

April May 2018 Training Amendments

- NY March
Thu 29 - 5pm-6:30pm No land
- April
Mon 2nd - Bank Holiday - No swimming AM or PM
Fri 13th - No swimming AM or PM there may be a session arranged at London
Sat 14th - No swimming
Mon 16th - No AM swimming
Sat 21st - short course
- May
Fri 4th - Youth No AM swimming PM 5pm-6pm Sportspark No land training
Age as usual, no land training
Sat 5th - No swimming regional youths at Sportspark
Mon 7th - No swimming regional youths at Sportspark
Sat 19th - No swimming Norfolk Masters gala
Mon 28th - No AM swimming PM 5pm-6:30pm Sportspark No land training
- NA March
Thu 29 - 5pm-6:30pm No land
- April
Mon 2nd - Bank Holiday - No swimming AM or PM
Fri 13th - No swimming AM or PM there may be a session arranged at London
Sat 14th - No swimming
Mon 16th - No AM swimming
Sat 21st - short course
- May
Sat 5th - 6AM-7:30AM Hewett
Mon 7th - No swimming regional youths at Sportspark
Sat 19th - No swimming Norfolk Masters gala
Mon 28th - No AM swimming PM 5pm-6:30pm Sportspark No land training
- RY March
Thu 29 - 7:45pm-9pm
- April
Mon 2nd - Bank Holiday - No swimming AM or PM
Thu 5th - 7:00pm-9pm Sportspark
Fri 13th -5pm-6:30pm Sportspark
Sat 14th - 6:30am-8:30am Sportspark
Sat 21st - short course
- May
Fri 4th - 5pm-6:30pm Sportspark
Sat 5th - No swimming regional youths at Sportspark
Mon 7th - No swimming regional youths at Sportspark & bank holiday
Fri 10th - 5pm-6:30pm Sportspark for non Rotherham swimmers
Sat 11th - 6:30am-8am Sportspark for non Rotherham swimmers
Sat 19th - No swimming Norfolk Masters gala
Sat 26th - 6:30am-8:30am Sportspark
Mon 28th - No AM swimming PM 6:30pm-7:30pm Sportspark
- RA March
Thu 29 - 6:30pm-7:45pm No land

April

Mon 2nd - Bank Holiday - No swimming AM or PM
Wed 4th - 5pm-7pm Hewett (coaching course)
Thu 5th - 2pm-4pm Hewett (coaching course)
Mon 9th - 5pm-7pm Hewett (coaching course)
Tue 10th - 5pm-7pm Hewett (coaching course)
Wed 11th - 5pm-7pm (coaching course)
Fri 13th -5pm-6:30pm Sportspark
Sat 14th - 6:30am-8:00am Sportspark
Sat 21st - short course

May

Sat 5th - No swimming regional youths at Sportspark
Mon 7th - No swimming regional youths at Sportspark
Fri 10th - 5pm-6:30pm Sportspark for non Rotherham swimmers
Sat 11th - 6:30am-8am Sportspark for non Rotherham swimmers with NA
Sat 19th - 10am-11am Hewett with CA
Sat 26th - 6:30am-8:00am Sportspark with NA
Mon 28th - No AM swimming PM 6:30pm-7:30pm Sportspark

M

March

Sat 31st - No training Easter Meet

April

Mon 2nd - Bank Holiday - No swimming AM or PM
Sat 21st - 6am-7:30am Hewett

May

Sat 5th - 6am-7:30am Hewett
Mon 7th - No swimming regional youths at Sportspark
Sat 19th - No training - Norfolk Masters gal
Mon 28th - No AM swimming PM 6:30pm-7:30pm Sportspark

CY

March

Fri 30th - No swimming Easter Weekend
Sat 31st - No swimming Easter Weekend

April

Mon 2nd - No swimming Easter Weekend
Sat 21st - No swimming Swans gala
Sat 28th - 12.45pm-1.15pm gym 1.30-2.30pm pool

May

Mon 7th - No swimming bank holiday
Sat 12th - No swimming West Suffolk gala
Sat 19th - 12.45-1.15pm gym 1.30-2.30pm pool
Mon 28th - No swimming bank holiday

CA

March

Fri 30th - No swimming Easter Weekend
Sat 31st - No swimming Easter Weekend

April

Mon 2nd - No swimming Easter Weekend
Sat 28th - 10-11am Hewett (Scuba)

May

Mon 7th - No swimming bank holiday
Sat 12th - No swimming West Suffolk gala
Sat 19th - 10am-11am Hewett (Scuba)

Mon 28th - No swimming bank holiday

JD

March

Fri 30th - No swimming Easter Weekend

Sat 31st - No swimming Easter Weekend

April

Mon 2nd - No swimming Easter Weekend

Wed 4th - JD 1 5pm-7pm Hewett (coaching course)

JD 2&3 No swimming

Thu 5th - Sat 7th As normal

Mon 9th - JD1 5pm-7pm Hewett (coaching course)

JD 2&3 6:30pm-7:30pm Sportspark

Tue 10th - JD1 5pm-7pm Hewett (coaching course)

JD2&3 4pm-5pm

Wed 11th - JD1 5pm-7pm (coaching course)

JD 2&3 No swimming

May

Mon 7th - No swimming bank holiday

Sat 12th - No swimming West Suffolk gala

Mon 28th - No swimming bank holiday

AA

March

Sat 31st - No swimming Easter Weekend

April

Mon 2nd - No swimming Easter Weekend

Wed 4th - No swimming coaching course - swimmers welcome on Sat 7th

Wed 11th - No swimming coaching course - swimmers welcome on Sat 14th

May

Mon 7th - No swimming bank holiday - swimmers welcome on Sat 12th

Mon 28th - No swimming bank holiday - swimmers welcome on Sat 2nd June