

2018 Summer Training

23rd - 28th July inclusive

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>NY</b>	5:30-7:00 17:00-18:30	17:00-18:30	5:30-7:00 17:30-19:00	17:00-18:30	5:30-7:00 17:00-18:30	6:30-8:00
<b>NA</b>	5:30-7:00 17:00-18:30	17:00-18:30	5:30-7:00 17:30-19:00	17:00-18:30	5:30-7:00	6:30-8:00
<b>M</b>	5:30-7:00	18:30-20:00	5:30-7:00	20:00-21:30		8:00-9:30
<b>RY</b>	5:30-7:00 20:30-21:30		19:00-21:00	19:30-21:30	17:00-18:30	8:00-9:30
<b>RA</b>	18:30-19:30	17:00-19:00		14:00-16:00*	17:00-19:00*	6:30-8:00
<b>CY</b>	20:30-21:30	18:30-20:00		14:00-16:00*	20:00-21:00	
<b>CA</b>	19:30-20:30	NT	17:00-19:00*	NT	20:00-21:00	10:00-11:00
<b>JD1</b>	17:00-18:30	NT	17:00-19:00*	18:30-20:00	17:00-19:00*	7:30-9:00
<b>JD2</b>	17:00-18:30	NT		18:30-19:30		7:30-9:00
<b>JD3</b>	18:30-19:30		NT	18:30-19:30	19:00-20:00	
<b>AA</b>	18:30-19:30		NT > Saturday			9:00-10:00

Sportspark **Hewett** **NHS**

No land training during this timetable

Last session Saturday 28th July

\* Swim England L2 Coaching Course Hewett Wed 25th 17:00-19:00; Thur 26th 14:00-16:00; Fri 27th 17:00-19:00

2018 Summer Training

30th July - 1st September inclusive

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>NY</b>	17:00-18:30	17:00-18:30		17:00-18:30		6:30-8:00
<b>NA</b>	17:00-18:30	17:00-18:30		17:00-18:30		6:30-8:00
<b>M</b>		18:30-19:30		20:00-21:00		8:00-9:30
<b>RY</b>	20:00-21:30			19:30-21:00		8:00-9:30
<b>RA</b>	17:00-19:00		17:00-19:00	14:00-16:00		6:30-8:00
<b>CY</b>	NT	18:30-19:30	20:00-21:30			10:00-11:00
<b>CA</b>	19:00-20:00		19:00-20:00	14:00-16:00		10:00-11:00
<b>JD1</b>		17:00-19:00		18:30-20:00		7:30-9:00
<b>JD2</b>		17:00-19:00		18:30-19:30		7:30-9:00
<b>JD3</b>		16:00-17:00		18:30-19:30		
<b>AA</b>	NT > Saturday		NT > Saturday			9:00-10:00

Sportspark [Hewett](#)

No land training during this timetable

\* Swim England L2 Coaching Course Hewett Mon 30th 17:00-19:00; Tue 31st 17:00-19:00; Wed 1st Aug 17:00-19:00; Thur 2nd 14:00-16:00

\* Swim England L1 Coaching Course Hewett Mon 6th&13th 17:00-19:00; Tue 7th&14th 17:00-19:00; Wed 8th&15th 17:00-19:00; Thu 9th 14:00-16:00

**No swimming Monday 27th August bank holiday**

Return to normal programme Monday 3rd September