

Month/Date	Meet	Venue	Level/ Length	Squad	Lead Coach	CONSC Closing Date	Entries To
Jan-24							
Sat 20th - Sun 21st	Flanders Swimming Club	Antwerp	50m	SP	AP	CLOSED	SCM
Sat 20th - Sun 21st	SE East Region Masters LC Champs	Crawley	50m	MAS	LS	31/12/2023	Entry Link
Sat 27th - Sun 28th	SE Norfolk County Championships - WK2	Sportspark	50m	All Qualifiers	KP	CLOSED	SCM
Feb-24							
Sat 3rd - Sun 4th	SE Norfolk County Championships - WK3	Sportspark	50m	All Qualifiers	KP	CLOSED	SCM
Sat 17th	CONSC February Mini Meet	Sportspark	25m	Penguins/AA/JD/CA	JB	09/02/2024	SCM/Email
Sun 18th	Suffolk Masters	Bury St Edmunds	25m	MAS	LS	10/02/2024	Entry Link
Fri 23rd - Sun 25th	BUCS LC Championships	Sheffield	50m	RYS/SP/MAS Students	AP	23/01/2024	N/A UEA Entry
Sat 24th - Sun 25th	SE Norfolk Warwick Thompson	Thetford	25m	CA/CYS/JD	MA	26/01/2024	SCM
Mar-24							
Sat 2nd	Essex Masters	Basildon	50m	MAS	LS	25/02/2024	Entry Link
Sat 2th - Sun 3rd	CONSC March LC - L3	Sportspark	50m	JD1/JD2/CA/CY/RA/RY/NA/NY/SP	JN	16/02/2024	SCM
Sat 2nd - Sun 3rd	NASL Final	Cardiff	50m	Selected	AP	N/A	N/A - Selected
Fri 15th - Sun 17th	Derby Excel L1 Meet	Sheffield	50m	SP/NYS/NA	AP	19/02/2024	SCM
Sat 24th - Sun 25th	Norwich Swan Open Meet	Sportspark	25m	CA/CYS/RA	LB	26/02/2024	SCM
Fri 29th - Sun 31st	CONSC Easter Meet LC - L1	Sportspark	50m	JD1/JD2/CA/CY/RA/RY/NA/NY/SP	KP	12/03/2024	SCM
Apr-24							
Tue 2nd - Sun 7th	British Swimming Championships	LAC	50m	All Qualifiers	AP	TBC	N/A - Self Entry
Sun 7th	Newmarket Masters	Newmarket	25m	MAS	LS	01/04/2024	Entry Link
Sun 7th	Dereham Otters Easter Mini Meet	Dereham	25m	CA	MA	09/03/2024	SCM
Sat 13th	TeamIpswich Easter Novice Gala	Ipswich	25m	JD2/JD3/CA	RG	TBC	SCM
Fri 19th - Sun 21st	SE East Region Distance Meet	Luton	50m	All Qualifiers	AP	TBC	N/A - Self Entry
Fri 19th - Sun 21st	British Masters Championships	Swansea	50m	MAS	LS	TBC	N/A - Self Entry
May-24							
Sat 4th - Mon 6th	SE East Region Main Events - Youth TBC	Sportspark	50m	All Qualifiers	AP	TBC	N/A - Self Entry
Sat 11th - Sun 12th	SE East Region Main Events - Age Group TBC	Sportspark	50m	All Qualifiers	KP	TBC	N/A - Self Entry
Jun-24							
Sun 9th	SE Norfolk Inter-Club Gala	Sportspark	25m	Selected	BC	TBC	N/A - Selected
Sat 15th	CONSC June Mini Meet	Sportspark	25m	Penguins/AA/JD/CA	JB	TBC	SCM/Email
Sat 22nd - Sun 23rd	SE Norfolk County Challenge Gala	Dereham	25m	JD/CA	JN	TBC	SCM
Sat 22nd - Sun 23rd	WNSC and Norwich Swan Boudica Meet	Norwich	50m	RA/RYS	JN	TBC	SCM
Sat 29th - Sun 30th	SE Norfolk County Challenge Gala	Dereham	25m	JD/CA/CYS	JN	TBC	SCM
Jul-24							
Sat 6th - Sun 7th	CONSC Midsummer Madness	Sportspark	50m	All	BC	TBC	SCM
Fri 12th	CONSC Club Champs 2024	Sportspark	25m	All			SCM
Sun 14th	SE Norfolk/SEER Open Water	Whitlingham	N/A	All	LB	TBC	Link TBC
Thur 18th - Fri 19th	CONSC Club Champs 2024	Sportspark	25m	All			SCM
Fri 26th	CONSC Club Champs 2024	Sportspark	25m	All			SCM
Sun 14th	SE Norfolk/SEER Open Water	Whitlingham	N/A	All	LB	TBC	Link TBC
Tue 30th - Sat 3rd	SE GoCardless National Summer Meet	Sheffield	50m	All Qualifiers	AP/KP	TBC	Link TBC
Sep-24							
Sat 28th - Sun 29th	Dereham Icen Level 3 Open Meet	Dereham	25m	JD1/JD2	RG	23/08/2024	SCM
Sun 22nd	SEER SC Para-Swimming Meet	Newmarket	25m	All Eligible Swimmers	TBC	TBC	N/A - Self-Entry
Oct-24							
Sun 6th	SE GoCardless National County Team Championships	Sheffield	25m	Selected	BC	N/A	N/A Selected
Sun 13th	SEER Masters Championships	TBC	25	All Masters	LS	TBC	TBC
Nov-24							
Friday 1st - Sun 3rd TBC	SEER Winter Championships	Luton	25m	All Qualifiers	AP	TBC	TBC
Sat 9th	CONSC November Mini Meet - L4	Sportspark	25m	Penguins/AA/JD/CA	JB	TBC	SCM/Email
Sat 9th	NASL - Round 2 - L2	TBC	25m	Selected	AP	N/A	N/A Selected
TBC	SE East Region Masters Inter-Counties	TBC	25m	Selected	LS	N/A	N/A Selected
Sat 16th - Sun 17th	CONSC November SC Meet - L3	Sportspark	25m	All	BC	TBC	SCM
Fri 15th - Sun 17th TBC	BUCS SC Championships	Sheffield	25m	RY/SP UEA Students	AP	N/A	N/A - UEA Entry
Dec-24							
Thu 19th - Sun 22nd	SE GoCardless National Winter Meet	Sheffield	25m	All Qualifiers	AP/KP	TBC	N/A Self-Entry
	CONSC Home Meets						
	External Meets/Leagues						
	International Events						