

Month/Date	Meet	Venue	Level/ Length	Squad	Coach	CONSC Closing Date	Entries To
Jul-19							
Sat 6th	Midsummer Madness - L3 - OUT	UEA	50m	All Qualifiers	LS/JN	CLOSED	Tracey Spinner
Sun 7th	East Region Inter-County Relay Gala - OUT	UEA	50m	N/A Selected	AP/KP	OUT	N/A Selected
Sun 21st	NCASA and SEER Open Water Championships - OUT	Whitlingham	N/A	All Qualifiers	AP	CLOSED	Tracey Spinner
Tues 23rd - Sun 28th	British Summer Championships - OUT	Glasgow	50m	All Qualifiers	AP/KP	CLOSED	N/A Self-Entry
31st - 4th	Swim England National Summer Meet - OUT	Sheffield	50m	All Qualifiers	AP/KP	CLOSED	N/A Self-Entry
Aug-19							
Mon 12th - Sun 18th	FINA World Masters Championships	S Korea	50m	N/A Selected	N/A	N/A	N/A Selected
Sep-19							
Thurs 19th - Fri 20th	CONSC Club Championships	UEA	25m	All Members	All	09/09/2019	Tracey Spinner
Thurs 26th	CONSC Club Championships	UEA	25m	All Members	All	09/09/2019	Tracey Spinner
Sat 28th	CONSC Club Championships	UEA	25m	All Members	All	09/09/2019	Tracey Spinner
Oct-19							
Sun 6th	National County Team Championships	Sheffield	25m	N/A Selected	NCASA	N/A	N/A Selected
Sun 6th	Southern Junior League Final	TBC	25m	N/A Selected	KP	N/A	N/A Selected
Sat 12th	Arena League Round 1	TBC	25m	N/A Selected	AP/KP	N/A	N/A Selected
Sun 13th	Diss Otters Open Sprint Meet 2019 - OUT	UEA	25m	CA/CY	HC/LB	16/09/2019	Tracey Spinner
Nov-19							
Sat 2nd	CONSC November Mini Meet	UEA	25m	Peng/AA/JD/CA	JB/BC	TBC	Helen Crowley
Fri 1st - Sun 3rd	SEER Winter Championships	Basildon	25m	All Qualifiers	AP/KP	TBC	Tracey Spinner
Sat 9th	Arena League Round 2	TBC	25m	N/A Selected	AP/KP	N/A	N/A Selected
Sat 16th - Sun 17th	CONSC November Short Course Meet	UEA	25m	All Qualifiers	LS/JN	TBC	Tracey Spinner
Sun 24th	National Junior Inter-League Final	TBC	25m	N/A Selected	KP	N/A	N/A Selected
Dec-19							
Thu 5th - Sun 8th	Swim England Winter Championships	Sheffield	25m	All Qualifiers	AP	TBC	N/A Self-Entry
Sat 14th	Arena League Round 3	TBC	25m	N/A Selected	AP/KP	N/A	N/A Selected
Jan-20							
Sat 18th - Sun 19th	NCASA County Championships Weekend 1 DISTANCE	UEA	50m	All Qualifiers	AP/KP	TBC	Helen Crowley
Sat 25th - Sun 26th	NCASA County Championships Weekend 2	UEA	50m	All Qualifiers	AP/KP	TBC	Helen Crowley
Feb-20							
Sat 1st - Sun 2nd	NCASA County Championships Weekend 3	UEA	50m	All Qualifiers	AP/KP	TBC	Helen Crowley
Sat 8th	Mini Meet	UEA	25m	Peng/AA/JD/CA	BC/JP	TBC	Helen Crowley
Thu 13th - Sat 22nd	CONSC Lanzarote Swim Camp - OUT	Lanzarote	N/A	NA/NYS	AP/KP	CLOSED	N/A Self-Entry
Sat 22nd - Sun 23rd	NCASA Warwick Thompson Gala	Thetford	25m	All Qualifiers	HC/LB	TBC	Helen Crowley
Mar-20							
Sat 7th or Sun 8th	Arena League A and B Finals	TBC	50m	N/A Selected	AP/KP	N/A	N/A Selected
Sat 7th - Sun 8th	CONSC L3 March LC Meet	UEA	50m	All Qualifiers	LS/JN	TBC	Tracey Spinner
13th March Qualification Window for 2020 British Summer Championships Open							
Sat 28th - Sun 29th	Co Sheffield Premier Meet	Sheffield	50m	NA/NYS	AP/KP	TBC	Tracey Spinner
Apr-20							
Fri 10th - Sun 12th	CONSC L1 Easter Meet	UEA	50m	All Qualifiers	AP/KP	TBC	Tracey Spinner
Tue 14th - Sun 19th	British Championships	LAC	50m	All Qualifiers	AP	TBC	N/A Self-Entry
Sat 18th	SEER Reverse Distance	TBC	50m	All Qualifiers	AP/KP	TBC	Tracey Spinner
Sat 25th - Sun 26th TBC	SEER Summer Championships Weekend 1	TBC	50m	All Qualifiers	AP/KP	TBC	Tracey Spinner
May-20							
Sat 2nd - Mon 4th TBC	SEER Summer Championships Weekend 2	TBC	50m	All Qualifiers	AP/KP	TBC	Tracey Spinner
10th May Qualification Window for 2020 British Summer Championships Closes							
Jun-20							
Jul-20							
Sat 4th	CONSC Midsummer Madness 2020	UEA	50m	All Qualifiers	LS/JN	TBC	Tracey Spinner