 40 years of City of Leicester SC in Sunday's Session 5.** The lane draw will be decided on poolside at the time of event with the fastest qualifier choosing a mystery lane from the pile to find out their mystery medley sequence. There will be an overall individual cash prize for the first three places in the Open Finals. **Note: times will not be eligible for ASA Rankings**
- **It is the responsibility of the Swimmer/Club to positively accept the swimmers' place in a Final.** The promoter's decision will be final and failure to do by the announced time will result in the place being offered to a reserve.
- **This will be a card-less meet.** No cards will be issued for this meet; draft club/swimmers entries will be published on the City of Leicester website. It is the responsibility of the Swimmer/Entry Club to check this for accuracy. Draft session times will be published on the website during the week prior to the Meet.
- Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events. It is the responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race.
- The Café will be open for the sale of hot and cold refreshments during the meet.
- Entry times shall be converted to 25m pool length and must be faster than or equal to the the published Lower Limit. All entries times will be taken from the ASA Rankings when submitted/received.
- Club entries must be made via **YOUR** club meet secretary using the Sportsystems Entry File found on the website. Exported Entry files must be emailed to [darryl.ryan@sky.com](mailto:darryl.ryan@sky.com) and received by **Wednesday 31<sup>st</sup> October 2018.**



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- Electronic entries: a printout of event entries from Sportsystems, a club entry summary form and full payment or proof of BACs payment must be sent to the email address below **7 days** after the Entry File has been acknowledged by the meet management team. The entry fee is **£7.00** per event
- Paper entries will be charged at **£7.50** per event and must be submitted using the entry form within the pack and returned to the address shown with correct fee by **Wednesday 31<sup>st</sup> October 2018. Competitors' ASA Membership Number must be included if using the Paper Entry Form.**
- All club or cheques should be made payable to **City of Leicester Swimming Club Ltd.** If paying by BACS then the bank details are:

**City of Leicester Swi Club Ltd T/As COLSC**

**Sort Code: 20-45-77**

**Account no: 20234176**

Please reference your club name i.e. TL18 <4digit club code> so we can match against your club entries and email [darryl.ryan@sky.com](mailto:darryl.ryan@sky.com) with your Sportsys entry reports.

If an individual entry, please reference your swimmers name i.e. TL18 <swimmer name or ASA number> so we can match against your entry and email [darryl.ryan@sky.com](mailto:darryl.ryan@sky.com) with your entry reports.

- The acceptance of competitors will be based on **quickest times submitted by age group basis.** As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. **Entries must be within (i.e. equal to or faster than) the published qualifying times** for each event.
- As soon as possible after the closing date, club list sheets will be posted on the club's website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or will be available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.
- If events are oversubscribed; the Meet Organiser reserves the right to restrict entries. No entry will be accepted without fully completed entry form application – times must be submitted. Any entry that is not accepted will be notified prior to the meet with a full refund. It is the responsibility of all competing clubs to ensure that the information is correct.
- Entry summaries, coach poolside pass applications and individual entries should be returned to:

City of Leicester Swimming Club, c/- 8 Wyvern Close, Burbage, Leicestershire, LE10 2GG

Tel: 07551858408

Email: [darryl.ryan@sky.com](mailto:darryl.ryan@sky.com)

Web: [www.cityofleicesterswimmingclub.co.uk](http://www.cityofleicesterswimmingclub.co.uk)

- Entry Fee: Electronic Entry £7.00 per event (£7.50 for individual paper entries)
- Coaches Passes: £20.00 for 3 day pass (including refreshments)  
£35.00 for 3 day pass (including refreshments & lunch)
- Coaches' passes cannot be purchased on the day of the Meet.
- **OFFICIALS:** Visiting clubs are requested to provide at least one qualified official per session, meals and refreshments will be provided.
- Any conditions not covered in the above will be at the discretion of the promoter and includes any alterations to the program and warm up times as necessary.



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### Club Summary and Coaches Passes Application Form

<b>Club:</b>		
<b>Address:</b>		
<b>Telephone:</b>		
<b>E-mail:</b>		
<b>Names of Coaches &amp; Team Managers using passes</b>		<u>DBS no:</u>
		<u>Safeguarding:</u>
		<u>DBS no:</u>
		<u>Safeguarding:</u>
		<u>DBS no:</u>
		<u>Safeguarding:</u>
<b>Number of Female Electronic Entries</b>	<b>@7.00</b>	<b>£</b>
<b>Number of Male Electronic Entries</b>	<b>@7.00</b>	<b>£</b>
<b>Number of Paper Entries</b>	<b>@7.50</b>	<b>£</b>
<b>Number of Coach passes</b>	<b>@£20.00/£35.00</b>	<b>£</b>
<b><u>Total Amount of Club Cheque Enclosed or BACs</u></b>	<b>BACS / CHQ</b> (select payment method)	<b>£</b>

**THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYTEMS PRINTOUTS or WITH ALL PAPER ENTRIES. CHEQUES MADE PAYABLE TO 'CITY OF LEICESTER SWIMMING CLUB LTD' AND ALL FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:**

City of Leicester Swimming Club, c/- 8 Wyvern Close, Burbage. Leicestershire, LE10 2GG



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**Swimmers Entry Form**

**(Form must be submitted for paper entries by individuals to the address shown below)**

**(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £7.00 and not £7.50 as shown and the forms do not have to be returned)**

**Name:** \_\_\_\_\_ **ASA Number:** \_\_\_\_\_

**Club:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Contact No:** \_\_\_\_\_

Event	Please tick if you wish to enter.
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Butterfly	
100m Butterfly	
200m Butterfly	
200m Ind.Medley	
400m Ind.Medley	
<b>Total cost:</b>	<b>Total No. of events</b> _____

**All times will be taken from British rankings at time of entry into Sportsys Entry Manager or Sportsys Meet Organisation.**

**BACS payments to:**

**Sort Code: 20-45-77,  
Account no: 20234176**

**Please reference your swimmer's name i.e. TL18 <Club 4 digit code> or <swimmer's name> in the BACS reference so we can match against your entries.**

<b>@ £7.50 per event is</b>	<b>£</b> _____
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**For Paper Submission please post:** City of Leicester Swimming Club, c/- 8 Wyvern Close, Burbage, Leicestershire, LE10 2GG





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**Cheques made payable to 'City of Leicester Swimming Club LTD  
OFFICIALS REQUIRED**

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

**Can Clubs please pass this on to all qualified officials likely to be attending the meet.**

		<b>Please Tick box for all sessions you are available</b>
Session 1	Friday PM 16 <sup>th</sup> November	
Session 2	Saturday AM 17 <sup>th</sup> November	
Session 3	Saturday PM 17 <sup>th</sup> November	
Session 4	Sunday AM 18 <sup>th</sup> November	
Session 5	Sunday PM 18 <sup>th</sup> November	

Name:	
ASA Number:	
Qualification:	
Email Address:	

**PLEASE COMPLETE AND RETURN TO ASAP**

Darryl Ryan  
darryl.ryan@sky.com