

Month/Date	Meet	Venue	Level/Length	Squad	Coach	CONSC Closing Date	Entries To
Jan-19							
Sat 12th Jan	CoPs Mini Gala	Peterborough	25m	Selected	BC/NP	N/A	N/A Selected
Sat 19th - Sun 20th Jan	NCASA Championship Weekend 1 - OUT	UEA	50m	All Qualifiers	LS/JN	CLOSED	Debbie Robertson
Sat 26th - Sun 27th Jan	NCASA Championship Weekend 2 - OUT	UEA	50m	All Qualifiers	LS/JN	CLOSED	Debbie Robertson
Feb-19							
Sat 2nd - Sun 3rd	NCASA Championship Weekend 3 - OUT	UEA	50m	All Qualifiers	LS/JN	CLOSED	Debbie Robertson
Sat 9th	Mini Meet - OUT	UEA	25m	Penguin/JD/CA	JB/CM	19/01/2019	Helen Crowley
Mon 18th - Mon 25th	Cyprus Swim Camp - OUT	Paphos	50m	All Regional Q	AP/KP	CLOSED	Alex Pinniger
Sat 23rd - Sun 24th	NCASA Warwick Thompson Gala	TBC	25m	All Qualifiers	CM/SF	01/02/19 TBC	Debbie Robertson
Mar-19							
Sat 2nd - Sun 3rd	March Long Course Meet - 3ER190092 - OUT	UEA	50m	All Qualifiers	LS/JN	01/02/2019	Tracey Spinner
22nd March Qualification Window for the 2019 British Summer Championships Open							
Fri 29- Sun 31st	Sheffield Premier Meet - L1 - OUT	Sheffield	50m	NYS/NA	AP/KP	08/02/2019	Tracey Spinner
Apr-19							
Saturday 6th TBC	NCASA Junior Inter-Club Gala	UEA	25m	Selected	JB/JN	CLOSED	N/A Selected
Tues 16th - Sun 21st	British Swimming Championships	Glasgow	50m	All Qualifiers	AP	22/03/2019	N/A Self-Entry
Fri 19th - Sun 21st	Easter Meet	UEA	50m	All Qualifiers	AP/KP	22/03/2019	Tracey Spinner
Thur 25th - Sun 28th	British Para-Swimming International	Glasgow	50m	All Qualifiers	AP	TBC	N/A Self-Entry
May-19							
Sat 4th - Mon 6th	SEER 2019 Long Course Championships - Youth	Luton	50m	All Qualifiers	AP/KP	05/04/2019	Tracey Spinner
Sat 18th May	NCASA Masters	UEA	50m	All Qualifiers	SF	TBC	N/A Self-Entry
TBC	L1 LC Meet TBC	TBC	50m	NYS	TBC	TBC	Tracey Spinner
TBC	Rotherham Metro LC L3 Open Meet	Sheffield	50m	RYS/RA	LS/JN	TBC	Tracey Spinner
Sat 25th - Mon 27th	SEER 2019 Long Course Championships - Age	UEA	50m	All Qualifiers	KP/JN	19 & 26/04/19	Tracey Spinner
27th May Qualification Window for the 2019 British Summer Championships Closes							
Jun-19							
Fri 14th - Sun 16th	British Masters Championships 2019	Swansea	50m	All Qualifiers	SF	TBC	N/A Self-Entry
Sat 15th	Eastern Junior League	UEA	25m	N/A Selected	KP/JP	N/A	N/A Selected
Sat 22nd	Mini Meet	UEA	25m	All Qualifiers	JB/CM	01/06/2019	Helen Crowley
Sat 22nd - Sun 23rd TBC	NCASA County Challenge	TBC	25m	All Qualifiers	TBC	TBC	Debbie Robertson
Jul-19							
Sat 6th	Midsummer Madness - L3	UEA	50m	All Qualifiers	LS/JN	TBC	Tracey Spinner
Sun 7th	East Region Inter-County Relay Gala	UEA	50m	N/A Selected	ER	N/A	N/A Selected
Tues 23rd - Sun 28th	British Summer Championships	Glasgow	50m	All Qualifiers	AP/KP	TBC	N/A Self-Entry
31st - 4th	Swim England National Summer Meet	Sheffield	50m	All Qualifiers	AP/KP	TBC	N/A Self-Entry
Aug-19							
Mon 12th - Sun 18th	FINA World Masters Championships	S Korea	50m	N/A Selected	SF	TBC	N/A Selected
Oct-19							
Sat 6th	National County Team Championships	Sheffield	25m	N/A Selected	NCASA	N/A	N/A Selected