Swim England East Region 2018 Short Course Championships (25m)

(Under ASA Laws and Regulations and ASA Technical Rulesof Racing)

2nd-4thNovember 2018 at Inspire Luton Sports Village (2ER180889)



QUALIFYING STANDARDS Pool Length - 25m

MEN	<u>EVENT</u>	WOMEN
Qualifying Time		Qualifying Time
26.29	50m Freestyle	29.00
57.69	100m Freestyle	1:02.80
2:06.00	200m Freestyle	2:16.56
4:25:08	400m Freestyle	4:40.74
	800m Freestyle	09:50.10
18:00.22	1500m Freestyle	
30.85	50m Backstroke	32.94
1:05.73	100m Backstroke	1:10.88
2:22.79	200m Backstroke	2:32.64
33.20	50m Breaststroke	37.26
1:14.06	100m Breaststroke	1:20.02
2:42.30	200m Breaststroke	2:53.51
28.20	50m Butterfly	31.75
1:02.98	100m Butterfly	1:09.98
2:30.00	200m Butterfly	2:35.11
1:05.02	100m l.M.	1:12.25
2:24.97	200m l.M.	2:36.85
5:11.09	400m l.M.	5:28.34

- > All times to be achieved between 1st November 2017 and the closing date
- > Closing Date for Entries: Midday Friday 12th October 2018

Swim England East Region 2018 Short Course Championships (25m)

(Under ASA Laws and Regulations and ASA Technical Rulesof Racing)

2nd-4thNovember 2018 at Inspire Luton Sports Village (2ER180889)

Para-Swimming Championships Qualifying Standards

Event and				
Male	Category	Female		
	00m FREESTYL			
02:22.93	S1	02:14.58		
01:39.28	S2	02:05.28		
01:12.96	S3	01:31.14		
01:03.36	S4	01:21.14		
00:55.81	S 5	01:01.65		
00:48.29	S6	00:55.57		
00:45.44	S7	00:53.92		
00:43.70	S8	00:50.64		
00:42.18	S9	00:47.06		
00:37.87	S10	00:44.80		
00:42.93	S11	00:50.98		
00:38.86	S12	00:45.26		
00:38.77	S 13	00:45.42		
00:40.64	S14	00:45.66		
1	00m FREESTYL	E		
04:19.14	S1	06:39.41		
03:55.10	S2	05:47.54		
02:42.99	S 3	02:49.78		
02:19.09	S4	02:48.96		
02:02.69	S 5	02:14.42		
01:48.50	S6	02:00.08		
01:41.23	S7	01:56.77		
01:33.57	S8	01:48.74		
01:31.44	S9	01:42.43		
01:25.09	S10	01:37.98		
01:35.92	S11	01:54.78		
01:25.23	S12	01:37.81		
01:25.10	\$12 \$13	01:37.47		
	S14	01:37.47		
01:28.86	00m FREESTYL			
12:11.84	S1	10:35.89		
07:02.72	S2	10:14.24		
05:44.30	S 3	06:24.38		
04:59.23	S4	06:15.60		
04:23.70	S 5	04:53.74		
03:07.31	S14	03:20.98		
50m BREASTSTROKE				
03:26.32	SB1	03:37.31		
01:36.90	SB2	02:17.62		
01:21.57	SB3	01:41.07		
100m BREASTSTROKE				
02:37.36	SB4	03:13.26		
02:30.93	SB5	03:01.28		
02:12.99	SB6	02:39.41		
02:06.13	SB7	02:36.16		
01:55.74	SB8	02:11.15		
01:50.37	SB9	02:07.25		
01:59.50	SB11	02:28.05		
01:49.57	SB12	02:17.98		
01:49.18	SB13	02:08.72		
01:48.78	SB13	02:04.85		
01.40.70	3B14	02.04.00		

Male Category Female 400m FREESTYLE 08:18.02 \$6 09:13.79 07:57.76 \$7 08:39.95 07:18.40 \$8 08:02.70 06:59.98 \$9 07:43.15 06:44.85 \$10 07:27.39 07:36.72 \$11 09:01.81 06:46.05 \$12 07:33.60 06:45.79 \$13 07:28.96 06:57.44 \$14 08:05.07 50m BACKSTROKE 02:15.84 \$1 03:37.46 01:36.88 \$2 01:47.66 01:21.84 \$3 01:31.39 01:03.42 \$5 01:12.43 100m BACKSTROKE 04:39.12 \$1 07:10.90 03:29.23 \$2 04:02.24 01:59.89 \$6 02:20.40 01:59.89 \$6 02:20.40 01:45.54 \$8 02:07.66 01:44.38 \$9 01:53.09 01:38.18 \$12 01:59.15	Event and				
Name	Male		Female		
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07:57.76 S7 08:39.95 07:18.40 S8 08:02.70 06:59.98 S9 07:43.15 06:44.85 S10 07:27.39 07:36.72 S11 09:01.81 06:46.05 S12 07:33.60 06:45.79 S13 07:28.96 06:57.44 S14 08:05.07 SOM BACKSTROKE 02:15.84 S1 03:37.46 01:21.84 S3 01:31.39 01:33.12 S1 07:10.90 03:29.23 S2 04:02.24 01:59.89 S6 02:20.40 01:59.89 S6 02:20.40 01:59.89 S6 02:20.40 01:44.38 S9 01:53.09 01:38.53 S10 01:53.09 01:38.18 S12					
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Swim England East Region 2018 Short Course Championships (25m)

(Under ASA Laws and Regulations and ASA Technical Rulesof Racing)

2nd-4thNovember 2018 at Inspire Luton Sports Village (2ER180889)

